



Everything DiSC Productive Conflict®

Available Formats: Live (onsite) or Virtual

Program Length: 3 modules (50–90 minutes each)

(select individual modules or complete the series)

Overview

Everything DiSC Productive Conflict® helps participants improve self-awareness around conflict behaviors and transform destructive responses into productive ones. The program builds a shared language for addressing conflict constructively.

Learning Outcomes

By the end of this program, participants will:

- Understand how their DiSC® style shapes conflict behaviours.
- Recognize and reframe destructive responses to conflict.
- Apply practical strategies to handle conflict more productively.

Modules

Module 1: DiSC in Conflict (90 minutes)

Learn how DiSC styles influence conflict behaviours and explore your own tendencies.

Module 2: Destructive Responses (50 minutes)

Identify common destructive thoughts and behaviours and understand their impact on conflict.

Module 3: Changing Your Response (90 minutes)

Practice reframing negative thoughts to choose more constructive conflict behaviours.