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		4		6			1	7

After a highly successful career in real estate, Mike plans to continue his lifelong commitment to serving our community through the Rotary Club of Lake Conroe. For over 30 years, Mike has been a dedicated Rotarian and a driving force to eradicate Polio worldwide. Locally, he helps feed the hungry, clothe foster children, champion youth programs, promote literacy, fund scholarships—and has FUN!

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Vol. 6 No. 6 October 19, 2026

Everybody's Talking!

Shared voices: Research into singing has found that using your voice with others tends to bring stronger health benefits than singing on your own. Studies suggest the mix of breathing, sound, and social connection helps the body settle and feel more balanced. Singing together also creates a sense of belonging that solo singing doesn't always provide. The slow breathing needed to hold notes supports relaxation in the body. When done in a group, those effects appear to deepen through shared timing and attention. People who sing together often report feeling closer afterward, even if they started as strangers. Overall, group singing acts like gentle exercise combined with basic human connection.

Backpack adoptions: In New York City (U.S.), a man found an unusual way to help shelter dogs stand out by carrying them through busy streets in a backpack marked with an adoption message. The idea grew after he saw how much joy his own dog sparked during everyday commutes. Now, he teams up with an animal rescue group, borrowing dogs and introducing them to city life while filming outings. The clips show each dog's personality in real settings, from sidewalks to transit rides. Viewers quickly connect with the dogs, often sharing the videos. The approach has led to steady adoption success and more attention for the shelter. For many dogs, a short trip through the city becomes the first step toward a permanent home.

Oryx return: In the Sahara Desert, the scimitar-horned oryx, an antelope once declared extinct in the wild, is now returning through long-term breeding and careful planning by conservation groups. Small groups released into protected desert areas are surviving, spreading out, and having calves, showing the species can live again without constant human help. The animals come from zoos, reserves, and private collections that were intentionally mixed to keep healthy genetic variety. That mix has helped the scimitar-horned oryx adjust to tough desert conditions. Conservation teams continue to watch the herds and plan future releases as needed. The recovery shows that coordinated work can bring a species back from almost being lost.

Air shaken: Researchers at a university lab have found a simpler way to collect drinking water from humid air by changing how trapped moisture is released. Instead of waiting for sunlight to slowly heat water out of absorbent materials, the team uses sound vibrations to shake it loose. The method relies on high-frequency sound waves that break the hold between water and the sponge-like surface, letting droplets fall out on their own. This turns a process that once took much of the day into a much faster step. The system does need electricity, but it could run on small solar panels. That makes it useful in dry regions where liquid water is scarce but moisture is still present in the air.

Quoteable Quotes

"Imagination is more important than knowledge."

— *Albert Einstein*

"The most courageous act is still to think for yourself. Aloud."

— *Coco Chanel*

What's Happening

Voices from the Past - Free event on Oct. 17 from noon to 3 p.m. at the "New" Cemetery (founded in 1868), 500 Old Plantersville Road in Montgomery. MHS-TX.org

Texas Renaissance Festival - 52nd Anniversary Season: Weekends, Oct. 10 through Nov. 29 and Thanksgiving Friday. Visit TexRenFest.com for info and to buy tickets.

Montgomery Quilt Walk - Oct. 16 and 17, 10 a.m. to 4 p.m. Celebrate quilting, creativity and community in Historic Montgomery. More info: MontgomeryTexas.gov

Friends of the Library Mini Golf Fundraiser - Oct. 18, 1 to 5 p.m. Door prizes every hour! Game fee supports the Charles B. Stewart Library. Longview Greens, 733 Clepper St. Montgomery. FOLStewart.org

Woodstock Forever Concert - Saturday, Oct. 24 from 6 to 9 p.m. at Bernhardt Winery. Experience the music of The Who, Creedence Clearwater Revival, Jimi Hendrix, Santana, Crosby, Nash & Young, Janis Joplin and more! Tickets \$20 and up online at BernhardtWinery.com. 9043 County Road 204 in Plantersville. 936-894-9829. Tell them you saw it in *Coffee News*! ♥

Fall Wine Festival - Oct. 24, noon to 4 p.m. Free admission. Wine tastings, live music, vineyard hayrides, pumpkin patch, artisan market vendors, food trucks and more! BernhardtWinery.com. 9043 County Road 204 in Plantersville. 936-894-9829. Tell them you saw it in *Coffee News*! ♥

Historic Trick or Treat Downtown Business District Festival - Oct. 31, 2 to 6 p.m. Trick or treating, live entertainment, kids activities, food trucks, vendors, shopping!

Scan here to see more What's Happenings:

Trivia

1. Which author created the detective Sherlock Holmes?
2. How many sides does a hexagon have?
3. What is the only U.S. state that begins with the letter "P"?
4. Which novel begins with the words "Call me Ishmael"?
5. Golf is widely believed to have been first played here.

(Flip bottom of page for answers)

MONTGOMERY HISTORICAL SOCIETY UPCOMING EVENTS!



Voices from the Past

Noon - 3 p.m. Oct. 17th

Learn about Montgomery's history from the folks who lived it! Free tours of two cemeteries with costumed reenactors!

Christmas in Historic Montgomery

9 a.m. - 7 p.m. Dec. 12th

- Holiday Marketplace
- Lone Star Christmas Parade
- 36th Annual Cookie Walk
- 49th Annual Candlelight Home Tour

Visit MHS-TX.org
for details!



N. H. Davis Complex & Museum
Downtown Historic Montgomery
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Phone: 936-597-4360



For Christmas Parade info call the City of Montgomery

Texas Renaissance Festival

Saturdays, Sundays, and Thanksgiving Friday

October 10 - November 29, 2026



Get Tickets



Join Rotary & Help Shape the Future!

Rotarians have been making a difference in the world since 1905. Join the Rotary Club of Lake Conroe and make new friends, build your network, connect with People of Action and have FUN! Meetings are the 1st and 3rd Tuesday of the month at Napoli's Italian Grill.

Our Upcoming Events:

Oct: Clothing for Kids
Nov: Veterans' Breakfast
Dec: Christmas for Kids!

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Learn more about our club
at LakeConroeRotary.org

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Your Weekly Horoscope

ARIES (March 20 - April 19)



Work this week to not let your ego get in the way, encouraging you to act impulsively. Instead, turn inward. What adjustment in your view would be advised now? Lucky numbers: 3, 5, 8, 19, 29, 41.

TAURUS (April 20 - May 20)



Are there any projects that you can complete by the end of the week? If so, it may be worth putting in the extra effort required to do so. Lucky numbers: 4, 6, 8, 32, 39, 48.

GEMINI (May 21 - June 20)



If you are experiencing an issue in your romantic relationship, the next few weeks may be a good time to address the matter. After that, the problem may become more difficult. Lucky numbers: 5, 11, 24, 29, 30, 35.

CANCER (June 21 - July 22)



Is there something you have wanted to talk about with another person but have hesitated to do so? Now may be a good time to review your concerns with them. Lucky numbers: 1, 11, 13, 20, 27, 37.

LEO (July 23 - Aug. 22)



Your usual Leo charm may abandon you for the next few weeks. Carefully consider what you are about to say, to avoid conflict with others that will cause ongoing problems. Lucky numbers: 7, 17, 18, 31, 41, 42.

VIRGO (Aug. 23 - Sept. 22)



For the next few weeks, you may experience periods of fuzziness that disrupt your normally disciplined routine. Just go with the flow and this phase will pass more quickly. Lucky numbers: 17, 19, 22, 34, 35, 44.

LIBRA (Sept. 23 - Oct. 22)



Your ruling planet, Venus, is in a 40 day dance of invisibility with the Sun. It may help you to navigate this period by learning about Inanna's journey to the underworld. Lucky numbers: 9, 13, 18, 37, 46, 48.

SCORPIO (Oct. 23 - Nov. 21)



Your birthday month is a good time to set goals. You may have a lot of energy to do so. However, you may want to wait to discuss them with others. Lucky numbers: 10, 13, 24, 27, 30, 41.

SAGITTARIUS (Nov. 22 - Dec. 21)



Is your life still in alignment with your values and beliefs? It may be a good time to review them but hold off making any changes for a few weeks. Lucky numbers: 8, 9, 24, 36, 40, 45.

CAPRICORN (Dec. 22 - Jan. 19)



For the next few weeks, carefully evaluate the words of others. Some may be speaking a hard truth that you need to hear while others may be practicing deceit. Lucky numbers: 2, 9, 15, 18, 43, 45.

AQUARIUS (Jan. 20 - Feb. 18)



You may find yourself discouraged about your humanitarian ideals and goals over the next few weeks. Take a step back and review the situation. Avoid any temptation to immediately act. Lucky numbers: 12, 18, 22, 23, 28, 31.

PISCES (Feb. 19 - March 20)



Your deep Pisces empathy may be vibrating off the scale at mid-week. It is important that you find a way to set boundaries and retreat to a quiet space if needed. Lucky numbers: 6, 12, 17, 18, 20, 47.

Lucky numbers this week: This week's odds favor Taurus winners with the luckiest number being 32.

Did You Know...

Nostril shift: At any moment, most people breathe mainly through one nostril while the other rests. Hours later the flow shifts, a subtle rhythm controlled by the body that helps your nose warm and filter each breath.

Emergency access: In the United States, a mobile phone can still place a 911 call even if it has no active service. Networks allow these calls through so people can reach help in urgent situations, regardless of the device's status.

Scarlet stare: The mix of red hair and blue eyes is one of the least common natural pairings. Each feature relies on recessive genes, so both must line up in the same person for this unusual combination to show up at all.

Helping hand: Sea otters often hold hands while they sleep. The behavior, called "rafting," keeps them from drifting apart in the ocean and helps strengthen the bond between mothers and pups.

Caffeine shot: The world's first webcam was created to monitor a coffee pot. In 1991, Cambridge University researchers set it up so they wouldn't waste trips to an empty pot.

On the Lighter Side

How do you make a lemonade stand? Steal the lemonade chair.

Name a vegetable that's awesome but not too awesome. The radish!

Knock! Knock! Who's there? Conch. Conch who? Conch you come outside for a while?

If a parsley farmer is sued, can his wages be garnished?

Waiter: What is wrong with the soup?

Diner: I asked for barley soup, not barely soup!

Answers

Trivia answers: 1. Arthur Conan Doyle 2. Six 3. Pennsylvania 4. Moby Dick 5. Scotland (at St. Andrews)

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