

OCTOBER IS Breast Cancer Awareness Month

Health for HER: Health Care that Puts Women First

LONE STAR
FAMILY HEALTH CENTER
LoneStarFamily.org

CALL FOR APPOINTMENT!
936-539-4004

Our 70th Show!

Greater Houston Coin Club
Houston Money Show

- Coins, medals, currency & tokens
- Buy, sell, or trade gold, silver, platinum jewelry & coins!

Friday, Jan. 15th, 9 am - 6 pm
Saturday, Jan. 16th, 9 am - 5 pm
Lone Star Convention Center, Conroe
Check our website for other activities and info
832-610-5313 • HoustonCoinShow.org

FREE Admission

Veterans Day
Celebration

November 7th, 2026 0900 / 9:00 A.M.

and dedication of
THE LINE

1776 FREEDOM BLVD
CONROE TX 77301
honoredmission.org

GET BETTER SLEEP

FREE ON-LINE SLEEP ASSESSMENT

- Simple At-Home Sleep Testing
- Expert CPAP Concierge Service
- Insurance & Medicare Accepted
- Free CPAP Mask Fitting

Heartstrong Sleep
(832) 770-3200
ACHC Accredited
Local Texas Experts
heartstrongsleep.com

Art Fences

40+ years' experience building, installing and repairing:

- Automatic Gates
- Wood Fences
- Wrought Iron Fences
- Wrought Iron Gates
- Pool Fences
- Custom Railings
- Burglar Bars & more ...

C: 281-610-6194 O: 281-932-0835
Art-Fences.com

"Don't Delay - Call Barsh Today!!!"

Our Gold Star Services

- ★ Engine ★ Transmission ★ Steering
- ★ Alignment ★ State Inspection
- ★ Brakes ★ Towing

Keeping You On The Road Since 2010

3 Locations
South Conroe
North Conroe
New Waverly

BARSH
BARSHAUTO.COM
AUTO | DIESEL REPAIR & TOWING

Bring In This Ad For 10% off
Up To \$100
Exp. 11/30/26

Call 936-449-4444 or visit barshauto.com for details

Is it **BROKEN**? Just call the

Furniture Doctor!

- ✓ Upholstery & Repairs
- ✓ Wood Finishing & Repair

Workmanship Guaranteed!

713-515-1910

50+ years of experience!

FREE!

New Issue Every Week!

Coffee News®

"Bringing People, Families and Communities Together"

The Woodlands & Spring Edition

Where Local Businesses Meet Local Readers

832-656-8501

www.TexasCoffeeNews.com Est. 1988 Vol. 15 No. 6 October 19, 2026

Everybody's Talking!

Shared voices: Research into singing has found that using your voice with others tends to bring stronger health benefits than singing on your own. Studies suggest the mix of breathing, sound, and social connection helps the body settle and feel more balanced. Singing together also creates a sense of belonging that solo singing doesn't always provide. The slow breathing needed to hold notes supports relaxation in the body. When done in a group, those effects appear to deepen through shared timing and attention. People who sing together often report feeling closer afterward, even if they started as strangers. Overall, group singing acts like gentle exercise combined with basic human connection.

Backpack adoptions: In New York City (U.S.), a man found an unusual way to help shelter dogs stand out by carrying them through busy streets in a backpack marked with an adoption message. The idea grew after he saw how much joy his own dog sparked during everyday commutes. Now, he teams up with an animal rescue group, borrowing dogs and introducing them to city life while filming outings. The clips show each dog's personality in real settings, from sidewalks to transit rides. Viewers quickly connect with the dogs, often sharing the videos. The approach has led to steady adoption success and more attention for the shelter. For many dogs, a short trip through the city becomes the first step toward a permanent home.

Oryx return: In the Sahara Desert, the scimitar-horned oryx, an antelope once declared extinct in the wild, is now returning through long-term breeding and careful planning by conservation groups. Small groups released into protected desert areas are surviving, spreading out, and having calves, showing the species can live again without constant human help. The animals come from zoos, reserves, and private collections that were intentionally mixed to keep healthy genetic variety. That mix has helped the scimitar-horned oryx adjust to tough desert conditions. Conservation teams continue to watch the herds and plan future releases as needed. The recovery shows that coordinated work can bring a species back from almost being lost.

Air shaken: Researchers at a university lab have found a simpler way to collect drinking water from humid air by changing how trapped moisture is released. Instead of waiting for sunlight to slowly heat water out of absorbent materials, the team uses sound vibrations to shake it loose. The method relies on high-frequency sound waves that break the hold between water and the sponge-like surface, letting droplets fall out on their own. This turns a process that once took much of the day into a much faster step. The system does need electricity, but it could run on small solar panels. That makes it useful in dry regions where liquid water is scarce but moisture is still present in the air.

Quoteable Quotes

"Imagination is more important than knowledge."
— Albert Einstein

"The most courageous act is still to think for yourself. Aloud."
— Coco Chanel

What's Happening

Texas Renaissance Festival - 52nd Anniversary Season: Weekends, Oct. 10 through Nov. 29 and Thanksgiving Friday. Visit TexRenFest.com for info and to buy tickets.

Gulf Coast Reads Book Chat - Oct. 19, 2:30 to 3:30 p.m. at the Kevin Brady Library. A regional initiative that encourages communities on the Texas Gulf Coast to read the same book and come together for meaningful discussions throughout October. The 2026 Gulf Coast Reads winner, "The Librarians," by Sherry Thomas, will be discussed.

Hocus Pocus Pops - Free Show! Oct. 23. Gates open at 6 p.m. Houston Symphony concert full of spooky favorites. Come dressed in your best costume. Trick-or-treating, activities and festive fun before the concert for all ages. WoodlandsCenter.org

Woodstock Forever Concert - Saturday, Oct. 24 from 6 to 9 p.m. at Bernhardt Winery. Experience the music of The Who, Creedence Clearwater Revival, Jimi Hendrix, Santana, Crosby, Stills, Nash & Young, Janis Joplin and more! Tickets \$20 and up on-line at BernhardtWinery.com. 9043 County Road 204 in Plantersville. 936-894-9829. Tell them you saw it in *Coffee News*! ♥

Fall Wine Festival - Oct. 24, noon to 4 p.m. Free admission. Wine tastings, live music, vineyard hayrides, pumpkin patch, artisan market vendors, food trucks and more! BernhardtWinery.com. 9043 County Road 204 in Plantersville. 936-894-9829. Tell them you saw it in *Coffee News*! ♥

The Christmas Village - Open Nov. 12 through Dec. 31. Join the nice list and be the first to know when the magic begins! Visit TheChristmasVillage.com

Scan here to see more What's Happenings:

Trivia

1. Which author created the detective Sherlock Holmes?
2. How many sides does a hexagon have?
3. What is the only U.S. state that begins with the letter "P"?
4. Which novel begins with the words "Call me Ishmael"?
5. Golf is widely believed to have been first played here.

(Flip bottom of page for answers)

PARTNERS A NEW SMILE. YOUR WAY.
DENTURES & IMPLANTS CUSTOM DIGITAL DENTURES

BASIC ESSENTIAL	PREMIER	IVOTION LUXURY
STARTING AT \$549 PER ARCH	STARTING AT \$1,345 PER ARCH	STARTING AT \$2,345 PER ARCH
1-YEAR WARRANTY	7-YEAR WARRANTY	10-YEAR WARRANTY

BOOK A COMPLIMENTARY CONSULTATION
3D Intraoral scan • Facial scan, if applicable

936-756-9015
9420 College Park Dr #230
The Woodlands, TX 77384

WE'LL BEAT A WRITTEN QUOTE BY 15%
Same treatment plan. Same materials.

Texas Renaissance Festival
Saturdays, Sundays, and Thanksgiving Friday
October 10 - November 29, 2026

Get Tickets

Magic & Memories!

Restoring, protecting & enhancing eyesight for more than 40 years

EVERY EYE CLINIC
YOUR VISION IS OUR FOCUS

Eye exams • Cataract surgery • Glaucoma surgery • Lasik
Cornea surgery • Retina surgery • Dry eye • Injuries
Blurry vision • Allergies • Glasses • Contacts & So Much More!

We have offices in Conroe, Huntsville & The Woodlands

936-539-4500 • AveryEyeClinic.com

KITCHENS & BATHROOMS, DONE RIGHT

281-789-7685

Certified. Local. Trusted.

Premium Residential Remodeling

MONTGOMERY HISTORICAL SOCIETY
UPCOMING EVENTS!

Voices from the Past
Noon - 3 p.m. Oct. 17th
Learn about Montgomery's history from the folks who lived it! Free tours of two cemeteries with costumed reenactors!

Christmas in Historic Montgomery
9 a.m. - 7 p.m. Dec. 12th
• Holiday Marketplace
• Lone Star Christmas Parade
• 36th Annual Cookie Walk
49th Annual Candlelight Home Tour

Visit MHS-TX.org for details!

N. H. Davis Complex & Museum
Downtown Historic Montgomery
Email: contact@mhs-tx.org
Phone: 936-597-4360

For Christmas Parade info call the City of Montgomery

WIRED **GENERAC**

ELECTRICAL & GENERATORS

Installation Landscape Lighting
Maintenance/Repair Pool & Spa Lighting
Warranty TV Mounting
Remote Monitoring Troubleshooting
Parts & Accessories Ceiling Fan Installs

\$189/mo

EST. 2005

713-467-1125 WIREDES.COM

STRONG ROOF. SAFE HOME.

Storm Damage? We Handle Insurance!
\$750 OFF Roof Replacement!

✓ Installation & Replacement ✓ Inspection & Maintenance
✓ Leak Detection & Repair ✓ Gutter Installation

Call now for FREE Inspection
281-407-4484
Ask us about our financing options



Tomball German Fest Christmas Market

December 11, 12 & 13, 2026
Old Town Tomball

150 + Vendors

FREE Admission, Parking & Shuttle

4 Live Music Stages

30+ Entertainers

Carnival Rides & Kids Area

For more info or to become a vendor, visit TomballGermanFest.org

Zicki, Zacke, Zicki, Zacke Hoi, Hoi, Hoi!

Looking for care or want to become a caregiver?

Let's connect!

(936) 209-3955
shsgreaterwoodlands.com
info@shsgreaterwoodlands.com



Seniors Helping Seniors

SATURDAY JAN 9

CRIGHTON THEATRE

234 N Main St
Conroe, TX 77301

TICKETS: www.CrightonTheatre.org | 936-441-7469



WALKIN' THE LINE

THE ULTIMATE TRIBUTE TO JOHNNY CASH



FIVE STARR BUILDERS - HOUSTON

SHOPS • GARAGES • BARNs

MetalBuildingsAndBarns.com
936-689-9605
14252 Hwy 105, Plantersville

Serving the Greater Houston area ... and beyond!

Visit our production facility at 14252 Hwy 105 in Plantersville to see our display building, view our materials, and meet with our production supervisor.



Garages, shops, pavilions, church buildings, sheds, barns & more!

Wood framed buildings & pole barns:

- 24x30x10 - \$14,400
- 30x40x10 - \$22,200
- 40x40x10 - \$28,800
- 40x60x10 - \$43,200

Prices include:

- 10x8 roll up door
- Walk-in door
- 4-inch concrete slab



Check out our products on our website and call for a Turn Key Quote!

STEP INTO A LIFE-SIZE CHRISTMAS VILLAGE



Opening Night: Nov. 12

 Pictures with Santa

 Lights

 Train Rides

 Campfires

 Outdoor Movies

 Food & Drinks

 Shopping

 Kid's Area

Join our Nice List
(936) 367-9099 | WWW.THECHRISTMASVILLAGE.COM

Your Weekly Horoscope

ARIES

(March 20 - April 19)



Work this week to not let your ego get in the way, encouraging you to act impulsively. Instead, turn inward. What adjustment in your view would be advised now? Lucky numbers: 3, 5, 8, 19, 29, 41.

TAURUS

(April 20 - May 20)



Are there any projects that you can complete by the end of the week? If so, it may be worth putting in the extra effort required to do so. Lucky numbers: 4, 6, 8, 32, 39, 48.

GEMINI

(May 21 - June 20)



If you are experiencing an issue in your romantic relationship, the next few weeks may be a good time to address the matter. After that, the problem may become more difficult. Lucky numbers: 5, 11, 24, 29, 30, 35.

CANCER

(June 21 - July 22)



Is there something you have wanted to talk about with another person but have hesitated to do so? Now may be a good time to review your concerns with them. Lucky numbers: 1, 11, 13, 20, 27, 37.

LEO

(July 23 - Aug. 22)



Your usual Leo charm may abandon you for the next few weeks. Carefully consider what you are about to say, to avoid conflict with others that will cause ongoing problems. Lucky numbers: 7, 17, 18, 31, 41, 42.

VIRGO

(Aug. 23 - Sept. 22)



For the next few weeks, you may experience periods of fuzziness that disrupt your normally disciplined routine. Just go with the flow and this phase will pass more quickly. Lucky numbers: 17, 19, 22, 34, 35, 44.

LIBRA

(Sept. 23 - Oct. 22)



Your ruling planet, Venus, is in a 40 day dance of invisibility with the Sun. It may help you to navigate this period by learning about Inanna's journey to the underworld. Lucky numbers: 9, 13, 18, 37, 46, 48.

SCORPIO

(Oct. 23 - Nov. 21)



Your birthday month is a good time to set goals. You may have a lot of energy to do so. However, you may want to wait to discuss them with others. Lucky numbers: 10, 13, 24, 27, 30, 41.

SAGITTARIUS

(Nov. 22 - Dec. 21)



Is your life still in alignment with your values and beliefs? It may be a good time to review them but hold off making any changes for a few weeks. Lucky numbers: 8, 9, 24, 36, 40, 45.

CAPRICORN

(Dec. 22 - Jan. 19)



For the next few weeks, carefully evaluate the words of others. Some may be speaking a hard truth that you need to hear while others may be practicing deceit. Lucky numbers: 2, 9, 15, 18, 43, 45.

AQUARIUS

(Jan. 20 - Feb. 18)



You may find yourself discouraged about your humanitarian ideals and goals over the next few weeks. Take a step back and review the situation. Avoid any temptation to immediately act. Lucky numbers: 12, 18, 22, 23, 28, 31.

PISCES

(Feb. 19 - March 20)



Your deep Pisces empathy may be vibrating off the scale at mid-week. It is important that you find a way to set boundaries and retreat to a quiet space if needed. Lucky numbers: 6, 12, 17, 18, 20, 47.

Lucky numbers this week: This week's odds favor Taurus winners with the luckiest number being 32.

Did You Know...

Nostril shift: At any moment, most people breathe mainly through one nostril while the other rests. Hours later the flow shifts, a subtle rhythm controlled by the body that helps your nose warm and filter each breath.

Emergency access: In the United States, a mobile phone can still place a 911 call even if it has no active service. Networks allow these calls through so people can reach help in urgent situations, regardless of the device's status.

Scarlet stare: The mix of red hair and blue eyes is one of the least common natural pairings. Each feature relies on recessive genes, so both must line up in the same person for this unusual combination to show up at all.

Helping hand: Sea otters often hold hands while they sleep. The behavior, called "rafting," keeps them from drifting apart in the ocean and helps strengthen the bond between mothers and pups.

Caffeine shot: The world's first webcam was created to monitor a coffee pot. In 1991, Cambridge University researchers set it up so they wouldn't waste trips to an empty pot.

On the Lighter Side

How do you make a lemonade stand? Steal the lemonade chair.

Name a vegetable that's awesome but not too awesome. The radish!

Knock! Knock! Who's there? Conch. Conch who? Conch you come outside for a while?

If a parsley farmer is sued, can his wages be garnished?

Waiter: What is wrong with the soup?
Diner: I asked for barley soup, not barely soup!

Answers

Trivia answers: 1. Arthur Conan Doyle 2. Six 3. Pennsylvania 4. Moby Dick 5. Scotland (at St. Andrews)

For available franchise opportunities - visit www.coffeenews.com



Blanton Bookkeeping

Customized Bookkeeping Services

- ✓ Quickbooks Cleanup
- ✓ Bank Reconciliations
- ✓ Weekly/Monthly Maintenance
- ✓ Remote Login
- ✓ Project pricing or hourly rates

Angela Blanton, owner
p: 832-266-9554
e: BlantonBookkeeping@att.net
w: BlantonBookkeeping.net

If this is how you feel about Bookkeeping, Give us a call!





TWFG MOJICA INSURANCE

INSURANCE FOR YOUR VEHICLE

832-447-1238

www.mojicainsurance.llc

Give the Gift of Reading



Visit ImaginationLibrary.com, click on the red Donate button and choose TX-MONTGOMERY.

Leave the remodeling plumbing to us ... Unless you enjoy surprise indoor waterfalls!



RMB Plumbing Services
713-328-9254

- Drain Cleaning
- Faucets, Toilets, Gas Test
- Water Heaters
- Sewer Camera
- Water Filtration
- Service
- Repairs

Licensed & Insured
MPL #40825





HOUSTON MEMORIAL CHAPEL

FUNERALS & CREMATIONS

Contact us for details:
832-371-4909
TheMemorialChapels.com

Meaningful tributes at a comfortable price

Full Traditional Funeral, followed by Cremation Just \$3995

- Viewing/Visitation
- Funeral Service
- Ceremonial Rental Casket
- Cedar Register Package & Video
- Cremation • Package Urn
- 5 Certified Death Certificates



S	4				9	7	
U	9			4			1
			2	6			
D	1			7	8	6	2
O		9		2			
K							6
U	8	3					
	4		6			1	7

Butcher's Deluxe Package

- 2 Bacon-Wrapped Filet Mignons (5 oz.)
- 2 Butcher's Cut Top Sirloin Filets (5 oz.)
- 4 Air-Chilled Boneless Chicken Breasts (4 oz.)
- 4 Boneless Pork Chops (5 oz.)
- 4 Classic Jumbo Franks (3 oz.)

8 FREE Omaha Steaks Smash Burgers (3.2 oz.)

82792AWE PACKAGE PRICE \$89

OmahaSteaks.com/Deluxe4127 | 1.888.912.0613

Ask for 8 FREE burgers on \$89+ orders with offer 82792AWE

OMAHA STEAKS® See site for details. Expires 12/31/26, 26M10423

Enter for a chance to win 2 tickets to the Texas Renaissance Festival

Find the ad where Wally is hiding. Enter at TexasCoffeeNews.com or scan the QR code below.

(He's This size!)



New Winners Every Week!



No phone calls, please.