

18-24 Women	Event	Swimmer	Age	Time	Year	Meet
	100 Back	Jeanette Nolte	23	1:10.34	2014	Libertyville
	100 Fly	Jeanette Nolte	23	1:12.71	2014	Libertyville
	200 Fly	Jeanette Nolte	23	2:47.89	2014	Libertyville
	100 IM	Jeanette Nolte	23	1:13.90	2014	Libertyville
30-34 Women	Event	Swimmer	Age	Time	Year	Meet
	50 Free	Carrie Colburn	33	31.33	2007	TYR Chicago
	100 Free	Carrie Colburn	33	1:09.34	2007	TYR Chicago
	1500 Free	Carrie Colburn	33	22:12.89	2007	TYR Chicago
	50 Back	Carrie Colburn	33	45.52	2007	Libertyville
	50 Breast	Carrie Colburn	33	42.18	2007	TYR Chicago
	100 Breast	Carrie Colburn	33	1:37.68	2007	TYR Chicago
	50 Fly	Carrie Colburn	33	39.06	2007	TYR Chicago
	100 IM	Carrie Colburn	33	1:26.74	2007	Libertyville
	200 IM	Carrie Colburn	33	3:07.38	2007	TYR Chicago
35-39 Women	Event	Swimmer	Age	Time	Year	Meet
	50 Free	Beth De La Cruz	38	32.77	2009	TYR Chicago
	100 Breast	Beth De La Cruz	38	1:36.57	2009	TYR Chicago
	100 Fly	Beth De La Cruz	38	1:31.50	2009	TYR Chicago
45-49 Women	Event	Swimmer	Age	Time	Year	Meet
	100 Free	Alasen Zarndt	45	1:26.06	2026	Lemont
	400 Free	Geralynn Walsh	47	9:12.85	2008	TYR Chicago
	50 Breast	Geralynn Walsh	47	53.45	2008	Libertyville
	100 Breast	Geralynn Walsh	47	2:00.06	2008	Libertyville
	200 Breast	Nataliya Lavroukhina	45	3:13.64	2019	West Bend WI
	50 Fly	Alasen Zarndt	45	47.28	2026	Lemont
	100 IM	Alasen Zarndt	45	1:43.76	2026	Lemont
50-54 Women	Event	Swimmer	Age	Time	Year	Meet
<i>state record</i>	200 Free	Liz Dillmann	50	2:11.86*	2015	Urbana
55-59 Women	Event	Swimmer	Age	Time	Year	Meet
	50 Free	Cynthia Jones	58	33.94	2008	TYR Chicago
	200 Free	Cynthia Jones	58	2:47.33	2008	TYR Chicago
	200 Back	Cynthia Jones	58	3:22.61	2008	TYR Chicago