

| | | | | | | | |
|-------|--|--|--|--|--|--|--|
| M6 | | | | | | | |
| 65-69 | | | | | | | |
| M7 | | | | | | | |
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 47.5 kilograms | | | | | | | | |
|----------------------|---------------------------------------|-------------|---|-------|---|-----|---|-----|
| Division | Squat | Bench Press | Deadlift | Total | | | | |
| T1 | | | | | | | | |
| 14-15 | | | | | | | | |
| T2 | | | | | | | | |
| 16-17 | | | | | | | | |
| T3 | | | | | | | | |
| 18-19 | | | | | | | | |
| Junior | | | | | | | | |
| 20-23 | | | | | | | | |
| Open | Kayla Rice Mt. Vernon 12/9/2023 | 55 | Sarah Gray Evansville, IN 12/6/2014 | 57.5 | Sarah Gray Evansville, IN 12/6/2014 | 100 | Sarah Gray Evansville, IN 12/6/2014 | 210 |
| 24-39 | | | | | | | | |
| M1 | | | | | | | | |
| 40-44 | | | | | | | | |

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|--------------|--|--|--|--|--|--|--|
| M2 45-49 | | | | | | | |
| M3 50-54 | | | | | | | |
| M4 55-59 | | | | | | | |
| M5 60-64 | | | | | | | |
| M6 65-69 | | | | | | | |
| M7 70-74 | | | | | | | |
| M8 75-79 | | | | | | | |
| M9 80-84 | | | | | | | |
| M10 85-89 | | | | | | | |

| Women 50.5 kilograms | | | | | | | |
|----------------------|-------|-------------|----------|-------|--|--|--|
| Division | Squat | Bench Press | Deadlift | Total | | | |
| T1 14-15 | | | | | | | |
| T2 | | | | | | | |

| | | | | | | | | |
|-----------------|---|----|---|------|---|----|---|-----|
| 16-17 | | | | | | | | |
| T3 18-19 | Faith Wood Evansville, IN 7/28/2018 | 60 | Faith Wood Evansville, IN 7/28/2018 | 32.5 | Faith Wood Evansville, IN 7/28/2018 | 96 | Faith Wood Evansville, IN 7/28/2018 | 185 |
| Junior 20-23 | | | | | | | | |
| Open 24-39 | Faith Wood Evansville, IN 7/28/2018 | 60 | Faith Wood Evansville, IN 7/28/2018 | 32.5 | Faith Wood Evansville, IN 7/28/2018 | 96 | Faith Wood Evansville, IN 7/28/2018 | 185 |
| M1 40-44 | | | | | | | | |
| M2 45-49 | | | | | | | | |
| M3 50-54 | | | | | | | | |
| M4 55-59 | | | | | | | | |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| M9 80-84 | | | | | | | | |

| | | | | | | | |
|-------|--|--|--|--|--|--|--|
| 60-64 | | | | | | | |
| M6 | | | | | | | |
| 65-69 | | | | | | | |
| M7 | | | | | | | |
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 55.5 kilograms | | | | | | | |
|----------------------|--|----|--|----|--|-------|---|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 | | | | | | | |
| 14-15 | | | | | | | |
| T2 | Mandy Cleveland Newburgh, IN 6/10/2006 | 80 | Mandy Cleveland Newburgh, IN 6/10/2016 | 50 | Mandy Cleveland Newburgh, IN 6/10/2006 | 102.5 | Mandy Cleveland Newburgh, IN 6/10/2006 232.5 |
| T3 | Mandy Cleveland Newburgh, IN 7/7/2007 | 70 | Mandy Cleveland Newburgh, IN 7/7/2007 | 50 | Mandy Cleveland Newburgh, IN 7/7/2007 | 97.5 | Mandy Cleveland Newburgh, IN 7/7/2007 217.5 |
| 18-19 | | | | | | | |
| Junior | | | | | | | |
| 20-23 | | | | | | | |
| Open | Mandy Cleveland Newburgh, IN 6/10/2006 | 80 | Mandy Cleveland Newburgh, IN 6/10/2006 | 50 | Jessica Lord Evansville, IN 12/1/2018 | 102.5 | Mandy Cleveland Newburgh, IN 6/10/2006 232.5 |
| 24-39 | Jenni Juhl | | Erin Vincent | | Jenni Juhl | | Jenni Juhl |
| M1 | | | | | | | |

| | | | | | | | | |
|--------------|---------------------------|----|-----------------------------|----|---------------------------|----|---------------------------|-----|
| M1 40-44 | Newburgh, IN 12/1/2018 | 80 | Evansville, IN 12/9/2023 | 50 | Newburgh, IN 12/1/2018 | 95 | Newburgh, IN 12/1/2018 | 220 |
| M2 45-49 | | | | | | | | |
| M3 50-54 | | | | | | | | |
| M4 55-59 | | | | | | | | |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

| Women 58.5 kilograms | | | | | | | | |
|----------------------|--|----|--|----|--|-----|--|-----|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| T1 14-15 | Bianca Baker Newburgh, IN 7/7/2007 | 60 | Bianca Baker Newburgh, IN 7/7/2007 | 50 | Bianca Baker Newburgh, IN 7/7/2007 | 105 | Bianca Baker Newburgh, IN 7/7/2007 | 215 |

| | | | | | | | | |
|-----------------|--|-------|--|----|--|-------|--|-------|
| T2 16-17 | | | | | | | | |
| T3 18-19 | | | | | | | | |
| Junior 20-23 | | | | | | | | |
| Open 24-39 | Katherine Snethen Evansville, IN 11/7/2015 | 117.5 | Bianca Baker Newburgh, IN 7/7/2007 | 50 | Katherine Snethen Evansville, IN 11/7/2015 | 132.5 | Katherine Snethen Evansville, IN 11/7/2015 | 300 |
| M1 40-44 | | | | | | | | |
| M2 45-49 | Heather Endres North Liberty, IN 11/4/2017 | 105 | Heather Endres North Liberty, IN 11/4/2017 | 50 | Heather Endres North Liberty, IN 11/4/2017 | 102.5 | Heather Endres North Liberty, IN 11/4/2017 | 257.5 |
| M3 50-54 | | | | | | | | |
| M4 55-59 | | | | | | | | |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| M9 | | | | | | | | |

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|-------|--|--|--|--|--|--|--|
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 63 kilograms | | | | | | | | |
|--------------------|--|------|--|----|--|-------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| T1 14-15 | | | | | | | | |
| T2 16-17 | | | | | | | | |
| T3 18-19 | Kenzie Wakefield Evansville, IN 12/10/2022 | 85 | Kenzie Wakefield Evansville, IN 12/10/2022 | 55 | Kenzie Wakefield Evansville, IN 12/10/2022 | 125 | Kenzie Wakefield Evansville, IN 12/10/2022 | 265 |
| Junior 20-23 | Lauren Blessinger Evansville, IN 6/10/2006 | 105 | Gretchen Schnautz Evansville, IN 5/2/2015 | 55 | Lauren Blessinger Evansville, IN 6/10/2006 | 120 | Katherine Snethen Evansville, IN 12/6/2014 | 260 |
| Open 24-39 | Lauren Blessinger Evansville, IN 6/10/2006 | 105 | Amanda Smith Cynthiana, IN 6/11/2016 | 80 | Amanda Smith Cynthiana, IN 11/7/2015 | 142.5 | Amanda Smith Cynthiana, IN 11/7/2015 | 310 |
| M1 40-44 | | | | | | | | |
| M2 45-49 | Ann Smith Evansville, IN 6/11/2016 | 47.5 | Ann Smith Evansville, IN 6/11/2016 | 35 | Ann Smith Evansville, IN 6/11/2016 | 70 | Ann Smith Evansville, IN 6/11/2016 | 152.5 |
| M3 50-54 | | | | | | | | |
| M4 55-59 | Lanea Stagg Evansville, IN 12/10/2022 | 62.5 | Lanea Stagg Evansville, IN 12/10/2022 | 45 | Lanea Stagg Evansville, IN 12/10/2022 | 100 | Lanea Stagg Evansville, IN 12/10/2022 | 215 |

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|--------------|--|--|--|--|--|--|--|
| M5 60-64 | | | | | | | |
| M6 65-69 | | | | | | | |
| M7 70-74 | | | | | | | |
| M8 75-79 | | | | | | | |
| M9 80-84 | | | | | | | |
| M10 85-89 | | | | | | | |

| Women 70 kilograms | | | | | | | |
|--------------------|---|--|---|---|--|--|--|
| Division | Squat | Bench Press | Deadlift | Total | | | |
| T1 14-15 | | | | | | | |
| T2 16-17 | | | | | | | |
| T3 18-19 | Melissa Partridge Evansville, IN 2/26/2022 100 | Melissa Partridge Evansville, IN 2/26/2022 55 | Melissa Partridge Evansville, IN 2/26/2022 127.5 | Melissa Partridge Evansville, IN 2/26/2022 282.5 | | | |
| Junior 20-23 | Aleya Woodall Chandler, IN 12/10/2022 120 | Aleya Woodall Chandler, IN 12/10/2022 72.5 | Aleya Woodall Chandler, IN 12/10/2022 155 | Aleya Woodall Chandler, IN 12/10/2022 347.5 | | | |
| Open | Aleya Woodall Chandler, IN 120 | Aleya Woodall Chandler, IN 72.5 | Aleya Woodall Chandler, IN 155 | Aleya Woodall Chandler, IN 347.5 | | | |

| | | | | | | | | |
|--------------|---|-------|--|----|---|-------|---|-------|
| 24-39 | 12/10/2022 | | 12/10/2022 | | 12/10/2022 | | 12/10/2022 | |
| M1 40-44 | Jane Dick Evansville, IN 6/10/2006 | 107.5 | Jane Dick Evansville, IN 6/10/2006 | 50 | Jane Dick Evansville, IN 6/10/2006 | 117.5 | Jane Dick Evansville, IN 6/10/2006 | 275 |
| M2 45-49 | Jennifer Toopes Evansville, IN 12/9/2023 | 50 | Jennifer Toopes Evansville, IN 12/9/2023 | 45 | Jennifer Toopes Evansville, IN 12/9/2023 | 100 | Jennifer Toopes Evansville, IN 12/9/2023 | 195 |
| M3 50-54 | Susan Sanaghan Michigan City, IN 11/22/2008 | 87.5 | Susan Sanaghan Michigan City, IN 9/13/2008 | 40 | Susan Sanaghan Michigan City, IN 11/22/2008 | 132.5 | Susan Sanaghan Michigan City, IN 7/11/2009 | 267.5 |
| M4 55-59 | Susan Sanaghan Michigan City, IN 7/11/2009 | 92.5 | Susan Sanaghan Michigan City, IN 7/11/2009 | 50 | Susan Sanaghan Michigan City, IN 7/11/2009 | 125 | Susan Sanaghan Michigan City, IN 11/21/2009 | 280 |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

| Women 80 kilograms | | | | | | | |
|--------------------|--------------|--|--------------|--|--------------|--|--------------|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 | Paris Sutton | | Paris Sutton | | Paris Sutton | | Paris Sutton |

| | | | | | | | | |
|-----------------|---|-------|---|------|---|-------|---|-------|
| 14-15 | Evansville, IN 11/22/2008 | 82.5 | Evansville, IN 11/22/2008 | 42.5 | Evansville, IN 11/22/2008 | 92.5 | Evansville, IN 11/22/2008 | 217.5 |
| T2 16-17 | Mycha Sutton Evansville, IN 7/7/2007 | 70 | Mycha Sutton Evansville, IN 7/7/2007 | 45 | Mycha Sutton Evansville, IN 7/7/2007 | 102.5 | Mycha Sutton Evansville, IN 7/7/2007 | 217.5 |
| T3 18-19 | Gina Ziebell Evansville, IN 2/26/2022 | 105 | Gina Ziebell Evansville, IN 2/26/2022 | 65 | Gina Ziebell Evansville, IN 2/26/2022 | 125 | Gina Ziebell Evansville, IN 2/26/2022 | 295 |
| Junior 20-23 | | | | | | | | |
| Open 24-39 | Kyle Reel Evansville, IN 7/28/2018 | 150 | Kyle Reel Evansville, IN 7/28/2018 | 85 | Kyle Reel Evansville, IN 7/28/2018 | 170 | Kyle Reel Evansville, IN 7/28/2018 | 405 |
| M1 40-44 | | | | | | | | |
| M2 45-49 | Amy Kivett Chandler, IN 7/9/2022 | 100 | Amy Kivett Chandler, IN 7/9/2022 | 60 | Amy Kivett Chandler, IN 7/9/2022 | 135 | Amy Kivett Chandler, IN 7/9/2022 | 295 |
| M3 50-54 | Amy Kivett Chandler, IN 12/10/2022 | 112.5 | Amy Kivett Chandler, IN 12/10/2022 | 62.5 | Amy Kivett Chandler, IN 12/10/2022 | 142.5 | Amy Kivett Chandler, IN 12/10/2022 | 317.5 |
| M4 55-59 | Carolyn Beck Evansville, IN 9/18/2021 | 85 | Carolyn Beck Evansville, IN 9/18/2021 | 67.5 | Carolyn Beck Evansville, IN 9/18/2021 | 110 | Carolyn Beck Evansville, IN 9/18/2021 | 262.5 |
| M5 60-64 | Carolyn Beck Evansville, IN 8/5/2023 | 95 | Carolyn Beck Evansville, IN 7/9/2022 | 62.5 | Carolyn Beck Evansville, IN 7/9/2022 | 115 | Carolyn Beck Evansville, IN 8/5/2023 | 267.5 |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 | | | | | | | | |

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| 55-59 | | | | | | | |
| M5 60-64 | | | | | | | |
| M6 65-69 | | | | | | | |
| M7 70-74 | | | | | | | |
| M8 75-79 | | | | | | | |
| M9 80-84 | | | | | | | |
| M10 85-89 | | | | | | | |

| Women 110 kilograms | | | | | | | | |
|---------------------|---|-------------|---|-------|---|-----|---|-----|
| Division | Squat | Bench Press | Deadlift | Total | | | | |
| T1 14-15 | | | | | | | | |
| T2 16-17 | | | | | | | | |
| T3 18-19 | Corrina Meyers Evansville, IN 12/9/2023 | 137.5 | Corrina Meyers Evansville, IN 12/9/2023 | 62.5 | Corrina Meyers Evansville, IN 12/9/2023 | 185 | Corrina Meyers Evansville, IN 12/9/2023 | 385 |
| Junior 20-23 | | | | | | | | |
| Open | Corrina Meyers | | Corrina Meyers | | Corrina Meyers | | Corrina Meyers | |

| | | | | | | | | |
|-------|----------------|-------|----------------|------|----------------|-----|----------------|-----|
| Open | Evansville, IN | 137.5 | Evansville, IN | 62.5 | Evansville, IN | 185 | Evansville, IN | 385 |
| 24-39 | 12/9/2023 | | 12/9/2023 | | 12/9/2023 | | 12/9/2023 | |

| Women 110+ kilograms | | | | | | | | |
|----------------------|----------------------------------|-------|----------------------------------|-------|----------------------------------|-------|----------------------------------|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| T1 | | | | | | | | |
| 14-15 | | | | | | | | |
| T2 | | | | | | | | |
| 16-17 | | | | | | | | |
| T3 | Corrina Meyers Evansville, IN | 152.5 | Corrina Meyers Evansville, IN | 70 | Corrina Meyers Evansville, IN | 192.5 | Corrina Meyers Evansville, IN | 415 |
| 18-19 | 10/21/2023 | | 10/21/2023 | | 10/21/2023 | | 10/21/2023 | |
| Junior | Jenna Winsett Angola, IN | 120 | Jenna Winsett Angola, IN | 57.5 | Jenna Winsett Angola, IN | 130 | Jenna Winsett Angola, IN | 307.5 |
| 20-23 | 9/18/2021 | | 9/18/2021 | | 9/18/2021 | | 9/18/2021 | |
| Open | Corrina Meyers Evansville, IN | 152.5 | Jodey Reisz Santa Claus, IN | 112.5 | Corrina Meyers Evansville, IN | 192.5 | Jodey Reisz Santa Claus, IN | 435 |
| 24-39 | 10/21/2023 | | 11/5/2016 | | 10/21/2023 | | 11/5/2016 | |
| M1 | Jodey Reisz Santa Claus, IN | 137.5 | Jodey Reisz Santa Claus, IN | 112.5 | Jodey Reisz Santa Claus, IN | 185 | Jodey Reisz Santa Claus, IN | 435 |
| 40-44 | 11/5/2016 | | 11/5/2016 | | 11/5/2016 | | 11/5/2016 | |
| M2 | | | | | | | | |
| 45-49 | | | | | | | | |
| M3 | | | | | | | | |
| 50-54 | | | | | | | | |
| M4 | | | | | | | | |
| 55-59 | | | | | | | | |
| M5 | Rachel Mayes Evansville, IN | 47.5 | Rachel Mayes Evansville, IN | 45 | Rachel Mayes Evansville, IN | 112.5 | Rachel Mayes Evansville, IN | 205 |
| 60-64 | 8/5/2023 | | 8/5/2023 | | 8/5/2023 | | 8/5/2023 | |

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| M6 65-69 | | | | | | | |
| M7 70-74 | | | | | | | |
| M8 75-79 | | | | | | | |
| M9 80-84 | | | | | | | |
| M10 85-89 | | | | | | | |

| Police, Military, Fire Unequipped | | | | | | | |
|-----------------------------------|-------|--|-------------|--|----------|--|-------|
| Weight | Squat | | Bench Press | | Deadlift | | Total |
| 58.5 | | | | | | | |

| Women 44 kilograms | | | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|-------|--|
| Division | Squat | | Bench Press | | Deadlift | | Total | |
| T1 14-15 | | | | | | | | |
| T2 16-17 | | | | | | | | |
| T3 18-19 | | | | | | | | |
| Junior 20-23 | | | | | | | | |
| Open 24-39 | | | | | | | | |
| M1 40-44 | | | | | | | | |
| M2 45-49 | | | | | | | | |
| M3 50-54 | | | | | | | | |
| M4 55-59 | | | | | | | | |
| M5 | | | | | | | | |

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|--------|--|--|--|--|--|--|--|--|
| 14-15 | | | | | | | | |
| T2 | | | | | | | | |
| 16-17 | | | | | | | | |
| T3 | | | | | | | | |
| 18-19 | | | | | | | | |
| Junior | | | | | | | | |
| 20-23 | | | | | | | | |
| Open | | | | | | | | |
| 24-39 | | | | | | | | |
| M1 | | | | | | | | |
| 40-44 | | | | | | | | |
| M2 | | | | | | | | |
| 45-49 | | | | | | | | |
| M3 | | | | | | | | |
| 50-54 | | | | | | | | |
| M4 | | | | | | | | |
| 55-59 | | | | | | | | |
| M5 | | | | | | | | |
| 60-64 | | | | | | | | |
| M6 | | | | | | | | |
| 65-69 | | | | | | | | |
| M7 | | | | | | | | |
| 70-74 | | | | | | | | |
| M8 | | | | | | | | |
| 75-79 | | | | | | | | |

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| 55-59 | | | | | | | |
| M5 | | | | | | | |
| 60-64 | | | | | | | |
| M6 | | | | | | | |
| 65-69 | | | | | | | |
| M7 | | | | | | | |
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 55.5 kilograms | | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 | | | | | | | |
| 14-15 | | | | | | | |
| T2 | | | | | | | |
| 16-17 | | | | | | | |
| T3 | | | | | | | |
| 18-19 | | | | | | | |
| Junior | | | | | | | |
| 20-23 | | | | | | | |
| Open | | | | | | | |

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|-------|--|--|--|--|--|--|--|
| Open | | | | | | | |
| 24-39 | | | | | | | |
| M1 | | | | | | | |
| 40-44 | | | | | | | |
| M2 | | | | | | | |
| 45-49 | | | | | | | |
| M3 | | | | | | | |
| 50-54 | | | | | | | |
| M4 | | | | | | | |
| 55-59 | | | | | | | |
| M5 | | | | | | | |
| 60-64 | | | | | | | |
| M6 | | | | | | | |
| 65-69 | | | | | | | |
| M7 | | | | | | | |
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 58.5 kilograms | | | | |
|----------------------|-------|-------------|----------|-------|
| Division | Squat | Bench Press | Deadlift | Total |
| | | | | |

| | | | | | | | | |
|-----------------|--|--|--|--|--|--|--|--|
| T1 14-15 | | | | | | | | |
| T2 16-17 | | | | | | | | |
| T3 18-19 | | | | | | | | |
| Junior 20-23 | | | | | | | | |
| Open 24-39 | | | | | | | | |
| M1 40-44 | | | | | | | | |
| M2 45-49 | | | | | | | | |
| M3 50-54 | | | | | | | | |
| M4 55-59 | | | | | | | | |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 | | | | | | | | |

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| 75-79 | | | | | | | |
| M9 80-84 | | | | | | | |
| M10 85-89 | | | | | | | |

| Women 63 kilograms | | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | | Total |
| T1 14-15 | | | | | | | |
| T2 16-17 | | | | | | | |
| T3 18-19 | | | | | | | |
| Junior 20-23 | | | | | | | |
| Open 24-39 | | | | | | | |
| M1 40-44 | | | | | | | |
| M2 45-49 | | | | | | | |
| M3 50-54 | | | | | | | |

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| 20-23 | | | | | | | | |
| Open | | | | | | | | |
| 24-39 | | | | | | | | |
| M1 | | | | | | | | |
| 40-44 | | | | | | | | |
| M2 | | | | | | | | |
| 45-49 | | | | | | | | |
| M3 | | | | | | | | |
| 50-54 | | | | | | | | |
| M4 | | | | | | | | |
| 55-59 | | | | | | | | |
| M5 | | | | | | | | |
| 60-64 | | | | | | | | |
| M6 | | | | | | | | |
| 65-69 | | | | | | | | |
| M7 | | | | | | | | |
| 70-74 | | | | | | | | |
| M8 | | | | | | | | |
| 75-79 | | | | | | | | |
| M9 | | | | | | | | |
| 80-84 | | | | | | | | |
| M10 | | | | | | | | |
| 85-89 | | | | | | | | |

Women 80 kilograms

| | | | | | | | |
|-------|--|--|--|--|--|--|--|
| 70-74 | | | | | | | |
| M8 | | | | | | | |
| 75-79 | | | | | | | |
| M9 | | | | | | | |
| 80-84 | | | | | | | |
| M10 | | | | | | | |
| 85-89 | | | | | | | |

| Women 90 kilograms | | | | | | | |
|--------------------|--|-------------|----------|--|-------|--|-------|
| Division | Squat | Bench Press | Deadlift | Total | | | |
| T1 | | | | | | | |
| 14-15 | | | | | | | |
| T2 | | | | | | | |
| 16-17 | | | | | | | |
| T3 | | | | | | | |
| 18-19 | | | | | | | |
| Junior | | | | | | | |
| 20-23 | | | | | | | |
| Open | Kami Gibson Evansville, IN 11/5/2016 | 137.5 | | Kami Gibson Evansville, IN 11/5/2016 | 142.5 | Kami Gibson Evansville, IN 11/5/2016 | 337.5 |
| 24-39 | | | | | | | |
| M1 | | | | | | | |
| 40-44 | | | | | | | |
| M2 | | | | | | | |
| 45-49 | | | | | | | |
| M3 | | | | | | | |

| | | | | | | | | |
|-----------------|--|--|--|--|--|--|--|--|
| Junior 20-23 | | | | | | | | |
| Open 24-39 | | | | | | | | |
| M1 40-44 | | | | | | | | |
| M2 45-49 | | | | | | | | |
| M3 50-54 | | | | | | | | |
| M4 55-59 | | | | | | | | |
| M5 60-64 | | | | | | | | |
| M6 65-69 | | | | | | | | |
| M7 70-74 | | | | | | | | |
| M8 75-79 | | | | | | | | |
| M9 80-84 | | | | | | | | |
| M10 85-89 | | | | | | | | |

ADFPF Single Unequipped Indiana Records Updated 12/10/23

| Women 44 kilograms | | | | | | |
|--------------------|---|----|---|----|---|-----|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | Cherish Anderson Mt. Vernon, IN 12/9/2023 | 65 | Cherish Anderson Mt. Vernon, IN 12/9/2023 | 35 | Cherish Anderson Mt. Vernon, IN 12/9/2023 | 100 |
| Junior 20-23 | | | | | | |
| Open 24-39 | Cherish Anderson Mt. Vernon, IN 12/9/2023 | 65 | Cherish Anderson Mt. Vernon, IN 12/9/2023 | 35 | Cherish Anderson Mt. Vernon, IN 12/9/2023 | 100 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 | | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| M6 | | | | | |
| 65-69 | | | | | |
| M7 | | | | | |
| 70-74 | | | | | |
| M8 | | | | | |
| 75-79 | | | | | |
| M9 | | | | | |
| 80-84 | | | | | |
| M10 | | | | | |
| 85-89 | | | | | |

| Women 47.5 kilograms | | | | | |
|----------------------|-------|--|--|----|----------|
| Division | Squat | | Bench Press | | Deadlift |
| T1 | | | | | |
| 14-15 | | | | | |
| T2 | | | | | |
| 16-17 | | | | | |
| T3 | | | | | |
| 18-19 | | | | | |
| Junior | | | | | |
| 20-23 | | | | | |
| Open | | | Sarah Gray Evansville, IN 5/2/2015 | 60 | |
| 24-39 | | | | | |
| M1 | | | | | |
| 40-44 | | | | | |

| | | | | | |
|--------------|--|--|--|--|--|
| M2 45-49 | | | | | |
| M3 50-54 | | | | | |
| M4 55-59 | | | | | |
| M5 60-64 | | | | | |
| M6 65-69 | | | | | |
| M7 70-74 | | | | | |
| M8 75-79 | | | | | |
| M9 80-84 | | | | | |
| M10 85-89 | | | | | |

| Women 50.5 kilograms | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 | | | | | | |

| | | | | | | |
|-----------------|--|--|--|------|--|----|
| 16-17 | | | | | | |
| T3 18-19 | | | Faith Wood Evansville, IN 7/4/2018 | 32.5 | Faith Wood Evansville, IN 7/4/2018 | 90 |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | Faith Wood Evansville, IN 7/4/2018 | 32.5 | Faith Wood Evansville, IN 7/4/2018 | 90 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| M10 | | | | | |
| 85-89 | | | | | |

| Women 53.0 kilograms | | | | | | |
|----------------------|-------|--|--|----|--|------|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | | | Erin Vincent Evansville, IN 6/3/2023 | 45 | Erin Vincent Evansville, IN 6/3/2023 | 82.5 |
| 24-39 | | | | | | |
| M1 | | | Erin Vincent Evansville, IN 6/3/2023 | 45 | Erin Vincent Evansville, IN 6/3/2023 | 82.5 |
| 40-44 | | | | | | |
| M2 | | | | | | |
| 45-49 | | | | | | |
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| 60-64 | | | | | |
| M6 | | | | | |
| 65-69 | | | | | |
| M7 | | | | | |
| 70-74 | | | | | |
| M8 | | | | | |
| 75-79 | | | | | |
| M9 | | | | | |
| 80-84 | | | | | |
| M10 | | | | | |
| 85-89 | | | | | |

| Women 55.5 kilograms | | | | | | |
|----------------------|---|----|---|------|---|-----|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | Jessica Lord Evansville, IN 3/17/2018 | 75 | Lexie Heald Fortville, IN 6/27/2015 | 57.5 | Jessica Lord Evansville, IN 3/17/2018 | 105 |
| 20-23 | | | | | | |
| Open | Jessica Lord Evansville, IN 3/17/2018 | 75 | Lexie Heald Fortville, IN 6/27/2015 | 57.5 | Jessica Lord Evansville, IN 6/9/2019 | 120 |
| 24-39 | | | | | | |
| M1 | Erin Vincent | | Erin Vincent | | Erin Vincent | |

| | | | | | | |
|--------------|-----------------------------|----|-----------------------------|----|-----------------------------|----|
| M1 40-44 | Evansville, IN 12/9/2023 | 75 | Evansville, IN 12/9/2023 | 50 | Evansville, IN 12/9/2023 | 85 |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 58.5 kilograms | | | | | | |
|----------------------|---|-----|---|------|---|-----|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | Heidi Lowe New Harmony, IN 4/6/2024 | 110 | Heidi Lowe New Harmony, IN 4/6/2024 | 52.5 | Heidi Lowe New Harmony, IN 4/6/2024 | 115 |

| | | | | | | |
|-----------------|--|--------|---|------|--|--------|
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | Heidi Lowe New Harmony, IN 4/6/2024 | 110 | Sienna Valdez South Bend, IN 6/27/2015 | 57.5 | Sienna Valdez South Bend, IN 6/27/2015 | 132.5 |
| M1 40-44 | Heather Endres North Liberty, IN 4/11/2015 | 95 | Jenni Casten-Juhl Newburgh, IN 6/8/2019 | 47.5 | Heather Endres North Liberty, IN 4/22/2017 | 97.5 |
| M2 45-49 | Heather Endres North Liberty, IN 9/16/2017 | 104.33 | | | Heather Endres North Liberty, IN 9/16/2017 | 102.06 |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 | | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| 80-84 | | | | | |
| M10 | | | | | |
| 85-89 | | | | | |

| Women 63 kilograms | | | | | | |
|--------------------|--|-------|--|------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | Naomi Seifert Mt. Vernon, IN 3/7/2015 | 87.5 | | | | |
| T3 18-19 | Samantha Fromelius Evansville, IN 3/8/2014 | 85 | Kenzie Wakefield Evansville, IN 12/10/2022 | 55 | Kenzie Wakefield Evansville, IN 12/10/2022 | 125 |
| Junior 20-23 | Samantha Pauli Evansville, IN 4/17/2021 | 90 | Samantha Pauli Evansville, IN 4/17/2021 | 62.5 | Samantha Pauli Evansville, IN 4/17/2021 | 117.5 |
| Open 24-39 | Sara Gibson Evansville, IN 3/8/2014 | 102.5 | Samantha Pauli Evansville, IN 4/17/2021 | 62.5 | Amanda Smith Evansville, IN 4/25/2015 | 150 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | Darlene Wallace Newburgh, IN 3/8/2014 | 102.5 |
| M3 50-54 | | | | | | |
| M4 55-59 | Lanea Stagg Evansville, IN 12/10/22 | 62.5 | Lanea Stagg Evansville, IN 6/3/23 | 47.5 | Lanea Stagg Evansville, IN 6/3/23 | 107.5 |

| | | | | | |
|--------------|--|--|--|--|--|
| M5 60-64 | | | | | |
| M6 65-69 | | | | | |
| M7 70-74 | | | | | |
| M8 75-79 | | | | | |
| M9 80-84 | | | | | |
| M10 85-89 | | | | | |

| Women 70 kilograms | | | | | | |
|--------------------|--|-----|--|------|--|-------|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | Melissa Partridge Evansville, IN 2/26/2022 | 100 | Melissa Partridge Evansville, IN 2/26/2022 | 55 | Melissa Partridge Evansville, IN 2/26/2022 | 127.5 |
| Junior 20-23 | Aleya Woodall Chandler, IN 12/10/2022 | 120 | Aleya Woodall Chandler, IN 12/10/2022 | 72.5 | Aleya Woodall Chandler, IN 12/10/2022 | 155 |
| Open | Aleya Woodall Chandler, IN | 120 | Aleya Woodall Chandler, IN | 72.5 | Aleya Woodall Chandler, IN | 155 |

| | | | | | | |
|--------------|--|------|--|------|--|-----|
| 24-39 | 12/10/2022 | | 12/10/2022 | | 12/10/2022 | |
| M1 40-44 | | | | | | |
| M2 45-49 | Jennifer Toopes Evansville, IN 12/9/2023 | 50 | Jennifer Toopes Evansville, IN 12/9/2023 | 45 | Jennifer Toopes Evansville, IN 12/9/2023 | 100 |
| M3 50-54 | Susan Sanaghan Michigan City, IN 3/14/2009 | 92.5 | Susan Sanaghan Michigan City, IN 3/14/2009 | 47.5 | Susan Sanaghan Michigan City, IN 3/14/2009 | 125 |
| M4 55-59 | Susan Sanaghan Michigan City, IN 3/9/2013 | 97.5 | Susan Sanaghan Michigan City, IN 3/9/2013 | 55 | Susan Sanaghan Michigan City, IN 3/5/2011 | 115 |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 80 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |

| | | | | | | |
|-----------------|---|-------|---|------|---|-------|
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 18-19 | Gina Ziebell Evansville, IN 2/26/2022 | 105 | Gina Ziebell Evansville, IN 2/26/2022 | 65 | Gina Ziebell Evansville, IN 2/26/2022 | 125 |
| Junior 20-23 | | | | | | |
| Open 24-39 | Kyle Reel Evansville, IN 6/8/2019 | 165 | Kyle Reel Evansville, IN 6/8/2019 | 100 | Kyle Reel Evansville, IN 9/8/2018 | 170 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | Amy Kivett Chandler, IN 12/10/2022 | 112.5 | Amy Kivett Chandler, IN 12/10/2022 | 62.5 | Amy Kivett Chandler, IN 12/10/2022 | 142.5 |
| M4 55-59 | | | Carolyn Beck Evansville, IN 6/8/2019 | 67.5 | | |
| M5 60-64 | | | Regina Smith Newburgh, IN 12/10/2022 | 37.5 | Regina Smith Newburgh, IN 12/10/2022 | 75 |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 | | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| 75-79 | | | | | |
| M9 | | | | | |
| 80-84 | | | | | |
| M10 | | | | | |
| 85-89 | | | | | |

| Women 90 kilograms | | | | | |
|--------------------|--|-------|--|------|--|
| Division | Squat | | Bench Press | | Deadlift |
| T1 | | | | | |
| 14-15 | | | | | |
| T2 | | | | | Alyssa Beadles Boonville, IN 4/17/2021 |
| 16-17 | | | | | 120 |
| T3 | Macy Decker Evansville, IN 2/26/2022 | 87.5 | Macy Decker Evansville, IN 2/26/2022 | 52.5 | Macy Decker Evansville, IN 2/26/2022 |
| 18-19 | | | | | 145 |
| Junior | | | | | Amanda Aders Newburgh, IN 12/1/2018 |
| 20-23 | | | | | 120 |
| Open | Robin Rogan Evansville, IN 3/4/2023 | 102.5 | Kim Welcher Evansville, IN 3/8/2014 | 85 | Robin Rogan Evansville, IN 6/3/2023 |
| 24-39 | | | | | 157.5 |
| M1 | Robin Rogan Evansville, IN 4/6/2024 | 110 | Robin Rogan Evansville, IN 4/6/2024 | 50 | Robin Rogan Evansville, IN 6/3/2023 |
| 40-44 | | | | | 157.5 |
| M2 | Caroline Fardig Boonville, IN 4/6/2024 | 75 | Kim Welcher Evansville, IN 3/8/2014 | 85 | Caroline Fardig Boonville, IN 4/6/2024 |
| 45-49 | | | | | 107.5 |
| M3 | | | | | |
| 50-54 | | | | | |
| M4 | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| M1 | | | | | |
| 55-59 | | | | | |
| M5 | | | | | |
| 60-64 | | | | | |
| M6 | | | | | |
| 65-69 | | | | | |
| M7 | | | | | |
| 70-74 | | | | | |
| M8 | | | | | |
| 75-79 | | | | | |
| M9 | | | | | |
| 80-84 | | | | | |
| M10 | | | | | |
| 85-89 | | | | | |

| Women 110 kilograms | | | | | | |
|---------------------|--|-----|--|------|---|-----|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | Corrina Meyers Evansville, IN 4/6/2024 | 145 | Corrina Meyers Evansville, IN 4/6/2024 | 67.5 | Corrina Meyers Evansville, IN 12/9/2023 | 185 |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | Corrina Meyers | | Corrina Meyers | | Corrina Meyers | |

| | | | | | | |
|-------|----------------|-----|----------------|------|----------------|-----|
| Open | Evansville, IN | 145 | Evansville, IN | 67.5 | Evansville, IN | 185 |
| 24-39 | 4/6/2024 | | 4/6/2024 | | 12/9/2023 | |

| Women 110+ kilograms | | | | | | |
|----------------------|--|-----|--|----|--|-------|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | Sarah St. Clair Birdseye, IN 2/26/2022 | 125 | Brandi Sneed Mishawaka, IN 6/27/2015 | 95 | Brandi Sneed Mishawaka, IN 6/27/2015 | 182.5 |
| M1 | | | | | | |
| 40-44 | | | | | | |
| M2 | | | | | | |
| 45-49 | | | | | | |
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | Mary Merrill Evansville, IN 6/3/2023 | 65 | Rachel Mayes Evansville, IN 6/3/2023 | 107.5 |
| 55-59 | | | | | | |
| M5 | Rachel Mayes Evansville, IN 4/6/2024 | 90 | Rachel Mayes Evansville, IN 4/6/2024 | 55 | Rachel Mayes Evansville, IN 4/6/2024 | 128 |
| 60-64 | | | | | | |

| | | | | | | |
|--------------|--|--|--|--|--|--|
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Police, Military, Fire Unequipped | | | | | | |
|-----------------------------------|-------|--|-------------|--|----------|--|
| Weight | Squat | | Bench Press | | Deadlift | |
| 58.5 | | | | | | |

| Women 44 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | | | | |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 | | | | | | |

| | | | | | | |
|--------------|--|--|--|--|--|--|
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 47.5 kilograms | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | | | | |

| | | | | | | |
|--------------|--|--|--|--|--|--|
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 50.5 kilograms | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |

| | | | | | | |
|--------|--|--|----------------------------|----|----------------------------|-------|
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | | | Angela Hardy | 50 | Angela Hardy | 107.5 |
| 24-39 | | | Mishawaka, IN 6/25/2011 | | Mishawaka, IN 6/25/2011 | |
| M1 | | | | | | |
| 40-44 | | | | | | |
| M2 | | | Angela Hardy | 50 | Angela Hardy | 107.5 |
| 45-49 | | | Mishawaka, IN 6/25/2011 | | Mishawaka, IN 6/25/2011 | |
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |
| 60-64 | | | | | | |
| M6 | | | | | | |
| 65-69 | | | | | | |
| M7 | | | | | | |
| 70-74 | | | | | | |
| M8 | | | | | | |
| 75-79 | | | | | | |

| | | | | | | |
|--------------|--|--|--|--|--|--|
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 53.0 kilograms | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | | | | |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 | | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| 55-59 | | | | | |
| M5 | | | | | |
| 60-64 | | | | | |
| M6 | | | | | |
| 65-69 | | | | | |
| M7 | | | | | |
| 70-74 | | | | | |
| M8 | | | | | |
| 75-79 | | | | | |
| M9 | | | | | |
| 80-84 | | | | | |
| M10 | | | | | |
| 85-89 | | | | | |

| Women 55.5 kilograms | | | | | | |
|----------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| | | | | | | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| Open | | | | | |
| 24-39 | | | | | |
| M1 | | | | | |
| 40-44 | | | | | |
| M2 | | | | | |
| 45-49 | | | | | |
| M3 | | | | | |
| 50-54 | | | | | |
| M4 | | | | | |
| 55-59 | | | | | |
| M5 | | | | | |
| 60-64 | | | | | |
| M6 | | | | | |
| 65-69 | | | | | |
| M7 | | | | | |
| 70-74 | | | | | |
| M8 | | | | | |
| 75-79 | | | | | |
| M9 | | | | | |
| 80-84 | | | | | |
| M10 | | | | | |
| 85-89 | | | | | |

| Women 58.5 kilograms | | | | | |
|----------------------|-------|--|-------------|--|----------|
| Division | Squat | | Bench Press | | Deadlift |
| | | | | | |

| | | | | | | |
|-----------------|--|--|--|--|--|--|
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | | | | |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 | | | | | | |

| | | | | | | |
|-------|--|--|--|--|--|--|
| 75-79 | | | | | | |
| M9 | | | | | | |
| 80-84 | | | | | | |
| M10 | | | | | | |
| 85-89 | | | | | | |

| Women 63 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |
| Junior | | | | | | |
| 20-23 | | | | | | |
| Open | | | | | | |
| 24-39 | | | | | | |
| M1 | | | | | | |
| 40-44 | | | | | | |
| M2 | | | | | | |
| 45-49 | | | | | | |
| M3 | | | | | | |
| 50-54 | | | | | | |

| | | | | | | |
|--------------|--|--|--|--|--|--|
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

| Women 70 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior | | | | | | |

| | | | | | | |
|-------|--|--|--|--|---|-----|
| 20-23 | | | | | | |
| Open | | | | | Susan Sanaghan Michigan City, IN 4/5/2008 | 130 |
| 24-39 | | | | | | |
| M1 | | | | | | |
| 40-44 | | | | | | |
| M2 | | | | | | |
| 45-49 | | | | | | |
| M3 | | | | | Susan Sanaghan Michigan City, IN 4/5/2008 | 130 |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |
| 60-64 | | | | | | |
| M6 | | | | | | |
| 65-69 | | | | | | |
| M7 | | | | | | |
| 70-74 | | | | | | |
| M8 | | | | | | |
| 75-79 | | | | | | |
| M9 | | | | | | |
| 80-84 | | | | | | |
| M10 | | | | | | |
| 85-89 | | | | | | |

Women 80 kilograms

| Division | Squat | | Bench Press | | Deadlift | |
|-----------------|-------|--|--|------|--|-------|
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | Diane Shirley Evansville, IN 7/31/2010 | 72.5 | Diane Shirley Evanvsille, IN 7/31/2010 | 137.5 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | Diane Shirley Evansville, IN 7/31/2010 | 72.5 | Diane Shirley Evanvsille, IN 7/31/2010 | 137.5 |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 | | | | | | |

| | | | | | |
|-------|--|--|--|--|--|
| 70-74 | | | | | |
| M8 | | | | | |
| 75-79 | | | | | |
| M9 | | | | | |
| 80-84 | | | | | |
| M10 | | | | | |
| 85-89 | | | | | |

| Women 90 kilograms | | | | | | |
|--------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| | | | | | | |
| T1 14-15 | | | | | | |
| T2 16-17 | | | | | | |
| T3 18-19 | | | | | | |
| Junior 20-23 | | | | | | |
| Open 24-39 | | | | | | |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 | | | | | | |

| | | | | | | |
|-------|--|--|--|--|--|--|
| M3 | | | | | | |
| 50-54 | | | | | | |
| M4 | | | | | | |
| 55-59 | | | | | | |
| M5 | | | | | | |
| 60-64 | | | | | | |
| M6 | | | | | | |
| 65-69 | | | | | | |
| M7 | | | | | | |
| 70-74 | | | | | | |
| M8 | | | | | | |
| 75-79 | | | | | | |
| M9 | | | | | | |
| 80-84 | | | | | | |
| M10 | | | | | | |
| 85-89 | | | | | | |

| Women 90+ kilograms | | | | | | |
|---------------------|-------|--|-------------|--|----------|--|
| Division | Squat | | Bench Press | | Deadlift | |
| | | | | | | |
| T1 | | | | | | |
| 14-15 | | | | | | |
| T2 | | | | | | |
| 16-17 | | | | | | |
| T3 | | | | | | |
| 18-19 | | | | | | |

| | | | | | | |
|-----------------|--|--|---|------|---|-----|
| Junior 20-23 | | | | | | |
| Open 24-39 | | | Kami Gibson Evansville, IN 9/8/2018 | 57.5 | Kami Gibson Evansville, IN 9/8/2018 | 125 |
| M1 40-44 | | | | | | |
| M2 45-49 | | | | | | |
| M3 50-54 | | | | | | |
| M4 55-59 | | | | | | |
| M5 60-64 | | | | | | |
| M6 65-69 | | | | | | |
| M7 70-74 | | | | | | |
| M8 75-79 | | | | | | |
| M9 80-84 | | | | | | |
| M10 85-89 | | | | | | |

Police, Military, Fire Unequipped

| Weight | Squat | | Bench Press | | Deadlift | |
|--------|-------|--|-------------|--|----------|--|
| | | | | | | |
| 58.5 | | | | | | |