

Legacy Kenpo Karate: Building a Stronger Community in Duarte, CA

Nestled in the heart of Duarte, California, Legacy Kenpo Karate has quickly become a vital part of the local community since



opening its doors just two years ago. Though a relatively new addition to the neighborhood, this martial arts school has already made significant strides in promoting personal empowerment, community engagement, and support for small businesses in the area.

Empowering Through Karate

Legacy Kenpo Karate specializes in traditional Kenpo techniques that emphasize discipline, respect, and self-defense skills. The owner, Anthony Angulo is dedicated to helping students of all ages develop confidence, physical fitness, and mental resilience. The school's inclusive environment encourages individuals from diverse backgrounds to embark on their martial arts journey, fostering a sense of unity and mutual respect within the community.

Community Contributions and Local Engagement

Beyond their focus on martial arts training, Legacy Kenpo Karate actively contributes to the well-being of Duarte residents and local businesses. By participating in community events and supporting neighborhood initiatives, the dojo has



become more than just a martial arts school—they are a community hub that fosters connection and collaboration.

One of the standout programs offered by Legacy Kenpo Karate is its quarterly Women's Self-Defense Class. These sessions are specially designed to empower women with practical skills and awareness techniques to defend themselves in real-world situations. The upcoming class is scheduled for Saturday, August 16th, from 10 am to 2 pm. This free event exemplifies the school's commitment to promoting safety, confidence, and community support.

Adult Training in Kenpo Karate

In addition to serving young students and women through their self-defense classes, Legacy Kenpo Karate also offers comprehensive training programs tailored specifically for

adults. These classes focus on enhancing physical fitness, stress relief, and self-discipline while teaching practical self-defense skills applicable to real-life situations. Whether you're a beginner or an experienced martial artist, adult students benefit from personalized instruction that helps improve strength, agility, and confidence. The welcoming atmosphere and flexible scheduling make it easy for busy professionals and mature learners to integrate Kenpo Karate into their lifestyle. By fostering growth at all levels, Legacy Kenpo Karate continues to support lifelong learning and empowerment within the Duarte community.

Looking Ahead

As Legacy Kenpo Karate continues to grow, its positive influence on Duarte's community and small businesses is expected to expand even further. Their dedication to empow-

ering individuals and fostering community ties makes them a notable establishment worth supporting.

If you're interested in learning self-defense, building confidence, or simply becoming part of a supportive local community, consider attending the upcoming

Women's Self-Defense Class at Legacy Kenpo Karate on August 16th. Join them in their mission to create a safer, stronger Duarte for everyone.

Contact Anthony at Legacy Kenpo Karate, www.legacykenpokarate.com or call 626-531-6218.



The City of Duarte Updates Its Municipal Code on Fireworks

The preservation of community safety, health, welfare, aesthetics, and character remains the City of Duarte's highest priority. In the General Municipal Election on November 6, 2018, Duarte residents voted on Measure F, which was designed to prohibit the sale and use of fireworks. The measure ultimately passed and resulted in prohibiting all sales and use of fireworks in Duarte. At its regular meeting on Tuesday, April 8, the Duarte City Council updated the Duarte Municipal Code (DMC) to regulate the sale, possession, and use of all fireworks within the city.

Since the adoption of DMC Chapter 15.05, "Fireworks," the possession, sale, and use of fireworks and dangerous fireworks have continued to increase within the City's limits, posing a



serious risk to the public's safety due to the potential for severe bodily injury, property damage, and fire concerns.

The recently approved Ordinance No. 25-02 amended DMC Chapter 15.05 to provide additional tools for

enhancing public safety, health, and welfare, clarify processes and procedures, and improve City enforcement of violations of the DMC related to possession, sale, and use of all fireworks. What you need to know:

- All Fireworks are prohibited in the City of Duarte, including safe and sane fireworks.

- The sale, use, and/or possession with intent to use safe and sane fireworks within the City are prohibited

- Intent to use safe and sane firework(s) may result in fines. Enforcement officers will consider a variety of factors, including location, time and date of possession, possession of ignition sources, possession or presence of previously discharged fireworks, and past violations when determin-

ing intent.

- Fines for Fireworks violations are as follows:

- Up to \$10,000 for dangerous fireworks, in alignment with state law.

The City will continue to improve its processes to ensure effective, fair, and efficient enforcement of the DMC, thereby enhancing public health, safety, welfare, and preserving the community.

To read the updated Chapter, please visit https://library.municode.com/ca/duarte/ordinances/code_of_ordinances?nodeId=1352935.

Member Spotlight

Elizabeth Gallegos Awards Scholarships to Duarte Graduates

Elizabeth Gallegos, a realtor with 25 years of service at Re/Max Premier Properties, awarded two scholarships to 2025 Duarte graduates—one from Duarte High School and one from Mount Olive Innovation and Technology High School (MIT).

A member of both the Duarte Chamber of Commerce

and the Duarte Woman's Club (which recently named her 2025 Woman of the Year), Elizabeth is a strong supporter of local students and education.

The scholarships recognize academic achievement and leadership, helping students pursue their college goals. The community thanks Elizabeth for her continued generosity and commitment.



Elizabeth Gallegos
Realtor BRE 01241086
Cell: 626-390-2177

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Duarte View

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Dilma Duran	Editor
Kim McGill	Production & Layout

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City of Duarte Awarded a \$25,000 Grant from Walmart to Enhance Duarte Youth Programs

The City of Duarte is committed to enhancing community safety and empowering youth with the tools and experiences necessary to thrive. As a testament to the investment in our younger population, the City received a \$25,000 grant from Walmart to enhance the City's youth programs and make a lasting impact in the lives of young people in our community.

"My colleagues on the City Council and I are extremely grateful to Walmart for this investment in our community," said Mayor Cesar A. Garcia. "There are many teens who take advantage of the robust programs that we have here in Duarte. The Boxing and D.A.R.T. programs have changed lives thanks to generous contributions from the coaches and everyone who



works with our youth. This funding will go directly towards expanding the programs, which is just in time for the expansion of the Teen Center. We're growing in number, growing in square footage, and most importantly, growing together."

The Duarte Teen Center is the cornerstone of our mission to create a safe,

supportive environment where youth can grow, succeed, and contribute to a stronger, more resilient community. It serves an average of 100 youths daily, offering unique after-school programs and activities such as the Duarte Boxing program, C.H.Y.L.L., Duarte Dance, D.A.R.T., The A-Team, and the Mayor's Youth Council.

The activities and work funded by this grant aim to create meaningful change in the lives of at-risk youth, their families, and the community at large. The City is allocating \$10,500 of the grant funding for new equipment, including dance supplies, a new projection and screen, games, and a new boxing ring. The remaining \$14,500 will be

put towards youth field trips for 200 youth over the next year.

The upcoming field trips include visits to theme parks, museums, the beach, hikes, camping trips, college visits, and more for youth to build connections, network, and explore as a team. These activities will provide structured after-school and weekend programming, deliver targeted interventions for at-risk youth, and facilitate enriching experiences beyond City boundaries.

This funding will ensure the Teen Center remains a vital resource for the community's most at-risk population, offering hope, stability, and a pathway to a brighter future.

For more information about the Teen Center programs, please visit the Teen Center webpage.

Welcome New Member



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BREAKFAST AND DINNER

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Duarte, CA 91010
626-301-4193



38 E. Huntington Drive, Suite B
Arcadia, CA 91006
626-574-7452

Barbara Lyle

Realtor

626-233-7010

CalRE#: 01237757

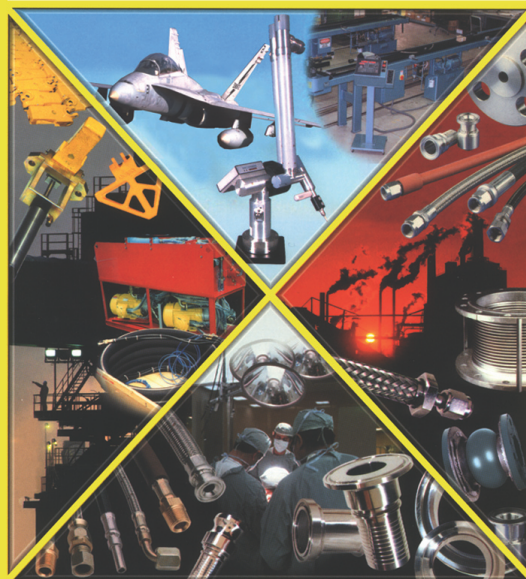
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Vallarta Supermarkets Is Coming to Duarte!

Vallarta Supermarkets has signed a lease to occupy the former Best Buy building at 1470 Mountain Avenue. There is a lot of work to do to prepare the 46,000 square foot building and work will take several months, but this is great news for Duarte and for Vallarta.

New grocery store options have

been high on the economic development priority list for the city. Vallarta Supermarkets is an excellent step in fulfilling that goal.

Vallarta is a fast-growing chain with recently opened stores in Colton and Clovis and new stores coming in Rancho Cucamonga, Ontario, Upland and several other California cities.



California School of the Arts – San Gabriel Valley Celebrates its High-Achieving Graduating Class

California School of the Arts – San Gabriel Valley (CSArts-SGV) is thrilled to celebrate the success of its graduating class of 2025. Once this year's 236 remarkable seniors have accepted their high school diplomas, they will spread out across 14 states and two countries to attend a variety of colleges, universities and conservatories, including: Berklee College of Music, Duke University, Cal State Schools, New York University, Otis College of Art and Design, Rhode Island School of Design, Stanford University, School of the Art Institute of Chicago, University of Southern California and more.

While attending CSArts-SGV, many of these impressive seniors were honored with various accolades



A senior in the Commercial Dance Conservatory gives a commencement address to the graduating class of 2025.

and awards, including the Music Center Spotlight Awards, Scholastic Art & Writing Awards, and a YoungArts U.S. Presidential Scholars in the Arts nomination.

For the fourth consecutive year, 100% of CSArts-SGV seniors were accepted into institutions of higher education. Seventy percent of the graduating class is going on to attend four-year colleges and 26% have chosen to attend two-year colleges. The remaining four percent of 2025 seniors will enter the workforce or are planning to take a gap year. Of those matriculating to higher education, 39% are continuing their arts education, 33% are focusing their studies on academics, and nine percent are studying both.

CSArts-SGV's newest graduat-

ing class also demonstrates immense academic excellence, collectively achieving an average GPA of 3.94 and receiving more than \$5 million in scholarship offers. Additionally, 45 CSArts-SGV seniors will graduate as valedictorians with distinction (4.5-5.0 GPA) and 86 will graduate as valedictorians (4.0-4.49 GPA).

"While we are sad to see our seniors go, we are honored to welcome the Class of 2025 into our CSArts-SGV alumni family," said Principal of Academics Nicole Read. "Their inspiring work, both in the classroom and in their arts studies, has made us all incredibly proud, and we can't wait to see where they go from here."

To learn more about CSArts-SGV, visit sgv.csarts.net.

Scholarships Awarded to Duarte MIT Seniors

MIT (Mount Olive Innovation and Technology) Seniors, Erik Valdivia and Emily Cuevas received scholarships from the Duarte Kiwanis Club. Board member, Lois Gaston, and Treasurer, Filippo Fanara were on hand along

with Principal Kevin Morris. Congratulations to all!

If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at tinac51@aol.com.



Key Clubbers Recognized

Mountain View High Key Club Seniors recently received their Graduation Gown Cords and Yard Signs from the Duarte Kiwanis Club. Congratulations to all the graduating Seniors!

If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at tinac51@aol.com.

Duarte Small Business Beat: Crumbs N Cake Bake Shop

Small businesses, nonprofits, and organizations are the heart of the City of Duarte, shaping our community's character and vitality. You're in for a treat for this month's Small Business Beat, as we are highlighting a sweet local favorite: Crumbs N Cake Bake Shop.

Crumbs N Cake Bake Shop is a home-based bake shop that serves the San Gabriel Valley and Los Angeles County. Although their specialty is their coffee cake, Crumbs N Cake Bake Shop offers a



wide variety of baked goods including scones, biscotti, cookies, cookie kits, custom cakes, doggie cakes, and more. Open Wednesday to Saturday from 9 AM to 2 PM, each sweet treat is baked with love by owner Linda Escobar-Ochoa.

"After culinary school, I worked in a few bakeries far from home as a baker, sous chef and bakery manager, learning firsthand what's involved in running a business," said Escobar-Ochoa. "I

loved what I did but I was missing out on time with my family since I was always the first one to start the day and the last to leave. In November 2019 I decided that I could do it on my own much closer to home."

Their coffee cake and ever-expanding menu isn't the only thing that makes this shop unique, as they deliver all of their treats straight to your door! Customers in

wanted to change," said Escobar-Ochoa. "When I deliver, I get to meet different people in the community and chat with them. There are so many kind people in the community and just around the corner from me, I couldn't believe they had been there all along and I didn't know."

Escobar-Ochoa is a Board Member of the Duarte Chamber of Commerce and a very active community member. You can find her at local Duarte events and the Monrovia Street Fair & Farmer's Market every Friday to try a free sample of her baked goods.

"With this business I get to do what I enjoy, stay at home, spend time with my family, and meet my neighbors, all of which I love."



Duarte get their sweets delivered for free, but they also deliver up to 25 miles away every day of the week except Sunday.

"I wasn't involved in Duarte at all when I was working in the bakeries, and that was something I



Benefits of Duarte Chamber Membership – Why Join?

- » Advocacy for Businesses
- » Introduction of your business in the Duarte View Publication
- » Email promotion of your upcoming events, specials, etc.
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- » Social Media promotions
- » Business & marketing counseling at no cost to you, offered in partnership with the Foothill Workforce Development Board & SCORE
- » Business listing on the Duarte Chamber Member Directory
- » Business listing in the bi-monthly Duarte Business Directory publication
- » Monthly Networking Opportunities
- » Grand opening & ribbon cutting ceremony for your business
- » Duarte Chamber membership certificate
- » Business-to-business discounts from Chamber members to Chamber members
- » Up-to-date information & resources to navigate COVID-19

IMPORTANT ANNOUNCEMENTS

1
The Duarte View is getting a makeover! It will be a slimmer version starting August 2025.

2
As of JULY 2025, a P.O. Box will no longer be available. Please mail all correspondence to our physical address:

Duarte Chamber
1735 Huntington Dr.
Duarte, CA 91010

DUARTECHAMBER

The Duarte Woman's Club Hosts Its Annual Afternoon Tea for Scholarship

Founded in 1949 by a group of passionate and caring women, the Duarte Woman's Club has been an active part of the Duarte community for 76 years. Under the leadership of President Elizabeth Bitow — who promotes the belief that sisterhood is strength — the club remains dedicated to fostering fellowship, professionalism, respect, trust, supporting education, and empowering women to make a positive impact.

On Sunday, June 22, 2025, the Duarte Woman's Club held their Annual Afternoon Tea at the Duarte Elks Lodge. The event proved to be a great success and served as the club's first major fundraiser for next



Elizabeth Bitow, President of the Duarte Woman's Club

year's scholarship program.

Among the honored guests were Senator Susan Rubio and her representative,



and Assemblywoman Blanca Rubio's representative Veronica Lopez — all of whom are proud members of the Duarte Woman's Club. Their presence added a meaningful touch to the gathering, highlighting the importance of educational support within the community.

In 2025, the Duarte Woman's Club awarded scholarships to five Duarte High School students, as well as one student graduating from Mount Olive Innovation and Technology High School (MIT). The club congratulates all recipients and wishes them con-



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626-357-3333

info@duartechamber.com

1735 HUNTINGTON DR., DUARTE CA 91010



Attendees included members of the different San Gabriel Valley District Women's Clubs, whose participation further enriched the event. The club extends heartfelt thanks to the generous local businesses and Duarte Woman's Club members whose donations of raffle prizes, and variety of foods, helped make the event both fun and successful.

The goal of this event remains focused on raising funds to benefit Duarte stu-

dent success on their academic paths.

The Duarte Woman's Club is currently accepting membership applications. Its doors are open to men and women and invites all members of the community to support its future events.

For more information about the Duarte Woman's Club or to inquire about membership, please contact Elizabeth Bitow at elizabeth.bitow@gmail.com or visit www.duarte-womansclub.com.

Crestfield Townhomes Update Provided

Matt Waken shared an update on the Crestfield Townhomes project at a recent Duarte Kiwanis meeting. Matt shared that the intention is to build 169 units of 3 and 4 bedroom townhomes. These will be rental units and are targeted for young families. The project is currently in the EIR (environmental impact report) process and will



include a traffic impact portion. Robert Urteaga will be canvassing throughout Duarte to share information and elicit input from residents.

If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at tinac51@aol.com.

MIT Students Picks Up Scholarship Check



MIT Student, Emily Cuevas, picked up her scholarship check at a recent Duarte Kiwanis meeting. Emily intends to go into International Business and is starting

at Glendale Community College.

If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at tinac51@aol.com.

International Student Program in Duarte



Kevin Morris, Principal of MIT and Phoebe Xu

have created a valuable partnership over the past

few years. Phoebe works to bring in International Students for experiences in Duarte. Last summer, there were a total of 140 International Students who were hosted with 60 Duarte student guides. Each visiting student has a host family who care for them and are compensated. And then the Duarte students also have an opportunity to travel and study internationally as well.

If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at tinac51@aol.com.



MIT Senior, Erik Valdivia picked up his scholarship check at a recent Duarte Kiwanis Meeting. Erik plans to begin training in auto mechanics.

If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at tinac51@aol.com.

DHS Key Club Graduates

Congratulations to DHS Graduating Key Club Members. They were joined by Duarte Kiwanis President, Mercedes Ruiz and Key Club Advisor, Lisa Smith.

If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at tinac51@aol.com.



Celebrating a Magical Rotary Year

Reflecting on Achievements, Service, and the Spirit of Rotary

As we bring another Rotary year to a close, there is much to celebrate and even more to feel grateful for. The collective energy, enthusiasm, and commitment of our members have once again shown what it means to embody "the Magic of Rotary"—this year's international theme, which

truly magical about the synergy we created. The theme, "the Magic of Rotary," was not just a slogan—it was a living, breathing force that animated all our meetings, projects, and celebrations. We witnessed small acts of kindness ripple into large waves of change, and saw ideas take



has proven itself time and again in the work we have accomplished together.

Record Participation and Impactful Service

One of the most heartening aspects of the past year has been the increased involvement of Rotarians in our array of service projects. More hands on deck meant broader outreach, deeper connections, and a shared sense of purpose that brought us closer as an organization and as individuals devoted to service above self. From local community initiatives to international collaborations, each project served as a testament to the power of unity and the value of giving back.

The Theme Comes Alive:

The Magic of Rotary

There was something

flight when nurtured by the spirit of collaboration and goodwill. Whether delivering supplies to those in need, mentoring youth, or championing sustainability, every effort was infused with a sense of wonder and possibility.

A President's Pride: Reflections from Rosa Holguin

Outgoing president Rosa Holguin, who also serves with distinction on the Duarte Unified Board of Trustees, has expressed tremendous pride in the outcomes of this Rotary year. Her vision and guidance inspired many to step up, lead, and innovate. Rosa has emphasized how rewarding it was to watch projects flourish, relationships strengthen, and new



leaders emerge within the club. Looking back, she recognizes not just the goals we met, but also the growth and camaraderie that made each milestone meaningful.

2024-25 Rotary Year...It's a Wrap!

Looking Forward to Connecting and Uniting for the Good of our Community and our Rotary Members

As we prepare to pass the torch to new leadership, the

With the continued passion and dedication of our members, the coming year promises to be just as extraordinary.

Let us celebrate not only what we have done, but who we have become—a community bound by purpose, animated by kindness, and forever guided by the enduring Magic of Rotary. Next year's Rotary International theme is United for Good. There could be no better theme for

efficiency of our efforts to serve our community even better! This concept of making connections holds true not only for the community we serve but for all our members as well. We know that to retain our members we must continue to invest in them. Continued support and learning more about the value of Rotary, as well as enhancing our club experience so we can have fun, learn more about each other and support



foundation laid this year ensures that the magic of Rotary will continue. Under the leadership of President Rosa Holguin, the achievements of the past twelve months are a springboard for even more ambitious projects and greater participation.

us to continue the momentum of our successes. This new theme encourages us to make more connections for the good of the community we serve, Duarte. Our incoming president, Larry Breceda, our Director of public safety in Duarte wants to ramp up the

each other while we help our Duarte Community! We are looking forward to a great Rotary year full of projects and activities. Feel free to visit us and see what we're all about. Come join the FUN! 2nd and 4th Wednesdays at Denny's in Duarte, 7:45 a.m.



Banner Surprise from OFL

Duarte Kiwanis was gifted with a new photo background banner by OFL (Opportunities for Learning). Principal, Richard Moreno, unveiled the new banner at a recent

meeting.

If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at tinac51@aol.com.



Opportunities For Learning
Public Charter Schools

Summer Feeding/Free Meals at DUSO

The Duarte Unified School District Food Service Department is pleased to announce the sponsorship of the Seamless Summer Feeding Program for children. Meals will be available at no charge to all children 18 years of age and younger.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at:

How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW, Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

Meals will be served at the following Locations, Dates & Times.

Location	Address	Serving Time	Days of Service	Dates of Operation
Valley View ES	237 Melcanyon Road, Duarte, CA 91010	12:00 PM – 1:00 PM from 6/3 thru 6/30. Then 11:30 – 1:00 from 7/1 thru 8/8.	Monday - Friday	6/3/2025 to 8/8/2025 (Monday thru Friday) Closed on 6/19 and 7/4.
Maxwell ES	733 Euclid Ave, Duarte, CA 91010	12:00 PM – 1:00 PM from 6/3 thru 6/30. Then 11:30 – 1:00 from 7/1 thru 8/8.	Monday - Friday	6/3/2025 to 8/8/2025 (Monday thru Friday) Closed on 6/19 and 7/4.

If you have any questions, Please call 626-599-5022 or 626-599-5023.

Duarte Unified School District

Duarte Unified School District announced recently an amendment to its policy for serving meals to students under the National School Lunch & School Breakfast Programs for the 2025- 2026 school year. All students will be served 1 breakfast and 1 lunch at no charge for all students attending Duarte USD Schools and California School of the Arts-San Gabriel Valley Campus.

For additional information or any questions please contact: Brian Volz, Food Service Director, 1620 Huntington Drive, Duarte, CA 91010. You may also call at 626-599-5022 or E-mail at: Bvolz@duarteusd.org.

Non-Discrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or

retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877 - 8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD - 3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632 - 9992. Submit your completed form or letter

to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW
Washington, D.C. 20250 - 9410;
- (2) fax: (202) 690 - 7442; or
- (3) e m a i l : program.intake@usda.gov.

This institution is an equal opportunity provider.

Instructions for Public Media Release Community Eligibility Provision

Local educational agencies (LEA) are required to send a public media release (PMR) for free meals to the local media or post in a public place each school year, unless the school is (1) a boarding school, (2) a residential child care institution without day students, or (3) a school that includes food service fees in tuition and all students are provided the same meals per Title 7, Code of Federal Regulations, Section 245.S(a).

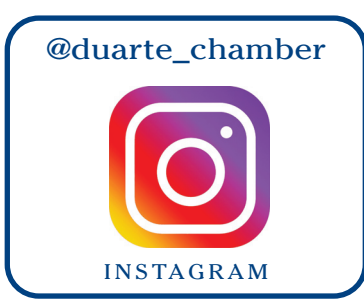
Near the beginning of each

school year, LEAs must notify the public that F/RP meals are available. LEAs must provide the PMR to the local news media, the local unemployment office, and any major employers who are contemplating large layoffs in the attendance area of the school.

The LEA must sign, date, and send the PMR to the local media requesting that the release be published at no charge as a public service to the community. If your community does not have local media sources (i.e., newspaper, television, radio, podcast, etc.), post the PMR in several community areas (i.e., post office, community centers). You are not required to incur costs to have the PMR published and the local media is not required to publish it.

Best practice: email to 1) local newspaper, 2) local unemployment office, and 3) hang at the post office.

Make sure to keep a copy of the PMR and record the date when it was submitted, who it was sent to, and where the release was published/posted.



FOOD WASTE RECYCLING - SENATE BILL 1383

The California Senate passed a bill requiring a **75% reduction in organic waste disposal by 2025**. All residences and commercial businesses are required to **recycle organic waste, including food waste**.



SCAN TO LEARN MORE

Organic waste decomposes in a landfill releasing a significant amount of **greenhouse gas emissions** that contribute to public health and safety concerns such as **asthma, global climate change, extreme weather, and natural disasters**. By **composting organic waste**, instead of sending it to landfills, we can **close the loop** while creating a **nutrient-rich soil amendment** that's ready for use in farms and gardens.

TIPS TO PREVENT FOOD WASTE AT HOME

- **Plan ahead:** Before you go to the grocery store or order out, check the fridge and pantry for food items that need to be cooked or that you already have and do not need to purchase.
- **Serve smart:** Aim to cook and serve the right portions for the number of people you are feeding.
- **Store food wisely:** Different foods require different conditions.
- **Check your fridge often:** Keep track of what you have and what needs to be used. Eat or freeze items before you need to throw them away.
- **Use your freezer:** Your freezer can help save food and time.



Your recycling efforts contribute to the reduction of greenhouse gas emissions from landfilled organic waste. This includes methane, a greenhouse gas 80 times more potent than carbon dioxide.

Tear off here, save and place on your fridge!

REMINDER: RECYCLE RIGHT!

YOUR BARREL GUIDE - WHAT GOES WHERE?

Black Barrel is for trash



Blue Barrel is for recyclables



Green Barrel is for green waste & food waste



DO NOT ADD HAZARDOUS WASTE

BLACK BARREL GUIDE

YES

- ✓ Cactus
- ✓ Clothing
- ✓ Diapers
- ✓ Dishware
- ✓ Flower pots
- ✓ Hoses
- ✓ Plastic bags or wrap
- ✓ Pet food bags
- ✓ Pet waste
- ✓ Plastic toys
- ✓ Plastic utensils
- ✓ Shrink wrap
- ✓ Soiled paper products
- ✓ Straws
- ✓ Wipes

NO

- ✗ Batteries
- ✗ Electronic waste
- ✗ Hazardous waste
- ✗ Hot ashes
- ✗ Flammables
- ✗ Food waste
- ✗ Fluorescent bulbs
- ✗ Landscape waste
- ✗ Machinery
- ✗ Paint
- ✗ Pesticides
- ✗ Oil
- ✗ Recyclables
- ✗ Sharps
- ✗ Tires

DO NOT BAG RECYCLABLES

BLUE BARREL GUIDE

YES

- ✓ Aerosol cans (empty)
- ✓ Aluminum cans
- ✓ Brochures
- ✓ Cardboard
- ✓ Cartons
- ✓ Catalogs
- ✓ Computer paper
- ✓ Envelopes
- ✓ Glass bottles & jars
- ✓ Junk mail
- ✓ Newspaper
- ✓ Paper products
- ✓ #1 - #7 Plastics
- ✓ Styrofoam
- ✓ Tin cans
- ✓ Tissue boxes
- ✓ Wrapping paper

NO

- ✗ Batteries
- ✗ Bubble wrap
- ✗ Carpet
- ✗ Clothing
- ✗ Diapers
- ✗ Dishware
- ✗ Electronic waste
- ✗ Furniture
- ✗ Hoses
- ✗ Mirrors
- ✗ Pet food bags
- ✗ Pizza boxes
- ✗ Plastic bags or wrap
- ✗ Plastic toys
- ✗ Soiled paper products
- ✗ Stuffed animals
- ✗ Wax paper

DO NOT BAG FOOD WASTE OR GREEN WASTE

GREEN BARREL GUIDE

YES

- ✓ Food soiled paper & cardboard*
- ✓ Food waste
- ✓ Birds of Paradise
- ✓ Dead plants
- ✓ Flowers
- ✓ Grass clippings
- ✓ Leaves
- ✓ Livestock manure
- ✓ Palm fronds
- ✓ Prunings & twigs
- ✓ Shrub trimmings
- ✓ Small branches
- ✓ Untreated wood
- ✓ Weeds

NO

- ✗ Batteries
- ✗ Cactus
- ✗ Concrete
- ✗ Dirt
- ✗ Electronic waste
- ✗ Flammables
- ✗ Glass
- ✗ Hazardous waste
- ✗ Liquids
- ✗ Metal
- ✗ Pet waste
- ✗ Plastic
- ✗ Rocks

*Such as fast food wrappers and pizza boxes

KID-FIT Family Fun Run Draws Massive Crowd With More Than 500 Participants

On May 17th, a lively crowd of more than 500 runners, families, and supporters gathered at Legg Lake inside the Whittier Narrows Recreation Area for the 4th Annual KID-FIT Family Fun Run, hosted by the Duarte-based nonprofit promoting youth fitness and wellness.

The event featured two race distances — a short 1K

perfect for kids and families, and a more challenging 5K attracting serious runners and youth teams. Participants enjoyed a scenic route alongside the lake, taking in the fresh air, nature, and cheers from the crowd.

People of all ages and abilities joined in—from toddlers taking their first strides to seniors showing

off their endurance. The event's inclusive spirit was reflected in its diverse turnout, including individuals with disabilities and multi-generational family teams.

Volunteers from Ice Bear Karate, affiliated with the Santa Anita YMCA in Monrovia, lent their time and energy to keep things on track, ensuring a smooth and enjoyable experience for all.



WholeFamily



Team BJ's



Encinita Running Club



Youth Age Division Winner



Age Division Winner



Trevor Silence Leading The 1Ker's

Michele Silence, founder and director of KID-FIT, emphasized the event's focus on community: "Our goal is to make fitness a fun, family affair. Seeing school groups and families run side by side is exactly what this is about — building positive, lifelong habits."

The 5K race featured some standout performances, with El Monte's Felipe Loera taking top honors at 16 minutes and 41 seconds. Twelve-year-old Lake Fandell from Los Angeles impressed the crowd by finishing the women's race in under 20 minutes. The Eagle Rock Running Club earned a \$500 prize as the fastest youth team.

Youth competitors also received cash prizes by age category, from \$50 for the youngest top finishers to \$300 for teens, celebrating achievement at every level.

Meanwhile, the 1K race offered a fun and accessible option, with every participant rewarded with a

medal, a swag bag, and a commemorative t-shirt, making sure no one left empty-handed.

Music, raffle prizes, and a festive atmosphere added to the day's excitement. Raffle items ranged from massage gift certificates to fine wines and gift cards for local dining and entertainment, making the event enjoyable for runners and spectators alike.

Key sponsors that helped make the event possible included BJ's Restaurant, Rize Credit Union, San Gabriel Valley Water Company, Assemblymember Blanca Rubio, Longo Toyota/Lexus/Penske, Action Designz, and Run With Us. Additional contributions came from D'Aquino Italian Imports, Trader Joe's, the Arcadia Chinese Association, Craig's Crew, and Smart and Final.

Silence noted, "Community support is the backbone of events like this. Together, we're inspiring healthier lifestyles and stronger connections."

The KID-FIT Family Fun Run has grown each year, continuing to promote fitness, education, and family fun as vital elements of healthy living.

As participants crossed the finish line and celebrated with friends and family, it was clear that this event goes beyond a simple race — it's a true celebration of health, community, and active living.

Chamber Events 2025

July 8	FREE WORKSHOP: HR ESSENTIALS & LABOR LAW UPDATE at 2:00pm via Zoom. Stay compliant and competitive! Learn the latest on labor laws, minimum wage updates, hiring best practices, and HR policies to keep your business running smoothly. Please register at www.duartechamber.com/events-calendar
July 17	Lunch and Learn Webinar: Leadership Development & Team Building. Explore strategies for building cohesive teams & enhancing leadership skills. Free Lunch and Learn webinar OPEN TO ALL! Register at https://www.mtsac.edu/sce/cce/wtc/
July 10, 17, 24, and 31	As a member you will have an opportunity to showcase your business at the popular “Concerts In The Park” events during the month of July at Beardslee park. Share giveaways (pre-packaged food only), flyers, coupons, and connect with community members and fellow vendors. Contact us at 626-357-3333 to partner.
July 30	SAVE THE DATE: Duarte Chamber Board Installation Dinner. Details to be announced!
August 21	Lunch and Learn Webinar: Introduction to Project Management. Explore strategies for building cohesive teams & enhancing leadership skills. FREE & OPEN TO ALL! Register at https://www.mtsac.edu/sce/cce/wtc/

Member Events

July 19	California Care Convention by NeoNalu LLC at 300 East Green St., Pasadena, CA 91101 from 10:00am-4:00pm. Open to the public and FREE to attend! No RSVP required! Questions email: californiacareconvention@neonalu.com
August 1	Kiwanis Club of Duarte: 3rd Annual Community Angel honoring Vicente Figueroa at Santa Teresita Madonna Hall, 819 Buena Vista St., Duarte, CA 91010. Reception: 5:00pm, Dinner: 6:00pm. Tickets are \$40 each. RSVP by July 18 to Aida Torres at: a2torres@lasd.org
August 16	Women’s Self-Defense Class at Legacy Kenpo Karate at 2160 Huntington Dr., Unit C in Duarte from 10:00am to 12:00pm. Free to attend. Please RSVP by calling 626-531-6218 or visit www.legacykenpokarate.com . Vendors opportunities available.

City of Duarte Events

July 3	Independence Day Celebration at Duarte Sports Park Upper Baseball Fields. Gates open at 5:30pm. Fireworks show starts at 9:00pm. Free to the public. For information contact Parks & Recreations at 626-357-7931
July 10, 17, 24, and 31	Summer Concerts at Beardslee Park, 2000 Buena Vista St from 6:00pm-9:00pm. Band Performance at 7: 00pm. Food trucks, family fun zone, vendors and DJ!
July 18	Christmas in July: Under the water photos with Santa at the Fitness Center pool, 1600 Huntington Dr., from 6:00pm to 8:00pm. All ages welcome! Duarte Resident \$3, Non-resident \$5 (7 yrs and under, adult supervision required). The last day to register is July 11. For more information, call the Fitness Center at 626-357-6118
August 2	Touch a Truck at Duarte Civic Center-Senior Center Parking Lot from 10:00am-12:00pm. Free to attend.
August 7	42nd Annual National Night Out Celebration at Beardslee Park, 2000 Buena Vista St. from 6:00pm to 10:00pm. For more information contact Aida Torres, Crime Prevention Specialist at 626-359-5671 ext. 316