Name
The Confirmation Name I choose is



St. Thomas Aquinas- Confirmation Name Form Due January 25, 2026

At your baptism, your parents choose your name. For Confirmation, you choose a saint who will pray for you. The saints are our friends in heaven whose lives are models for our own. He/she is a reminder that you are never alone and that for thousands of years people just like you have journeyed in the faith to find their eternal home in heaven.

Research saints at: https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/
https://www.catholicapostolatecenterfeastdays.org/feast-day-calendar

Guidelines for Choosing a Confirmation Name

- 1. Choose the saint you were named after (first or middle name).
- 2. Choose a saint whose life inspires you.
- 3. Choose the patron saint of the day of your birth.

Write a paragraph about the saint you have chosen. Your paragraph must include:

- their name
- when they lived
- · where they lived
- their patronage
- what they are famous for
- why you have chosen this saint