

# WHAT TO DO IF YOU ARE INJURED AT WORK

Your safety is our priority. If you are injured or become unwell as a result of your work, please follow the steps below.

## 1. Get Immediate Help

- Seek first aid immediately if required.
- In an emergency, **call 000** or attend the nearest Emergency Department.

## 2. Report the Incident ASAP

As soon as it is safe to do so:

- Notify the supervisor (house manager; nurse-in-charge; business/practice manager) at the workplace where the incident occurred.
- Report the incident to Talent Quarter using our online Incident Reporting Form. This can be accessed via any of the following methods:
  - The QR Code on the back of your ID Tag
  - <https://www.talentquarter.com> > Resources > Report an incident
  - <https://talentquarter.elumina.com.au/external/?key=TAL3549FZNYM8W>
- Provide clear details of:
  - What happened
  - When and where it occurred
  - Any witnesses
  - The injury or symptoms experienced
- If attendance at a doctor is necessary, obtain a written report and provide this to Talent Quarter.
- Once you have submitted the incident report, your Talent Quarter Consultant or their manager will call you to run through your incident report together and discuss next steps.

## 3. Stay in Contact.

Keep your Talent Quarter Consultant updated if information related to your incident changes.

Please call us on: **1800 879 500**

***Prompt reporting is important and helps ensure  
you receive appropriate support.***

If you are unsure whether an incident should be reported, report it anyway!