

The WNY Women's Foundation

# The 2025 Voter Education Guide

Election Day is **Tuesday, November 4, 2025**

**The ballot is your superpower—use it!**

In this guide, you'll learn how to:

- Register to vote
- Explore your voting options
- Stayed informed on key issues affecting women

**This year's Ballot will include the Federal, State, and Local Offices.**





# REGISTERING TO VOTE

Election Day is Tuesday, November 4, 2025.

## THREE WAYS TO REGISTER

### In Person at your County Board of Elections

Voter Registration  
Application [Here](#)

### Mail-In Application to your County Board of Elections

Voter Registration  
Application [Here](#)

### Online through the NYS Department of Motor Vehicles

DMV Voter Registration  
Application [Here](#)

## INFORMATION NEEDED FOR REGISTRATION

### IN PERSON/MAIL-IN

Final four digits of your Social Security number **OR** NYS DMV number (9-digit number located on the front near the top of your license, permit, or non-driver ID)

- You must **SIGN** your voter registration application

### ONLINE

- Final four digits of your Social Security Number
- Your NYS DMV number (9-digit number located on the front near the top of your license, permit, or non-driver ID)
- NYS ID document number (8 or 10-character combination of numbers and letters on your license, permit, or non-driver ID)
- An email address

## WHO IS ELIGIBLE TO VOTE?

In order to vote in New York State you must meet all of the requirements below:



Be a United States Citizen



Not be in prison for a felony conviction



Be at least 18 years old on the day of  
election



Be a resident of New York State and the  
county you are voting in for at least 30  
days prior to the election

1) <https://elections.erie.gov/pdfs/VoterReg/voteregform-eng-fillable2023.pdf>

2) <https://voterreg.dmv.ny.gov/motorvoter>



# VOTING 101

Election Day is Tuesday, November 4, 2025.

## ON ELECTION DAY

Vote in person at your polling place on Election Day (Tuesday, November 4, 2025) from 6:00 a.m.- 9:00 p.m. If you are in line by 9:00 p.m., they **cannot** turn you away.

Click [here](#) to find your polling place.

## EARLY VOTING

In New York State, from Saturday, October 25 to Sunday, November 2, voters may visit any of their assigned Early Voting Centers in their county, except in New York City, where voters are assigned to one early voting site.

Click [here](#) to find the Early Voting Location closest to you.

## ABSENTEE VOTING

Absentee Ballot information and application:

<https://www.elections.ny.gov/votingabsentee.html>

### Online Application

Due:

**October 25**

Last day for board of elections to receive an application, submitted by mail or through the online portal, for general election ballot

### In Person

Application Due:

**November 3**

Last day to apply in person for general election ballot

### Last Mail Postage

Date:

**November 4**

Last day to postmark general election ballot. Must be received by the county board of elections no later than November 12

### Last In-Person

Submission Date:

**November 4**

Last day to deliver ballot in person to the board of elections or your poll site, by 9:00 p.m.

## WHO IS ELIGIBLE TO VOTE ABSENTEE?

In order to vote using an absentee ballot you must meet one or more of the following conditions:



Absent from your county or, if a resident of New York City absent from the five boroughs, on Election Day



Unable to appear at the polls due to temporary or permanent illness or disability



Unable to appear because you are the primary caregiver of one or more individuals who are ill or physically disabled



A resident or patient of a Veterans Health Administration Hospital



In jail or prison for any reason other than a felony conviction. This includes anyone awaiting grand jury action, awaiting trial, or serving a sentence for a misdemeanor

# What's on the ballot?

## 2025 BALLOT MEASURE: PROPOSAL NUMBER ONE

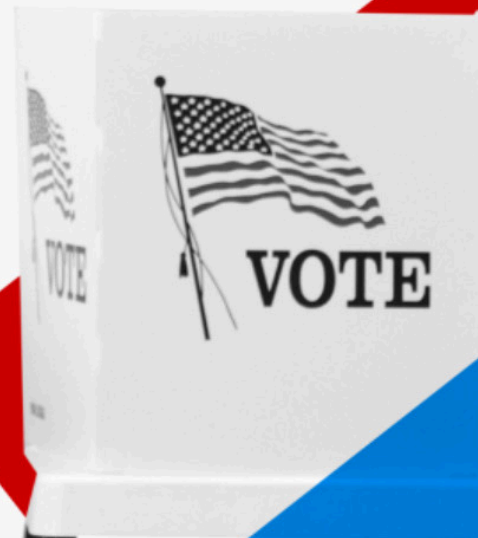
In addition to voting for candidates, New Yorkers can amend or change the State Constitution through a ballot measure, also known as **Proposal Number One**. Please note, the Ballot measure may require you to flip the Ballot over.

**Proposal Number One will decide a statewide ballot proposal that would allow the construction of Olympic sports trails in the Adirondack Forest Preserve. The project would develop up to 323 acres for Nordic skiing and biathlon trails, while requiring the state to acquire at least 2,500 acres of new forest land as compensation**

A "YES" vote would authorize this development.

A "NO" vote would reject it.

# BALLOT MEASURE



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1) <https://elections.ny.gov/2025-statewide-ballot-proposal>  
2) Sourced from CNN

# Issues Impacting Women

Every Election carries consequences for women due to issues that disproportionately impact women, such as the equal pay gap, the child care crisis, access to reproductive health, education, and more.

Currently...

In NYS, 32.2% of female-headed families live in poverty and make up two-thirds of workers in the low-wage workforce.

Support fair wages.

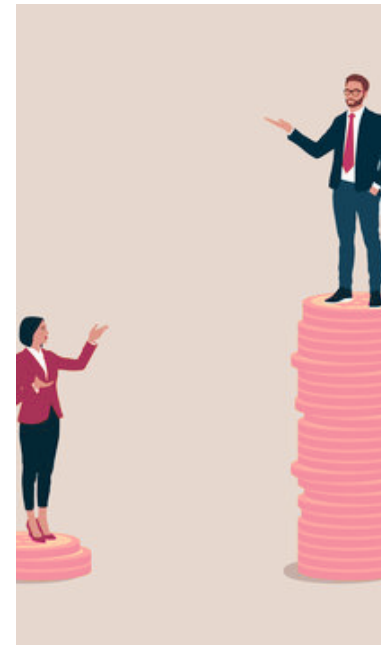
47% of women aged 25 and older hold a bachelor's degree, compared to 37% of their male counterparts, yet they still earn \$2.74 less per hour.

Empower women.



The child care system is struggling to keep up with needs, while families devote between 8.9% and 16% of their median income to it.

Expand opportunities.



- 1) <https://www.pewresearch.org/short-reads/2024/11/18/us-women-are-outpacing-men-in-college-completion-including-in-every-major-racial-and-ethnic-group/>
- 2) <https://nwlc.org/resource/interactive-map-women-and-men-low-wage-workforce/>
- 3) <https://blog.dol.gov/2024/11/19/new-data-childcare-costs-remain-an-almost-prohibitive-expense>

# Issues Impacting Women

## ACCESS TO COMPREHENSIVE HEALTHCARE

Every woman deserves full bodily autonomy and access to comprehensive health care. While New York provides care for non-viable pregnancies and to protect the health of the pregnant person, significant barriers remain.

**Low income communities face the greatest barriers to healthcare.**

**Patients who must travel across state lines experience longer wait times and strain on already limited health systems.**

**Misinformation from certain clinics and protest activity in our region creates confusion and distress for those seeking care.**

**Safe, accessible healthcare starts with the candidates we elect.**

**KNOW WHERE YOUR CANDIDATES STAND ON THESE ISSUES!**



1) <https://www.ny.gov/new-york-state-congressional-delegation>  
2) <https://cawp.rutgers.edu/facts/state-state-information/new-york>  
3) <https://www.protruthny.org/get-the-truth/>



# MAKE AN EDUCATED VOTE

Election Day is Tuesday, November 4, 2025.

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## KNOW BEFORE YOU GO

### Know Your Candidates

Before you vote, research the candidates running in this election and determine where they stand on the issues that matter to **you**. Use the link below to view your sample ballot and learn more about candidates and ballot measures

- Check out [https://ballotpedia.org/Sample\\_Ballot\\_Lookup](https://ballotpedia.org/Sample_Ballot_Lookup)

### Know Your District

Use the link below to look up your current elected officials and legislative district for state and federal positions

- Check out <https://elections.ny.gov/new-york-state-elected-officials>

### Know Your Polling Place

- Check out <https://voterlookup.elections.ny.gov>

### Know Your Rights

Protect your vote by knowing what your rights are under the New York State Voter's Bill of Rights

- Check out <https://elections.ny.gov/know-your-rights>

## THE POWER OF YOUR VOTE

Every registered U.S. voter gets one vote—no matter your gender, race, ethnicity, sexual orientation, or marital status. Women's votes help bring attention to issues that affect women, girls, and their communities.

Voting isn't *just* your civic duty. It's an opportunity for your voice to be heard and to hold those who are elected accountable. Your opinions matter. **You matter. GET OUT AND VOTE!**





# ✓ VOTE!

**Election Day is Tuesday, November 4, 2025**

**The mission of the WNY Women's Foundation is  
to transform systems, culture, and policy to create  
opportunities for each woman to thrive.**

**Learn more at: [www.wnywomensfoundation.org](http://www.wnywomensfoundation.org)**



WNY WOMEN'S FOUNDATION

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