



CLIENTS SPEAK:

"The Counsellor enabled us to resume our relationship. Where previously it seemed impossible, now it's become a reality. I cannot express how grateful I am for our sessions. It has made our situation very different."

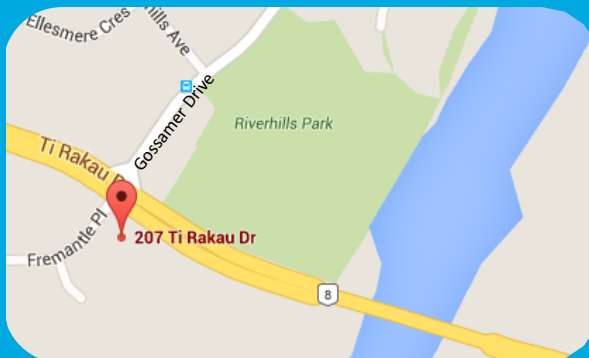
"The Counsellor showed incredible understanding and empathy towards my son and consequently his trust and bond with the counsellor is amazing. There is never any question about my son coming each week"

The counselling has been invaluable in getting me functioning again as a family member and helping me begin to get back into the workforce. Through this counselling, I've been able to heal more quickly and easily than I would have otherwise."

One of my children was watching pornography on the computer. Your counsellor has really helped in understanding how this is a serious health issue and the importance of real relationships

Pakuranga Counselling Centre

(Not For Profit Charitable Trust)



207 Ti Rakau Drive, (Cnr Ti Rakau Dr & Fremantle PI)
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Auckland, 2163

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Website: www.pakcc.org.nz

Pakuranga Counselling Centre gratefully acknowledges the generous assistance of various Philanthropic Trusts as well as Government Funding Bodies and Ministry of Children Oranga Tamaki

Operated by Pakuranga Inter-Church Charitable Trust

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We empower people to
make positive changes in
their lives!

Confidential, Professional,
Affordable Counselling
Services for Children,
Youth, Adults, Couples and
Families. All Ethnicities

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COUNSELLING FOR

- ◆ Abuse - physical, sexual, emotional
- ◆ ACC (Sensitive Claims)
- ◆ ADD and ADHD
- ◆ Addictions
- ◆ Adolescent Issues
- ◆ Anger Management
- ◆ Children's Concerns e.g. bullying
- ◆ Communication
- ◆ Couples and Marriage Mediation
- ◆ Cultural Issues
- ◆ Depression & Anxiety
- ◆ Domestic Violence
- ◆ EAP (Employment Assistance Program)
- ◆ Employment Issues
- ◆ Family Issues
- ◆ Grief & Loss
- ◆ Men's Issues
- ◆ Obsessive Compulsive Disorders
- ◆ Parenting/Step-Parenting Challenges
- ◆ Phobias
- ◆ Pornography addiction
- ◆ Post Traumatic Stress
- ◆ Relationships
- ◆ Self Esteem and Confidence Building
- ◆ Sexuality / Gender Issues
- ◆ Spiritual Matters
- ◆ Stress Management & Burnout
- ◆ Supervision (Clinical, Personal, Professional)
- ◆ Trauma & Crisis debriefing
- ◆ Workplace Stress / Issues
- ◆ Women's Issues

WE ARE HERE TO HELP YOU

Pakuranga Counselling Centre is open to any person, couple or family who wish to talk through issues, matters of concern or conflict that are causing distress or emotional tension. We accept referrals from Medical Professionals, Schools, Businesses, Ministers, Social Workers, Government agencies, EAP providers, as well as self-referrals.



All age groups and ethnicities are welcome. Our Counsellors cover a range of languages and if required we can arrange a translation service for you. You are welcome to bring a support person with you to the Counselling session.

AS A CLIENT YOU CAN EXPECT:

- ◆ To receive a professional service, offering privacy and confidentiality.
- ◆ To be treated with dignity, cultural sensitivity and respect in a caring and supportive environment.
- ◆ To be informed of any referral to other health professionals or agencies.
- ◆ To be seen in safe & secure environment

OUR FEES

There is a set rate of fees, negotiable in some circumstances. Beneficiaries may apply to Work and Income New Zealand for assistance. Some counselling services may be covered by ACC. Phone us and we can clarify the fee structure. EFTPOS available, internet banking is an option.

OUR PROFESSIONAL ETHICS:

Established in 1994 by a small group of community-minded local people, Pakuranga Counselling Centre provides an affordable, professional counselling service underpinned by ethical values. We offer a holistic approach in a caring and healing environment.

Our Counsellors are professionally trained, have regular supervision, and maintain the professional standards of practice of the New Zealand Association of Counsellors (NZAC) or their professional affiliation.

