

Women 44 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								
T2 16-17								
T3 18-19	Cherish Anderson Mt Vernon, IN 12/9/2023	65	Cherish Anderson Mt Vernon, IN 12/9/2023	35	Cherish Anderson Mt Vernon, IN 8/5/2023	100	Cherish Anderson Mt Vernon, IN 12/9/2023	200
Junior 20-23								
Open	Judith Gedney MaComb, IL 2005	92.5	Judith Gedney MaComb, IL 11/12/2011	51	Judith Gedney MaComb, IL 11/13/2010	115	Judith Gedney MaComb, IL 2005	250
M1 40-44								
M2 45-49	Becky Steckler Evansville, IN 6/10/2006	30	Becky Steckler Evansville, IN 6/10/2006	32.5	Becky Steckler Evansville, IN 6/10/2006	72.5	Becky Steckler Evansville, IN 6/10/2006	135
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69	Judith Gedney MaComb, IL 2005	92.5	Judith Gedney MaComb, IL 2005	47.5	Judith Gedney MaComb, IL 11/22/2008	113.5	Judith Gedney MaComb, IL 2005	250
M7	Judith Gedney		Judith Gedney		Judith Gedney		Judith Gedney	

M8 70-74	MaComb, IL 11/13/2010	70	MaComb, IL 11/12/2011	51	MaComb, IL 11/13/2010	115	MaComb, IL 11/13/2010	232.5
M9 75-79								
M10 80-84								
M10 85-89								

Women 47.5 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Shyla Burke South Charleston, OH 3/22/2015	55	Shyla Burke South Charleston, OH 3/22/2015	32.5	Shyla Burke South Charleston, OH 3/22/2015	90	Shyla Burke South Charleston, OH 3/22/2015	180
T2 16-17								
T3 18-19								
Junior 20-23								
Open	Judith Gedney MaComb, IL 11/11/2006	85	Sarah Gray Evansville, IN 12/6/2014	57.5	Judith Gedney MaComb, IL 11/14/2009	113	Judith Gedney MaComb, IL 11/11/2006	242.5
M1 40-44								
M2 45-49								
M3	Kim Wathen Howell, MI	65	Kim Wathen Howell, MI	42.5	Kim Wathen Howell, MI	82.5	Kim Wathen Howell, MI	182.5

50-54	10/29/2016		9/24/2016		10/29/2016		10/29/2016	
M4								
55-59								
M5								
60-64								
M6	Judith Gedney MaComb, IL 11/11/2006	85	Judith Gedney MaComb, IL 11/14/2009	49	Judith Gedney MaComb, IL 11/14/2009	113	Judith Gedney MaComb, IL 11/11/2006	242.5
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 50.5 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1	Whitney Fuller MaComb, IL 12/10/2022	72.5	Whitney Fuller MaComb, IL 12/10/2022	37.5	Whitney Fuller MaComb, IL 12/10/2022	87.5	Whitney Fuller MaComb, IL 12/10/2022	197.5
14-15								
T2	Rachel Schwartz 11/6/2014	65	Rachel Schwartz 11/6/2014	45	Rachel Schwartz 11/6/2014	92.5	Rachel Schwartz 11/6/2014	202.5
16-17								
T3	Kathleen Barclay MaComb, IL 11/4/2006	92.5	Kathleen Barclay MaComb, IL 11/4/2006	52.5	Faith Wood Evansville, IN 7/27/2018	96	Kathleen Barclay MaComb, IL 11/4/2006	232.5
18-19								
Junior	Kathleen Barclay MaComb, IL 3/31/2007	87.5	Kathleen Barclay MaComb, IL 3/31/2007	50	Kathleen Barclay MaComb, IL 3/31/2007	90	Kathleen Barclay MaComb, IL 3/31/2007	227.5
20-23								

Open	Kathleen Barclay MaComb, IL 11/4/2006	92.5	Shellaine Frazier Columbia, MO 5/2/2015	66	Shellaine Frazier Columbia, MO 5/2/2015	111.5	Shellaine Frazier Columbia, MO 7/13/2013	235
M1 40-44	Shellaine Frazier Columbia, MO 7/13/2013	61	Shellaine Frazier Columbia, MO 5/12/2015	66	Shellaine Frazier Columbia, MO 5/2/2015	111.5	Shellaine Frazier Columbia, MO 7/13/2013	235
M2 45-49								
M3 50-54	Amy Fansler Macomb, IL 9/18/2021	57.5	Kerin Anderson Columbia, MO 11/6/2014	41	Amy Fansler Macomb, IL 9/18/2021	82.5	Amy Fansler Macomb, IL 9/18/2021	172.5
M4 55-59	Kerin Anderson Columbia, MO 11/7/2015	60	Kerin Anderson Columbia, MO 11/7/2015	47.5	Kerin Anderson Columbia, MO 11/7/2015	70	Kerin Anderson Columbia, MO 11/7/2015	177.5
M5 60-64	Jacqueline Miller Columbia, MO 7/13/2013	55	Linda LaFontaine Columbia, MO 1/23/2016	42.5	Linda LaFontaine Columbia, MO 1/23/2016	80	Linda LaFontaine Columbia, MO 1/23/2016	177.5
M6 65-69	Linda LaFontaine Columbia, MO 8/17/2019	65	Linda LaFontaine Columbia, MO 8/17/2019	50	Linda LaFontaine Columbia, MO 8/17/2019	100	Linda LaFontaine Columbia, MO 8/17/2019	215
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 53.0 kilograms Unequipped							
Division	Squat		Bench Press		Deadlift		Total
T1	Hannah Krause		Hannah Krause		Hannah Krause		Hannah Krause

' ' 14-15	Allegan, MI 10/16/2010	62.5	Allegan, MI 10/16/2010	37.5	Allegan, MI 10/16/2010	85	Allegan, MI 10/16/2010	185
T2 16-17	Jessica Fansler Macomb, IL 6/24/2017	77.5	Jessica Fansler Macomb, IL 11/4/2017	50	Jessica Fansler Macomb, IL 11/4/2017	105	Jessica Fansler Macomb, IL 11/4/2017	232.5
T3 18-19								
Junior 20-23	Kara Downing Macomb, IL 3/2/2019	100	Kara Downing Macomb, IL 3/2/2019	45	Kara Downing Macomb, IL 3/2/2019	107.5	Kara Downing Macomb, IL 3/2/2019	252.5
Open	Kara Downing Macomb, IL 3/2/2019	100	Shellaine Frazier Columbia, MO 6/24/2017	76	Shellaine Frazier Columbia, MO 6/24/2017	128	Shellaine Frazier Columbia, MO 6/24/2017	278
M1 40-44	Jennie Juhl Newburgh, IN 12/16/2019	92.5	Shellaine Frazier Columbia, MO 11/7/2015	73.5	Shellaine Frazier Columbia, MO 11/7/2015	123	Shellaine Frazier Columbia, MO 11/9/2013	267.5
M2 45-49	Shellaine Frazier Columbia, MO 6/24/2017	75	Shellaine Frazier Columbia, MO 6/24/2017	76	Shellaine Frazier Columbia, MO 6/24/2017	128	Shellaine Frazier Columbia, MO 6/24/2017	278
M3 50-54	Amy Milas Macomb, IL 8/16/2025	65	Alma Hopkins Columbia, MO 4/8/2017	47.5	Alma Hopkins Columbia, MO 4/8/2017	105	Alma Hopkins Columbia, MO 4/8/2017	226
M4 55-59	Pat Okker Columbia, MO 6/24/2017	75	Kerin Anderson Columbia, MO 12/3/2016	50	Pat Okker Columbia, MO 6/24/2017	110	Pat Okker Columbia, MO 6/24/2017	235
M5 60-64	Linda LaFontaine Columbia, MO 11/7/2015	45	Linda LaFontaine Columbia, MO 11/7/2015	40	Linda LaFontaine Columbia, MO 11/7/2015	75	Linda LaFontaine Columbia, MO 11/7/2015	160
M6 65-69	Linda LaFontaine Columbia, MO 11/4/2017	65	Linda LaFontaine Columbia, MO 11/4/2017	47.5	Linda LaFontaine Columbia, MO 11/4/2017	95	Linda LaFontaine Columbia, MO 11/4/2017	207.5
M7 70-74								
M8 75-79								
MQ								

80-84							
M10							
85-89							

Women 55.5 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Lena Angel Newburgh, IN 2/15/2025	72.5	Cheyenne McNutt South Vienna, OH 2/22/2014	42.5	Cheyenne McNutt South Vienna, OH 2/22/2014	107.5	Cheyenne McNutt South Vienna, OH 2/22/2014	217.5
T2 16-17	Mandy Cleveland Newburgh, IN 6/10/2006	80	Jesse Fansler Macomb, IL 8/18/2018	52.5	Jesse Fansler Macomb, IL 8/18/2018	110	Mandy Cleveland Newburgh, IN 6/10/2006	232.5
T3 18-19	Amanda Durrant Forest City, IA 10/12/2024	90	Whitney Piper MaComb, IL 11/2/2019	55	Whitney Piper MaComb, IL 11/2/2019	122.5	Whitney Piper MaComb, IL 11/2/2019	247.5
Junior 20-23	Madison Darrow Macomb, IL 10/21/2023	90	Juliet Fansler Macomb, IL 11/2/2024	68.5	Whitney Piper Macomb, IL 9/18/2021	145	Whitney Piper Macomb, IL 4/9/2022	277.5
Open	Carmella Mattingly Florissant, MO 7/13/2013	132.5	Carmella Mattingly Florissant, MO 7/13/2013	72.5	Whitney Piper Macomb, IL 9/18/2021	145	Carmella Mattingly Florissant, MO 7/13/2013	347.5
M1 40-44	Carmella Mattingly Florissant, MO 7/13/2013	132.5	Carmella Mattingly Florissant, MO 7/13/2013	72.5	Carmella Mattingly Florissant, MO 7/13/2013	142.5	Carmella Mattingly Florissant, MO 7/13/2013	347.5
M2 45-49	Shellaine Frazier Columbia, MO 7/28/2018	67.5	Shellaine Frazier Columbia, MO 6/11/2016	72.5	Shellaine Frazier Columbia, MO 6/11/2016	117.5	Shellaine Frazier Columbia, MO 6/11/2016	235
M3 50-54	Alma Hopkins Columbia, MO 4/8/2017	73.5	Pat Okker Columbia, MO 11/9/2013	56	Pat Okker Columbia, MO 4/27/2013	112.5	Pat Okker Columbia, MO 4/27/2013	230
M4 55-59	Pat Okker Columbia, MO 10/17/2015	70	Pat Okker Columbia, MO 10/17/2015	55.5	Pat Okker Columbia, MO 10/17/2015	100	Pat Okker Columbia, MO 10/17/2015	225.5
M5	Linda LaFontaine Columbia, MO	40	Linda LaFontaine Columbia, MO	40	Linda LaFontaine Columbia, MO	72.5	Linda LaFontaine Columbia, MO	150

60-64	7/13/2013		7/13/2013		1/13/2012		7/13/2013	
M6								
65-69								
M7	Anne Clark Columbia, MO 8/17/2019	27.5	Anne Clark Columbia, MO 8/17/2019	32.5	Anne Clark Columbia, MO 8/17/2019	70	Anne Clark Columbia, MO 8/17/2019	130
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 58.5 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1	Ashlyn Wal South Charleston, OH 2/22/2014	60	Bianca Baker Newburgh, IN 7/7/2007	50	Bianca Baker Newburgh, IN 7/7/2007	105	Bianca Baker Newburgh, IN 7/7/2007	215
14-15								
T2	Heidi Lowe Evansville, IN 11/2/2024	122.5	Heidi Lowe Evansville, IN 11/2/2024	63	Heidi Lowe Evansville, IN 11/2/2024	128	Heidi Lowe Evansville, IN 11/2/2024	312.5
16-17								
T3	Juliet Fansler Macomb, IL 8/5/2023	67.5	Juliet Fansler Macomb, IL 8/5/2023	55	Juliet Fansler Macomb, IL 8/5/2023	100	Juliet Fansler Macomb, IL 8/5/2023	222.5
18-19								
Junior	Antoinette Lane Macomb, IL 7/19/2014	101	Sophie Simmons Macomb, IL 10/2/2010	65	Antoinette Lane Macomb, IL 7/19/2014	140	Antoinette Lane Macomb, IL 7/19/2014	285
20-23								
Open	Carmella Mattingly Florissant, MO 2/7/2015	132.5	Cynthia Alog Skokie, IL 8/27/2011	67.5	Carmella Mattingly Florissant, MO 2/7/2015	147.5	Carmella Mattingly Florissant, MO 2/7/2015	345
M1	Carmella Mattingly Florissant, MO 2/7/2015	132.5	Carmella Mattingly Florissant, MO 2/7/2015	65	Carmella Mattingly Florissant, MO 2/7/2015	147.5	Carmella Mattingly Florissant, MO 2/7/2015	345
40-44								

M2 45-49	Heather Endres North Liberty, IN 11/4/2017	105	Heather Endres North Liberty, IN 11/4/2017	50	Heather Endres North Liberty, IN 11/4/2017	102.5	Heather Endres North Liberty, IN 11/4/2017	257.5
M3 50-54	Dawn Piper Macomb, IL 8/16/2025	72.5	Pat Okker Columbia, MO 7/19/2014	53.5	Alma Hopkins Columbia, MO 6/24/2017	112.5	Pat Okker Columbia, MO 7/19/2014	217.5
M4 55-59	Cheryl Kyle Columbia, MO 8/17/2019	85	Kim Morgan Columbia, MO 2/9/2013	60	Cheryl Kyle Columbia, MO 8/17/2019	128	Cheryl Kyle Columbia, MO 8/17/2019	265.5
M5 60-64	Kim Jones Columbia, MO 11/4/2017	88	Kim Jones Columbia, MO 8/20/2016	61	Kim Jones Columbia, MO 11/4/2017	115	Kim Jones Columbia, MO 11/4/2017	262.5
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 63 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Gabrielle Jones Muskegon, MI 11/4/2023	102.5	Claire Rittenhouse MaComb, IL 2/20/2010	60	Gabrielle Jones Muskegon, MI 11/4/2023	117.5	Gabrielle Jones Muskegon, MI 11/4/2023	272.5
T2 16-17	Heidi Lowe New Harmony, IN 2/15/2025	130	Heidi Lowe New Harmony, IN 2/15/2025	62.5	Heidi Lowe New Harmony, IN 2/15/2025	130	Heidi Lowe New Harmony, IN 2/15/2025	322.5
T3	Emily Burchett		Kenzie Wakefield		Kenzie Wakefield		Kenzie Wakefield	

18-19	Mayville, MO 6/26/2010	87.5	Evansville, IN 12/10/2022	55	Evansville, IN 12/10/2022	125	Evansville, IN 12/10/2022	265
Junior 20-23	Lauren Blessinger Evansville, IN 6/10/2006	105	Whitney Piper Macomb, IL 4/1/2023	62.5	Whitney Piper Macomb, IL 4/1/2023	140	Whitney Piper Macomb, IL 4/1/2023	277.5
Open	Heidi Lowe New Harmony, IN 2/15/2025	130	Koley Hockeborn Walker, MI 1/26/2008	95	Lisa Mangold Lakewood, WI 11/10/2007	147.5	Lisa Mangold Lakewood, WI 11/10/2007	340
M1 40-44	Lisa Mangold Lakewood, WI 11/22/2008	112.5	Lisa Mangold Lakewood, WI 11/22/2008	57.5	Lisa Mangold Lakewood, WI 11/22/2008	143	Lisa Mangold Lakewood, WI 11/22/2008	312.5
M2 45-49	Carol Burr Hersey, MI 2/25/2006	100	Koley Hockeborn Walker, MI 1/26/2008	95	Carol Burr Hersey, MI 2/25/2006	142.5	Carol Burr Hersey, MI 9/30/2006	315
M3 50-54	Dawn Piper Macomb, IL 7/13/2024	81.5	Cheryl Kyle Columbia, MO 4/8/2017	50	Dawn Piper Macomb, IL 12/10/2022	107.5	Cheryl Kyle Columbia, MO 11/4/2017	232.5
M4 55-59	Cheryl Kyle Columbia, MO 11/2/2019	87.5	Alice "Kim" Jones Columbia, MO 1/23/2016	57.5	Cheryl Kyle Columbia, MO 11/2/2019	130	Cheryl Kyle Columbia, MO 11/2/2019	272.5
M5 60-64	Deb Hasten St Louis, MO 9/1/2018	72.5	Deb Hasten St Louis, MO 9/1/2018	57.5	Deb Hasten St Louis, MO 9/1/2018	115	Deb Hasten St Louis, MO 9/1/2018	245
M6 65-69	Catherine Morrison Portland, ME 8/17/2019	75	Linda Burnett Macomb, IL 7/13/2024	52.5	Catherine Morrison Portland, ME 8/17/2019	117.5	Catherine Morrison Portland, ME 8/17/2019	237.5
M7 70-74								
M8 75-79								
M9 80-84	Josie Merrel Michigan 8/13/2005	15	Josie Merrel Michigan 8/13/2005	20	Josie Merrel Michigan 8/13/2005	35	Josie Merrel Michigan 8/13/2005	70
M10 85-89								

Women 70 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Esther Duncan Mexico, MO 11/4/2017	105.5	Esther Duncan Mexico, MO 11/4/2017	52.5	Esther Duncan Mexico, MO 11/4/2017	117.5	Esther Duncan Mexico, MO 11/4/2017	267.5
T2 16-17	Caitlyn Hay South Charleston, OH 2/22/2014	72.5	Taylor Manning Mechanicsburg, OH 2/22/2014	45	Taylor Manning Mechanicsburg, OH 3/22/2015	107.5	Taylor Manning Mechanicsburg, OH 3/22/2015	220
T3 18-19	Melissa Partridge Evansville, IN 2/26/2022	100	Cayla Long South Charleston, OH 2/22/2014	55	Cayla Long South Charleston, OH 2/22/2014	127.5	Melissa Partridge Evansville, IN 2/26/2022	282.5
Junior 20-23	Cady Homyen West Olive, MI 4/22/2017	122.5	Aleya Woodall Evansville, IN 12/10/2022	72.5	Aleya Woodall Evansville, IN 12/10/2022	155	Aleya Woodall Evansville, IN 12/10/2022	347.5
Open	Cady Homyen West Olive, MI 4/22/2017	122.5	Carol Burr Hersey, MI 9/13/2008	77.5	Carol Burr Hersey, MI 1/26/2008	165	Carol Burr Hersey, MI 9/13/2008	347.5
M1 40-44	Lisa Mangold Lakewood, WI 10/18/2008	115	Lisa Mangold Lakewood, WI 10/18/2008	62.5	Lisa Mangold Lakewood, WI 10/18/2008	135	Lisa Mangold Lakewood, WI 10/18/2008	312.5
M2 45-49	Carol Burr Hersey, MI 8/11/2007	115	Carol Burr Hersey, MI 3/3/2007	75	Carol Burr Hersey, MI 1/26/2008	165	Carol Burr Hersey, MI 1/26/2008	345
M3 50-54	Carol Burr Hersey, MI 9/13/2008	105	Carol Burr Hersey, MI 9/13/2008	77.5	Carol Burr Hersey, MI 9/13/2008	165	Carol Burr Hersey, MI 9/13/2008	347.5
M4 55-59	Susan Sanaghan Michigan City, IN 4/21/2012	102.5	Carol Burr Hersey, MI 8/12/2017	65	Cheryl Kyle Columbia, MO 10/10/2020	132.5	Cheryl Kyle Columbia, MO 10/10/2020	287.5
M5 60-64	Kate Walker Ashland, MO 10/27/2012	82.5	Phyllis McLouth Bushnel, IL 11/2/2024	62.5	Phyllis McLouth Bushnel, IL 11/2/2024	115	Phyllis McLouth Bushnel, IL 11/2/2024	260
M6 65-69	Kate Walker Ashland, MO 10/17/2015	73.5	Kate Walker Ashland, MO 10/17/2015	47.5	Kate Walker Ashland, MO 10/17/2015	105	Kate Walker Ashland, MO 10/17/2015	225
M7	Kate Walker Ashland, MO	60	Kate Walker Ashland, MO	40	Kate Walker Ashland, MO	85	Kate Walker Ashland, MO	185

70-74	8/17/2019		8/17/2019		8/17/2019		8/17/2019	
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 80 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Paris Sutton Evansville, IN 11/23/2008	82.5	Paris Sutton Evansville, IN 11/23/2008	42.5	Paris Sutton Evansville, IN 11/23/2008	92.5	Paris Sutton Evansville, IN 11/23/2008	217.5
T2 16-17	Lauren McClure Macomb, IL 10/9/2020	90	Marissa Remmeter Springfield, OH 2/22/2014	57.5	Marissa Remmeter Springfield, OH 2/22/2014	142.5	Marissa Remmeter Springfield, OH 2/22/2014	282.5
T3 18-19	Lauren McClure Macomb, IL 8/5/2023	125	Gina Ziebell Evansville, IN 2/26/2022	65	Lauren McClure Macomb, IL 8/5/2023	150	Lauren McClure Macomb, IL 8/5/2023	332.5
Junior 20-23	Lauren McClure Macom, IL 7/13/2024	130	Mylan Hutcherson Columbia, MO 2/15/2014	67.5	Toni Johnson Muskegon, MI 6/23/2018	167.5	Cady Homyen West Olive, MI 9/16/2017	347.5
Open	Kyle Reel Evansville, IN 7/27/2018	150	Kyle Reel Evansville, IN 7/27/2018	85	Kyle Reel Evansville, IN 7/27/2018	170	Kyle Reel Evansville, IN 7/27/2018	405
M1 40-44	Julie Krause Harrisburg, MO 9/1/2018	135	Julie Krause Harrisburg, MO 9/1/2018	72.5	Julie Krause Harrisburg, MO 9/1/2018	170	Julie Krause Harrisburg, MO 9/1/2018	380
M2 45-49	Amy Kivitt Evansville, IN 12/10/2022	100	Amy Kivitt Evansville, IN 12/10/2022	62.5	Amy Kivitt Evansville, IN 12/10/2022	142.5	Amy Kivitt Evansville, IN 12/10/2022	317.5
M3 50-54	Kimberly Lively Newburgh, IN 12/6/2014	112.5	Kimberly Lively Newburgh, IN 12/6/2014	40	Kimberly Lively Newburgh, IN 12/6/2014	110	Kimberly Lively Newburgh, IN 12/6/2014	220

M4 55-59	Sharri Margraves Bth, MI 3/16/2019	90	Carol Burr Hersey, MI 11/4/2017	70	Carol Burr Hersey, MI 11/4/2017	140	Carol Burr Hersey, MI 11/4/2017	290
M5 60-64	Beth Perrin Columbia, MO 8/17/2019	95	Bridget Bufford Columbia, MO 11/2/2019	66	Bridget Bufford Columbia, MO 11/2/2019	120	Beth Perrin Columbia, MO 8/17/2019	262.5
M6 65-69	Gail Ludwig Columbia, MO 5/2/2015	47.5	Gail Ludwig Columbia, MO 5/2/2015	46	Gail Ludwig Columbia, MO 5/2/2015	81	Gail Ludwig Columbia, MO 5/2/2015	172.5
M7 70-74	Myra Vebtus St Louis, MO 9/1/2018	37.5	Myra Vebtus St Louis, MO 9/1/2018	37.5	Myra Vebtus St Louis, MO 9/1/2018	70	Myra Vebtus St Louis, MO 9/1/2018	145
M8 75-79	Gretchen Page Muskegon, MI 8/25/2048	27.5	Gretchen Page Muskegon, MI 8/25/2048	25	Gretchen Page Muskegon, MI 8/25/2048	72.5	Gretchen Page Muskegon, MI 8/25/2048	125
M9 80-84								
M10 85-89								

Women 90 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Addalyn Fugate Evansville, IN 8/16/2025	97.5	Addalyn Fugate Evansville, IN 8/16/2025	50	Addalyn Fugate Evansville, IN 8/16/2025	107.5	Addalyn Fugate Evansville, IN 8/16/2025	255
T2 16-17	Madison Crawford Springfield, OH 3/22/2015	80	Haley Ballard Springfield, OH 2/22/2014	47.5	Madison Crawford Springfield, OH 3/22/2015	105.5	Madison Crawford Springfield, OH 3/22/2015	232.5
T3 18-19	Macy Decker Evansville, IN 2/26/2022	87.5	Macy Decker Evansville, IN 2/26/2022	52.5	Macy Decker Evansville, IN 2/26/2022	145	Macy Decker Evansville, IN 2/26/2022	285
Junior 20-23								
	Megan Kuno		Jasmine Todd		Jasmine Todd		Jasmine Todd	

Open	St Louis, MO 6/24/2017	140	Ypsilani, MI 11/22/2008	97.5	Ypsilani, MI 11/22/2008	182.5	Ypsilani, MI 11/22/2008	395
M1 40-44	Robin Rogan Evansville, IN 8/5/2023	120	Shannon Borgmann Troy, MO 5/2/2015	57.5	Robin Rogan Evansville, IN 7/13/2024	160	Robin Rogan Evansville, IN 7/13/2024	332.5
M2 45-49	Charla Wrenn Good Hope, IL 6/24/2017	70	Charla Wrenn Good Hope, IL 6/24/2017	60	Charla Wrenn Good Hope, IL 6/24/2017	107.5	Charla Wrenn Good Hope, IL 6/24/2017	237.5
M3 50-54	Beth Van Hove Columbia, MO 6/24/2017	93	Beth Van Hove Columbia, MO 12/3/2016	60	Beth Van Hove Columbia, MO 12/3/2016	105	Beth Van Hove Columbia, MO 6/24/2017	250.5
M4 55-59	Beth Van Hove Columbia, MO 3/2/2019	92.5	Rachel Brown Columbia, MO 10/17/2015	61	Rachel Brown Columbia, MO 10/17/2015	130	Beth Van Hove Columbia, MO 3/2/2019	277.5
M5 60-64	Rachel Brown Columbia, MO 8/17/2019	95	Rachel Brown Columbia, MO 11/4/2017	63	Rachel Brown Columbia, MO 8/17/2019	140	Rachel Brown Columbia, MO 11/4/2017	287.5
M6 65-69	Maggie Danley Columbia, MO 2/15/2014	45	Maggie Danley Columbia, MO 10/17/2015	45	Maggie Danley Columbia, MO 2/15/2014	85	Maggie Danley Columbia, MO 10/17/2015	175
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110 kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15								

T2 16-17								
T3 18-19	Corinna Myers Evansville, IN 12/9/2023	137.5	Corinna Myers Evansville, IN 12/9/2023	55	Corinna Myers Evansville, IN 12/9/2023	185	Corinna Myers Evansville, IN 12/9/2023	385
Junior 20-23	Corinna Myers Evansville, IN 11/2/2024	152.5	Corinna Myers Evansville, IN 7/13/2024	72.5	Corinna Myers Evansville, IN 7/13/2024	187.5	Corinna Myers Evansville, IN 7/13/2024	410
Open	Suzy Lopez Muskegon, MI 11/2/2024	142.5	Suzy Lopez Muskegon, MI 11/2/2024	85	Corinna Myers Evansville, IN 12/9/2023	185	Suzy Lopez Muskegon, MI 11/2/2024	402.5
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64	Sharri Margraves Bath, MI 11/2/2024	105	Sharri Margraves Bath, MI 11/2/2024	80	Sharri Margraves Bath, MI 11/2/2024	145	Sharri Margraves Bath, MI 11/2/2024	330
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								

M10								
85-89								

Women 110+ kilograms Unequipped								
Division	Squat		Bench Press		Deadlift		Total	
T1 14-15	Erica Jones Springfield, OH 3/22/2015	105	Erica Jones Springfield, OH 3/22/2015	60	Madison Crawford Springfield, OH 2/22/2014	137.5	Erica Jones Springfield, OH 3/22/2015	302.5
T2 16-17	Keri DeVolder Macomb, IL 8/18/2018	115	Keri DeVolder Macomb, IL 3/2/2019	70	Justine Lewis Macomb, IL 10/5/2024	145	Justine Lewis Macomb, IL 10/5/2024	322.5
T3 18-19	Corinna Myers Evansville, IN 10/21/2023	152.5	Keri DeVolder Macomb, IL 8/17/2019	70	Corinna Myers Evansville, IN 10/21/2023	192.5	Corinna Myers Evansville, IN 10/21/2023	415
Junior 20-23	Jenna Winsett Evansville, IN 9/18/2021	120	Ann Buren La Harpe, IL 7/8/2006	65	Jenna Winsett Evansville, IN 9/18/2021	130	Jenna Winsett Evansville, IN 9/18/2021	307.5
Open	Y'Deirdre Greene Bridgewater, MA 11/4/2017	181	Y'Deirdre Greene Bridgewater, MA 11/4/2017	117.5	Y'Deirdre Greene Bridgewater, MA 11/4/2017	207.5	Y'Deirdre Greene Bridgewater, MA 11/4/2017	505
M1 40-44	Jodey Reisz Santa Claus, IN 11/5/2016	137.5	Jodey Reisz Santa Claus, IN 11/5/2016	112.5	Jodey Reisz Santa Claus, IN 11/5/2016	185	Jodey Reisz Santa Claus, IN 11/5/2016	435
M2 45-49	Sara Ringbauer Columbia, MO 4/22/2017	130	Patricia Benson Muskegon, MI 6/11/2016	85	Sara Ringbauer Columbia, MO 11/4/2017	172.5	Sara Ringbauer Columbia, MO 11/4/2017	370
M3 50-54	Sharri Margraves Bath, MI 4/22/2017	115	Sharri Margraves Bath, MI 4/22/2017	77.5	Sharri Margraves Bath, MI 4/11/2015	160	Sharri Margraves Bath, MI 4/11/2015	345
M4 55-59	Sharri Margraves Bath, MI 11/4/2017	128	Sharri Margraves Bath, MI 11/4/2017	80.5	Sharri Margraves Bath, MI 11/4/2017	165	Sharri Margraves Bath, MI 11/4/2017	365
M5 60-64	Sharri Margraves Bath, MI 11/4/2023	80	Sharri Margraves Bath, MI 11/4/2023	72.5	Mary Rapert Columbia, MO 7/19/2014	127.5	Sharri Margraves Bath, MI 11/4/2023	267.5
M6								

65-69								
M7 70-74								
M8 75-79								
M9 80-84	Dorris Meadows Michigan 8/13/2005	45	Dorris Meadows Michigan 8/13/2005	32.5	Dorris Meadows Michigan 8/13/2005	75	Dorris Meadows Michigan 8/13/2005	152.5
M10 85-89								

Police, Military, Fire Unequipped								
Weight	Squat		Bench Press		Deadlift		Total	
58.5	Laura Waller Lake in the Hills, IL 3/31/2007	90	Laura Waller Lake in the Hills, IL 3/31/2007	47.5	Laura Waller Lake in the Hills, IL 8/11/2007	97.5	Laura Waller Lake in the Hills, IL 3/31/2007	232.5

Full Power Equipped American Records Updated 8/24/2024

Women 44 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Judith Gedney MaComb, IL 11/23/2008	103.5	Judith Gedney MaComb, IL 11/2007	53	Judith Gedney MaComb, IL 2008	117.5	Judith Gedney MaComb, IL 11/2007	275
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6	Judith Gedney		Judith Gedney		Judith Gedney		Judith Gedney	

M6 65-69	MaComb, IL 11/23/2008	103.5	MaComb, IL 11/2007	53	MaComb, IL 2008	117.5	MaComb, IL 11/2007	275
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 47.5 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Judith Gedney MaComb, IL 11/12/2006	107.5	Judith Gedney MaComb, IL 4/24/2010	56.5	Judith Gedney MaComb, IL 11/15/2009	120.5	Judith Gedney MaComb, IL 11/12/2006	275
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1								

40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6	Judith Gedney MaComb, IL 11/12/2006	107.5	Judith Gedney MaComb, IL 4/24/2010	56.5	Judith Gedney MaComb, IL 11/15/2009	120.5	Judith Gedney MaComb, IL 11/12/2006	275
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 50.5 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Judith Gedney MaComb, IL 2003	107.5	Judith Gedney MaComb, IL 2003	50	Judith Gedney MaComb, IL 2003	120	Judith Gedney MaComb, IL 2003	277.5

T1 14-15	Alexa Boling DeGraff, OH 12/11/2010	65	Alexa Boling DeGraff, OH 12/11/2010	32.5	Alexa Boling DeGraff, OH 12/11/2010	77.5	Alexa Boling DeGraff, OH 12/11/2010	175
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49	Angela Hardy Misawake, MI 10/16/2010	57.5	Angela Hardy Misawake, MI 10/16/2010	40	Angela Hardy Misawake, MI 10/16/2010	92.5	Angela Hardy Misawake, MI 10/16/2010	190
M3 50-54								
M4 55-59								
M5 60-64	Judith Gedney MaComb, IL 2003	107.5	Judith Gedney MaComb, IL 2003	50	Judith Gedney MaComb, IL 2003	120	Judith Gedney MaComb, IL 2003	277.5
M6 65-69								
M7 70-74								
M8 75-79								
MA								

M9								
80-84								
M10								
85-89								

Women 53.0 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Taylor Stevens DeGraff, OH 10/28/2012	105	Taylor Stevens DeGraff, OH 10/28/2012	47.5	Taylor Stevens DeGraff, OH 10/28/2012	105	Taylor Stevens DeGraff, OH 10/28/2012	257.5
T1 14-15	Taylor Stevens DeGraff, OH 10/28/2012	105	Taylor Stevens DeGraff, OH 10/28/2012	47.5	Taylor Stevens DeGraff, OH 10/28/2012	105	Taylor Stevens DeGraff, OH 10/28/2012	257.5
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4								

55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 55.5 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								

Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 58.5 kilograms Equipped

Division	Squat		Bench Press		Deadlift		Total	
Open	Taylor Anderson Quincy, OH 12/11/2010	60	Taylor Anderson Quincy, OH 12/11/2010	27.5	Taylor Anderson Quincy, OH 12/11/2010	82.5	Taylor Anderson Quincy, OH 12/11/2010	170
T1 14-15	Taylor Anderson Quincy, OH 12/11/2010	60	Taylor Anderson Quincy, OH 12/11/2010	27.5	Taylor Anderson Quincy, OH 12/11/2010	82.5	Taylor Anderson Quincy, OH 12/11/2010	170
T2 16-17								
T3 18-19								
Junior 20-23	Jess Fansler Macomb, IL 9/18/2021	100	Jess Fansler Macomb, IL 9/18/2021	70	Jess Fansler Macomb, IL 9/18/2021	70	Jess Fansler Macomb, IL 9/18/2021	240
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7								

70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 63 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Lisa Mangold Lakewood, WI 8/11/2007	140	Lisa Mangold Lakewood, WI 8/11/2007	67.5	Lisa Mangold Lakewood, WI 8/11/2007	142.5	Lisa Mangold Lakewood, WI 8/11/2007	350
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1	Lisa Mangold Lakewood, WI 7/16/2011	115	Lisa Mangold Lakewood, WI 7/16/2011	57.5	Lisa Mangold Lakewood, WI 7/16/2011	137.5	Lisa Mangold Lakewood, WI 7/16/2011	310
40-44								
M2								
45-49								

M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 70 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Lisa Mangold Lakewood, WI 3/31/2007	132.5	Amber Holland Whitehall, MI 1/20/2007	90	Karen Veltema Hudsonville, MI 2/25/2006	192.5	Lisa Mangold Lakewood, WI 3/31/2007	335
T1 14-15								
T2	Amber Holland		Amber Holland		Amber Holland		Amber Holland	

T2 16-17	Whitehall, MI 1/20/2007	102.5	Whitehall, MI 1/20/2007	90	Whitehall, MI 1/20/2007	125	Whitehall, MI 1/20/2007	317.5
T3 18-19	Dana Bell Bellfontaine, OH 10/28/2012	140	Dana Bell Bellfontaine, OH 10/28/2012	57.5	Dana Bell Bellfontaine, OH 10/28/2012	120	Dana Bell Bellfontaine, OH 10/28/2012	317.5
Junior 20-23	Cheritha Schaffer Quincy, OH 10/28/2012	97.5	Cheritha Schaffer Quincy, OH 10/28/2012	55	Cheritha Schaffer Quincy, OH 10/28/2012	127.5	Cheritha Schaffer Quincy, OH 10/28/2012	280
M1 40-44	Lisa Mangold Lakewood, WI 11/23/2008	130	Lisa Mangold Lakewood, WI 11/23/2008	62.5	Karen Veltema Hudsonville, MI 2/25/2006	192.5	Lisa Mangold Lakewood, WI 11/23/2008	327.5
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10								

85-89							
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Women 80 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Maddie Herr Indianapolis, IN 4/8/2017	135	Jennifer Frankic Evansville, IN 5/2/2015	70	Maddie Herr Indianapolis, IN 4/8/2017	145	Maddie Herr Indianapolis, IN 4/8/2017	350
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59	Carolyn Beck Evansville, IN 10/10/2020	92.5	Carolyn Beck Evansville, IN 10/10/2020	65	Carolyn Beck Evansville, IN 10/10/2020	107.5	Carolyn Beck Evansville, IN 10/10/2020	265
M5 60-64								

M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 90 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Erin Krisher DeGraff, OH 12/12/2009	92.5	Erin Krisher DeGraff, OH 12/12/2009	40	Judy Naeger Columbia, MO 5/2/2015	130	Erin Krisher DeGraff, OH 12/12/2009	235
T1 14-15	Erin Krisher DeGraff, OH 12/12/2009	92.5	Erin Krisher DeGraff, OH 12/12/2009	40	Erin Krisher DeGraff, OH 12/12/2009	102.5	Erin Krisher DeGraff, OH 12/12/2009	235
T2 16-17								
T3 18-19								
Junior 20-23	Tegan Henne Evansville, IN 12/10/2022	157.5	Tegan Henne Evansville, IN 12/10/2022	77.5	Tegan Henne Evansville, IN 12/10/2022	165	Tegan Henne Evansville, IN 12/10/2022	400
M1								

M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59	Judy Nager Columbia, MO 5/2/2015	25	Judy Nager Columbia, MO 5/2/2015	40	Judy Nager Columbia, MO 5/2/2015	130	Judy Nager Columbia, MO 5/2/2015	195
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110 kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Sharri Margraves Bath, MI 8/24/2024	75	Sharri Margraves Bath, MI 8/24/2024	80	Sharri Margraves Bath, MI 8/24/2024	137.5	Sharri Margraves Bath, MI 8/24/2024	287.5

T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64	Sharri Margraves Bath, MI 8/24/2024	75	Sharri Margraves Bath, MI 8/24/2024	80	Sharri Margraves Bath, MI 8/24/2024	137.5	Sharri Margraves Bath, MI 8/24/2024	287.5
M6 65-69								
M7 70-74								
M8 75-79								
MA								

80-84								
M10								
85-89								

Women 110+ kilograms Equipped								
Division	Squat		Bench Press		Deadlift		Total	
Open	Kami Gibson Evansville, IN 11/5/2016	137.5	Amelia Carter Quincy, OH 12/12/2009	60	Kami Gibson Evansville, IN 11/5/2016	142.5	Kami Gibson Evansville, IN 11/5/2016	337.5
T1 14-15								
T2 16-17	Amelia Carter Quincy, OH 12/12/2009	127.5	Amelia Carter Quincy, OH 12/12/2009	60	Lauren Travis Holland, MI 4/22/2017	142.5	Amelia Carter Quincy, OH 12/12/2009	327.5
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								

M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Police, Military, Fire Equipped								
Weight	Squat		Bench Press		Deadlift		Total	
58.5								

Single Event Unequipped American Records Updated 4/13/2025

Women 44 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Judith Gedney MaComb, IL 10/20/2009	90	Judith Gedney MaComb, IL 6/25/2011	50.5	Judith Gedney MaComb, IL 10/22/2008	117.5
T1 14-15						
T2 16-17						
T3 18-19	Cherish Anderson Mt Vernon, IN 12/9/2023	60	Cherish Anderson Mt Vernon, IN 12/9/2023	35	Cherish Anderson Mt Vernon, IN 12/9/2023	100
Junior 20-23	Tenille Sword Ottumwa, IA 12/5/2009	37.5	Tenille Sword Ottumwa, IA 12/5/2009	32.5		
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6	Judith Gedney		Judith Gedney		Judith Gedney	

M6 65-69	MaComb, IL 10/20/2006	87.5	MaComb, IL 2007	45	MaComb, IL 10/22/2008	117.5
M7 70-74	Judith Gedney MaComb, IL 6/24/2011	75	Judith Gedney MaComb, IL 6/25/2011	50.5	Judith Gedney MaComb, IL 6/26/2011	112.5
M8 75-79						
M9 80-84						
M10 85-89						

Women 47.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Judith Gedney MaComb, IL 9/11/2009	86	Sarah Gray Evansville, IN 5/2/2015	60	Judith Gedney MaComb, IL 9/13/2009	113
T1 14-15			Shyla Burke South Charleston, OH 2/22/2014	32.5	Shyla Burke South Charleston, OH 2/22/2014	77.5
T2 16-17					Ashley Hughes Quincy, OH 12/11/2010	57.5
T3 18-19						
Junior 20-23						
M1						

40-44						
M2 45-49						
M3 50-54			Kimberly Wathan Howell, MI 3/4/2017	40		
M4 55-59	Kimberly Wathan Howell, MI 3/17/2018	60			Kimberly Wathan Howell, MI 3/17/2018	87.5
M5 60-64						
M6 65-69	Judith Gedney MaComb, IL 9/11/2009	86	Judith Gedney MaComb, IL 9/12/2009	51	Judith Gedney MaComb, IL 9/13/2009	113
M7 70-74						
M8 75-79						
M9 80-84						
M10						

85-89						
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Women 50.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Jaqueline Miller Columbia, MO 3/7/2015	61	Shellaine Frazier Columbia, MO 7/25/2015	70	Shellaine Frazier Columbia, MO 7/25/2015	110
T1 14-15						
T2 16-17						
T3 18-19			Faith Wood Evansville, IN 7/4/2018	32.5	Faith Wood Evansville, IN 7/4/2018	90
Junior 20-23						
M1 40-44			Shellaine Frazier Columbia, MO 7/25/2015	70	Shellaine Frazier Columbia, MO 7/25/2015	110
M2 45-49			Amy Fansler Macomb, IL 10/9/2020	30	Amy Fansler Macomb, IL 10/9/2020	70
M3 50-54	Amy Fansler-Midas Macomb, IL 4/17/2021	50	Amy Fansler-Midas Macomb, IL 4/17/2021	37.5	Rachel Steele Kingston, MA 4/14/2007	90.5
M4 55-59	Kerin Anderson Columbia, MO 6/6/2016	58.5	Kerin Anderson Columbia, MO 6/7/2016	53	Kerin Anderson Columbia, MO 5/7/2016	75
M5 60-64			Jackie Miller Columbia, MO 1/12/2013	35	Jackie Miller Columbia, MO 1/12/2013	72.5

M6 65-69	Jackie Miller Columbia, MO 3/7/2015	61	Linda LaFontaine Columbia, MO 5/7/2016	45	Linda LaFontaine Columbia, MO 5/7/2016	92.5
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 53.0 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Kara Downing Macomb, IL 6/7/2019	102.5	Shellaine Frazier Columbia, MO 12/3/2016	75	Shellaine Frazier Columbia, MO 10/20/2016	127.5
T1 14-15						
T2 16-17			Jesse Fansler Mcomb, IL 3/17/2018	52.5	Jesse Fansler Mcomb, IL 3/17/2018	105.5
T3 18-19						
Junior 20-23	Kara Downing Macomb, IL 6/7/2019	102.5	Kara Downing Macomb, IL 6/8/2019	47.5	Kara Downing Macomb, IL 6/8/2019	115
M1	Jennie Juhl		Shellaine Frazier		Shellaine Frazier	

M1 40-44	Newburgh, IN 12/16/2019	92.5	Columbia, MO 2/9/2013	73.5	Columbia, MO 10/17/2015	123
M2 45-49	Shaellaine Frazier Columbia, MO 4/22/2017	70	Shellaine Frazier Columbia, MO 6/8/2019	76.5	Shellaine Frazier Columbia, MO 8/20/2016	127.5
M3 50-54	Pat Okker Columbia, MO 3/8/2014	65	Pat Okker Columbia, MO 3/8/2014	50	Pat Okker Columbia, MO 3/8/2014	92.5
M4 55-59	Kerin Anderson Columbia, MO 12/3/2016	62.5	Lisa Harris Newburgh, IN 12/16/2019	57.5	Lisa Harris Newburgh, IN 12/16/2019	107.5
M5 60-64						
M6 65-69	Linda LaFontaine Columbia, MO 3/18/2018	65	Linda LaFontaine Columbia, MO 3/17/2018	51	Linda LaFontaine Columbia, MO 6/8/2016	97
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 55.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Toni Lane MaComb, IL	105	Shellaine Frazier Columbia, MO	72.5	Toni Lane MaComb, IL	145

	3/7/2015		11/10/2012		3/7/2015	
T1 14-15	Lena Angel Newburgh, IN 2/15/2025	72.5	Cheyenne McNutt South Vienna, OH 2/22/2014	42.5	Cheyenne McNutt South Vienna, OH 2/22/2014	107.5
T2 16-17	Leni Wuensch Macomb, IL 3/4/2023	85	Whitney Piper Macomb, IL 3/17/2018	45	Whitney Piper Macomb, IL 3/17/2018	95
T3 18-19			Juliet Fansler Macomb, IL 3/4/2023	60	Whitney Piper Macomb, IL 6/9/2019	125
Junior 20-23	Toni Lane Macomb, IL 3/7/2015	105	Juliet Fansler Macomb, IL 1/13/2024	65	Toni Lane Macomb, IL 3/7/2015	145
M1 40-44	Lauren Poulin Whitman, MA 4/17/2021	80	Shellaine Frazier Columbia, MO 10/17/2015	72.5	Lauren Poulin Whitman, MA 4/17/2021	120
M2 45-49	Shellaine Frazier Columbia, MO 3/17/2018	70	Shellaine Frazier Columbia, MO 3/17/2018	70.5	Shellaine Frazier Columbia, MO 3/17/2018	121
M3 50-54	Alma Hopkins Columbia, MO 4/8/2017	73.5	Pat Okker Columbia, MO 11/9/2013	56	Pat Okker Columbia, MO 4/27/2013	112.5
M4 55-59	Pat Okker Columbia, MO 10/17/2015	70	Pat Okker Columbia, MO 10/17/2015	55.5	Pat Okker Columbia, MO 10/17/2015	100
M5 60-64	Linda LaFontaine Columbia, MO 4/27/2013	42.5	Linda LaFontaine Columbia, MO 4/27/2013	41	Linda LaFontaine Columbia, MO 11/10/2012	70
M6 65-69			Patricia Kueneker St. Louis, MO 2/15/2014	35	Anne Clark Columbia, MO 3/2/2019	72.5
M7 70-74			Anne Clark Columbia, MO 6/8/2019	35	Anne Clark Columbia, MO 6/8/2019	75.5
M8 75-79						

M9 80-84						
M10 85-89						

Women 58.5 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Heidi Lowe New Harmony, IN 4/6/2024	110	Koley Hockeborn Walker, MI 1/26/2008	95	Whitney Piper Macomb, IL 3/4/2023	150
T1 14-15	Heidi Lowe New Harmony, IN 4/6/2024	110	Heidi Lowe New Harmony, IN 4/6/2024	52.5	Heidi Lowe New Harmony, IN 4/6/2024	115
T2 16-17	Kim Jones Columbia, MO 5/7/2016	86	Jasmine Mendez Grand Rapids, MI 3/3/2007	57.5	Deidre Connolly Cambridge, MA 2/22/2014	142.5
T3 18-19	Lillian Lambert Macomb, IL 3/4/2023	62.5	Whitney Piper Macomb, IL 11/2/2019	55	Amanda Durrant Forest City, IA 3/23/2024	110
Junior 20-23	Sophie Simmons Macomb, IL 2/202/10	80	Jessica Fansler Macomb, IL 4/17/2021	62.5	Whitney Piper Macomb, IL 3/4/2023	150
M1 40-44	Heather Endres North Liberty, IN 4/11/2015	95	Heather Endres North Liberty, IN 4/11/2015	45	Heather Endres North Liberty, IN 4/22/2017	97.5
M2 45-49	Heather Endres North Liberty, IN 9/16/2017	102.5	Koley Hockeborn Walker, MI 1/26/2008	95	Heather Endres North Liberty, IN 9/16/2017	100
M3 50-54			Pat Okker Columbia, MO 11/10/2012	50	Pat Okker Columbia, MO 11/10/2012	97.5
M4	Kim Jones		Kim Jones		Kim Morgan	

M5 55-59	Columbia, MO 6/6/2016	86.5	Columbia, MO 6/7/2016	60.5	Columbia, MO 4/27/2013	107.5
M5 60-64	Kim Morgan-Jones Columbia, MO 3/17/2018	91	Kim Morgan-Jones Columbia, MO 3/17/2018	57.5	Kim Morgan-Jones Columbia, MO 3/17/2018	119
M6 65-69			Sandra James Grand Junction, MI 4/22/2017	40	Patricia Kueneke St. Louis, MO 2/15/2014	75
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 63 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Adriana Garcia Martin Macomb, IL 3/4/2023	127.5	Koley Hockeborn Walker, MI 10/16/2010	105	Amanda Smith Evansville, IN 4/25/2015	150
T1 14-15	Claire Rittenhouse MaComb, IL 3/6/2010	90	Claire Rittenhouse MaComb, IL 2/20/2010	65	Claire Rittenhouse MaComb, IL 2/20/2010	97.5
T2 16-17	Heidi Lowe New Harmony, IN 2/15/2025	130	Heidi Lowe New Harmony, IN 2/15/2025	62.5	Alicia Doyle Croswell, MI 3/5/2011	130
T3	Haley Shake Macomb, IL	86	Haley Shake Macomb, IL	47.5		

18-19	4/6/2024		4/6/2024			
Junior 20-23	Adriana Garcia Martin Macomb, IL 3/4/2023	127.5	Samantha Pauli Evansville, IN 4/17/2021	62.5	Adriana Garcia Martin Macomb, IL 3/4/2023	140
M1 40-44	Molly Angel Newburgh, IN 4/5/2025	67.5	Rene Kerkstra Grand Rapids, MI 3/3/2007	52.5	Ann Marie Orr Ada, MI 8/14/2010	112.5
M2 45-49	Dawn Piper Macomb, IL 3/4/2023	77.5	Koley Hockeborn Walker, MI 9/13/2008	100	Koley Hockeborn Walker, MI 8/15/2009	120
M3 50-54	Koley Hockeborn Walker, MI 6/24/2011	100	Koley Hockeborn Walker, MI 10/16/2010	105	Cheryl Kyle Columbia, MO 3/17/2018	115
M4 55-59	Cheryl Kyle Columbia, MO 11/2/2019	87.5	Cheryl Kyle Columbia, MO 3/16/2019	55	Cheryl Kyle Columbia, MO 11/2/2019	130
M5 60-64	Sandy Falloon Columbia, MO 10/17/2015	43	Anne Clark Columbia, MO 11/9/2013	35	Sandy Falloon Columbia, MO 10/17/2015	81
M6 65-69	Catherine Morrison Portland, ME 3/16/2019	75	Catherine Morrison Portland, ME 3/16/2019	52.5	Catherine Morrison Portland, ME 6/9/2019	120
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 70 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Lisa Mangold Lakewood, WI 10/4/2008	117.5	Katie Oursler Macomb, IL 4/17/2021	70	Marian Bosma Hesperia, MI 6/26/2011	172.5
T1 14-15			Ashton Woodell Bellfontaine, OH 2/22/2014	42.5	Ashton Woodell Bellfontaine, OH 2/22/2014	105
T2 16-17	Carla Newman Springfiled, OH 6/24/2011	82.5	Marian Bosma Hesperia, MI 10/16/2010	75	Marian Bosma Hesperia, MI 10/16/2010	160
T3 18-19	Melissa Partrige Evansville, IN 2/26/2022	100	Marian Bosma Hesperia, MI 6/25/2011	80	Marian Bosma Hesperia, MI 6/26/2011	172.5
Junior 20-23			Marian Bosma Hesperia, MI 3/9/2013	80	Sarah Sawayanagi Columbia, MO 12/3/2016	175
M1 40-44	Lisa Mangold Lakewood, WI 10/4/2008	117.5	Lisa Mangold Lakewood, WI 10/4/2008	62.5	Lisa Mangold Lakewood, WI 10/4/2008	140
M2 45-49	Angela Holloway Columbia, MO 12/3/2016	57.5	Angela Holloway Columbia, MO 12/3/2016	42.5	Angela Holloway Columbia, MO 12/3/2016	90
M3 50-54	Carol Burr Hersey, MI 3/14/2009	105	Carol Burr Hersey, MI 3/14/2009	77.5	Carol Burr Hersey, MI 6/26/2011	167.5
M4 55-59	Susan Sanaghan Michigan City, IN 4/21/2012	102.5	Carol Burr Hersey, MI 7/16/2016	67.5	Carol Burr Hersey, MI 7/16/2016	140
M5 60-64	Kate Walker Ashland, MO 6/24/2011	77.5	Carolyn Beck Evansville, IN 2/15/2025	65	Kate Walker Ashland, MO 6/26/2011	112.5
M6 65-69	Kate Walker Columbia, MO 10/17/2015	73.5	Catherine Morrison Portland, ME 4/17/2021	50.5	Catherine Morrison Portland, ME 4/17/2021	120

M7 70-74			Kate Walker Columbia, MO 6/8/2019	42.5	Kate Walker Columbia, MO 4/17/2021	98
M8 75-79						
M9 80-84						
M10 85-89						

Women 80 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Kyle Reel Evansville, IN 6/7/2019	161	Kyle Reel Evansville, IN 6/8/2019	100	Kyle Reed Evansville, IN 9/8/2018	170
T1 14-15						
T2 16-17	Lauren McClure Macomb, IL 4/17/2021	110	Kateri Stachowicz Whitehall, MI 3/5/2011	75	Lauren McClure Macomb, IL 4/17/2021	148
T3 18-19	Lauren McClure Macomb, IL 3/4/2023	127.5	Emma DeBoer Holland, MI 9/16/2017	79.38	Lauren McClure Macomb, IL 3/4/2023	150
Junior 20-23	Lauren McClure Macomb, IL 4/6/2024	125.5	McKenzie Kidd Roscoe, IL 3/23/2024	62.5	Toni Johnson Muskegon, MI 6/23/2018	167.5
M1 40-44	Tanya Schmidt Macomb, IL 4/6/2024	95	Tanya Schmidt Macomb, IL 4/6/2024	57.5	Tracy Milarsky Columbia, MO 12/3/2016	117.5
M2	Delsie Bonaparte		Delsie Bonaparte		Delsie Bonaparte	

M2 45-49	Columbia, MO 12/3/2016	82.5	Columbia, MO 3/4/2017	45	Columbia, MO 7/15/2017	95
M3 50-54	Kimberly Lively Newburgh, IN 12/6/2014	70	Debbie Rossian Columbia, MO 3/2/2019	55	Debbie Rossian Columbia, MO 3/2/2019	130
M4 55-59	Sharri Margraves Bath, MI 3/16/2019	90	Sharri Margraves Bath, MI 6/8/2019	72.5	Sharri Margraves Bath, MI 6/9/2019	130
M5 60-64	Beth Perrin Columbia, MO 3/4/2017	95	Beth Perrin Columbia, MO 7/15/2017	52.5	Bridget Bufford Columbia, MO 4/17/2021	117.5
M6 65-69	Maggy Danley Columbia, MO 11/9/2013	30	Maggy Danley Columbia, MO 11/9/2013	42.5	Maggy Danley Columbia, MO 11/9/2013	80
M7 70-74			Carol Chaney Muskegon, MI 11/9/2019	32.5	Sandra Ollar Columbia, MO 3/7/2015	77.5
M8 75-79	Gretchen Page Muskegon, MI 8/25/2018	27.5	Gretchen Page Muskegon, MI 8/25/2018	25	Gretchen Page Muskegon, MI 8/25/2018	72.5
M9 80-84						
M10 85-89						

Women 90 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Andrea Fialek Twin Lake, MI 6/23/2018	100	Kim Welcher Evansville, IN 3/8/2014	85	Andrea Chapplear Columbia, MO 3/4/2017	160
T1			Jennifer Griffith Springfield, OH	52.5	Victoria Thompson Quincy, OH	105

14-15			2/22/2014		12/12/2009	
T2 16-17						
T3 18-19	Macy Decker Evansville, IN 2/26/2022	87.5	Macy Decker Evansville, IN 2/26/2022	52.5	Macy Decker Evansville, IN 2/26/2022	145
Junior 20-23					Amanda Aders Evansville, IN 12/1/2018	120
M1 40-44	Robin Rogan Evansville, IN 4/6/2024	110	Charla Wrenn Good Hope, IL 3/5/2016	57.5	Andrea Chappellear Columbia, MO 3/4/2017	160
M2 45-49	Caroline Fardig Boonville, IN 4/6/2024	75	Kim Welcher Evansville, IN 3/8/2014	85	Charla Wrenn Good Hope, IL 3/4/2017	107.5
M3 50-54	Beth Van Hove Columbia, MO 3/17/2018	92.5	Beth Van Hove Columbia, MO 3/17/2018	62.5	Beth Van Hove Columbia, MO 3/17/2018	116
M4 55-59	Sharri Margraves Bath, MI 2/9/2019	87.5	Sharri Margraves Bath, MI 2/1/2020	80	Rachel Brown Columbia, MO 5/7/2016	130.5
M5 60-64	Bridget Bufford Columbia, MO 5/7/2022	90	Bridget Bufford Columbia, MO 5/7/2022	66	Rachel Brown Columbia, MO 3/4/2017	130.5
M6 65-69	Maggy Danley Columbia, MO 3/7/2015	60	Maggy Danley Columbia, MO 3/7/2015	48.5	Maggy Danley Columbia, MO 12/3/2016	95
M7 70-74						
M8 75-79						
M9 80-84						

M10						
85-89						

Women 110 kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Corinna Myers Evansville, IN 4/6/2024	145	Suzy Lopez Muskegon, MI 5/11/2024	72.5	Corinna Myers Evansville, IN 12/9/2023	185
T1 14-15						
T2 16-17						
T3 18-19	Corinna Myers Evansville, IN 4/6/2024	145	Corinna Myers Evansville, IN 4/6/2024	67.5	Corinna Myers Evansville, IN 12/9/2023	185
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5						

60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 110+ kilograms Unequipped						
Division	Squat		Bench Press		Deadlift	
Open	Ashley Peck Sedalia, MO 6/7/2019	140	Brandi Sneed Mishawaka, IN 6/27/2015	95	Brandi Sneed Mishawaka, IN 6/27/2015	182.5
T1 14-15	Keri DeVolder Macomb, IL 3/4/2017	87.5				
T2 16-17	Keri DeVolder Macomb, IL 3/17/2018	102.5	Keri DeVolder Macomb, IL 3/17/2018	70	Keri DeVolder Macomb, IL 3/17/2018	135
T3 18-19	Keri DeVolder Macomb, IL 6/07/20919	110	Keri DeVolder Macomb, IL 6/07/20919	75	Kira Lauth DeGraff, OH 12/11/2010	135
Junior 20-23			Xena Hernandez Firect City, IA 10/12/2024	90		
M1			Ann Kuipers			

M1 40-44			Grand Rapids, MI 9/16/2017	47.5		
M2 45-49	Sara Ringbauer Columbia, MO 3/4/2017	135	Stephanie Wells Columbia, MO 3/17/2018	65	Sara Ringbauer Columbia, MO 3/4/2017	172.5
M3 50-54	Sharri Margraves Bath, MI 3/5/2016	127.5	Sharri Margraves Bath, MI 3/5/2016	75	Sharri Margraves Bath, MI 3/5/2016	160
M4 55-59			Mary Merrill Evansville, IN 6/3/2023	65	Judy Naeger Columbia, MO 3/17/2018	130
M5 60-64	Rachel Mayes Evansville, IN 4/6/2024	90	Sharri Margraves Bath, MI 11/4/2023	72.5	Rachel Mayes Evansville, IN 4/5/2025	132.5
M6 65-69	Linda Struckhoff Columbia, MO 12/3/2016	52.5	Mary Rapert Barnhart, MO 6/8/2019	68.5	Mary Rapert Barnhart, MO 6/9/2019	157.5
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Police/Military/Fire Unequipped						
Weight	Squat		Bench Press		Deadlift	
90			Cathy Martin Quincy, IL	77.5		



Single Event Equipped National Records Updated 10/12/2020

New Record

Women 44 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open	Judith Gedney MaComb, IL 10/20/2006	107.5	Judith Gedney MaComb, IL 6/25/2011	53	Judith Gedney MaComb, IL 10/22/2006	117.5
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6	Judith Gedney				Judith Gedney	

M6 65-69	MaComb, IL 10/20/2006	107.5			MaComb, IL 10/22/2006	117.5
M7 70-74	Judith Gedney MaComb, IL 6/24/2011	85	Judith Gedney MaComb, IL 6/25/2011	53	Judith Gedney MaComb, IL 6/26/2011	112.5
M8 75-79						
M9 80-84						
M10 85-89						

Women 47.5 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open	Judith Gedney MaComb, IL 9/11/2009	103	Judith Gedney MaComb, IL 4/24/2010	56.5	Judith Gedney MaComb, IL 4/25/2010	116.5
T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1						

40-44						
M2						
45-49						
M3						
50-54						
M4						
55-59						
M5						
60-64						
M6	Judith Gedney MaComb, IL 9/11/2009	103	Judith Gedney MaComb, IL 4/24/2010	56.5	Judith Gedney MaComb, IL 4/25/2010	116.5
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 50.5 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open			Angela Hardy Mishawaka, IN 6/25/2011	50	Angela Hardy Mishawaka, IN 6/26/2011	107.5

T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49			Angela Hardy Mishawaka, IN 6/25/2011	50	Angela Hardy Mishawaka, IN 6/26/2011	107.5
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
Ma						

M9						
80-84						
M10						
85-89						

Women 53.0 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open			Heather Core DeGraff, OH 12/12/2009	42.5	Heather Core DeGraff, OH 12/12/2009	110
T1 14-15			Heather Core DeGraff, OH 12/12/2009	42.5	Heather Core DeGraff, OH 12/12/2009	110
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4						

55-59						
M5						
60-64						
M6						
65-69						
M7						
70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 55.5 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						
T1						
14-15						
T2						
16-17						
T3						
18-19						

Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 58.5 kilograms Equipped

Division	Squat		Bench Press		Deadlift	
Open	Koley Hockeborn Walker, MI 3/9/2013	142.5	Koley Hockeborn Walker, MI 3/9/2013	110	Koley Hockeborn Walker, MI 3/9/2013	142.5
T1 14-15						
T2 16-17	Jessie Fansler Macomb, IL 11/2/2019	100	Brianna Palleschi Applegate, MI 4/5/2008	72.5		
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54	Koley Hockeborn Walker, MI 3/9/2013	142.5	Koley Hockeborn Walker, MI 3/9/2013	110	Koley Hockeborn Walker, MI 3/9/2013	142.5
M4 55-59						
M5 60-64						
M6 65-69						
M7						

70-74						
M8						
75-79						
M9						
80-84						
M10						
85-89						

Women 63 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open	Koley Hockeborn Walker, MI 3/5/2011	150	Koley Hockeborn Walker, MI 3/5/2011	120	Koley Hockeborn Walker, MI 6/26/2011	147.5
T1						
14-15						
T2						
16-17						
T3						
18-19						
Junior						
20-23						
M1						
40-44						
M2						
45-49						

M3 50-54	Koley Hockeborn Walker, MI 3/5/2011	150	Koley Hockeborn Walker, MI 3/5/2011	120	Koley Hockeborn Walker, MI 6/26/2011	147.5
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 70 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open	Lisa Mangold Lakewood, WI 3/31/2007	137.5	Lisa Mangold Lakewood, WI 3/31/2007	72.5	Lisa Mangold Lakewood, WI 10/4/2008	142.5
T1 14-15						
T2						

12 16-17						
T3 18-19			Cheritha Schaffer Quincy, OH 12/11/2010	47.5	Cheritha Schaffer Quincy, OH 12/11/2010	90
Junior 20-23						
M1 40-44	Lisa Mangold Lakewood, WI 10/4/2008	130	Lisa Mangold Lakewood, WI 10/4/2008	65	Lisa Mangold Lakewood, WI 10/4/2008	142.5
M2 45-49						
M3 50-54					Susan Sanaghan Michigan City, IN 4/5/2008	130
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10						

85-89						
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Women 80 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open			Diane Shirley Evansville, IN 7/31/2010	72.5	Diane Shirley Evansville, IN 7/31/2010	137.5
T1 14-15						
T2 16-17			Taylor Goings DeGraff, OH 12/11/2010	30	Taylor Goings DeGraff, OH 12/11/2010	70
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49			Diane Shirley Evansville, IN 7/31/2010	72.5	Diane Shirley Evansville, IN 7/31/2010	137.5
M3 50-54						
M4 55-59	Carolyn Beck Evansville, IN 10/10/2020	92.5				
M5 60-64						

M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 90 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open	Erin Krisher DeGraff, OH 12/12/2009	92.5	Stacie Downs Eaton Rapids, MI 2/25/2006	105	Erin Krisher DeGraff, OH 12/12/2009	102.5
T1 14-15	Erin Krisher DeGraff, OH 12/12/2009	92.5	Erin Krisher DeGraff, OH 12/12/2009	40	Erin Krisher DeGraff, OH 12/12/2009	102.5
T2 16-17			Erica Ervin Quincy, OH 12/11/2010	55	Erica Ervin Quincy, OH 12/11/2010	90
T3 18-19						
Junior 20-23						
M1						

M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Women 110 kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open						

T1 14-15						
T2 16-17						
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59						
M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
Ma						

M9						
80-84						
M10						
85-89						

Women 110+ kilograms Equipped						
Division	Squat		Bench Press		Deadlift	
Open	Amelia Carter Quincy, OH 12/12/2009	127.5	Samantha Baty Eaton Rapids, MI 3/3/2007	77.5	Amelia Carter Quincy, OH 12/12/2009	140
T1 14-15			Samantha Baty Eaton Rapids, MI 3/3/2007	77.5		
T2 16-17	Amelia Carter Quincy, OH 12/12/2009	127.5	Amelia Carter Quincy, OH 12/12/2009	60	Amelia Carter Quincy, OH 12/12/2009	140
T3 18-19						
Junior 20-23						
M1 40-44						
M2 45-49						
M3 50-54						
M4 55-59			Denise Gilbert 3/7/2015	52.5	Denise Gilbert 3/7/2015	125

M5 60-64						
M6 65-69						
M7 70-74						
M8 75-79						
M9 80-84						
M10 85-89						

Police, Military, Fire Equipped						
Weight	Squat		Bench Press		Deadlift	
58.5						

Women 44 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 47.5 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	

Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 50.5 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2								

12 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 53.0 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior								

Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 55.5 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2								

WZ								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								
85-89								

Women 58.5 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								

55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 63 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6								

M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 70 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8								

M9								
75-79								
M9								
80-84								
M10								
85-89								

Women 80 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1								
14-15								
T2								
16-17								
T3								
18-19								
Junior								
20-23								
M1								
40-44								
M2								
45-49								
M3								
50-54								
M4								
55-59								
M5								
60-64								
M6								
65-69								
M7								
70-74								
M8								
75-79								
M9								
80-84								
M10								

W10							
85-89							

Women 90 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110 kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	

Open								
T1 14-15								
T2 16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Women 110+ kilograms Modern Raw								
Division	Squat		Bench Press		Deadlift		Total	
Open								
T1 14-15								
T2								

16-17								
T3 18-19								
Junior 20-23								
M1 40-44								
M2 45-49								
M3 50-54								
M4 55-59								
M5 60-64								
M6 65-69								
M7 70-74								
M8 75-79								
M9 80-84								
M10 85-89								

Police, Military, Fire Modern Raw								
Weight	Squat		Bench Press		Deadlift		Total	
58.5								