

# Motivity with Joi

## Orthopedic Massage & Functional Movement

### Personal Information

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_ DOB \_\_\_\_\_  
Occupation \_\_\_\_\_ Email \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_  
How did you hear about Joi? \_\_\_\_\_

### Medical Information

Are you taking any medications?  yes  no

If yes, please list name and use: \_\_\_\_\_  
\_\_\_\_\_

Are you currently pregnant?  yes  no

Do you suffer from chronic pain?  yes  no

If yes, please explain \_\_\_\_\_

What makes it better? \_\_\_\_\_  
\_\_\_\_\_

What makes it worse? \_\_\_\_\_  
\_\_\_\_\_

Have you had any orthopedic injuries?  yes  no

If yes, please list: \_\_\_\_\_  
\_\_\_\_\_

Please indicate any of the following that apply to you.

- |  |   |
|--|---|
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Fibromyalgia       |
| <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s)    | <input type="checkbox"/> Blood Clots        |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness           |
| <input type="checkbox"/> Neuropathy              | <input type="checkbox"/> Sprains or Strains |

Explain any conditions you have marked above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Massage & Movement Information

Have you had a therapeutic massage before?  yes  no

Do you exercise?  yes  no . If yes, what and how often?  
\_\_\_\_\_

What type of therapeutic session are you seeking?

Movement  Massage  Combination

What massage pressure do you prefer?  Light  Medium  Firm

Do you have any allergies or sensitivities?  yes  no

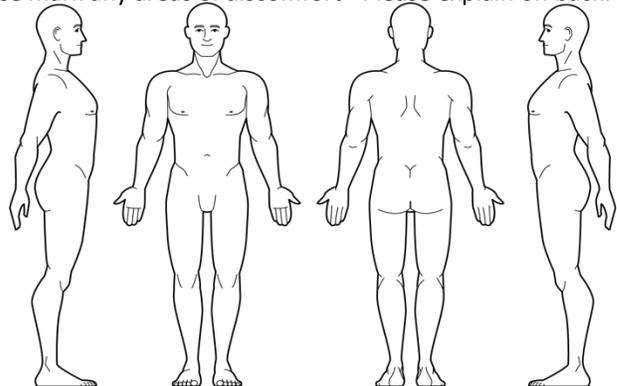
Please explain \_\_\_\_\_

Are there any areas (feet, face, abdomen, etc.) you do not want massaged?  yes  no

Please explain \_\_\_\_\_

What are your goals for this treatment session?  
\_\_\_\_\_

Please mark any areas of discomfort - Please explain on back.



*I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.*

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_