The Elsewhere HAUS

FREE CHECKLIST

Travel Day *with Kids*

Everything you need to get through the airport and the flight with less stress and fewer meltdowns.

The night before

- [ ] Check in online and save boarding passes to your phone
- [ ] Lay out comfy travel clothes for everyone
- [ ] Charge tablets, headphones and portable chargers
- [ ] Pack a carry-on for each child
- [ ] Set out passports or IDs, and any consent letter
- [ ] Plan to leave early. Everything takes longer with kids

Kids' carry-on

- [ ] A change of clothes (and one for you too)
- [ ] Snacks they'll actually eat
- [ ] An empty water bottle to fill after security
- [ ] Headphones and downloaded shows or games
- [ ] A small new toy, sticker book or coloring kit
- [ ] A comfort item, like a blanket or stuffed animal
- [ ] Wipes, tissues and hand sanitizer
- [ ] Medicines, plus children's pain reliever

For babies and toddlers

- [ ] Diapers for the trip, plus a few extra
- [ ] Formula, breast milk or baby food (allowed through security in reasonable amounts)
- [ ] A bottle or pacifier for takeoff and landing
- [ ] Stroller and car seat tags for gate-checking

At the airport

- [ ] Tell security about formula, milk or medicine before screening
- [ ] Let kids burn off energy before boarding
- [ ] Fill water bottles after security
- [ ] Use the restroom right before you board
- [ ] Ask about family boarding at the gate
- [ ] Gate-check strollers and car seats at the door of the plane

On the plane

- [ ] Hand out new toys or snacks one at a time
- [ ] Offer a drink or snack during takeoff and landing to help their ears
- [ ] Take walks to the restroom to stretch
- [ ] Keep a plastic bag handy for messes
- [ ] Save the screen time for when you really need it

When you land

- [ ] Do one last seat check for toys and blankets
- [ ] Pick up gate-checked strollers at the plane door
- [ ] Have snacks ready for the ride to your hotel or ship

GOOD TO KNOW

Kids under 18 usually don't need an ID for domestic flights in the US, but international trips need a passport for every child. Rules change, so I'll confirm what your family needs.

LET ME HELP

I'll book flights at kid-friendly times, with seats together.