

Please **always** tell our staff when ordering if you have an allergy or intolerance. Below is a list of Allergens present in the standard recipe for each of our dishes. We can advise on alterations to recipes and recommend you ask to speak to one of our specially trained team members for more information. We use independent equipment and use stringent measures to reduce the risk of cross contamination however please be aware that we do use ingredients in our kitchen that do contain these allergens.



Name of Dish	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Prawn Won Ton Soup		WHEAT ✓	✓	✓								✓	✓	
Cream of Chicken and Sweetcorn Soup				✓								✓	✓	
Szechwan Hot and Sour Soup		WHEAT ✓		✓								✓	✓	
Chicken and Straw Mushroom Soup												✓	✓	
Cream of Sweetcorn Soup (v)				✓								✓	✓	
Vegetarian Szechwan Hot and Sour Soup (v)		WHEAT ✓		✓								✓	✓	
Phoenix and Dragon Roll			✓	✓			✓		✓			✓	✓	
Phoenix Tail King Prawn		WHEAT ✓	✓									✓	✓	
Crispy Pancake Rolls (v)		WHEAT ✓					✓					✓	✓	
Fried Crispy Seaweed (Spring Greens)		WHEAT ✓			✓							✓	✓	
Deep Fried Broad Beans in Peppercorn Salt (v)				✓								✓	✓	
Deep Fried Bean Curd in Peppercorn Salt (v)				✓								✓	✓	



Celery



Gluten



Crustaceans



Egg



Fish



Lupin



Milk



Molluscs



Mustard



Tree Nuts



Peanut



Sesame



Soya



Sulphur Dioxide

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Spicy Vegetable Triangles (v)		WHEAT ✓					✓					✓	✓	
Sesame King Prawn Toast served with Sweet Chilli Sauce		WHEAT ✓	✓	✓								✓	✓	
Sesame Chicken Toast served with Sweet Chilli Sauce		WHEAT ✓		✓								✓	✓	
Roasted Spare Ribs of Pork with Honey Sauce	✓	BARLEY & RYE ✓										✓	✓	
Teriyaki Barbecue Spare Ribs		WHEAT ✓								✓	✓	✓	✓	
Crispy Prawn Won Ton served with Sweet and Sour Sauce	✓	WHEAT ✓	✓	✓			✓					✓	✓	
Crispy Chicken Won Ton served with Sweet and Sour Sauce	✓	WHEAT ✓		✓			✓					✓	✓	
Chicken in Peppercorn Salt				✓								✓	✓	
Mustard Chicken served with a Sweet Salad Cream Sauce				✓			✓		✓			✓	✓	
Satay Beef served with a Spicy Satay Sauce			✓							✓	✓	✓	✓	
Satay Chicken served with a Spicy Satay Sauce			✓							✓	✓	✓	✓	
Satay King Prawn served with a Spicy Satay Sauce			✓							✓	✓	✓	✓	
Minced Lettuce Wrappings		WHEAT ✓						✓	✓	✓		✓	✓	
Deep Fried Squid in Peppercorn Salt				✓				✓				✓	✓	
Deep Fried Squid served with a Sweet and Sour Sauce	✓			✓				✓				✓	✓	



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Five Spiced Shredded Chicken served with a Sweet Chilli Sauce				✓								✓	✓	
Thai Spring Rolls served with a Sweet Chilli Sauce	✓	WHEAT ✓	✓	✓	✓		✓					✓	✓	
Sea Trio in Peppercorn Salt			✓	✓				✓				✓	✓	
Soft Shell Crab in Peppercorn Salt			✓	✓								✓	✓	
Thai Fish Cakes served with a Sweet Chilli Sauce			✓	✓	✓							✓	✓	
Crispy Aromatic Duck Served with Pancakes, Plum Sauce and Garnish		WHEAT ✓									✓	✓	✓	
Crispy Aromatic Lamb Served with Pancakes, Plum Sauce and Garnish		WHEAT ✓									✓	✓	✓	
Sweet and Sour Chicken Hong Kong Style	✓			✓								✓	✓	
Sweet and Sour Pork Hong Kong Style	✓			✓								✓	✓	
Sweet and Sour King Prawn Hong Kong Style	✓		✓	✓								✓	✓	
Sweet and Sour Chicken Takeaway Style	✓	WHEAT ✓					✓					✓	✓	
Sweet and Sour Pork Takeaway Style	✓	WHEAT ✓										✓	✓	
Sweet and Sour King Prawn Takeaway Style	✓	WHEAT ✓	✓									✓	✓	
Chicken in Black Bean Sauce with Peppers		WHEAT ✓						✓				✓	✓	

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Soybean



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Crispy Shredded Chicken in a Spicy and Sweet Sauce	✓	Barley & Rye ✓										✓	✓	
Chicken and Cashew Nuts		WHEAT ✓						✓		✓		✓	✓	
King Prawn and Cashew Nuts		WHEAT ✓						✓		✓		✓	✓	
King Prawn and Fresh Asparagus		WHEAT ✓	✓					✓				✓	✓	
Roasted Duck Canton Style		WHEAT ✓								✓	✓	✓	✓	
Roasted pork Canton Style		WHEAT ✓								✓	✓	✓	✓	
Chicken and Roasted Potatoes		WHEAT ✓						✓				✓	✓	
Lemon Chicken	✓			✓								✓	✓	
Orange Chicken	✓			✓								✓	✓	
Orange Duck	✓											✓	✓	
Green Thai Chicken Curry			✓		✓		✓					✓	✓	
Red Thai Beef Curry			✓		✓		✓					✓	✓	
Double Cooked Pork Canton Style	✓											✓	✓	
Kum Po Chicken	✓	WHEAT ✓		✓						✓		✓	✓	
Bean Curd in Oyster Sauce		WHEAT ✓						✓				✓	✓	

														
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Pak Choi in Oyster Sauce		WHEAT ✓						✓				✓	✓	
Quick fried Seasonal Greens in Garlic and Oyster		WHEAT ✓						✓				✓	✓	
Quick Fried Asparagus in Garlic and Oyster		WHEAT ✓						✓				✓	✓	
Sugar Snap Peas and Baby Sweetcorn		WHEAT ✓						✓				✓	✓	
Monks Mixed Vegetables with Bean Curd		WHEAT ✓						✓				✓	✓	
Quick Fried Bean Sprouts		WHEAT ✓						✓				✓	✓	
Quick fried Vegetables in Curry Sauce	✓	WHEAT ✓							✓			✓	✓	
Vermicelli Singapore Style		WHEAT ✓		✓			✓		✓	✓	✓	✓	✓	
Stir Fried Noodles with Bean sprouts		WHEAT ✓										✓	✓	✓
Stir Fried Thick Noodles with Mixed Vegetables		WHEAT ✓										✓	✓	✓
Stir Fried Thick Noodles with Chicken		WHEAT ✓										✓	✓	✓
Stir Fried Thick Noodles with Beef		WHEAT ✓										✓	✓	✓
Stir Fried Thick Noodles with Prawns		WHEAT ✓	✓									✓	✓	✓
Chicken Fried Rice				✓			✓					✓	✓	
Young Chow / Special Fried Rice				✓			✓					✓	✓	



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Singapore Fried Rice				✓			✓		✓	✓	✓	✓	✓	
Egg Fried rice				✓								✓	✓	
Boiled Rice														
Pineapple Fried Rice				✓								✓	✓	
Pineapple Fried Rice (v)				✓								✓	✓	
Chips												✓	✓	
Canton Steak Flambe	✓	Barley & Rye ✓										✓	✓	
Spicy Beef in Sweet Garlic Sauce												✓	✓	
Beef Steak with Chilli and Black Bean		WHEAT ✓						✓				✓	✓	
Beef Steak with Black Pepper		WHEAT ✓						✓				✓	✓	
Beef Steak with Spicy Seafood Sauce	✓	WHEAT ✓	✓	✓	✓		✓	✓				✓	✓	
Szechwan Beef		WHEAT ✓									✓	✓	✓	
Szechwan Chicken		WHEAT ✓									✓	✓	✓	
Szechwan Prawn		WHEAT ✓	✓								✓	✓	✓	
Beef Satay in a Spicy Satay Sauce (Main)		WHEAT ✓	✓		✓						✓	✓	✓	

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