

# Immanuel Church Lent Groups 2026:

Saturdays 11:00am - 12.30pm

## Draw Near: Life-giving habits for Lent



The Church of England's theme for Lent 2026 is **Draw Near: Life-giving habits for Lent**.

This year's resources have at their heart the theme of a 'rhythm of life' – habits and patterns which help us grow as disciples of Christ day by day, especially as we prepare to celebrate the great mystery of God's saving love at Easter.

During Lent, reflections are centred around a [summary of the Christian Way](#) from *Common Worship*, which identifies six activities essential to our calling as disciples.

Each week a different contributor explores a different aspect of Christian discipleship – **worshipping together, praying, exploring the Bible, sharing communion, offering service and sharing the good news** with others.

A parallel 40-day challenge for families and children will also be available - exploring the life-giving habit of generosity in partnership with 40acts.

Copies of the resources will be available for those who wish to attend. Sample pages can be found at <https://www.churchofengland.org/sites/default/files/2025-12/draw-near-adults-booklet-sample-pages-only.pdf>

**Time: 11am – 12.30pm**

**Dates: Saturdays 21<sup>st</sup> and 28<sup>th</sup> February,**

**7th, 14th, 21st and 28th March**

**Venue: Lady Chapel, Immanuel Church**

**All are welcome!**