

SCOUTING in AMERICA, BSA

RELIGIOUS EMBLEMS
for the Episcopal Church USA

Grades 4-6

H O L Y C O M M U N I O N



HERE, O MY LORD, I SEE THEE FACE TO FACE

- I. HOLY BAPTISM (grades 1-3)
- II. COMMUNION (grades 4-6)
- III. CONFIRMATION (grades 7-9)
- IV. RELATIONSHIPS (grades 10-12)

*prepared by the Rev'd Edward K. Erb
under the auspices of the Episcopal Scouts' Association
and the Brotherhood of St. Andrew*

10-2018

ACKNOWLEDGMENTS

Thanks are given by the author to the following:

The Book of Common Prayer, 1979

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The Holy Bible

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GRADES 4-6

HOLY COMMUNION

HERE, O MY LORD, I SEE THEE FACE TO FACE

Hymnal 1982 # 318

words by Horatio Bonar, 1855

(several stanzas omitted)

Here, O my Lord, I see Thee face to face;
Here would I touch and handle things unseen;
Here grasp with firmer hand eternal grace,
And all my weariness upon Thee lean.

This is the hour of banquet and of song;
This is the heavenly table spread for me;
Here let me feast, and feasting, still prolong
The hallowed hour of fellowship with Thee.

Here would I feed upon the bread of God,
Here drink with Thee the royal wine of Heaven;
Here would I lay aside each earthly load,
Here taste afresh the calm of sin forgiven.

Too soon we rise; the symbols disappear;
The feast, though not the love, is past and gone.
The bread and wine remove; but Thou art here,
Nearer than ever, still my Shield and Sun.

this hymn is in the public domain

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INTRODUCTION

“COMMUNION” is sharing with someone.

“HOLY” COMMUNION is a special sharing with special people:
the family of God (the Church)
and with the most special person - Jesus.

Jesus tells us that when we do this,
we are to remember him,
to remember our special relationship with him.

“HOLY EUCHARIST” is another term for Communion.
It means “Thanksgiving.”
When we celebrate Communion, we give thanks to God
for what Jesus did and does for us.

Communion is the second Sacrament that Jesus himself observed.
(Baptism was the first).

You are now entering into the second level of Duty to God
in your Scouting journey.

The first book in the Duty to God program was on Holy Baptism
for grades 1-3. Were you able to finish that segment?
This second set - for 4-6 graders - is all about Holy Communion.
Third is for Middle School Scouts and is about your Confirmation.
And lastly for High School Scouts, we have a series on Relationships.

I hope you will learn a lot,
and have fun both in Scouts and in Church!

May God bless you as you grow in your faith and life in Christ!

Remember: a Scout is Reverent!

Father Ed

WHAT IS A SACRAMENT ?
from the Catechism
The 1979 Book of Common Prayer, pp. 857-860

Q. *What are the sacraments?*

A. The sacraments are outward and visible signs of inward and spiritual grace, given by Christ as sure and certain means by which we receive that grace.

Q. *What is the Holy Eucharist?*

A. The Holy Eucharist is the sacrament commanded by Christ for the continual remembrance of his life, death, and resurrection, until his coming again.

Q. *Why is the Eucharist called a sacrifice?*

A. Because the Eucharist, the Church's sacrifice of praise and thanksgiving, is the way by which the sacrifice of Christ is made present, and in which he unites us to his one offering of himself.

Q. *By what other names is this service known?*

A. The Holy Eucharist is called the Lord's Supper, and Holy Communion; it is also known as the Divine Liturgy, the Mass, and the Great Offering.

Q. *What is the outward and visible sign in the Eucharist?*

A. The outward and visible sign in the Eucharist is bread and wine, given and received according to Christ's command.

Q. *What is the inward and spiritual grace given in the Eucharist?*

A. The inward and spiritual grace in the Holy Communion is the Body and Blood of Christ given to his people, and received by faith.

Q. *What are the benefits which we receive in the Lord's Supper?*

A. The benefits we receive are the forgiveness of our sins, the strengthening of our union with Christ and one another, and the foretaste of the heavenly banquet which is our nourishment in eternal life.

Q. *What is required of us when we come to the Eucharist?*

A. It is required that we should examine our lives, repent of our sins, and be in love and charity with all people.

WORD PLAY

How many words can you think of that you can make from the letters in

“C-O-M-M-U-N-I-O-N”

or words that are similar?

words you can make

words that are similar

COMMUNION IS A MEAL



At supper with his disciples, Jesus took bread.
And when he had given thanks to God,

*Blessed are you, Lord God, King of the Universe,
for You create bread from the earth.*

Jesus broke the bread, gave it to his disciples and said,

“Take; eat.”

As supper was ending, Jesus took the Cup of Blessing.
Again he offered God thanks,

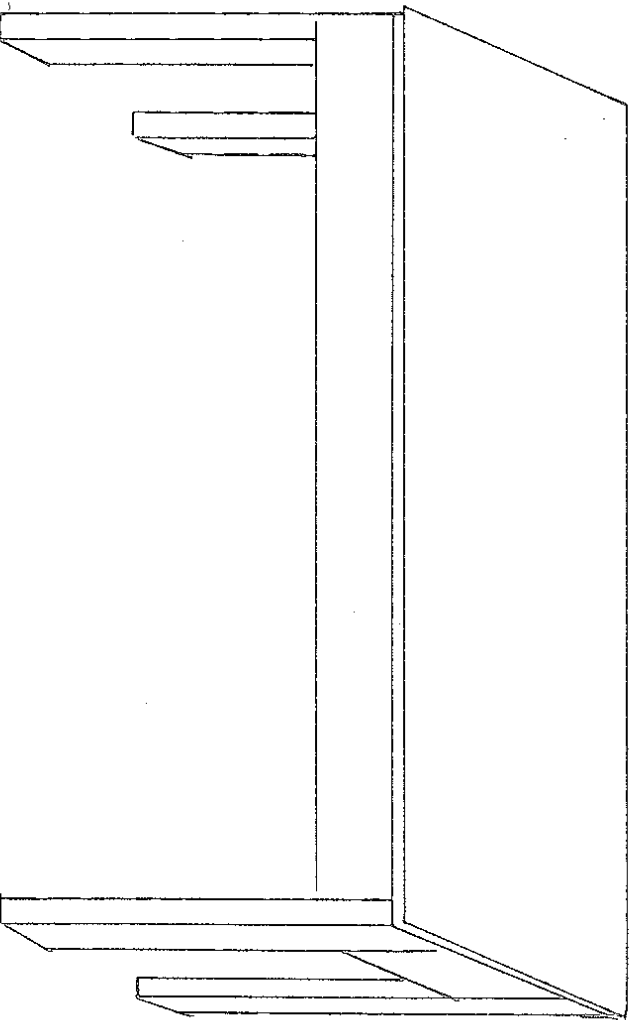
*Blessed are you, Lord God, King of the Universe,
for You bring forth the fruit of the vine.*

Jesus passed the Cup and said,

“Drink of this, all of you.”

1. Draw a picture of what dinner looks like at your house.

Who is where? Your mother, your father, your sisters and brothers, the dog...
What is on the table? What is on the counter?
Who does what?

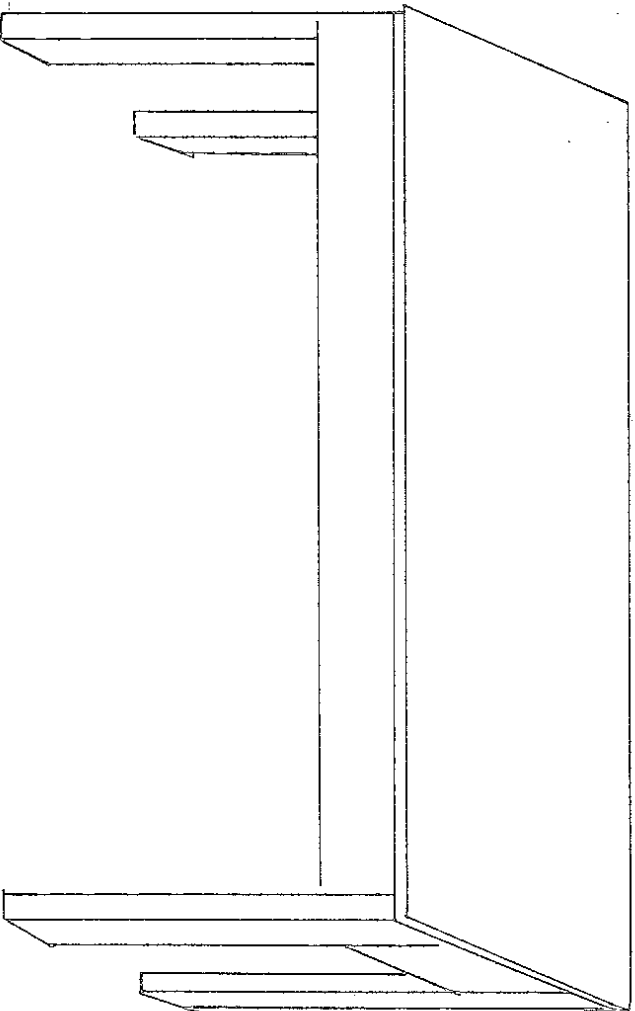


2. Draw a picture of a special dinner at your house. Thanksgiving, a Birthday...

What is different than a normal supper?

Are there other people present? A special guest?

Special dishes? Decorations?

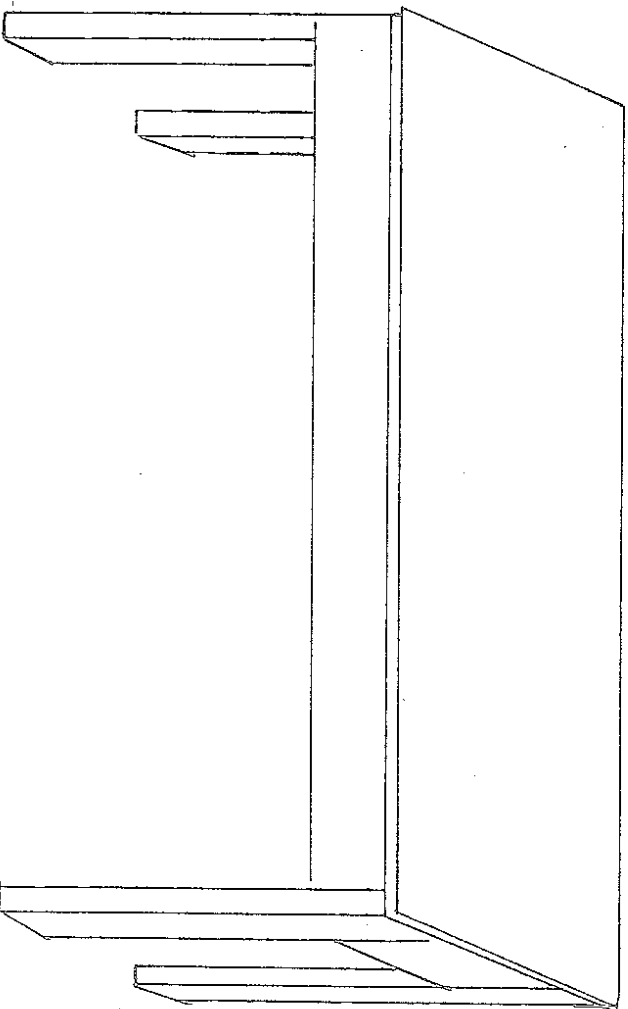


3. Draw a picture of the special meal we have at Church - Holy Communion.

Who is there?

What is on the Table?

Is there a special Guest?



GRACE

Do you say Grace (give thanks) before supper with your family?
Maybe you learned this one when you were young:

God is great, God is good.
Now I thank Him for our food.
By God's hands we all are fed.
Give us, God, our daily bread. Amen.

Boy Scouts often use the "Philmont Grace" (from the Philmont Scout Ranch near Cimarron, New Mexico):

For food, for raiment,
For life, for opportunity,
For friendship and fellowship,
We thank Thee, O Lord. Amen.

Can you write one for your family?
Thank God for the good things you have,
and don't forget the food, even if there is broccoli!

BIBLE STUDY

from The Good News Translation

Read together with your class, or with your Counselor or Priest. Then discuss.

MANNA in the WILDERNESS

from Exodus 16

² In the desert the Hebrews all complained to Moses and Aaron ³ and said to them, "We wish that the Lord had killed us in Egypt. There we could at least sit down and eat meat and as much other food as we wanted. But you have brought us out into this desert to starve us all to death." ⁴ The Lord said to Moses, "Now I am going to cause food to rain down from the sky for all of you. The people must go out every day and gather enough for that day. In this way I can test them to find out if they will follow my instructions. ⁵ On the sixth day they are to bring in twice as much as usual and prepare it."

⁹ Moses said to Aaron, "Tell the whole community to come and stand before the Lord, because he has heard their complaints." ¹⁰ As Aaron spoke to the whole community, they turned toward the desert, and suddenly the dazzling light of the Lord appeared in a cloud. ¹¹ The Lord said to Moses, ¹² "I have heard the complaints of the Israelites. Tell them that at twilight they will have meat to eat, and in the morning they will have all the bread they want. Then they will know that I, the Lord, am their God."

¹³ In the evening a large flock of quails flew in, enough to cover the camp, and in the morning there was dew all around the camp. ¹⁴ When the dew evaporated, there was something thin and flaky on the surface of the desert. It was as delicate as frost. ¹⁵ When the Israelites saw it, they didn't know what it was and asked each other, "What is it?" [in Hebrew, "*manna*" means "What is it?"]

Moses said to them, "This is the food that the Lord has given you to eat. ¹⁶The Lord has commanded that each of you is to gather as much of it as he needs, two quarts for each member of his household."

¹⁷The Israelites did this, some gathering more, others less. ¹⁸When they measured it, those who gathered much did not have too much, and those who gathered less did not have too little. Each had gathered just what he needed. ¹⁹Moses said to them, "No one is to keep any of it for tomorrow." ²⁰But some of them did not listen to Moses and saved part of it. The next morning it was full of worms and smelled rotten, and Moses was angry with them. ²¹Every morning each one gathered as much as he needed; and when the sun grew hot, what was left on the ground melted.

²²On the sixth day they gathered twice as much food, four quarts for each person. All the leaders of the community came and told Moses about it, ²³and he said to them, "The Lord has commanded that tomorrow is a holy day of rest, dedicated to him. Bake today what you want to bake and boil what you want to boil. Whatever is left should be put aside and kept for tomorrow." ²⁴As Moses had commanded, they kept what was left until the next day; it did not spoil or get worms in it. ²⁵Moses said, "Eat this today, because today is the Sabbath, a day of rest dedicated to the Lord, and you will not find any food outside the camp. ²⁶You must gather food for six days, but on the seventh day, the day of rest, there will be none."

³⁰So the people did no work on the seventh day. ³¹The people of Israel called the food manna. It was like a small white seed, and tasted like thin cakes made with honey.

BIBLE STUDY, continued
MANNA in the WILDERNESS

FOOD for the JOURNEY

Pray the Lord's Prayer together with your group.

"Give me today the bread I need."

When you go for a hike with your den/pack/patrol
what are you told to bring with you?

Maybe you are going on an afternoon hike for your scout advancement,
you need to go 5 miles,
what do you pack with you for the trek?

1.

2.

3.

4.

Discuss with your group why you need these things.

Do you really need your iPod to play music along the way?

Maybe you can listen for the music of the birds, the bullfrogs, the growling bear or
the rattling snake! WHOA! **A Rattling Rattler Snake?!?!**

What do you think God's Manna in the Wilderness might have been?

Synagogue and Temple

PART ONE

Our Communion Service begins
thousands of years ago.
Long before Jesus walked this earth,
King Solomon (King David's son)
built a beautiful Temple
in the Holy City of Jerusalem -
the most holy place in the world.



It the major “Church”
in the capitol city of God’s people,
and it housed the precious Ark of the Covenant -
a special container in which was placed
the tablets of the 10 Commandments
that Moses brought down from the top of Mount Sinai
the tablets of the Law which God himself carved!

In the Old Testament, and even in Jesus’ time
sacrifices of birds animals were offered - cattle, sheep, and doves -
grain offerings, and wine offerings
by people of many cultures and races
all around the Ancient Near East

.
Some offerings were for made for sins committed,
and some sacrifices were offered in thanksgiving for blessings.

- from Cain and Abel in the book of Genesis on -

as offerings to God in thanksgiving for God’s blessings,
and especially for the Forgiveness of Sin.

ACTIVITY:

Color the following page
“The Sacrifices of the Temple”



“Sacrifice at the Temple in Jerusalem,” - thanks to *printable coloring pages*

Synagogue and Temple *continued*

When the city of Jerusalem and the Temple were destroyed by the Babylonians
about 600 years before Jesus was born,
there were no more sacrifices -
because the most holy place in the world was destroyed!

The faithful people didn't know what to do.
All they could do is to search Scripture (the Old Testament)
pray and determine what God wanted them to do.

This is how the tradition of the Synagogue was started.

*Here is a picture of the same synagogue in Nazareth
which Jesus would have gone to each Sabbath in the
first century. It has been turned into a Christian
shrine with an altar before where the scroll of the
Torah is stored.*

(look at the Diagram on page 15)



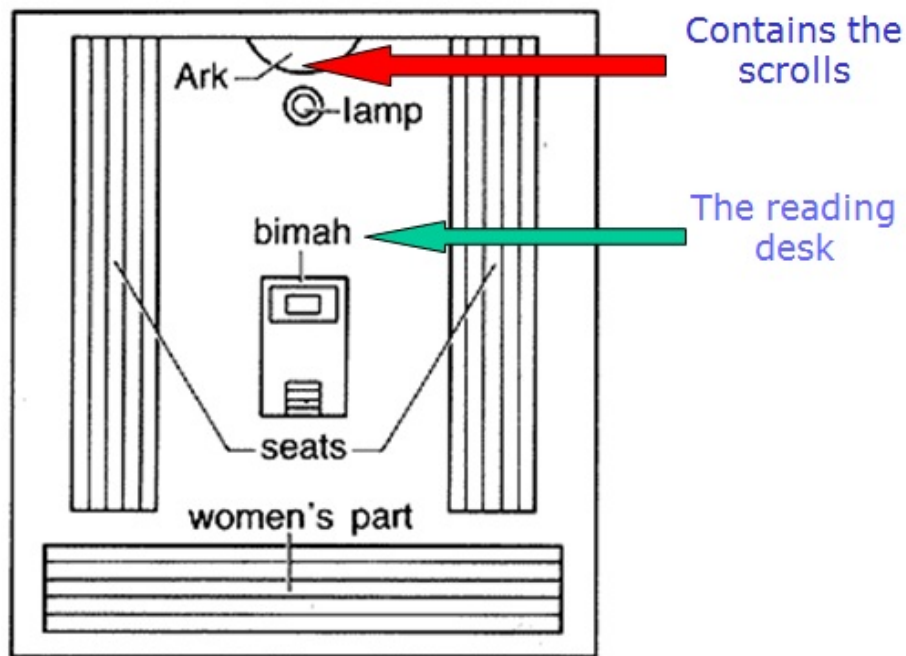
Now, about the time Jesus was born,
King Herod rebuilt the Holy Temple in Jerusalem,
and the sacrifices of praise, thanksgiving, and confession were renewed.

But out in the country, like the northern town of Nazareth where Jesus grew up,
the tradition of prayer and the study of Scripture remained strong
in the local Synagogue.

Here is a drawing of what a typical synagogue would look like in Jesus' time.

The men would sit on the sides,
listen to the reading of Torah,
and discuss it,

while the women would sit silently, apart from the men.



Some Churches now-a-days are designed similar to this. But men and women and children can all sit together!

Especially in monasteries and convents this type of design is used.

Compare it to your own parish Church.

Discuss with your Counselor/Priest what you think about this design, and the history of Jesus' Church.

Jesus also would have come here to school each day - a school based on learning to read and study the Torah - the Law of Moses - the first 5 books of the Bible.

Can you name the first five books of the Bible?

Here is what Hebrew looks like - a traditional quotation spoken at every gathering at synagogue from the Old Testament book of Deuteronomy.

It's called the "Shema" (shem-ah, meaning "hear" or "listen") and is often sung at services.

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד׃⁴
וְאַהֲבַת אֵת יְהוָה אֱלֹהֶיךָ בְּכָל-לִבְבְּךָ וּבְכָל-נַפְשְׁךָ וּבְכָל-מְאֹדְךָ׃⁵

"Shema Israel, Adonai Elohenu, Adonai Ehad.

V'ahav'ta eit Adonai Elohekha b'khol l'av'kha uv'khol naf'sh'kha uv'khol m'odekha."

Deuteronomy 6:4-5 ⁴ Hear, O Israel: The LORD [is] our God, the LORD alone.
⁵ You shall love the LORD your God with all your heart, and with all your soul, and with all your might.

LORD = The word in Hebrew is God's name, יְהוָה YHVH ("Yahweh" sometimes translated as "Jehovah") and is considered so holy as not to ever be spoken, so the word "LORD" with capital letters is used and is actually, "Adonai." So whenever a Jewish person comes across the holy name "Yahweh," they substitute the word, "Adonai."

Jesus quotes the *Shema* when asked what is the greatest commandment!

Can you write (draw) the first line of the Hebrew words above? Hebrew is written from right to left, so start from the right hand side and go left.

← ← ←

We know that Jesus and his family traveled to Jerusalem for the High Holy Days, as did many Jews, but their regular worship was the Service of the Word in the Synagogue in Nazareth.

As a Rabbi (which means a “teacher” of *Torah* - the first 5 books of the Bible) Jesus would be allowed to stand up in his local town synagogue and teach:



Then Jesus went to Nazareth, where he had been brought up, and on the Sabbath he went as usual to the synagogue.



He stood up to read the Scriptures and was handed the book of the prophet Isaiah. He unrolled the scroll and found the place where it is written, "The Spirit of the Lord is upon me, because he has chosen me to bring good news to the poor."

Luke, chapter 4 (read the whole story on page 19)

Have you ever felt something special when you heard the Bible read?

What do you think would happen if you were filled with the Holy Spirit and stood up in Church?

All you wanted was to say what you believed God was telling you to say about the Bible readings that Sunday?

Would they think you were crazy?

Talk about what it would be like with your Counselor/Priest.

AN ACTIVITY

If there is a Jewish Synagogue or Temple in your area,
ask permission first, of course,
and if possible, attend one of their services -
usually on a Friday evening.

Hmm....

Why is that? -

on Friday evening?

(Genesis, chapter 1:

“And it was evening and it was morning the (first, second, third...) day.”)

Ask the Rabbi to give you a tour
and answer any questions you have.

Maybe one of your friends is having a Bar Mitzvah (boy) or Bat Mitzvah (girl),
to honor when they become an adult -
sort of like your own Confirmation -

making a mature proclamation of faith.

Synagogue and Temple

PART TWO

The Service of Word and Holy Communion

Did you know?

Our Communion Service is divided into two main sections:

The Word of God,

beginning with the Gathering of the People,
ending with the Passing of the Peace.

and **The Holy Communion,**

beginning with the Offertory,
ending with the Sending Forth of the People.

Here is the Biblical background:

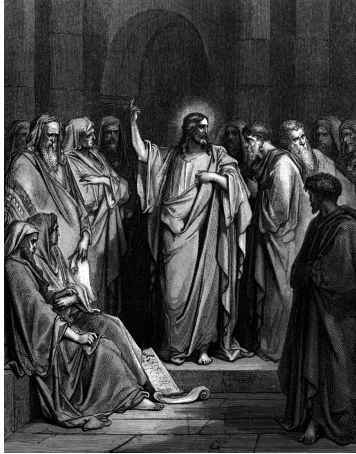
The SERVICE of the WORD (of God)

JESUS IN THE SYNAGOGUE

Luke 4:16-22a

The Good News Translation

¹⁶ Jesus went to Nazareth, where he had been brought up, and on the Sabbath he went as usual to the synagogue. He stood up to read the Scriptures ¹⁷ and was handed the book of the prophet Isaiah. He unrolled the scroll and found the place where it is written, ¹⁸ "The Spirit of the Lord is upon me, because he has chosen me to bring good news to the poor. He has sent me to proclaim liberty to the captives and recovery of sight to the blind, to set free the oppressed ¹⁹ and announce that the time has come when the Lord will save his people." ²⁰ Jesus rolled up the scroll,



gave it back to the attendant, and sat down. All the people in the synagogue had their eyes fixed on him,²¹ as he said to them, "This passage of scripture has come true today, as you heard it being read."²² They were all well impressed with him and marveled at the eloquent words that he spoke.

COMMUNION

The LAST SUPPER

Mark 14: 12-18, 22-26

¹² On the first day of the Festival of Unleavened Bread, the day the lambs for the Passover meal were killed, Jesus' disciples asked him, "Where do you want us to go and get the Passover meal ready for you?"¹³ Then Jesus sent two of them with these instructions: "Go into the city, and a man carrying a jar of water will meet you. Follow him¹⁴ to the house he enters, and say to the owner of the house: 'The Teacher says, Where is the room where my disciples and I will eat the Passover meal?'"¹⁵ Then he will show you a large upstairs room, fixed up and furnished, where you will get everything ready for us."¹⁶ The disciples left, went to the city, and found everything just as Jesus had told them; and they prepared the Passover meal.¹⁷ When it was evening, Jesus came with the twelve disciples.¹⁸ While they were at the table eating, Jesus said, "I tell you that one of you will betray me - one who is eating with me."

²² While they were eating, Jesus took a piece of bread, gave a prayer of thanks, broke it, and gave it to his disciples. "Take it," he said, "this is my body."²³ Then he took a cup, gave thanks to God, and handed it to them; and they all drank from it.²⁴ Jesus said, "This is my blood which is poured out for many, my blood which seals God's covenant."²⁵ I tell you, I will never again drink this wine until the day I drink the new wine in the Kingdom of God."²⁶ Then they sang a hymn and went out to the Mount of Olives.

Read the story of the Passover meal in Exodus, chapter 12. It is now known as a “Seder” - celebrated by Jewish families each Spring near Easter. (If you have time, read and discuss the whole chapter.)

Moses called for all the leaders of Israel and said to them, "Each of you is to choose a lamb or a young goat and kill it, so that your families can celebrate Passover. Take a sprig of hyssop, dip it in the bowl containing the animal's blood, and wipe the blood on the doorposts and the beam above the door of your house. Not one of you is to leave the house until morning. When the Lord goes through Egypt to kill the Egyptians, he will see the blood on the beams and the doorposts and will not let the Angel of Death enter your houses and kill you. You and your children must obey these rules forever. When you enter the land that the Lord has promised to give you, you must perform this ritual. When your children ask you, "What does this ritual mean?' you will answer, "It is the sacrifice of Passover to honor the Lord, because he passed over the houses of the Israelites in Egypt. He killed the Egyptians, but spared us.'

"The Israelites knelt down and worshiped. Then they went and did what the Lord had commanded Moses and Aaron.

Exodus, chapter 12

If you can, attend a Jewish family's celebration of the Seder, the Passover meal.

Ask them about their family's tradition at the Holy Days.

They may ask you about your own family's Holy Day traditions.

Invite them to your home!



HOLIDAYS and HOLY DAYS

What “Holy Days” does your family observe?

with Picnics, Parties, Restaurants, Adventures

check ☒ *the ones your family enjoy:*

“Secular”

- ☐ Birthdays
- ☐ Weddings
- ☐ Anniversaries
- ☐ Graduations

- ☐ Christmas
- ☐ Easter
- ☐ Thanksgiving

- ☐ Memorial Day
- ☐ The Fourth of July
- ☐ Labor Day

- ☐ New Year’s Day
- ☐ “Super Bowl Sunday”

“Sacred”

- ☐ Baptisms
- ☐ 1st Communion
- ☐ Confirmations

- ☐ Christmas
- ☐ Easter
- ☐ Thanksgiving

(Did you know that Independence Day is a Holy Day in the Episcopal Church?)

Others: _____

Secular or Sacred-

What’s the difference?

Share with your class and Counselor/Leader.

Tell some stories of special gatherings.

AT SUPPER WITH HIS DISCIPLES



The Passover Seder

A Fellowship Dinner

The Last Supper

*As Jesus prepared to enter the Holy City of Jerusalem
he charged two of his disciples to go and prepare a place for him
to celebrate the Feast of Passover.*

The room is readied,
the meal prepared,
and they gathered -
Jesus, the Twelve...
who else might have been there?

QUESTION:

Can you name the 12 Disciples?

(Some of them had two names, like Matthew/Levi (Levi was his Hebrew name). And it's tricky, because some 'obvious' ones - hint, like Mark - were not Disciples!)

ASSIGNMENT

Write or discuss with your counselor what you think that scene might be:

An ancient city,
an old building,
friends gathered for a special celebration.

Food, drink, ritual actions.

A religious observance.

And Jesus knows something is about to happen.

Become one of the characters in the story. Maybe your Counselor/Leader will assign you a role.

Are you Jesus?

A Disciple?

The owner of the house?

A servant/waiter standing in the hallway?

What do you see? Smell? Hear? Taste? Feel?

Use the next page to write your story (or tell your story to your counselor)
what your character

does,

sees,

hears,

smells,

feels,

thinks

that night in the “Upper Room.

MY TIME IN THE UPPER ROOM

Who am I?

What role or character do I want to take in the story?

A Disciple - any particular one?

Or a servant, or the unknown host who owned the Upper Room?

What I do, see, hear, smell, feel, think:

AS WE GATHER AT YOUR TABLE

found in Wonder, Love & Praise, #763

Carl P. Daw, Jr. (b.1944)

- 1 As we gather at your table, as we listen to your Word,
help us know, O God, your presence; let our hearts and minds be stirred.
Nourish us with sacred story till we claim it as our own;
teach us through this holy banquet how to make Love's victory known.
- 2 Turn our worship into witness in the sacrament of life;
send us forth to love and serve you, bringing peace where there is strife.
Give us, Christ, your great compassion to forgive as you forgave;
may we still behold your image in the world you died to save.
- 3 Gracious Spirit, help us summon othe guests to share that Feast
where triumphant Love will welcome those who had been last and least.
There no more will envy blind us nor will pride our peace destroy,
as we join with saints and angels to repeat the sounding joy.

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AGAPÉ MEAL

Many Churches observe what is called an Agapé (ah-GAH-pay) meal. It is similar to a Jewish Seder. But it's not to be a Seder.



Unless you have some Jewish friends who would be willing to come to your Church to offer a real Seder, don't dishonor our Jewish sisters and brothers by trying to do one without their guidance and explanation of the meaning.

Read and compare the stories of Jesus' Last Supper in the Gospels:

Matthew, chapter 26, beginning at verse 17

Mark, chapter 14, beginning at verse 12

Luke, chapter 22, beginning at verse 7

and John, chapters 13-17 *(John gives a long discourse of Jesus' teaching the Disciples)*

The first three Gospels suggest that the Last Supper was a Seder celebration commemorating Moses and the Passover. St. John, however, places the Last Supper on the night before (Wednesday) suggesting that it was another type of Jewish meal, a ritual fellowship meal, from where the word Agapé comes. John sees Jesus as the Paschal Lamb slaughtered for the Redemption of the People.

Agapé is one of the Greek words for love - the love that Jesus commands us to have for one another.

At the Last Supper on Maundy Thursday (the Thursday before Easter), Jesus kneels before the Disciples and washes their feet, acting as their servant, rather than their Master.

He proclaims,

“This is my **commandment** (or mandate - **mandatum** in Latin, where we get the word “Maundy”) that you love one another as I have loved you.”

A Possible ACTIVITY - *Hold an Agapé Meal*

Your counselor has some information on an Agapé Meal.
It is offered for you to use, perhaps on Maundy Thursday itself.

Maybe you and your class can make it a parish-wide event,
and invite your friends, too.

Your priest will serve as Jesus did and wash the feet of those who wish,
recalling Jesus' action.

In my parish, it is one of the most attended observances each year.



Another POSSIBILITY - *Be a Communion Visitor*

With adult help - your Priest, Deacon, or Lay Eucharistic Visitor -
visit a nursing home or someone in the hospital or a someone 'shut-in' at home
and bring them communion.

Bring it as soon as you can - possibly Sunday right after Church -
taking the Bread and Wine that was consecrated at the Morning Service.

This is sharing Communion from those who were at Church in the morning
with those who are unable to attend.

It makes them continue to feel a part of the parish life and prayers.



In some parishes

You will see some people blessing themselves with Holy Water as they enter
the Church, genuflecting (kneeling quickly on one knee) or bowing towards the
Altar, making the Sign of the Cross on themselves (forehead, chest, shoulder to
shoulder), kneeling to pray as they enter their pews and other signs of devotion.

In some parishes

You'll see people stand to pray, or kneel to pray; kneel for Communion or
stand to receive.

Ask your priest or pastor about these devotional acts.

In my parish we say, "All may; none must; but some should."

HOLY COMMUNION - WORD SEARCH



ACOLYTES
BIBLE
BLESSING
BLOOD
BODY
BREAD

CANDLES
CHALICE
COMMUNION
CORPORAL
DEACON
DISCIPLES

EUCCHARIST
HYMNAL
JESUS
LAST SUPPER
PASSOVER
PATEN

PEOPLE
PRAYER BOOK
PRIEST
PURIFICATOR
SAINTS
SHARING

THANKSGIVING
WAFER
WATER
WINE

COMMUNION BREAD

What type of bread does your Church use for Communion?

Many Churches use flat wafers, often with a cross or other symbol impressed in it.

The priest may hold a larger wafer (called a Priest's Host)

during the Eucharistic ("Thanksgiving") Prayer,

then break it into smaller pieces at the "Fraction" (meaning "pieces").

While most parishes use unleavened bread,

following the idea of Moses and the Passover meal in the book of Exodus,

there is no rule about what type of bread to use.

In some Churches,

a member of the parish might bake the bread each week as their offering.

In some places, Jewish matzoh may be used.

In other places, Middle Eastern style pita is sometimes used.



An ACTIVITY

MAKE COMMUNION BREAD

Bake loaves of bread for your congregation to use this week. Ask your priest first, of course! Your Counselor has some recipes. Many other recipes are available.

Hymn

I AM the BREAD of LIFE

I am the bread of life; they who come to me shall not hunger;
they who believe in me shall not thirst.
No one can come to me unless the Father draws them.

Refrain And I will raise them up; (*repeat*)
 and I will raise them up on the last day.

The Bread that I will give is my Flesh for the life of the world,
and they who eat of this bread,
they shall live forever. (*repeat*) *Refrain*

Unless you eat of the Flesh of the Son of Man
and drink of his Blood,
you shall not have life within you. (*repeat*) *Refrain*

I am the resurrection, I am the life.
They who believe in me, even though they die,
they shall live forever. *Refrain*

Yes, Lord, we believe that you are the Christ,
the Son of God who has come into the world. *Refrain*

Suzanne Toolan (b. 1927); adapted from the Gospel according to John, chapter 6, © 1971,
GIA Publications, Inc. All rights reserved; used by permission.

a different musical version, based on John 6,
is in songbook, Wonder Love & Praise, #762
words and music by Jack Burnam (b.1946)

Bible Study

POST-RESURRECTION APPEARANCE At Emmaus

Luke 24: 28-35

²⁸ As Jesus, Clopas and his companion came near the village to which they were going, Jesus acted as if he were going farther; ²⁹ but they held him back, saying, "Stay with us; the day is almost over and it is getting dark." So he went in to stay with them. ³⁰ He sat down to eat with them, took the bread, and said the blessing; then he broke the bread and gave it to them. ³¹ Then their eyes were opened and they recognized him, but he disappeared from their sight.

³² They said to each other, "Wasn't it like a fire burning in us when he talked to us on the road and explained the Scriptures to us?" ³³ They got up at once and went back to Jerusalem, where they found the eleven disciples gathered together with the others ³⁴ and saying, "The Lord is risen indeed! He has appeared to Simon!" ³⁵ The two then explained to them what had happened on the road, and how they had recognized the Lord when he broke the bread.

St. PAUL'S "TAKE"

writing to the early Church at the city of Corinth

1 Corinthians 11: 23-25

"For I received from the Lord the teaching that I passed on to you: that the Lord Jesus, on the night he was betrayed, took a piece of bread, gave thanks to God, broke it, and said, "This is my body, which is for you. Do this in memory of me."

In the same way, after the supper he took the cup and said, "This cup is God's new covenant, sealed with my blood.



Whenever you drink it, do so in memory of me."

Write what you feel when you go to Communion.

Maybe you don't feel anything special -
and that's OK.

Don't worry about it.

But maybe some time something will 'hit' you.

You felt something,
you heard something,
you saw something....



or

Just tell what you feel when you go to Communion any week.

TASTE and SEE

James E. Moore, Jr. (b.1951)

found in *Wonder, Love & Praise*, #764

Refrain Taste and see, taste and see, the goodness of the Lord.
O taste and see, taste and see, the goodness of the Lord, of the Lord.

I will bless the Lord at all times.
His praise shall always be on my lips;
my souls shall glory in the Lord;
for he has been so good to me. *Refrain*

Glorify the Lord with me.
Together let us all praise his name.
I called the Lord and he answered me;
from all my troubles he set me free. *Refrain*

Worship the Lord all you people.
You'll want for nothing if you ask.
Taste and see that God is good;
in him we need put all our trust. *Refrain*

James E. Moore, Jr. (b. 1951); paraphrase of Psalm 34; © 1983 GIA Publications, Inc.
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Confession of Sin

1 Corinthians 11: 26-29

St. Paul wrote these words at the end of his letter quoted above:

²⁷ It follows that if one of you eats the Lord's bread or drinks from his cup in a way that dishonors Jesus, you are guilty of sin against the Lord's body and blood.

²⁸ So then, you should each examine yourself first, and then eat the bread and drink from the cup. ²⁹ For if you do not recognize the meaning of the Lord's body when you eat the bread and drink from the cup, you bring judgment on yourself as you eat and drink.

Turn in the Book of Common Prayer 1979 to

An Exhortation, page 316

Read along with your class and see how it models St. Paul's letter.

Each Sunday we say a "General" Confession before receiving Communion. But if you look in the Book of Common Prayer (beginning on page 447) you'll find

The Reconciliation of a Penitent

Most days, there are "minor" sins - things that are just plain bad, and for which we are sorry. But sometimes, there are bigger sins, maybe even crimes, for which I need to have a special confession - not to a priest but to God. The priest, in private only serves as a 'pipeline' to God, a sounding board for what I need to pray.

Discuss with your class and/or your Counselor/Priest what the Reconciliation Rite means to you.

An ACTIVITY

SERVING AT COMMUNION The GUILD of ACOLYTES

Your priest needs your help during Communion.
It is an offering of time and talent which you can give
to your Church, and to God.

It is a spiritual gift to serve. You will be blessed as you bless others.

With solemn dignity and humble praise, you approach the Altar of God
with Angels and Archangels and all the Company of Heaven.

DO YOU:

serve at the Altar as a

Torch-bearer Crucifer, *or* Thurifer...?

Did you know we call those “Ministries”?

In the ancient Church an acolyte was called one of the “Minor Orders.”

Or maybe you sing in the Choir - another ministry - leading the worship.

List the ways you serve and what that ministry means to you and how it helps
others worship.

If you don't know about Acolytes, ask your priest to explain and demonstrate what
an acolyte does. You might want to join the group and help serve at the Altar.

And... WHAT ABOUT SCOUTS?

If you are in a Troop, does it have a Chaplain's Aide? It's a leadership position that
you could ask about. Check with your Unit's Chaplain or Scoutmaster.
I'll bet you can fulfill all the duties.

A FUN ACTIVITY

ACOLYTE OLYMPICS

full instructions are in the Leader's Guide

Are you a member of the Acolyte Guild in your parish?

Even if you aren't you might enjoy this "challenge" and maybe you'll consider becoming a server at the Altar for the assistance at Holy Communion.

Work with your priest or counselor. She/he has more details for the events in their leader's book. But this gives you an idea of what you can do. Maybe you can think of other Olympic Events. If so, let me know!

Maybe you can invite acolytes from other nearby parishes, maybe the Church down the street, or other nearby parishes in your Diocese or Synod. Maybe make it a Diocesan or Synod event!

- | | |
|--|---|
| offering plate toss | (frisbee style - <i>not</i> with real offering plates!) |
| pass the torch relay | (running and passing without extinguishing) |
| thurible gyronics | (extra points for "Around the World," "Figure Eight," and "Over the Head") |
| "heaping burning coals" | (handling "lit" coals - hot potato style -
using chemical hand warmers, <i>not</i> real coals!) |
| Eucharistic stack carrying | (distance carrying of full dressed "stack") |
| Gospel book balancing | (endurance lifting and holding a metal bound
Gospels book, Oxford English Dictionary, or
volume of the complete works of Shakespeare) |
| Coordinating lavabo bowl,
towel, & cruet of water | (all while standing on one leg!) |

SOME OTHER ACTIVITIES

- 1) Your counselor/leader has a set of cards which you can use as a scavenger hunt.

Go into the Church and place a card on its corresponding place or 'thing.'
(such as Altar, Baptistry, Chalice)

- 2) Your counselor/leader has a second set of cards with items from the service of Holy Communion as might be listed in the service bulletin (such as Hymn, Gospel, Sanctus).

Take the cards, place them on the floor or on a table in the order you experience on Sunday morning.

(Note: There may be some differences from parish to parish or from time to time, season to season of the Church year - that's OK! Arrange them as you are currently doing Worship.)

P R A Y E R

When you were little, you probably memorized the Lord's Prayer.
Here is a new version:

Our Father in heaven, Hallowed be your Name.
Your kingdom come, your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power and the glory are yours,
now and forever. Amen.

Maybe every night you pray before going to bed:

Now I lay me down to sleep;
I pray the Lord my soul to keep.
If I should die before I wake,
I pray the Lord my soul to take.

As you grow older, you can learn to "make up" and use your own prayers - each and every day.



"Orans" position -

Have you noticed that your priest raises his or her arms when standing at the Altar for Communion?

"Orans" is the Latin word for Prayer.

The lifting of the arms - as if making an offering - is the Biblical model for prayer - lifting up, offering your prayers to God.

What is prayer?

Prayer is a conversation with God, talking to Jesus as if you were talking to your best friend.

Pretend your best friend is on a long vacation for the summer. You'd want to hear from her or him what fun they are having, or even what problems they have had - like maybe they broke their leg riding a bike, or it's been raining for 10 days!

Jesus is our very best friend! Even though we can't see Him (as if we had gone away on vacation), Jesus really wants to know how you are, what things are happening, any bad things you can't share with anyone else, what exciting things you are hoping for.

In Scouts around a campfire, we sometimes share with our friends,
"Thorns, Blossoms, and Buds"

Thorn: One thing that went wrong today, or something I didn't like.

Blossom: Something that was really great, you'd like to remember.

Bud: One thing that you are really looking forward to tomorrow.

Using *Thorns, Blossoms and Buds* is one way you can talk to Jesus each day, maybe before you go to bed.

Remember your family and friends when you pray. Ask God to take care of them, and heal them if they are sick or need help in any way. And don't forget to give thanks to God for all the blossoms you had today!

Communion of the Saints

“CEMETERY ROMP”

especially fun for All Hallow’s Eve (Hallowe’en)

or

All Saints Sunday

invite your friends
for a different kind of
Hallowe’en party!

needed: large newsprint, large crayons or colored chalk, duct or wide making tape.

Go to your local cemetery.

(Does your Church have a “church-yard” with graves and tombstones?)

Especially if there are ancient tombstones, look for:

unusual carvings

unique - sometimes comical even! - epitaphs

Find your favorite.

Take a large piece of newsprint, tape it securely to the tombstone,
then trace over the carvings with a large crayon.

Now, go back to your Church.

Put some “Tombstone” brand pizza in the oven.

And while you are waiting for supper, draw your own tombstone (there are many different styles),

and write your own epitaph.

Mine is going to say, “He Tried.”

CONGRATULATIONS!

You have now learned about as much as can be expected
for the Scout Religious Emblems at this point in your development.

I hope you began with

BAPTISM - Grades 1-3

have now finished

COMMUNION - Grades 4-6

and will continue with the next segments

CONFIRMATION Grades 7-9

and **RELATIONSHIPS** Grades 10-12

You, your counselor/pastor/priest, and your parent/guardian

will sign the application below and submit it for acceptance.

Then you will receive your recognition or emblem which should be presented to
you in your parish Church - maybe on Scout Sunday in February,

or possibly at your Blue and Gold banquet or Scout Court of Honor.

May God's Blessings be with you throughout your growth in the love of Christ,
your dedication and work through Scouting,
and your commitment to serve Christ in the world.

Yours,

Fr. Ed

date finished _____

signed _____ *scout*

signed _____ *parent/guardian*


signed _____ *leader*

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Incomplete applications will be returned. Submit one application per candidate (unless using the Multiple Order Form from the Counselor's Manual).

Shipping address: Allow two to three weeks for delivery. Overnight shipping requires a street address & correct zip code.

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Address _____

City _____ State _____ Zip _____

Day contact: Phone _____ E-mail _____

Candidate's Information:

Name _____ Grade _____

Home Address _____

City _____ State _____ Zip _____

Denomination (Church Body) _____ Check one: ☐ BSA ☐ GSUSA ☐ AHG ☐ Other: _____

Church Information: Please provide the following information for the church that sponsored the program or whose clergy reviewed the candidate's work.

Name of Congregation _____ Denomination (Church Body) _____

Address _____

City _____ State _____ Zip _____

Clergy's Name _____ E-mail _____

Who was responsible for coordinating and/or teaching the class? Who served as counselor?

Counselor's name _____ E-mail _____

Certificate of Eligibility: The clergy's signature is preferred; however, other signatures will be accepted.

I certify that the candidate has successfully completed the requirements for the *God and Family* program and has presented his/her work to the clergy for final approval.

Signature _____ Date _____

Find prices at <https://store.praypub.org/>

QTY	STOCK#	ITEM (see pictures on page 35)	PRICE	TOTAL
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_____	001FN	God and Family Embroidered Patch	_____	_____
_____	002F6	God and Family 3/4" Lapel Pin	_____	_____
_____	001F9	God and Family Certificate	_____	_____
_____	002F8	Counselor 3/4" Lapel Pin	_____	_____
_____	001FC	Counselor Patch	_____	_____
_____	CC1F9	Counselor Certificate	_____	_____
_____		Duplication Fee (\$3.00 per photocopied booklet)	_____	_____
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JAN. 2018 PRINTING