

Learning Content and Curriculum - Overview

Student Learning Objectives/Content Outline

Overview:

Weeks 1-6

1. History and Career Opportunities
2. Life Skills
3. Your Professional Image
4. Communicating for Success/Client Consultations
5. CPR and First Aid Certification
6. Infection Control
7. Anatomy and Physiology
8. Basics of Chemistry
9. Skill Sets and Safety Check Sheets

Procedures: Analysis, European Facials, Treatment Facials, Back Treatments, Arm Treatments with Dry Brushing Techniques, Safety in Cosmetics, Lash and Brow Tinting, Eyelash Tinting, False Lashes, Clean Paraffin Technique, Facial Machine Safety and Use, Waxing/Epilation

Weeks 7-15

10. Basics of Electricity
11. Nutrition and Effects of Glycation
12. Physiology and Histology of Skin
13. Disorders of the Skin/Inflammation Cascade
14. Fitzpatrick Typing, Rubin and Glogau Scale
15. Skin Care Product Chemistry
16. Facial Massage (Dr. Adelpho/Lymph Drainage)
17. Chemical Exfoliation

Procedures: Microdermabrasion, Ultrasonic Facials, Brow Mapping, Chemical Exfoliation (AHA, BHA) Face Reality Facials, Norvell Spray Tanning, Extractions (Dr. Preston Extractor from Face Reality)

Weeks 16-25

18. Advanced Topics and Microcurrent Technology

Procedures: Eyelash Lift and Tint, Eyebrow Laminations, Eyebrow Extensions, Henna Brows, HydraFacial, Rezenorate Micro channeling

Weeks 26-35

19. Professional Development Portfolio / Business Skills
20. Career Planning / Resume / Mock Interviews
21. Industry Tours (Outside of contact hours)
22. Preparation for Kentucky Esthetics Licensure Exam