

TRY IT TODAY!

3 Qs to Avoid

1

Quashing the need to lead

For example:
Saying "Draw me a house", instead of allowing the child to make the choice of what to draw

2

Quit unnecessary questions

For example:
Repeating a child's idea as a question, which may make them feel unheard or doubted.

3

Quiet the criticisms

For example, using negative words like "no," "stop," "quit," or "don't," such as telling a child, "Stop running."

3 Ps to Do Instead

1

Praise

For example:
Use specific praise to reinforce positive behaviors, such as saying, "Good job putting the toys away," instead of a general "good job."

2

Paraphrase

For example:
Repeating a child's idea in your own words to show you're listening.

3

Point out behavior

For example:
Describe what you see the child doing, such as saying, "You're building a pickup truck."