

Women 44 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
Open	Judith M. Gedney Macomb,IL 11/22/2005	92.5	Judith M. Gedney Macomb,IL 11/13/2010	50	Judith M. Gedney Macomb,IL 11/13/2010	115	Judith M. Gedney Macomb,IL 11/22/2008	250
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69	Judith M. Gedney Macomb,IL 11/22/2008	92.5	Judith M. Gedney Macomb,IL 11/22/2005	47.5	Judith M. Gedney Macomb,IL 11/22/2008	113.5	Judith M. Gedney Macomb,IL 11/22/2008	245
M7	Judith M. Gedney		Judith M. Gedney		Judith M. Gedney		Judith M. Gedney	

M7 70-74	Macomb,IL 11/13/2010	70	Macomb,IL 11/13/2010	50	Macomb,IL 11/13/2010	115	Macomb,IL 11/13/2010	232.5
M8 75-79								
M9 80-84								
M10 85-89								

Women 47.5 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
Open	Judith M. Gedney Macomb,IL 11/11/2006	85	Judith M. Gedney Macomb,IL 11/2009	49	Judith M. Gedney Macomb,IL 11/2009	113	Judith M. Gedney Macomb,IL 11/11/2006	242.5
M1 40-44								
M2 45-49								
M3								

50-54								
M4								
55-59								
M5								
60-64								
M6	Judith M. Gedney Macomb, IL 11/11/2006	85	Judith M. Gedney Macomb, IL 11/2009	49	Judith M. Gedney Macomb, IL 11/2009	113	Judith M. Gedney Macomb, IL 11/11/2006	242.5
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 50.5 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1	Whitney Fuller Casey, IL 12/10/2022	72.5	Whitney Fuller Casey, IL 12/10/2022	37.5	Whitney Fuller Casey, IL 12/10/2022	87.5	Whitney Fuller Casey, IL 12/10/2022	197.5
14-15								
T2								
16-17								
T3	Kathleen Barclay Macomb, IL 11/4/2006	92.5	Kathleen Barclay Macomb, IL 11/4/2006	52.5	Juliet Fansler Macomb, IL 9/18/2021	92.5	Kathleen Barclay Macomb, IL 11/4/2006	232.5
18-19								
Junior	Kathleen Barclay Macomb, IL 3/31/2007	87.5	Kathleen Barclay Macomb, IL 3/31/2007	50	Kathleen Barclay Macomb, IL 3/31/2007	90	Kathleen Barclay Macomb, IL 3/31/2007	227.5
20-23								

Open	Kathleen Barclay Macomb, IL 11/4/2006	92.5	Kathleen Barclay Macomb, IL 11/4/2006	52.5	Juliet Fansler Macomb, IL 9/18/2021	92.5	Kathleen Barclay Macomb, IL 11/4/2006	232.5
M1 40-44								
M2 45-49								
M3 50-54	Amy Fansler Milas Macomb, IL 9/18/2021	57.5	Amy Fansler Milas Macomb, IL 9/18/2021	32.5	Amy Fansler Milas Macomb, IL 9/18/2021	82.5	Amy Fansler Milas Macomb, IL 9/18/2021	172.5
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 53.0 kilograms Unequipped							
Division	Squat		Bench Press		Deadlift		Total
T1							

T1 14-15								
T2 16-17	Jessie Fansler Macomb, IL 11/4/2017	77.5	Jessie Fansler Macomb, IL 11/4/2017	50	Jessie Fansler Macomb, IL 11/4/2017	105	Jessie Fansler Macomb, IL 11/4/2017	232.5
T3 18-19								
Junior 20-23	Kara Downing Macomb, IL 3/2/2019	100	Kara Downing Macomb, IL 3/2/2019	45	Kara Downing Macomb, IL 3/2/2019	107.5	Kara Downing Macomb, IL 3/2/2019	252.5
Open	Kara Downing Macomb, IL 3/2/2019	100	Jessie Fansler Macomb, IL 11/4/2017	50	Kara Downing Macomb, IL 3/2/2019	107.5	Kara Downing Macomb, IL 3/2/2019	252.5
M1 40-44								
M2 45-49								
M3 50-54	Amy Fansler Milas Macomb, IL 8/16/2025	65	Amy Fansler Milas Macomb, IL 7/13/2024	40	Amy Fansler Milas Macomb, IL 7/10/2021	80	Amy Fansler Milas Macomb, IL 7/13/2024	180
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
MQ								

80-84							
M10							
85-89							

Women 55.5 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17	Jessie Fansler Macomb, IL 8/18/2018	72.5	Jessie Fansler Macomb, IL 8/18/2018	52.5	Jessie Fansler Macomb, IL 8/18/2018	110	Jessie Fansler Macomb, IL 8/18/2018	235
T3 18-19	Kathleen Barclay Macomb, IL 7/8/2006	82.5	Whitney Piper Macomb, IL 11/2/2019	55	Whitney Piper Macomb, IL 11/2/2019	122.5	Whitney Piper Macomb, IL 11/2/2019	247.5
Junior 20-23	Madison Darrow Macomb, IL 10/21/2023	90	Juliet Fansler Macomb, IL 11/2-3/2024	68.5	Whitney Piper Macomb, IL 9/18/2021	145	Whitney Piper Macomb, IL 4/9/2022	277.5
Open	Madison Darrow Macomb, IL 10/21/2023	90	Juliet Fansler Macomb, IL 11/2-3/2024	68.5	Whitney Piper Macomb, IL 9/18/2021	145	Whitney Piper Macomb, IL 4/9/2022	277.5
M1 40-44								
M2 45-49								
M3 50-54	Amy Fansler Milas Macomb, IL 1/13/2024	65	Amy Fansler Milas Macomb, IL 1/13/2024	37.5	Amy Fansler Milas Macomb, IL 1/13/2024	77.5	Amy Fansler Milas Macomb, IL 1/13/2024	180
M4 55-59								
M5								

60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 58.5 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17	Lillian Lambert Macomb, IL 7/9/2022	50	Lillian Lambert Macomb, IL 7/9/2022	27.5	Lillian Lambert Macomb, IL 7/9/2022	67.5	Lillian Lambert Macomb, IL 7/9/2022	145
T3 18-19	Juliet Fansler Macomb, IL 8/5/2023	67.5	Juliet Fansler Macomb, IL 8/5/2023	55	Juliet Fansler Macomb, IL 8/5/2023	100	Juliet Fansler Macomb, IL 8/5/2023	222.5
Junior 20-23	Sophie G. Simmons Macomb, IL 6/26/2010	92.5	Sophie G. Simmons Macomb, IL 10/2/2010	65	Sophie G. Simmons Macomb, IL 11/13/2010	140	Sophie G. Simmons Macomb, IL 6/26/2010	292.5
Open	Cynthia F. Alog Skokie, IL 8/27/2011	105	Cynthia F. Alog Skokie, IL 8/27/2011	67.5	Sophie G. Simmons Macomb, IL 11/13/2010	140	Cynthia F. Alog Skokie, IL 8/27/2011	305
M1 40-44								

M2 45-49								
M3 50-54	Dawn Piper Macomb, IL 8/16/2025	72.5	Dawn Piper Macomb, IL 8/16/2025	42.5	Dawn Piper Macomb, IL 8/16/2025	77.5	Dawn Piper Macomb, IL 8/16/2025	192.5
M4 55-59	Mary P. Grimm Midlothian, IL 4/10/2010	35	Mary P. Grimm Midlothian, IL 4/10/2010	25	Mary P. Grimm Midlothian, IL 4/10/2010	72.5	Mary P. Grimm Midlothian, IL 4/10/2010	132.5
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 63 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Clair L. Rittenhouse Macomb, IL 2/20/2010	77.5	Clair L. Rittenhouse Macomb, IL 2/20/2010	60	Clair L. Rittenhouse Macomb, IL 2/20/2010	92.5	Clair L. Rittenhouse Macomb, IL 2/20/2010	230
T2 16-17								
T3	Emily Phillips		Cynthia Delgado		Cynthia Delgado		Cynthia Delgado	

18-19	Colchester, IL 8/12/2017	82.5	St. Charles, IL 4/9/2022	47.5	St. Charles, IL 4/9/2022	102.5	St. Charles, IL 4/9/2022	225
Junior 20-23	Whitney Piper Macomb, IL 4/1/2023	75	Whitney Piper Macomb, IL 4/1/2023	62.5	Whitney Piper Macomb, IL 4/1/2023	140	Whitney Piper Macomb, IL 4/1/2023	277.5
Open	Emily Phillips Colchester, IL 8/12/2017	82.5	Whitney Piper Macomb, IL 4/1/2023	62.5	Whitney Piper Macomb, IL 4/1/2023	140	Whitney Piper Macomb, IL 4/1/2023	277.5
M1 40-44								
M2 45-49	Dawn C. Piper Macomb, IL 8/12/2017	52.5	Dawn C. Piper Macomb, IL 6/24/2017	35	Dawn C. Piper Macomb, IL 6/24/2017	82.5	Dawn C. Piper Macomb, IL 6/24/2017	170
M3 50-54	Dawn C. Piper Macomb, IL 7/13/2024	81.5	Dawn C. Piper Macomb, IL 4/9/2022	45	Dawn C. Piper Macomb, IL 12/10/2022	107.5	Dawn C. Piper Macomb, IL 11/2-3/2024	226.5
M4 55-59								
M5 60-64								
M6 65-69	Linda Burnett Macomb, IL 7/13/2024	67.5	Linda Burnett Macomb, IL 7/13/2024	52.5	Linda Burnett Macomb, IL 7/13/2024	95	Linda Burnett Macomb, IL 7/13/2024	215
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 70 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19	Haley Shake Macomb, IL 7/13/2024	92.5	Haley Shake Macomb, IL 4/12/2025	55	Haley Shake Macomb, IL 4/12/2025	107.5	Haley Shake Macomb, IL 4/12/2025	247.5
Junior 20-23	Kaitlyn Moon Macomb, IL 8/21/2025	42.5	Kaitlyn Moon Macomb, IL 8/21/2025	37.5	Kaitlyn Moon Macomb, IL 8/21/2025	80	Kaitlyn Moon Macomb, IL 8/21/2025	160
Open	Katie Oursler Macomb, IL 3/2/2019	102.5	Katie Oursler Macomb, IL 3/2/2019	62.5	Katie Oursler Macomb, IL 3/2/2019	125	Katie Oursler Macomb, IL 3/2/2019	290
M1 40-44								
M2 45-49								
M3 50-54	Dawn Piper Macomb, IL 7/10/2021	65	Dawn Piper Macomb, IL 7/10/2021	45	Dawn Piper Macomb, IL 7/10/2021	105	Dawn Piper Macomb, IL 7/10/2021	215
M4 55-59	Phyllis McLouth Bushnell, IL 11/2-3/2024	82.5	Phyllis McLouth Bushnell, IL 11/2-3/2024	62.5	Phyllis McLouth Bushnell, IL 2/15/2025	117.5	Phyllis McLouth Bushnell, IL 11/2-3/2024	260
M5 60-64								
M6 65-69								
M7								

70-74							
M8							
75-79							
M9							
80-84							
M10							
85-89							

Women 80 kilograms Unequipped							
Division	Squat		Bench Press		Deadlift		Total
T1 14-15							
T2 16-17	Lauren McClure Macomb, IL 7/10/2021	107.5	Lauren McClure Macomb, IL 7/10/2021	57.5	Lauren McClure Macomb, IL 7/10/2021	140	Lauren McClure Macomb, IL 7/10/2021 305
T3 18-19	Lauren McClure Macomb, IL 8/5/2023	125	Lauren McClure Macomb, IL 7/10/2021	57.5	Lauren McClure Macomb, IL 8/5/2023	150	Lauren McClure Macomb, IL 8/5/2023 332.5
Junior 20-23	Lauren McClure Macomb, IL 7/13/2024	130	Lauren McClure Macomb, IL 7/13/2024	60	Lauren McClure Macomb, IL 7/13/2024	147.5	Lauren McClure Macomb, IL 7/13/2024 337.5
Open	Kathryn Oursler Macomb, IL 1/13/2024	120	Kathryn Oursler Macomb, IL 1/13/2024	72.5	Kathryn Oursler Macomb, IL 4/9/2022	125	Kathryn Oursler Macomb, IL 1/13/2024 312.5
M1 40-44	Stephanie Ballinger Jacksonville, IL 7/13/2024	110	Stephanie Ballinger Jacksonville, IL 7/13/2024	67.5	Stephanie Ballinger Jacksonville, IL 7/13/2024	125	Stephanie Ballinger Jacksonville, IL 7/13/2024 302.5
M2 45-49							
M3 50-54							

M4 55-59	Mary Flanagan Colchester, IL 4/9/2016	72.5	Charla Wrenn Good Hope, IL 8/16/2025	52.5	Mary Flanagan Colchester, IL 4/9/2016	115	Mary Flanagan Colchester, IL 4/9/2016	225
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 90 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
	Tracy Niehaus		Tracy Niehaus		Tracy Niehaus		Tracy Niehaus	

Open	Quincy, IL 4/22/2017	125	Quincy, IL 4/22/2017	72.5	Quincy, IL 4/22/2017	160	Quincy, IL 4/22/2017	357.5
M1 40-44								
M2 45-49	Charla Wrenn Good Hope, IL 7/24/2017	70	Charla Wrenn Good Hope, IL 7/24/2017	60	Charla Wrenn Good Hope, IL 7/24/2017	107.5	Charla Wrenn Good Hope, IL 7/24/2017	237.5
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Emily Waldman Dunlap, IL 11/4/2006	40	Emily Waldman Dunlap, IL 11/4/2006	57.5	Emily Waldman Dunlap, IL 11/4/2006	125	Emily Waldman Dunlap, IL 11/4/2006	222.5

T2 16-17								
T3 18-19								
Junior 20-23	Ann M. Buren LaHarpe, IL 7/8/2006	105	Ann M. Buren LaHarpe, IL 7/8/2006	65	Ann M. Buren LaHarpe, IL 7/8/2006	110	Ann M. Buren LaHarpe, IL 7/8/2006	280
Open	Ann M. Buren LaHarpe, IL 7/8/2006	105	Charla Wrenn Good Hope, IL 3/2/2019	67.5	Emily Waldman Dunlap, IL 11/4/2006	125	Ann M. Buren LaHarpe, IL 7/8/2006	280
M1 40-44								
M2 45-49	Charla Wrenn Good Hope, IL 6/11/2016	50	Charla Wrenn Good Hope, IL 6/11/2016	60	Charla Wrenn Good Hope, IL 6/11/2016	97.5	Charla Wrenn Good Hope, IL 6/11/2016	207.5
M3 50-54	Charla Wrenn Good Hope, IL 3/2/2019	75	Charla Wrenn Good Hope, IL 3/2/2019	67.5	Charla Wrenn Good Hope, IL 7/27/2018	112.5	Charla Wrenn Good Hope, IL 7/27/2018	247.5
M4 55-59	Charla Wrenn Good Hope, IL 8/5/2023	55	Charla Wrenn Good Hope, IL 8/5/2023	65	Charla Wrenn Good Hope, IL 8/5/2023	105	Charla Wrenn Good Hope, IL 8/5/2023	225
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								

M10 85-89								
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Women 110+ kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17	Keri DeVolder Macomb, IL 8/18/2018	115	Keri DeVolder Macomb, IL 3/2/2019	70	Justine Lewis Macomb, IL 10/5/2024	145	Justine Lewis Macomb, IL 10/5/2024	322.5
T3 18-19	Keri DeVolder Macomb, IL 8/17/2019	107.5	Keri DeVolder Macomb, IL 8/17/2019	70	Keri DeVolder Macomb, IL 8/17/2019	125	Keri DeVolder Macomb, IL 8/17/2019	302.5
Junior 20-23								
Open	Keri DeVolder Macomb, IL 8/18/2018	115	Keri DeVolder Macomb, IL 3/2/2019	70	Justine Lewis Macomb, IL 10/5/2024	145	Justine Lewis Macomb, IL 10/5/2024	322.5
M1 40-44								
M2 45-49								
M3 50-54	Charla Wrenn Good Hope, IL 9/18/2021	70	Charla Wrenn Good Hope, IL 9/18/2021	67.5	Charla Wrenn Good Hope, IL 9/18/2021	105	Charla Wrenn Good Hope, IL 9/18/2021	242.5
M4 55-59								
M5 60-64								
M6								

65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Police, Military, Fire Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
58.5	Laura Waller Lake In The Hills, IL 3/31/2007	90	Laura Waller Lake In The Hills, IL 3/31/2007	47.5	Laura Waller Lake in the Hills, IL 8/11/2007	97.5	Laura Waller Lake In The Hills, IL 3/31/2007	232.5

Women 44 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Judith M. Gedney Macomb, IL 11/22/2008	103	Judith M. Gedney Macomb, IL 11/22/2007	53	Judith M. Gedney Macomb, IL 11/22/2008	117.5	Judith M. Gedney Macomb, IL 11/22/2008	275
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6	Judith M. Gedney Macomb, IL	103	Judith M. Gedney Macomb, IL	53	Judith M. Gedney Macomb, IL	117.5	Judith M. Gedney Macomb, IL	275

65-69	11/22/2008		11/22/2007		11/22/2008		11/22/2008	
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 47.5 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Judith M. Gedney Macomb, IL 11/12/2006	107.5	Judith M. Gedney Macomb, IL 11/14/2009	52	Judith M. Gedney Macomb, IL 11/14/2009	120	Judith M. Gedney Macomb, IL 11/12/2006	275
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								

M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69	Judith M. Gedney Macomb, IL 11/12/2006	107.5	Judith M. Gedney Macomb, IL 11/14/2009	52	Judith M. Gedney Macomb, IL 11/14/2009	120	Judith M. Gedney Macomb, IL 11/12/2006	275
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 50.5 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								

T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9								

80-84								
M10								
85-89								

Women 53.0 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								

M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 55.5 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior								

Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 58.5 kilograms Equipped				
Division	Squat	Bench Press	Deadlift	Total

Open	Jessie Fansler Macomb, IL 9/18/2021	100	Jessie Fansler Macomb, IL 9/18/2021	70	Jessie Fansler Macomb, IL 9/18/2021	70	Jessie Fansler Macomb, IL 9/18/2021	240
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23	Jessie Fansler Macomb, IL 9/18/2021	100	Jessie Fansler Macomb, IL 9/18/2021	70	Jessie Fansler Macomb, IL 9/18/2021	70	Jessie Fansler Macomb, IL 9/18/2021	240
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								

M8 75-79								
M9 80-84								
M10 85-89								

Women 63 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3								

M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 70 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2								

16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 80 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6								

M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 90 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1								

40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 110 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								

T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9								

80-84								
M10								
85-89								

Women 110+ kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5								

M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Police, Military, Fire Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
58.5								

Single Event Unequipped Illinois Records Updated 8/21/2025

New Record

Corrected record

Women 44 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Judith M. Gedney Macomb, IL 10/20/2006	87.5			Judith M. Gedney Macomb, IL 10/22/2006	113
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6	Judith M. Gedney Macomb, IL	87.5			Judith M. Gedney Macomb, IL	113

65-69	10/20/2006				10/22/2006	
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 47.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Judith M. Gedney Macomb, IL 4/23/2010	82.5	Judith M. Gedney Macomb, IL 10/21/2006	47.5	Judith M. Gedney Macomb, IL 4/25/2006	113.5
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
M1						
40-44						

M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69	Judith M. Gedney Macomb, IL 4/23/2010	82.5	Judith M. Gedney Macomb, IL 10/21/2006	47.5	Judith M. Gedney Macomb, IL 4/25/2006	113.5
M7 70-74			Judith M. Gedney Macomb, IL 8/16/2014	40		
M8 75-79						
M9 80-84						
M10						

85-89						
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Women 50.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Amy Fansler Milas Macomb, IL 7/10/2021	55	Amy Fansler Milas Macomb, IL 4/17/2021	37.5	Amy Fansler Milas Macomb, IL 7/10/2021	80
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49			Amy Fansler Milas Macomb, IL 10/10/2020	30	Amy Fansler Milas Macomb, IL 10/10/2020	70
M3 50-54	Amy Fansler Milas Macomb, IL 7/10/2021	55	Amy Fansler Milas Macomb, IL 4/17/2021	37.5	Amy Fansler Milas Macomb, IL 7/10/2021	80
M4 55-59						
M5 60-64						

M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 53.0 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Kara Downing Macomb, IL 6/7/2019	102.5	Jessie Fansler Macomb, IL 3/17/2018	52.5	Kara Downing Macomb, IL 6/7/2019	115
T1 14-15						
T2 16-17	Juliet Fansler Macomb, IL 7/10/2021	55	Jessie Fansler Macomb, IL 3/17/2018	52.5	Jessie Fansler Macomb, IL 3/17/2018	105.5
T3 18-19						
Junior 20-23	Kara Downing Macomb, IL 6/7/2019	102.5	Kara Downing Macomb, IL 6/7/2019	47.5	Kara Downing Macomb, IL 6/7/2019	115
M1						

M1 40-44						
M2 45-49						
M3 50-54	Amy Fansler Milas Macomb, IL 3/5/2023	57.5	Amy Fansler Milas Macomb, IL 3/5/2023	40	Amy Fansler Milas Macomb, IL 7/10/2021	80
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 55.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Antoinett Lane Macomb, IL	105	Juliet Fansler Macomb, IL	65	Antoinett Lane Macomb, IL	145

	3/7/2015		1/13/2024		3/7/2015	
T1 14-15						
T2 16-17			Jessie Fansler Macomb, IL 3/2/2019	55	Whitney Piper Macomb, IL 6/9/2019	125
T3 18-19			Juliet Fansler Macomb, IL 3/5/2023	60	Whitney Piper Macomb, IL 10/10/2020	120
Junior 20-23	Antoinett Lane Macomb, IL 3/7/2015	105	Juliet Fansler Macomb, IL 1/13/2024	65	Antoinett Lane Macomb, IL 3/7/2015	145
M1 40-44						
M2 45-49						
M3 50-54			Amy Fansler Milas Macomb, IL 9/17/2022	40		
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						

M9 80-84						
M10 85-89						

Women 58.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Sophie G. Simmons Macomb, IL 2/20/2010	80	Jessie Fansler Macomb, IL 7/10/2021	65	Whitney Piper Macomb, IL 3/5/2023	150
T1 14-15						
T2 16-17						
T3 18-19	Lillian Lambert Macomb, IL 3/5/2023	62.5	Juliet Fansler Macomb, IL 4/1/2023	62.5	Lillian Lambert Macomb, IL 3/5/2023	100
Junior 20-23	Sophie G. Simmons Macomb, IL 2/20/2010	80	Jessie Fansler Macomb, IL 7/10/2021	65	Whitney Piper Macomb, IL 3/5/2023	150
M1 40-44						
M2 45-49						
M3 50-54						
M4						

M5 55-59					
M6 60-64					
M7 65-69					
M8 70-74					
M9 75-79					
M10 80-84					

Women 63 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Adriana Garcia Martin Macomb, IL 3/5/2023	127.5	Claire Rittenhouse Macomb, IL 2/20/2010	65	Adriana Garcia Martin Macomb, IL 3/5/2023	140
T1 14-15	Claire Rittenhouse Macomb, IL 2/20/2010	80	Claire Rittenhouse Macomb, IL 2/20/2010	65	Claire Rittenhouse Macomb, IL 2/20/2010	97.5
T2 16-17						
T3	Haley Shake Macomb, IL	86	Haley Shake Macomb, IL	47.5	Ainsley Walter Macomb, IL	85

18-19	4/6/2024		4/6/2024		10/10/2020	
Junior 20-23	Adriana Garcia Martin Macomb, IL 3/5/2023	127.5	Adriana Garcia Martin Macomb, IL 3/5/2023	62.5	Adriana Garcia Martin Macomb, IL 3/5/2023	140
M1 40-44						
M2 45-49						
M3 50-54	Dawn Piper Macomb, IL 3/5/2023	77.5	Dawn Piper Macomb, IL 3/5/2023	47.5	Dawn Piper Macomb, IL 3/5/2023	105
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 70 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Kathryn Oursler Macomb, IL 4/17/2021	117.5	Kathryn Oursler Macomb, IL 4/17/2021	70	Kathryn Oursler Macomb, IL 4/17/2021	137.5
T1 14-15						
T2 16-17	Haley Shake Macomb, IL 1/13/2024	82.5				
T3 18-19					Ainsley Walter Macomb, IL 4/17/2021	100
Junior 20-23			Cynthia Delgado St. Charles, IL 10/5/2024	62.5	Alexis Bielak Macomb, IL 3/2/2019	120
M1 40-44	Tara C. Helenthal Hamilton, IL 3/7/2015	80	Tara C. Helenthal Hamilton, IL 3/7/2015	55	Tara C. Helenthal Hamilton, IL 11/7/2015	122.5
M2 45-49						
M3 50-54	Dawn Piper Macomb, IL 7/10/2021	65	Dawn Piper Macomb, IL 7/10/2021	45	Dawn Piper Macomb, IL 7/10/2021	105
M4 55-59	Mary E. Flanagan Colchester, IL 3/4/2017	70	Suzanne Litchfield Macomb, IL 3/5/2023	40	Mary E. Flanagan Colchester, IL 3/4/2017	105
M5 60-64						
M6 65-69						

M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 80 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17	Lauren McClure Macomb, IL 4/17/2021	110	Lauren McClure Macomb, IL 7/10/2021	57.5	Lauren McClure Macomb, IL 4/17/2021	148
T3 18-19	Lauren McClure Macomb, IL 3/5/2023	127.5	Lauren McClure Macomb, IL 5/7/2022	57.5	Lauren McClure Macomb, IL 3/5/2023	150
Junior 20-23	Lauren McClure Macomb, IL 4/6/2024	125.5	Lauren McClure Macomb, IL 4/6/2024	57.5	Lauren McClure Macomb, IL 1/13/2024	152.5
M1 40-44	Tanya Schmidt Macomb, IL 4/6/2024	95	Tanya Schmidt Macomb, IL 4/6/2024	60	Tanya Schmidt Macomb, IL 4/6/2024	112.5
M2						

M2 45-49						
M3 50-54						
M4 55-59	Phyllis McLouth Bushnell, IL 4/6/2024	86	Phyllis McLouth Bushnell, IL 4/6/2024	55	Mary E. Flanagan Colchester, IL 8/20/2016	117.5
M5 60-64						
M6 65-69					Jean Wolf Macomb, IL 9/17/2022	65
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 90 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Charla J. Wrenn Good Hope, IL 3/4/2017	70	Charla J. Wrenn Good Hope, IL 3/4/2017	62.5	Charla J. Wrenn Good Hope, IL 3/5/2016	107.5
T1						

14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
M1			Charla J. Wrenn Good Hope, IL 2/9/2013	52.5	Charla J. Wrenn Good Hope, IL 2/9/2013	100
M2	Charla J. Wrenn Good Hope, IL 3/4/2017	70	Charla J. Wrenn Good Hope, IL 3/4/2017	62.5	Charla J. Wrenn Good Hope, IL 3/5/2016	107.5
40-44						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						

M10						
85-89						

Women 110 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Evie Delgado Quincy, IL 5/7/2022	100			Evie Delgado Quincy, IL 5/7/2022	147.5
T1 14-15	Keri DeVolder Macomb, IL 3/4/2017	87.5				
T2 16-17	Evie Delgado Quincy, IL 5/7/2022	100			Evie Delgado Quincy, IL 5/7/2022	147.5
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49	Charla Wrenn Good Hope, IL 8/20/2016	45			Charla Wrenn Good Hope, IL 8/20/2016	92.5
M3 50-54						
M4 55-59						
M5						

60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 110+ kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Keri DeVolder Macomb, IL 6/7/2019	111	Keri DeVolder Macomb, IL 6/8/2019	75	Keri DeVolder Macomb, IL 3/17/2018	135
T1 14-15						
T2 16-17	Keri DeVolder Macomb, IL 3/17/2018	107.5	Keri DeVolder Macomb, IL 3/17/2018	70	Keri DeVolder Macomb, IL 3/17/2018	135
T3 18-19	Keri DeVolder Macomb, IL 6/7/2019	111	Keri DeVolder Macomb, IL 6/8/2019	75	Keri DeVolder Macomb, IL 6/9/2019	130
Junior 20-23			Keri DeVolder Macomb, IL 3/5/2023	75		
M1						

M1 40-44						
M2 45-49						
M3 50-54			Charla Wrenn Good Hope, IL 4/17/2021	70	Charla Wrenn Good Hope, IL 4/17/2021	110
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Police/Military/Fire Unequipped						
Weight	Squat		Bench Press		Deadlift	
90			Cathy Lynn Martin Quincy, IL	77.5		



Single Event Equipped Illinois Records

Updated 8/21/2025

New Record

Women 44 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open	Judith M. Gedney Macomb, IL 10/20/2006	87.5			Judith M. Gedney Macomb, IL 10/22/2006	113
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6	Judith M. Gedney Macomb, IL	87.5			Judith M. Gedney Macomb, IL	113

65-69	10/20/2006				10/22/2006	
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 47.5 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open	Judith M. Gedney Macomb, IL 4/24/2010	97.5	Judith M. Gedney Macomb, IL 4/24/2010	56.5	Judith M. Gedney Macomb, IL 4/24/2010	116.5
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
M1						
40-44						

M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69	Judith M. Gedney Macomb, IL 4/24/2010	97.5	Judith M. Gedney Macomb, IL 4/24/2010	56.5	Judith M. Gedney Macomb, IL 4/24/2010	116.5
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 50.5 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1						

T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9						

80-84						
M10						
85-89						

Women 53.0 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						

M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 55.5 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior						

Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 58.5 kilograms Equipped			
Division	Squat	Bench Press	Deadlift

Open	Jessie Fansler Macomb, IL 11/2/2019	100				
T1 14-15						
T2 16-17						
T3 18-19	Jessie Fansler Macomb, IL 11/2/2019	100				
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						

M8 75-79						
M9 80-84						
M10 85-89						

Women 63 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3						

M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 70 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2						

16-17						
T3						
18-19						
Junior						
20-23						
M1						
40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 80 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6						

M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 90 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1						

40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 110 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1						

T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9						

80-84						
M10						
85-89						

Women 110+ kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5						

M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Police, Military, Fire Equipped						
Weight	Squat		Bench Press		Deadlift	
58.5						

Women 44 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 47.5 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	

Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 50.5 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2								

12 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 53.0 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior								

Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 55.5 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2								

WZ								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 58.5 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								

55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 63 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6								

M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 70 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8								

M9								
75-79								
M9								
80-84								
M10								
85-89								

Women 80 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								

W10							
85-89							

Women 90 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 110 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	

Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110+ kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2								

16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Police, Military, Fire Modern Raw								
Weight	Squat		Bench Press		Deadlift		Total	
58.5								