



Community Youth Football & Cheer

Football Player & Parent Code of Conduct
2026 Season

Mission

Community Youth Football & Cheer was built on one mission: to give every athlete in our community a place to compete, grow, and rise. What started as a passionate local program has grown into a high-energy organization fueled by teamwork, spirit, and an unstoppable commitment to excellence.

At CYFC, it's bigger than the scoreboard. We're building toughness, discipline, confidence, and leadership through every practice, every rep, and every game. On the field and on the sidelines, our athletes learn to push harder, cheer louder, and stand stronger — together. We develop fundamental skills, competitive drive, and a team-first mindset that carries far beyond the season.

As a nonprofit organization, we pour every dollar back into our athletes — upgrading equipment, strengthening safety standards, training top-tier coaches, and providing opportunities for families who need support. Our goal is simple: build champions in football, in cheer, and in life.

Attendance / Practice

Attendance is essential to the success of the teams. Practices may be added or canceled at the head coach's discretion. Each player is expected to attend all practices, games and meetings, etc. as designated by the coach. If an absence is unavoidable, for example in the case of a player's illness, notification must be given to the head coach, as soon as possible before the next scheduled practice or game.

Attendance at practice is needed for the development of the player and team. Players must be able to understand game plans, responsibilities during plays, roles and schemes on defense and most importantly be able to properly protect themselves during play. If circumstances exist that limit practice time for a player, please discuss with the head coach. Players are required to make all practices during the week to be eligible to play all four quarters of the game. If a player is to miss a practice, it will be the head coach's discretion if the player is to miss playing in the first quarter of the game. If the player is to miss multiple practices in one consecutive week, it will be the head coach's discretion if the player will be eligible for playing until the second half of the game.

Practices will typically be 3 to 4 nights per week during pre-season and 3 nights per week during the season. Parents/Guardians are required to attend each practice in case of illness, injury or disciplinary actions; however, they are asked to remain on the sidelines and not try to "coach" their player from the sideline. Encouragement is always welcome, please do not become a distraction to your player or others. Practices will vary to include conditioning, fundamentals, formation instruction, teaching plays or schemes on both offense and defense. If you have a question or concern, please contact the head coach either before or after practice one on one and preferably without your player present. A coach will never downplay or talk negatively as it pertains to parents, and we ask that the same consideration be given to the coaches or program.

Play time

If the player has made the required practices for the week, each player will be allowed to play a minimum of 5 plays in each football game. The coaching staff will develop a plan for each week to allow the minimum playing time for each player. The coaching staff cannot force a player to play if the player is not wanting to participate in the football game.

Equipment

The following will be the required attire for practices and games:

Equipment supplied by the league – Helmets, shoulder pads, game jersey, game pants, game socks.

Equipment supplied by parents – mouth guards, chins straps, practice jersey (practice jersey is not a T-shirt, an appropriate jersey will cover the entire shoulder pad, may be snug but not tight to restrict movement) practice pants with appropriate padding (hip, quad and knee pads, most practice pants today have pads already installed) cleats. Practice jersey and pants do not need to be a particular color although blue and yellow is always a plus. White, gray, blue or black pants are acceptable for practices.

Water – water is required equipment for practice. Players must have an appropriate amount of water to attend practice. A single water bottle is not sufficient. A player that arrives at practice without water will not be allowed to practice. Games water will be supplied on the sidelines, players are allowed to bring their own water but they are responsible for keeping up with their water source.

Shirts and Shorts Practice Attire - Mouth Guard (parent supplied), cleats, athletic shorts, athletic T-shirt, socks and water.

For practices that shirts and shorts are called for a helmet can be added at the coaches discretion, these practices will be for conditioning purposes or for walk-through practices for game prep.

Full Gear Practice Attire – Mouth Guard, cleats, practice pants, shoulder pads, practice jersey, helmet w/ chin straps (parent supplied) and water. These practices will be for most situations to include conditioning and game planning.

NO 2026 game jerseys or pants are allowed to be worn at practice. A player that shows up at practice with game Jerseys or pants will be given the option to change into practice gear, if none is available the player will not be able to participate in practice. The player may watch practice but not participate in drills, game prep or conditioning.

Game Day Attire

Game Jersey, game pants (colors or combination of game jersey and pants is at the discretion of the head coach) helmet, mouth guard, chin strap, game socks and cleats. During special occasions (October for Breast Cancer Awareness) different color socks or accessories will be allowed (pink) and will directed as to when by the head coach. Other than when directed by the coach any accessory a player wears should blend with the uniform colors.

Social Media

CYFC would like to stress that sportsmanship and our code of conduct are not limited to practice, game fields or CYFC events but also covers school, outside of school and in the community. With the ever evolving world of social media, it becomes more and more necessary to stress that the conduct of athletes online is just as important. Facebook, Instagram, Twitter, Tik Tok, Snapchat and any other social media source not only represents you as an individual but also our organization.

All athletes must respectfully portray themselves during the entire football season. Athletes will not engage in bullying or inappropriate images, language, videos, music videos or other inappropriate content. If an athlete is found to be participating in any inappropriate behavior it will be submitted to the CYFC Board for review, parents will be notified and the athlete may be removed from the program and not allowed to return.

Social media post must not portray CYFC, players, parents, coaches or board members negatively. If the CPSWA Board or coaches feels a parent has made a negative post or comment on any Social Media site that is directed towards CYFC (League, coaches, parents, players or board members) that person will be asked to leave the league and will not be allowed to return for future seasons.

Behavior

All CYFC athletes will be required to be respectful of each other in and outside of the football program. **CYFC has a zero-tolerance policy for bullying.** Bullying will not be allowed at any time during the football season. This includes outside of practice, games or any other CYFC events. If an athlete shows unsportsmanlike conduct, the CYFC Board will review the information, at which time a decision can be made to remove the athlete(s) from the program. CYFC reserves the right to refuse an athlete from participating in any CYFC activities.

CYFC has a zero tolerance policy for any drama, altercation or verbal discrimination from any player, parent, coach or board member towards any member of CYFC or member of other organizations from any town within our operating league.. If any issue should arise, please contact a member of the CYFC Board, immediately to manage the matter. If a problem persists, the league can request that any individuals involved in any situation be asked to leave the event (game, practice or any CYFC or league event) and will not be allowed to return unless dropping off or picking up their child. If the individual refuses to adhere to the restrictions and an issues persist, that individuals registered participant will be removed from all CYFC events without a refund of registration fees.

I have read and understand that player / parent code of conduct. By initialing each page and signing below, I agree to adhere to these rules and guidelines that is stated in this document. I also understand that any violation against the 2026 player/parent code of conduct may result in removal from the CYFC football program. **I also understand by signing I am giving CYFC permission to use or share photos of myself or my athlete in Social Media post as they pertain to CYFC or CISD events and announcements.**

All parents and players in grades 3rd through 6th are required to initial and sign the enclosed document.

Player Signature (3rd – 6th Grade)

Date

Parent/Guardian Signature

Date

CYFC Official Signature

Date