

ADVENTURE • COMMUNITY • PURPOSE

FUNDRAISING EXPEDITION

ZAMBEZI River Girls



November 21st - November 30th 2026

PRICE PER PERSON: \$3800

**(AIRFARE, HOTEL IN JOHANNESBURG, VISA FEES, OPTIONAL ACTIVITIES,
NATIONALPARK FEES, KAYAK RENTAL & TAXES NOT INCLUDED)**

Experience one of the world's most legendary whitewater expeditions on a 5-day journey down the Zambezi River below Victoria Falls. Paddle through exhilarating Grade IV and V rapids like Stairway to Heaven, Oblivion, and Ghost rider, surrounded by the towering basalt cliffs of Batoka Gorge. This fully guided adventure blends adrenaline, raw wilderness, and unforgettable moments on Africa's greatest river, with scenic riverside camps, delicious meals, campfires, and star-filled African skies each night. All levels of experience are welcome, whether you want to ride as a passenger in the raft or kayak the entire trip alongside our experienced river team. Experience one of the world's most legendary whitewater expeditions on a 5-day journey down the Zambezi River below Victoria Falls. Paddle through exhilarating Grade IV and V rapids like Stairway to Heaven, Oblivion, and Ghost rider, surrounded by the towering basalt cliffs of Batoka Gorge. This fully guided adventure blends adrenaline, raw wilderness, and unforgettable moments on Africa's greatest river, with scenic riverside camps, delicious meals, campfires, and star-filled African skies each night. All levels of experience are welcome, whether you want to ride as a passenger in the raft or kayak the entire trip alongside our experienced river team. After the river expedition, we will continue to explore the area with a night in Hwange National Park and discover the beauty of Zambezi National Park, where you will explore the magnificent Victoria Falls.

A PORTION OF THE PROCEEDS SUPPORT THE ZRG PROGRAM

ADVENTURE THAT CREATES A RIPPLE EFFECT

This is not your average adventure. Join us on a multi day expedition through the legendary Batoka Gorge on the Zambezi River – one of the world's premier whitewater destinations – while directly supporting a program that is transforming lives. A portion of every trip booking funds the Zambezi River Girls (ZRG), a Worldwide Women of Whitewater (WWoW) program dedicated to connecting, supporting, and empowering women through river-based educational experiences and professional development in Zambia & Zimbabwe

About Worldwide Women of White Water

Worldwide Women of Whitewater (WWoW) was founded in 2024 to create accessible and equitable pathways for women in whitewater worldwide. WWoW's work began on the Ganges River in Rishikesh, India, where founding members trained the first cohort of women raft guides in a region where the rafting industry had never included women. That program – NariNauka, meaning "woman's boat" in Hindi – proved both the need and the model.

The Zambezi River Girls program brings that model to Zimbabwe & Zambia, partnering with locally embedded operators like Try Rafting Co. to connect, support, and empower women through professional river training, mentorship, and community.

WWoW is also working with Monde Janzen who made history as Zambia's first female whitewater rafting guide on the Zambezi – and she's not keeping that distinction to herself. She now mentors the next generation of young women through the WWoW program, proving that the river has always had room for her, and making sure other girls know it too.

About the Partnership



Founded in 2024 following the success of NariNauka – a landmark program that trained India's first women raft guides on the Ganges River in Rishikesh. WWoW exists to empower women worldwide through whitewater and river-based educational experiences, professional development, and mentorship. The Zambezi River Girls is their program in Zimbabwe and Zambia



Victoria Falls-based operator with decades of experience on the Zambezi. Founded and guided by

Elvis Tshuma, one of the most experienced Zambezi guides working today.

Try Rafting Co. runs full Batoka Gorge expeditions – Grade 4 and 5 whitewater through one of Africa's most dramatic river canyons.

When you book this trip, you're not just rafting the Zambezi. You are funding professional training for women raft guides in Zambia & Zimbabwe. You are supporting mentorship, economic opportunity, and a community built around the river. And you are rafting some of the best whitewater in the world while doing it.

WELCOME TO AFRICA



One Journey, Endless Wonders

Few places on earth hold the magic of Africa. This unique region offers travelers the rare opportunity to explore the continent. Each country revealing its own treasures yet seamlessly connected through landscapes, wildlife, and culture.

Picture yourself standing before the thundering curtain of Victoria Falls, one of the Seven Natural Wonders of the World. Glide silently along the Zambezi River as the sky blazes with color at sunset. Venture deep into Hwange National Park, where herds of elephants roam free and predators lurk nearby. Experience wild waterways and open horizons. Along the way, you'll meet warm, welcoming people who share their stories, traditions, and a sense of Africa's timeless rhythm.

This adventure is more than a trip—it's an immersion into the very soul of Africa. You'll return home with unforgettable photographs, yes, but also with deeper stories to tell: the thrill of spotting lions at dawn, the calm of drifting under star-filled skies, the joy of connecting with a culture beyond your own. The Four Corners of Africa isn't just a destination. It's the journey of a lifetime—one that will stay with you long after you've returned home.



- November 21st - Depart States
- November 22nd - Arrive Johannesburg (overnight stay)
- November 23rd - Depart Johannesburg For Victoria Falls

Departure Day Zimbabwe





Day 3 - November 23rd City: Victoria Falls

Nestled on the edge of the Zambezi River, the town of Victoria Falls is surrounded by some of the most remarkable natural beauty in Africa. From the misty rainforest that thrives in the spray of the Falls to the nearby national parks filled with elephants, buffalo, and countless bird species, nature is never far away. The town itself is small, welcoming, and easy to explore, offering a relaxed atmosphere that connects visitors directly to the rhythms of the wilderness. The farm is a perfect base for all your Victoria Falls adventures.

- Arrival
- Transfer to Mpala Guest & Adventure Farm
- Sunset Hike for views of the Gorge
- Prep for Multi Day Rafting Trip



3

Arrival day

Zimbabwe



Day 4 - 6 - November 24th to 26th Multi Day Rafting on the Zambezi River

4 - 6

Zambezi River

Feel your heart race as you plunge into the churning rapids of the Zambezi River. Our expert guides will lead you on a thrilling whitewater rafting expedition through some of the most exhilarating rapids on the planet. Safety is paramount, and our seasoned guides ensure you navigate the rapids with confidence.

Riverside Camping: After a day filled with adrenaline-pumping rafting, unwind at our riverside campsite. Nestled in nature's embrace, our comfortable tents provide a cozy retreat, and the campfire's crackling flames set the stage for storytelling beneath the star-studded African sky. As the Zambezi River murmurs in the background, you'll relish the tranquility and camaraderie of fellow adventurers.

Scenic Marvels: Throughout your journey, be captivated by the unparalleled beauty of the Zambezi River. Towering cliffs and lush riverbanks adorned with wildlife frame your adventure. The distant mist of Victoria Falls, one of the world's most breathtaking natural wonders, adds an extra layer of awe to your journey.

Experienced Guides: Our guides are the backbone of this unforgettable experience. Their passion for the Zambezi River, extensive knowledge of the region, and unwavering commitment to safety and sustainability ensure your trip is not only thrilling but also deeply enriching.





7

Hwange National Park

Day 7 November 27th - Out of River

- Transfer to Hwange National Park

Welcome to the Land of the Giants

Hwange National Park has a scale and presence that's difficult to match. As Zimbabwe's largest national park, it covers nearly 5,800 square miles (15,000 square kilometers) of varied terrain – but it's not just the size that stands out. It's also the peacefulness and the sheer concentration of wildlife. Once a hunting ground, Hwange was established as a national park in 1928 and has become one of Southern Africa's key conservation areas. Its vast, varied landscapes – from open savannah and Kalahari sandveld to dense teak forests – support over 100 mammal species and nearly 400 bird species.

Lion prides, buffalo herds, and elusive wild dogs roam freely through Hwange – but it's the elephants that leave the most lasting impression. Tens of thousands move through the park's expansive landscapes, making Hwange home to one of Africa's largest elephant populations. You'll see them up close at waterholes and from camp, their presence felt as much as seen – in the worn paths winding through the trees and in the quiet authority they bring to the land. This is Elephant Country, and there's nothing quite like it.

You'll discover the true magic of Hwange National Park when you slow down. Linger by a waterhole or rest beneath a shady tree and watch wildlife wander by. Walking safaris with expert guides enrich the experience by uncovering the subtle signs and untold stories of the bush. Here, it's all about being fully present – immersed in each moment as it unfolds.

In Hwange National Park, the safari experience goes beyond wildlife sightings. It's about presence, perspective, and discovering a quiet kind of wonder that stays with you long after you've left.



8

Hwange National Park

Day 8 November 28th - Hwange National Park

- Morning Safari
- Transfer to Victoria Falls - Mpala Guest & Adventure Farm

Your second day in Hwange National Park begins with an early departure. Hwange is one of southern Africa's most significant wildlife sanctuaries and home to one of the largest elephant populations on the continent. By now the rhythm of the bush is starting to feel familiar, but Hwange has a way of offering something new each time out.

The morning hours give you the best conditions for game viewing – cooler temperatures, active wildlife, and good light across the open grassland and teak woodland that define much of the park.

Your guide will work the terrain with the same patience and attention as the day before, covering ground where elephant, lion, wild dog, sable, and giraffe are regularly encountered alongside a rich variety of birdlife.

Lunch is taken at a comfortable pace before you make the transfer back to Mpala Farm, arriving in the afternoon.





9

Explore Victoria Falls

Day 9 - November 29th

- Zambezi National Park
- Big Tree & Craft Markets
- Lunch at Army Chalets
- Final Dinner Celebration

Victoria Falls, on the Zambezi River in southern Africa, is the largest waterfall in the world – stretching over a mile wide and plunging 354 feet. Known as "The Smoke that Thunders," its mist is visible for miles and its roar echoes across the landscape. Named by Scottish explorer David Livingstone in 1855, the falls have been sacred to Indigenous peoples of the region for centuries and today hold UNESCO World Heritage status.

A visit here goes beyond the viewpoint. Browse the Craft Market for hand-carved sculptures and beadwork, stand beside the Big Tree – a baobab over a thousand years old – and eat where locals eat at Army Chalets, serving honest Zimbabwean food far from the tourist trail. The surrounding area shelters elephants, hippos, and countless bird species, making Victoria Falls as much a living ecosystem as it is a wonder of the world.

As our time together draws to a close, we gather for a final dinner at the farm – good food, good company, and the stories we'll carry home.





Departure Day



10

Zimbabwe

DAY 10 - November 30th

After intense days experiencing the best of Zimbabwe, it's time to head home.

Every landscape, every encounter and every detail remains in the memory as part of a carefully planned experience.





IMPORTANT INFORMATION

Traveling to Africa is easier than ever. Today, trips are thoughtfully designed with international travelers' expectations in mind, ensuring every detail is comfortable, safe, and enriching. Visitors can look forward to a journey carefully crafted to surprise and delight, offering the very best of the experience.

Our trips are thoughtfully designed with careful attention to every detail. Cultural awareness and local adaptations are at the heart of what we do, ensuring both comfort and safety throughout your journey. Our highly qualified team, deeply rooted in the destinations we operate in, lives and breathes this culture every day.

Beyond planning and guiding your trip, we are fully prepared to handle any unexpected situations or emergencies. With us, you gain the peace of mind that comes from traveling with a trusted partner—one with the knowledge, experience, and expertise to navigate every circumstance. We offer more than a trip; we provide confidence in exploring a distant yet exceptionally rewarding destination.

WE THOUGHT OF EVERYTHING! COMFORT, SAFETY AND TRUSTED LOCAL SUPPORT



Comfortable and Safe Accommodation

We carefully select accommodations that offer comfort and safety for our tourist groups. The safety of our guests is our priority, ensuring that everyone feels welcomed and protected throughout their stay.

Complete Guidance on Visas and Country Exchange

We take care of all the logistical details of your trip, including guidance on visa processes and how to travel between countries. We provide clear and accurate information, ensuring that our clients know exactly what to do at every step of the way, making the experience smooth and hassle-free.

Local Support and Protection with Our Partners

We have strong local support, working in partnership with experienced tour guides and agents to ensure a safe and well-organized experience. We are equipped to look after groups, with the help, guidance and protection of our local partners, ensuring that tourists have all the support they need at every stage of their journey.

Activities Planned and Inspected for Safety and Fun

All activity options, both included and optional, have been carefully planned and inspected to ensure that they are enriching, fun and safe. We conduct rigorous inspections at each location and activity to ensure the quality of the experience. In addition, we provide lectures and suggestions on what to bring and use during the trip, ensuring the best possible experience, with a focus on the comfort and safety of our guests.



Vaccines

General Vaccination Information for Zimbabwe, Zambia, Namibia and Botswana

- **Yellow Fever:** Proof of yellow fever vaccination is required only if you are traveling from, or transiting through, a country where yellow fever is present. Travelers arriving directly from non-risk countries (such as Europe or North America) usually do not need it.
- **Routine Vaccinations:** It is recommended that travelers are up to date with standard vaccines such as measles-mumps-rubella (MMR), diphtheria-tetanus-pertussis, polio, and influenza.
- **Recommended Travel Vaccines:** Depending on your itinerary and activities, vaccines for hepatitis A, hepatitis B, typhoid, and rabies may be advised.
- **Malaria Prevention:** While there is no vaccine, malaria is present in parts of Zimbabwe, Zambia, Namibia and Botswana. Preventive medication, insect repellent, and mosquito protection are strongly recommended.
- **COVID-19:** Most restrictions have been lifted, but travelers should carry proof of vaccination or check if testing requirements are in place before departure, as policies can change.

Since health regulations can change and recommendations depend on your travel plans, it's best to consult a travel health clinic or your doctor well before departure.

Packing

Before the trip, we will provide travelers with guidance on what to bring, as well as essential information to help them pack efficiently.

Currency

Zimbabwe uses the Zimbabwean dollar alongside the U.S. dollar, while Zambia's currency is the kwacha and Botswana's is the pula. U.S. dollars are widely accepted in tourist areas across all three countries. Credit and debit cards can be used in most hotels, lodges, and larger establishments, though smaller shops or more remote areas may require cash. ATMs are available in cities and towns for withdrawing local currency.

Visa Information

Visa requirements for Zimbabwe, Zambia, and Botswana depend on your nationality.

- Zimbabwe and Namibia both require online e-Visa applications as well as visas on arrival at airports and land borders. We recommend you purchase a Double Entry Visa for Zimbabwe.
- Zambia grants visa free entry to many nationalities and can be purchased at the border post.
- Botswana grants visa-free entry to many nationalities, though some travelers must apply for a visa in advance.

As visa policies are subject to change, we strongly recommend verifying the latest requirements through official government or embassy sources before traveling.



Visa

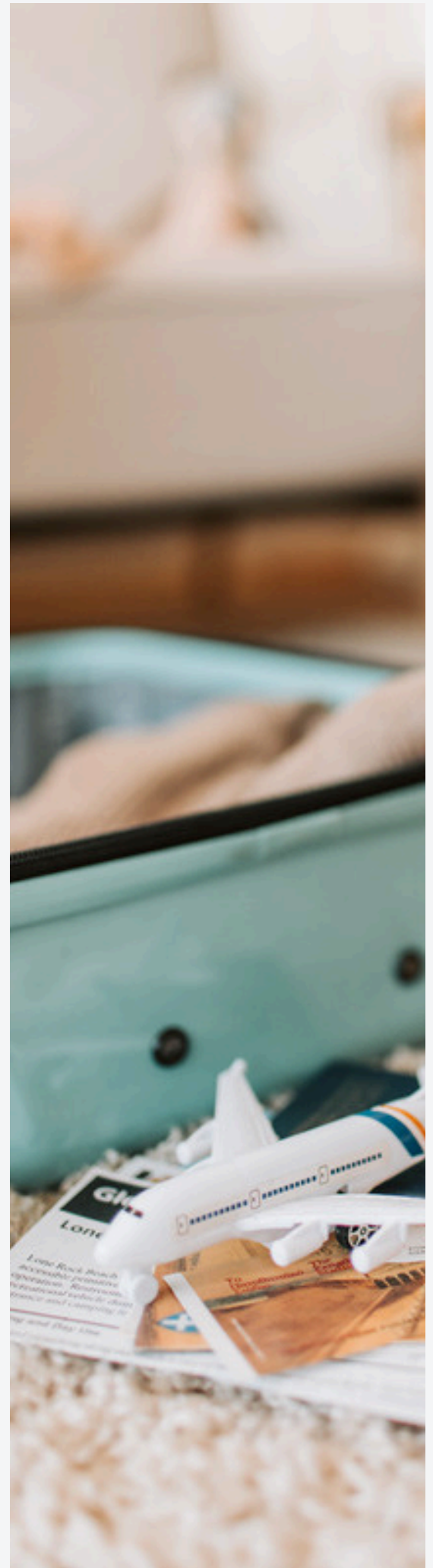
Visa requirements for Zimbabwe, Zambia, Namibia and Botswana depend on nationality. Many travelers from Europe and North America can obtain a visa on arrival or apply online before travel. Some countries are visa-exempt, while others require advance applications. For those visiting both countries, the KAZA Univisa is available for eligible nationalities, allowing entry into Zimbabwe and Zambia with day trips into Botswana a convenient option if your itinerary includes Victoria Falls and Chobe. Always confirm the latest regulations with official sources before your trip.

Weather

Zimbabwe, Namibia, Zambia and Botswana share a subtropical climate with two main seasons. The rainy season (November-March) brings hot weather, dramatic afternoon storms, lush green scenery, and excellent birding. The dry season (April-October) is cooler, with sunny days and chilly nights, and is considered the prime safari season, as wildlife congregates around shrinking waterholes and riverbanks. June to August are the coolest months, while September and October can be very hot, especially in low-lying areas.

Language

English is an official language in Namibia, Zimbabwe, Zambia and Botswana and is widely spoken in tourism, business, and government. In Zimbabwe, Ndebele and Shona are the most common local languages, while in Botswana, Setswana is spoken by the majority of the population. In Zambia, Bemba, Tonga, Lozi, and Nyanja are widely spoken alongside many other indigenous languages. Visitors will generally find communication in English easy throughout both countries.





Inclusions:

- Stay at Mpala Guest & Adventure Farm:

Mpala Guest & Adventure Farm offers a unique stay in Zimbabwe where comfort, community, and nature come together. Guests are accommodated in charming private cottages set within a peaceful farm landscape and powered by solar energy. Life at Mpala centers around organic farming, outdoor adventure, and meaningful cultural connection. From farm-to-table meals and river experiences to guided activities led by local hosts, each stay is designed to be immersive, relaxed, and low-impact. Mpala is ideal for travelers seeking an authentic Zimbabwe experience that gives back while enjoying comfort, space, and a true sense of place.

- Farm to Table Meals at the Farm
- Boma Style Dinner Experience (Dinner and 1 drink included. Additional beverages available for Purchase)
- Multi Day Rafting on the Zambezi River (All meals & Beverages Included)
- Sunset Hike (Dinner & Drinks Included)
- Overnight Safari in Hwange National Park (Dinner & Breakfast Included)
- Victoria Falls Hidden Gems Tour (Lunch Included)
- Free time at Zambezi National Park (Victoria Falls Viewing)

Exclusions:

- Airfare
- Optional Farm to Table Lunches on Free Days (\$10pp per meal)
- Overnight Hotel stay (if needed based on flight schedule) in Johannesburg South Africa
- Visa Fees
- National Park Fees
- Optional Activities
- Meals not listed on Itinerary
- Tips & Gratuities
- Travel Insurance
- Taxes

Mpala Guest & Adventure Farm | Try Rafting Co.
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