

Zine & HEARD

Amplifying Voices of Youth From Care

**APRIL 2025
ISSUE #27**



**PHOTO BY
SHERRY VANSTONE**

We respectfully acknowledge that we reside on Treaty 6 Territory; traditional lands of many First Nations & Metis people & we are committed to learning the true history of Canada & the true meaning of truth & reconciliation.

WHO

Youth from care speaking out & making a difference.

WHAT

A zine to amplify our voices & raise awareness.

WHEN

We publish around the 15th of every month.

WHERE

We are based in Edmonton but are for youth from care everywhere.

WHY

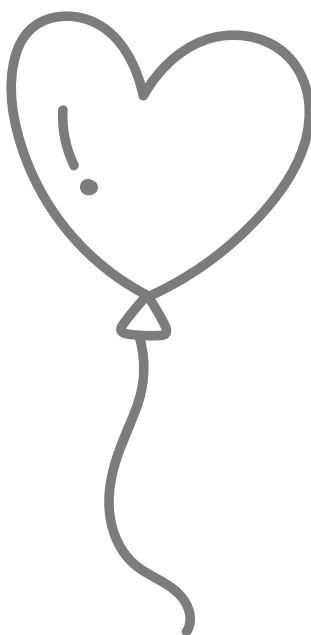
Because we can. Our voices have been silent for too long.



THE
STRONGEST
HEARTS
HAVE
THE MOST
SCARS



QUOTE: Jeff Woods ARTWORK: Chasm Frazier



EDITOR
PENNY FRAZIER

COVER
WRENN & VAL

COVER PHOTO
SHERRY VANSTONE

WHO'S INSIDE
AJA MOYAH
CREATING HOPE SOCIETY
DAKOHTAH DESTINY DELANEY
JESSE JAMS
MADY SILVER
MOOSEHIDE CAMPAIGN
NIKKI STONEY LAMOUCHE
OSYS

RAINNAH LILY
RED DRESS DAY
ROSIE
SHERRY VANSTONE
STAND UP WALK
SUZIE CRAZY BULL
TYREE BILODEAU
WELLBRIETY
YOU ARE NOT FORGOTTEN
YOUTH IN CARE CHRONICLES

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Better late than never....as a general rule.

As you can see, we are a little late getting this issue out. I'm blaming ZINE FEST! That was such a great celebration to wrap up the first year of the All Starz Zine Project. Like, SO GREAT! Seven youth had their zines for sale and we hired four other outstanding youth to help us at the event. Not sure how many youth came through as visitors but we had about 400 people attend in all and such a good time was had by all. We will def be having one in 2026 so stay tuned. Thanks again to all who came, saw, supported, spent and stayed a while. And extra thanks to Creating Hope Society and Stanley Milner Library for their support. Oh and The Cherry Pit YEG for their zine-making centre that was buzzing all day long.

Better late than never also
your story or any story or
start. Don't worry
length. Don't worry
be brave and

applies to writing. If you have ever thought about writing
some poetry or a song or whatever - it's never too late. Just
about anything technical like spelling, grammar, structure or
about how young or old you are, either. Doesn't matter. Just
let it flow. Edit later - if ever. Raw is good. Raw is real.

As for BILL 38, there are a lot of MLAs speaking out against
the proposed legislation to erase youth from care from the
records by not recognizing their deaths, not recording or
documenting why they passed away before the age of 22,
not seeming to care that these youth mattered, dehumanizing
their existence and treating their passings as Red Tape. We
would like to thank MLA Brooks Arcand-Paul for taking the March
issue of Zine & HEARD to the legislature and imploring the UCP
to read what youth from care had to say about the impact of
Bill 38. We would also like to thank CBC Edmonton for their
coverage. It is possible that they will amend this bill to continue to
allow the Child and Youth Advocate to do the investigations and
the work that needs to be done. IOW - Address the issue of
so many youth from care dying - instead of trying to
hide it.

We are heading into our new funding stream for the All Starz
Zine Project until April of 2027. Looking so forward to
working with the youth at EYOC and in the community
again. Onward & upward! Thanks again for all
your support.

With love, Penny Frazier, Editor

Please get a hold of us to share your stories, poetry, art, music, life, hope.

Deadline for the June issue is May 25th.

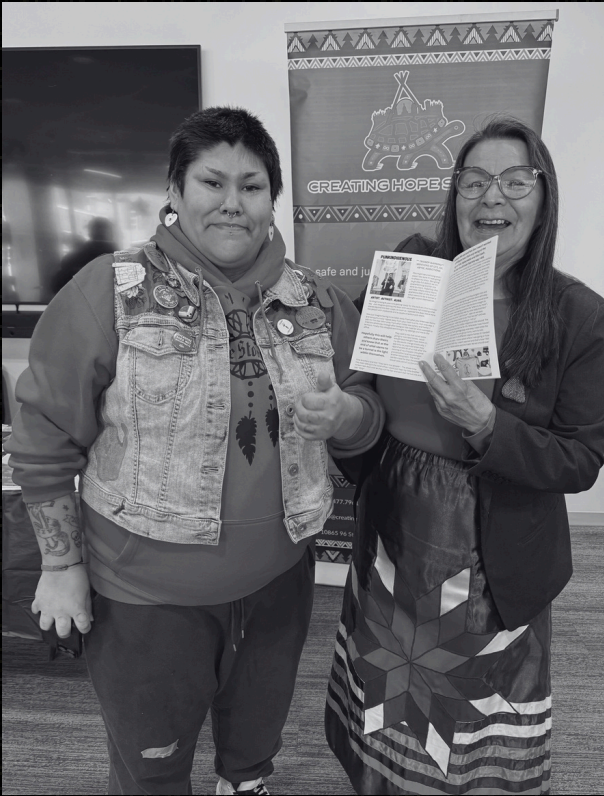
Contact us at editor@zineandheard.ca or [@zine_and_heard](https://www.instagram.com/zine_and_heard) on Instagram.

Or you can text me at 780-221-6124. And like I said in the editorial above, nothing matters but your
desire to share with others and maybe make someone's
day a little better because you did.

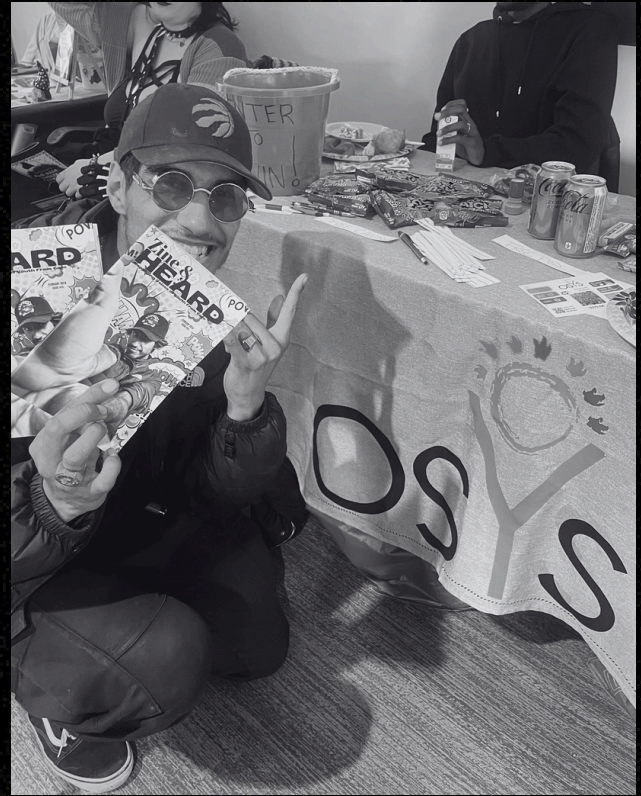
Thank you.



LEGENDS OF ZINE FEST!



Zine & HEARD contributor & ZINE FEST! Assistant, Punk Indigenous, with Creating Hope founder and Executive Director, Berndette Iahtail.



THE ONE. THE ONLY.
REDEYE RAX.



So much love to the OSYS crew for coming out. Each & every one of them.

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The Zine Fest had a major impact within myself, not to get too sensitive, but April 5th 2025 (my 19 bday) would have marked 1 year since my dad last touched me, and as my suicide date. If you've read my zine you'll know. The moment I walked into that event, something in me arose, my happiness?

I didn't know for sure , until everyone started singing happy birthday to me and from that moment I felt genuine happiness and love that I haven't felt before. I came from an awful household. I never had a childhood to look back on, but now I can proudly say I can look back to April 5th 2025, and say I felt happiness. Thank you Zine Fest, and especially Penny - you helped me view the world as something I've never viewed it as before and you helped me realize I am worth being here and that I am loved more than I know.💜

~ Tyree Bilodeau ~

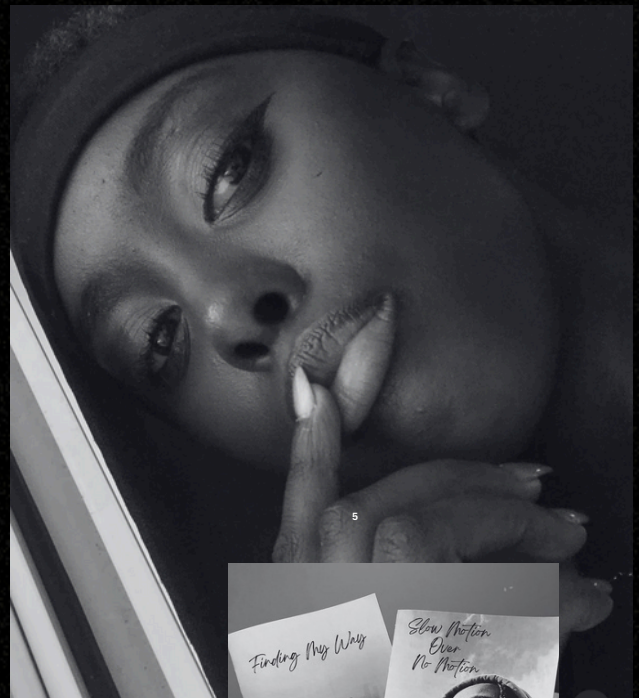
Tyree (right) and his friend, Dakhotah

On Being A Published Writer

Being a published writer is still wild to me. It's something I never really pictured for myself, but I'm so glad I ended up here. Writing has given me something real to hold onto. Something that feels like mine.

Selling my zines at the Zine Fest was an amazing experience, and the entire event was just full of great people and great energy. I'm truly thankful and glad that I got to share my story further and be a part of such a monumental moment like that.

~ Mady Silver ~





~ Suzie Crazy Bull ~

Thoughts on being published

“There’s light at the end of the tunnel”, recited phrase of deceived words, unappreciative of past and present, only recognition granted is for future potential. But an opportunity faithfully handed upon, believing what we have come to be; everything before, and in between, is already capable.

Intended goal to be amplifying, showing we’re enough as we already are, that we have purpose, that we’re not worthless, proving there’s no need to change it’s simply redefining. Surrounded by others that actually understand, how tiring it is to get up over and over again, somehow we still stand, we were given a chance to be inspiring. Fulfilling a purpose from who we have come to be, recognizing how much we’ve already achieved, offering an eager hand.

Chance given, no earned reason, so simple but so healing.

Much love to Jesse Jams for being part of ZINE FEST! His zine was kind of an all you want to know about JESSE JAMS - the award-winning short doc complete with all the words to all his crazy Jesse Jams & The Flams songs. All his lyrics are based on real life events he experienced as a youth from care moving from place to place.

THOUGHTS ON ZINE FEST?
“VERY COOL”



What does being published mean to me?

In the simplest terms it means everything. Being a published writer is something I wasn't sure I was worthy of, there's so many stories and voices in the world and I didn't know if mine would matter.

I come from a place of understanding that writing is a gift, having the privilege to know how to write, how to articulate myself in the best possible way, and to use my writing to build community & understanding is very important to me.

Seeing my first copies in person was surreal, it felt like I knew it was my own words yet I'm reading & processing it in a third person view, I'm still not sure if it's fully hit me.

The overall experience of being a published author has given me an immense sense of optimism, I wrote and created an entire zine just on my experience with Borderline Personality Disorder, the possibilities are endless with my creativity.

How did it feel to sell my zines at Zine Fest?

I was very anxious in the first hour, I've sold multiple forms of art before but never anything I've written, let alone a good chunk of my life story.

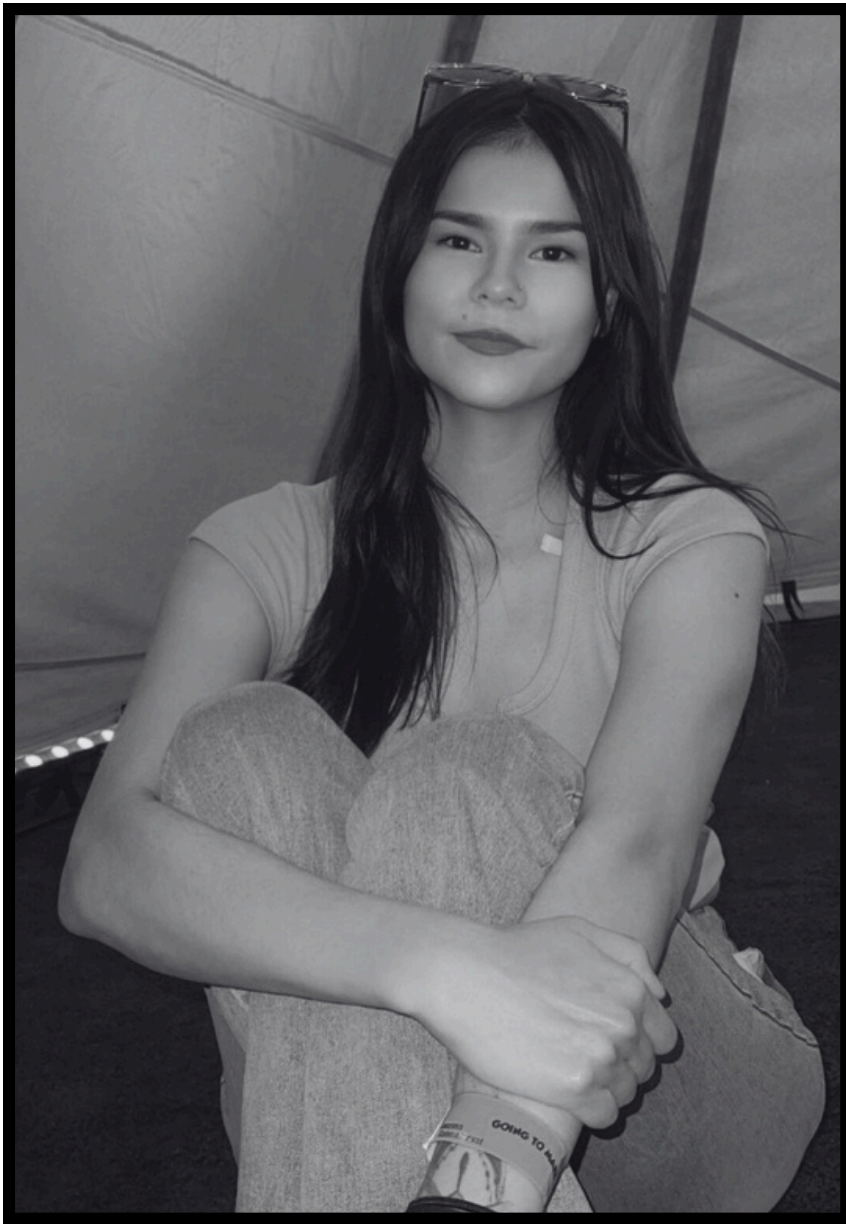
I was unsure if people would want to read my zine but I made connections with a lot of them due to the topic of my writing. I'm elated that people found comfort in knowing they're not alone, and they gained a sense of understanding within themselves.

I felt and still feel accomplished, my main goal in life is to help others in whichever way I'm able to and that's what I did at Zine Fest! A person came by my table and said the decorations I had used made them happy and that experience alone filled my heart with warmth.

Money is nice, but I'd be lying if I said that's the reason my zine was created. It was an honour to be pitched the idea for my zine, and I'm beyond grateful that I could bring it to life.

~ Rainnah Lily ~





My name is Aja Moyah and I am from Frog Lake First Nations. I make paintings to express my love and feelings. It also helps me when I am down. I love making landscapes for the people I love because when I finish the painting and look at it, it makes me feel like I'm in that place. I love making paintings of animals as well because they are beautiful in nature and I love watching nature in the real world. It clears my mind. When I am done school I want to become a veterinarian because I love animals.

Aja Moyah





Aja
Moyah





Wrenn & Val

A story of friendship on the street.

By Sherry Vanstone

Sometimes the people who end up meaning the most to us come from the most unexpected places. Wrenn and Val met in a youth shelter, during one of the hardest chapters of their lives. At first? They couldn't stand each other. But over late nights, shared struggles, and way too many emotional breakdowns (some involving hypothetical cats), something changed.

They became family. What started with judgment and distance turned into support, laughter, and a friendship that's still going strong almost two years later. In this conversation, they talk openly about the realities of homelessness—what it's like, what people get wrong, and how finding your “person” can help you get through anything.



SV: Where did you two meet?

Wrenn: Um, a youth shelter. I didn't like Val when we first met because of who they were dating, because they were dating an a-hole.

SV: Okay, so you met while you're both staying at the same shelter?

Val: We met at the youth shelter. We met in the youth shelter, um in the dining room. um she didn't like me at first.

Wrenn: Yeah, I already told this.

Val: Yeah, she didn't like me for a month

Wrenn: And for context, Val was dating another youth at the shelter and I didn't like her.

Val: And then a month later I started hanging out with Wrenn more and then I started calling her mom and here we are almost two years later.

Val to Wrenn: I just started calling you mom.

SV: What does it feel like to be called a street mom?

Wrenn: That's funny. I have child. Good, but It's funny. I don't know. it's good.

Um, it's funny though. um, didn't expect that to happen. Um. Now I have a lovely child. (pause Okay. I can't tell if your jacket is giving, um like, fuck boy or grunge.

Val: Grunge.

SV: How did your friendship affect your time on the street?

Wrenn: The friendship made it easier dealing with all the bullshit.

Val: She (gestures at Wrenn) was like - my person. The person I went to if anything happened, it's still that way. If anything happened, I'd go to her, if I was upset and needed a friend and support. She was - she is - a massive support for me.

Wrenn: We had each other, and Buddy. Buddy and the two of us - we were our own little little triangle. We are a little triangle. We're not a triangle anymore.

Val: No, but still. you're my best friend. Buddy, she's your best friend.

Wrenn: I know, but um, we now added Pookie and Rainnah to the friend group, so it's not a triangle. It's now a pentagram.

Val: Yeah, actually it is. This helped with the little bits. Um, just hanging out and fucking around.. just being kids.

Wrenn: That one time you got drunk and you were crying at literally everything like, no matter what I said. At the point where I decided I was just gonna stop talking because everything I said made her cry, and then she started crying because she thought that I was mad at her. Girl started crying over a twisted tea box because she was like, oh, you left it. And I was like, it's okay. A stray cat will play with it. And then she started crying because the cat was homeless and I was like, girl, you're homeless. Why don't you cry about you?

Val: The cat didn't do anything. It was innocent.

SV: You think you weren't innocent?

Val: I was, but like, I don't know. It was just a little cat.

Wrenn: (exasperated) A hypothetical cat. Not even a real cat. It was a hypothetical cat that you started crying over.

SV: How will the experience of being homeless continue to affect your life?

Wrenn: Yeah, the whole experience of being homeless - I'm kind of thankful for it. Specifically because it's kind of what got me off my ass, to actually get my shit together and get shit done. Also, I met the child and found Buddy and Pookie and Rainnah and Charlie and you guys at OSYS.

Val: I'm very happy that it happened, I guess, because it got me away from my family and I became a better person because I wasn't in such a toxic environment, 24/7. And it brought me to all of my lovely friends and my mom (Wrenn), and a whole new world of opportunities. and somewhere where I can like finally take my time to be me and not be pushed down.

Wrenn: My ex got mad at me one time because I said that was grateful that it happened. Anyways, not the point.

SV: What are some unseen struggles that you might have gone through being homeless ?

Wrenn: Definitely just how you have to eat whatever you get. Especially considering I have full on sensory issues.

Val: Yeah. That. I also agree with that, like the food, not being able to have food that is sensor-ily appealing? Yeah, pleasing. Also, just constant food poisoning. It's not good.



SV: What's going on internally when you first find yourself on the street?

Wrenn: Um. it's a good question. Um, personally, my brain was focused on getting out of there. I was definitely very, very anxious and um distraught. I didn't know what was gonna happen, anything like that, but um I tried my best to focus on getting whatever I could get done to get out of there. I remember the first time I went with, a lot worker-mi um I went I got my pair of shoes because mine had a hole in them and then I like went to the library and got a library card and then I went to the bank.

Val: To be completely honest. It was the best I probably ever felt. Okay, because my family situation was very abusive. It was my first breath of fresh air. I got to be without all of the crap. Um, it was terrifying, though, absolutely horrifying. I was the only 15 year old there, and the only 15 year old that went there consistently. I got MRSA, which I'm going to explain what it is because a lot of people don't know. MRSA is what they call a superbug, it is drug resistant and not great at all. And I got it in my upper thigh. At first I thought I was an ingrown hair, now I realized I used to take testosterone. and I think there was an open area. And since the shelter environment is so susceptible, because it's mostly in hospitals and shelters. And I think it's where my body just started saying screw you- go die. But I didn't fully get to this point until after I left the shelter. Um, being without a consistent, like, secure home of your own and having mobility issues. It's awful. At the last place (transitional housing) they told me I couldn't have my wheelchair. for whatever reason, and they like fought me about it for a month and they would tell me that I had to go put it down in the basement into storage, and I couldn't use my wheelchair. Yeah, well, I always kept it in my room and I was like: Fuck you.



SV: Tell us about the shelter experience.

Val: Um well, the day that I went to the shelter, I was staying with friends who were trying to help me get out of my household. and they told me I couldn't stay there anymore and they couldn't help me anymore. So, I experienced a crisis and I did something, and so I went to the hospital and I decided to give up on the hospital and go to the shelter. I asked this mom how to get to the shelter and she showed me and I didn't have any way of transportation, so I was gonna walk the two hours. And so she talks to me in the parking lot and it is like, hey, do you want to ride? And so I'm just like, sure, because she's a mom, she has a kid. They're also at the hospital. I don't think she's just coming to the hospital to kidnap kids. Yeah. Anyways she took me to Tim Horton's, got me food and then took me to the shelter and it was horrifying. It was like 9 pm. I was the only person out there.

Wrenn: Oh, at least I came during the day, like the sun was still out.

Val: Yeah it was just black. I have to ring the doorbell, they let me in. and then they started. If they don't recognize you when you ring the door bell, they'll ask you if you've been there before and stuff, and like if you haven't, they'll be like okay, we're gonna do an intake. My intake was a bit different than hers. because I was 15, so I had to either go through NACIS or I had to ask my parents permission. And NACIS said, my parents were my legal guardians, so I have to ask my parents. So I asked my mom, she's like, yeah. Cool. And then I did the interview which took forever. I was that person's first ever intake as well.

Wrenn: It's fucking terrifying. I couldn't get myself to go for like four days. I was sleeping in my grandma's garage waiting for my friend to come back from her camping trip, and then she took me and so when I went, a guy is at the door yelling at the staff - and I was like, this is scary, let's just go on a little walk first. That was when you lined up to get in kind of thing. The intake - very anxiety inducing and like it's a very long process, kind of depending on what staff you get, it either goes really well or it's like they're um, I don't know, it's like they're judging you. There were eight bunks, 16 beds. 16 people in one room. There was like five bathrooms in total. Every night you went to sleep after you went to bed with um a whole new group of people in there who you didn't know and didn't know what could possibly happen, et cetera.

Val: For me, it was specifically the first couple nights. It was just terrifying, being at the shelter.

Wrenn: It kind of it took me a bit, but I started talking to a few people. But the first couple of nights is terrifying, because you go from maybe sharing a room with a sibling or two or even having your own room to - sleeping in a dorm room with 16 other people and you don't know who they are. Like you're sleeping in the same room as you know, rapists and shit like that. And wow.. Even though you kind of like, get used to it, eventually, it's still like nerve racking every night, even though you kind of gotten used to it, it's still the same every night.

SV: What things brought you joy during that time?

Wrenn: Hanging out? There was a lot of downtime because just trying to get stuff dealt with in regards to like finding housing and stuff takes forever. And I don't know, um, just always hanging out with Val, and Buddy, and everyone else outside of OSYS and stuff, going on adventures.

Val: Yeah hanging out with Buddy and Wrenn and like, I never lived here before, so it was all like a whole new place. I'm just like, "New things." And at the same time, it was nice to be with people, so you're in a new place all alone and like I was the scared 15 year old who'd never been out here by themselves.

Wrenn: Honestly, I felt like I was 14 again, fucking around with my friends all day. There's nothing else to do.

SV: What advice would you give to young people currently experiencing homelessness?

Val: Don't start drama or fights. And drugs? Yeah, stay away from the hard drugs. They're not good. No hard drug use. No, no, no. No, no, no, no, no, no, no, no, no, no, no, no, no, no.

Wrenn: Make friends with people you trust and don't don't take stuff from strangers, you know, don't don't don't do drugs and don't don't do drugs from strangers, you know? Yeah, you never know what's gonna be in them.

SV: Is there a happy memory that stands out from before your time being homeless?

Val: Probably my 15th birthday. Yeah. I went to BC to go to visit my sister. And we went to like this massive forest with massive trees. It's awesome, then we got ice cream.

Wrenn: I'd say the day I got my cat, but I was technically homeless then because I was couch surfing.

SV: Did you ever surprise yourself on the street?

Wrenn: Yes, I didn't think I could hold out.

SV: What is a misconception about homeless youth?

Val: We are not all drug addicts. We are not all bad kids. We did not choose this. We shouldn't want this. Nobody wants this. And like the bias that everyone who's homeless does drugs, especially youth, or like they're bad people, or they're gonna steal from you. Sure, it's good to be like careful, but not every single person's gonna do that.

Wrenn: Um. I don't know, most people, it's because, like, society is built to serve neurotypicals and a lot of people just don't succeed in that environment at all, you know.

Wrenn and Val's story is messy, hilarious and heartbreaking. Their friendship didn't erase the trauma of being homeless, but it made it survivable. It gave them someone to cry with, joke with, and lean on when everything else felt unstable.

They're not just surviving now—they're building lives, remembering where they came from, and supporting their chosen family members.

They ask us to look beyond the negative stereotypes, and to see the humanity in each young person who is struggling.

**As Wrenn said:
“We had each other.”
And sometimes,
that's what makes
all the difference.**

~ Sherry Vanstone



BILL 38 - A Time Limit On Caring

In February, Minister of Service Alberta and Red Tape Reduction Dale Nally tabled Bill 38, which aims to alter legislation, including removing “unnecessary requirements” from the Child and Youth Advocate Act.

Excerpt from The Rockies. therockies.life

A lack of reporting isn't the worst of Bill 38. Right now, the OCYA investigates deaths of youths up to the age of 24 or older in some cases. Bill 38 would make youth death investigations mandatory only when a child is under 18 and receiving services, but discretionary when a youth dies within two years of receiving services up to 20 years old.

What is Nally's reasoning? “This is about making it easier for the advocate (Pelton) to do what's right and to empower him to make the correct decision,” said Nally.

Pelton, a woman, was left dumbfounded by Nally's reasoning, stating, “That is not a rationale that I understand.”

You should probably know the gender of the person you are trying to “empower”, Nally. Although, we shouldn't be too surprised since Nally never actually consulted with Pelton.

At first, Nally claimed “we engaged with the Advocate, as well as other stakeholders” but later clarified that he personally “didn't do the consultation” and deferred to Turton.

According to Turton, Pelton agreed with some of the items in the bill. Meanwhile, Pelton openly stated that she “can't get on board with this (bill)” in an interview.

At the very least, Pelton has made it crystal clear that she has major problems with Bill 38 and would rather the UCP government pour resources into supporting youth transitioning into adulthood.

“I've said many times that I believe that young people transitioning out of care and into emerging adulthood need more support, and one of the ways we know how they're doing is by receiving notifications of their death and then reviewing their services,” said Pelton.

“I'm worried about young people leaving government care where the government has been their parent, and they don't have the natural support of their own family,” she continues.

Pelton isn't the first Child and Youth Advocate to seek better support for young adults leaving government care. There was former Child and Youth Advocate Del Graff who also advocated for more support for young adults transitioning out of child intervention. Sadly, Graff and Pelton's request continues to fall on the deaf ears of a government that cares little for the outcomes of our province's children outside of government care.

Dead kids are not red tape.

BILL 38

“They want to silence us.”

Former youth in care, Name Withheld

“Just another way to make us disappear.”

Former youth in care, Name Withheld

**“I’ve been surrounded all my life by people in care,
and the amount of them who died around
the age of 20-26 is shocking.”**

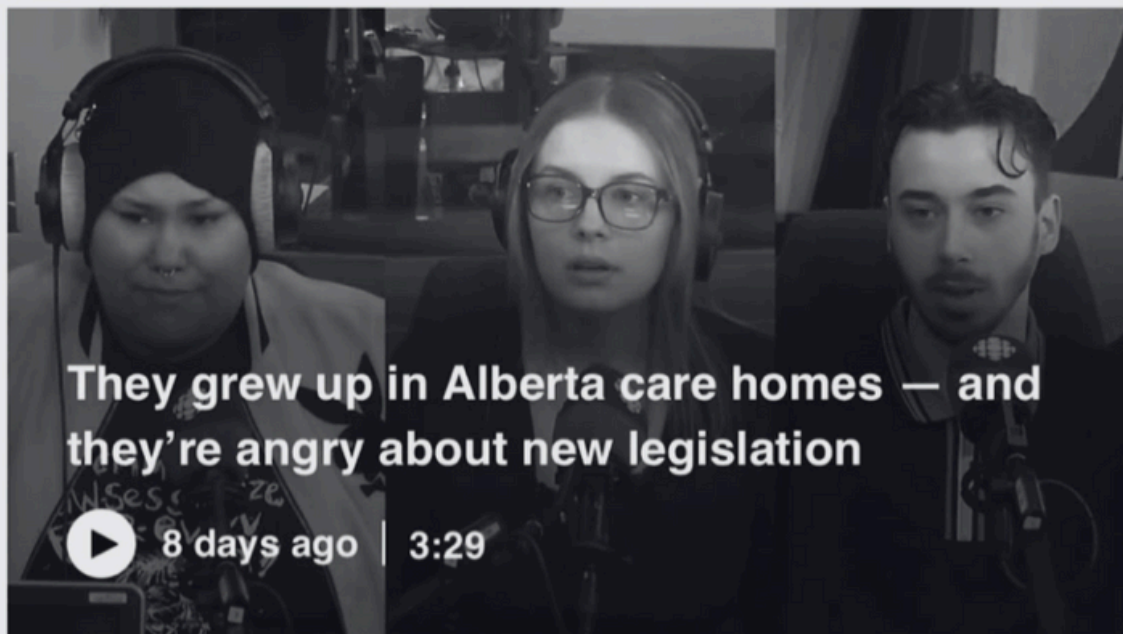
Brendan, former youth in care



The bill is the province’s ninth Red Tape Reduction Bill and according to Minister Dave Nally, “It is perhaps one of the best.”

DEAD KIDS ARE NOT RED TAPE

RAISE THE AGE. LOWER THE STATS.



They grew up in Alberta care homes — and they're angry about new legislation

8 days ago | [News](#) | 3:29

Last week, Alberta announced legislation that the province's child and youth advocate says would stop the office from investigating deaths

If you missed it, three former youth in care spoke up on CBC EDMONTON RADIO about BILL 38 and the negative impact it will have. From left to right, Nikki, Shay and TJ pulled no punches in response to youth who pass away in care being considered “red tape”. Theirs and other statements published in the the March zine were taken to the legislature by MLA Brooks Arcand Paul who implored the UCP to listen to what they had to say about BILL 38. The Bill is currently tabled.

Youth in care feel deep loneliness and a lingering sadness that is unexplainable. Because they are separated from their family, the government is responsible for their well being. The system needs to be restructured as right now government truly has a “We don’t care” attitude.

The deaths of these children and youth area a red flag not red tape. They need to be investigated. Something is clearly flawed and changes need to be made. Somebody out there loved that person.

Rosie, Former youth in care

SOME PARTS OF MY JOURNEY

Hi, my name is Dahkotah Destiny Delaney. From October to January 2024, I was about three months sober then but when my 19th birthday came around, I met someone and I started doing drugs again. I didn't know what recovery really was. I relapsed a lot. I couldn't keep myself sober for very long. I would go to detox and treatment but relapse after. It was such a back and forth, up and down time.

I have had a very long journey in addiction and recovery and I am only 20 years old. It's been a rollercoaster but my recovery reveals that I now have a better understanding of my way of life and it brings a new perspective on the way I see things. I am currently 7 months sober and expecting a baby soon.

I've been in and out of recovery since I was 16 going on 17. At that age, I was on the streets being sex trafficked. I dealt with the sex trafficking and human trafficking rings that still exist in Edmonton today.



I have experienced being homeless many times. I have experienced violence many times. I lost family and friends and hope in myself. I thought I was gonna be 6 feet under due to my addiction and the ways I was being taught on the street.

I had an amazing baby boy named Tayittiuym-Lee at the age of 17. Less than three weeks later I became pregnant with twins. I sadly fell into addiction all through the twins pregnancy that I carried till August 29 of 2023. I went to rehab in June 2023 but it didn't last long - I only lasted nine days. I wasn't ready to change my life. They said don't drink or do drugs when you're pregnant but I had the mind of an addict. Sadly I gave them up for adoption and someone was there to take them right after they were born but it was my decision and I was still in addiction then.

At the age of 19, I lost all contact with my twins and their parents who adopted them three weeks after they were born. I didn't stay with the father of my twins because of his manipulative ways and actions and being controlled by him. Being in a toxic relationship led me to do more drugs.


From October 2023 to January 2024, I was about three months sober then but when my 19th birthday came around, I met someone and I started doing drugs again. I didn't know what recovery really was. I relapsed a lot. I couldn't keep myself sober for very long. I would go to detox and treatment but relapse after. It was such a back and forth, up and down time.

I'm now 20 and living a healthy sober life, my addiction does not define me. It defines how getting sober affects your personality and how you present yourself to others. I'm slowly getting my family back. It's been 2 and half years that I've been in the game of addiction. It's taken me that long to get in the full swing of it finally. You may have to start at square one again but try not to fall back into your old ways because it hurt me a lot. I struggled to get my family back. I was homeless and I lost family and friends and hope in myself. I thought I was gonna be 6 feet under due to my addiction and the ways I was being taught.

I may be 20 now but it sometimes seem like I've got a long road to my first year of sobriety. I just take it day by day. The meetings help. Getting the resources I need and asking for help and reaching out to try to find the answers. I am grateful to be in sober living with my friend Tyree, now. Always learn from the stories you hear from others. Don't let others define who you are.




My support worker, Sissy, and I. She helps me a lot.




*Don't let
others
define who
you are.*

Dakhotah Destiny Delaney




Honouring The Circle of
WELLBRIETY

"WALKING THE RED ROAD ONE MOMENT AT A TIME"
MEETING INFO



Monday Evenings
 6 to 8 pm
 Creating Hope Society
 10871 96 St NW
 (Use North Side Door)



PLEASE NOTE, CIRCLES WILL NOT BE HELD ON HOLIDAYS.

<p>CREATING HOPE SOCIETY is pleased to host a NEW Red Road to Wellbriety sharing circles with meeting every Monday evening</p>	<p>CALL Gerry (587) 596-9814 Michelle (780) 716-9423</p> <p>MORE CONTACT INFO: yep@creatinghopesociety.ca ctd@creatinghopesociety.ca</p>
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WWW.CREATINGHOPE SOCIETY.CA

"Wellbriety is based on the 12 steps of recovery and it is held the Nehiyaw Native way by honoring the directions the colors the animals the plants and Mother Earth. We honor the ceremonies the medicines and all living things to keep us sober. Wellbriety is walking the red road and healing with the smudge lit, eating food together and creating a healthy forest with brothers and sisters, with family. We have fire starters to start the sharing circle then move onto the 12 step meetings to diminish the core issues that block one from freedom. It's a beautiful way to unite and heal together."

**MAY
14**

**MAY
14**

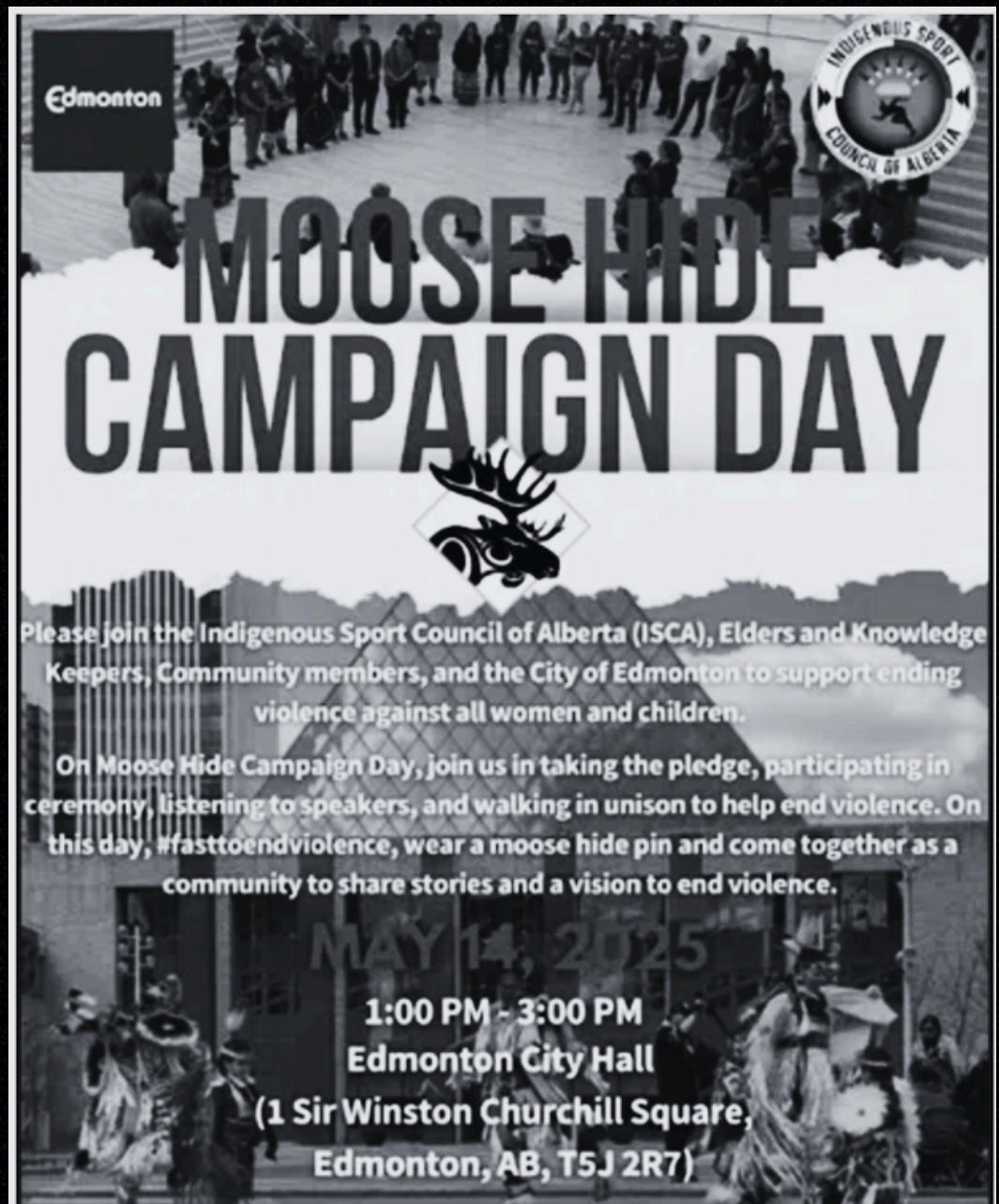
**MAY
14**

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**MAY
14**

A black and white poster for Moose Hide Campaign Day. At the top left is the 'Edmonton' logo. At the top right is the 'INDIGENOUS SPORT COUNCIL OF ALBERTA' logo. The title 'MOOSE HIDE CAMPAIGN DAY' is in large, bold, sans-serif capital letters. Below the title is a stylized moose head logo. The text below the logo reads: 'Please join the Indigenous Sport Council of Alberta (ISCA), Elders and Knowledge Keepers, Community members, and the City of Edmonton to support ending violence against all women and children. On Moose Hide Campaign Day, join us in taking the pledge, participating in ceremony, listening to speakers, and walking in unison to help end violence. On this day, #fasttoendviolence, wear a moose hide pin and come together as a community to share stories and a vision to end violence.' Below this text is a photograph of a group of people in traditional Indigenous regalia. Overlaid on the photo is the date 'MAY 14, 2025' and the time '1:00 PM - 3:00 PM'. At the bottom, the location is listed: 'Edmonton City Hall (1 Sir Winston Churchill Square, Edmonton, AB, T5J 2R7)'.

THE SKATE ZINE COMETH

MAY 2025

4TH ANNUAL

VICTIMS OF CRIME WEEK

STAND UP WALK

TO END

SEXUAL

VIOLENCE

**MAY 13TH
3:30-8PM**

FREE BBQ

**SPEAKERS
RESOURCES
DRUMMERS
FOOD**

WHERE? :

- The walk starts at VIOLET KING HENRY PLAZA (99th ave). We will meet with our signs, hearts, and voices to walk in community.
- The walk will end at Kinistina Park, there will be a FREE BBQ, dancers, drummers, speakers, and resource tables

WHAT? :

- This is a walk to bring awareness to, protest, and demand an end to sexual violence.
- ALL ARE WELCOME to attend
- Bring a sign!
- The walk begins at 3:30pm, festivities at Kinistina park begin at 5pm.



Scan me!

Edmonton



Canada



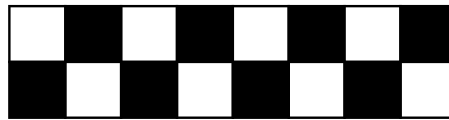
Department of Justice
Canada

Ministère de la Justice
Canada

**BRING YOUR SIGNS!
BRING YOUR HEARTS!
BRING YOUR VOICES!**

**BRING YOUR SIGNS!
BRING YOUR HEARTS!
BRING YOUR VOICES!**

**BRING YOUR SIGNS!
BRING YOUR HEARTS!
BRING YOUR VOICES!**



DIAL 9-8-8 SUICIDE CRISIS LINE 24/7
INDIAN RESIDENTIAL SCHOOLS CRISIS LINE

24- HOUR 1-866-925-4419

YOUTH EMERGENCY SHELTER (Y.E.S.S.)

780-468-7070 24/7 24 HOURS

ACCESS 24/7 - 24 HOUR

Crisis and Intake Services - 780-424-2424

KIDS HELP PHONE - 24 HOUR

Call 1-800-668-6868 Facebook Messenger

Text CONNECT to 686868

NACIS CRISIS LINE - 24 HOUR

780-422-2001

NATIONAL SUICIDE PREVENTION SERVICES

1-888-456-4566 24 HOUR

CMHA DISTRESS LINE - 24 HOUR

780-482-4357 (HELP)

KICKSTAND CONNECT

mykickstand.ca/online-care#resources

OFFICE OF THE YOUTH & CHILD ADVOCATE

**If you have questions about your rights as a young person,
need legal help, or need to speak out, we're here for you.**

Talk to Us: Toll-free: (800) 661-3446

Monday - Friday 8:15 AM - 4:30 PM

NORTHERN ALBERTA Call: (780) 422-6056

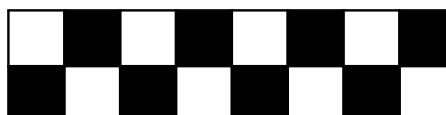
SOUTHERN ALBERTA Call: (403) 297-8435

ACCESS OPEN MINDS

**ACCESS Open Minds Edmonton is a walk-in service for individuals
16-25 years old. Young people and their families can walk-in during
open clinic hours and will be seen on a first come first serve basis.**

MONDAY – FRIDAY 12:00-5:00PM 780-887-9781

NEED TO CONNECT? DIAL 211 24 HOURS





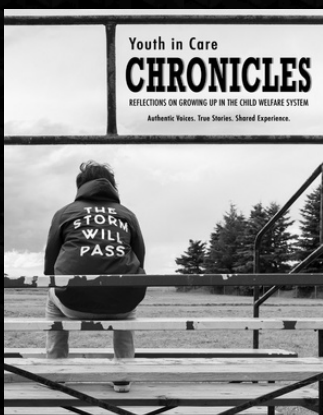
Many thanks to the Friends of Zine & HEARD

OFFICE OF THE CHILD & YOUTH ADVOCATE
CHIMO YOUTH RETREAT CENTRE
NANDA & COMPANY AMANDA QUILL
ANNE STEVENSON - WARD O-DAY'MIN COUNCILLOR
CAITLIN VERRIN MAGIC HOUR CREATIVE
DAVE HOUSEMAN JOE BUFFALO NIK KOZUB
BERNADETTE IAHTAIL & CREATING HOPE SOCIETY
OMAR MORENO GATEWAY ASSOCIATION CALGARY
DELBURNE GHOST RYDERS DR. MELANIE DOUCET COLLEEN THOMPSON
CLINT FRAZIER CADENCE LEADERSHIP & COMMUNICATION INC.
HIGHER KNOWLEDGE aka BRYANT DORAND
TOMMY TWO DOGS JAN MASLYK ANONYMOUS X7
CHEYANNE CARLSON-WHITE LYLE BELL MARLEY-JAY
LOCAL 124 SKATEBOARDS & LONGBOARDS JOEL PIPPUS
DIANA BATTEN, MLA. BUD FRASIER & THE ELECTRIC RAZORS
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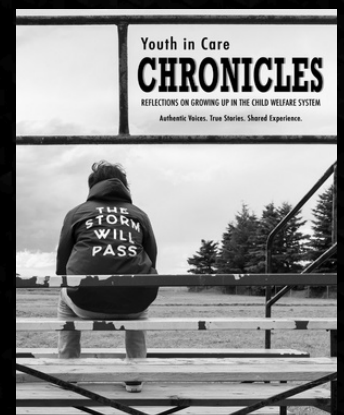
Please contact editor@zineandheard.ca or visit www.zineandheard.ca/support for more information & thank you so much. We appreciate it.



18 former youth in care from Alberta tell their stories in **YOUTH IN CARE CHRONICLES:** Reflections on Growing Up in the Child Welfare System

Available at Amazon & Audreys

All proceeds go to fund projects for youth in care.



MISSING



REMESIE ANN UY

DOB/Age:21

Height:5' 2"

Weight:110 lbs

EPS File #:

Remesie has brown curly hair and brown eyes. On the night of April 5, 2022, Remesie Uy was seen for the last time at her home in Calgary, Alberta. She is thought to have traveled to the Edmonton, Alberta area. Remesie has not been seen or heard from since.

If you have any information about Remesie, please contact the Edmonton Police Service at 780-423-4567 or Edmonton Crime Stoppers at 1-800-222-8477 or [submit your tip online](#). Please reference the EPS file number when possible.



ROBEY BAPTISTE

DOB/Age:22

Height:5'9"

Weight:141 lbs

EPS File #:23-134478

Robey Baptiste was last seen in Edmonton, Alberta, on January 26, 2023. Robey left his residence with a backpack containing some personal items. Robey was last seen wearing blue frame glasses, a black hat, a blue winter jacket, light blue jeans with cut bottoms, black running shoes, and two sweaters.

If you have any information about Robey, please contact the Edmonton Police Service at 780-423-4567 or Edmonton Crime Stoppers at 1-800-222-8477 or [submit your tip online](#). Please reference the EPS file number when possible.

Bloody Handed

It's just a matter of time,
once aged out,
our deaths forced
to be left undefined.
Cause, following biased reason,
A+ student,
9-5 work,
murdered at 21.

What would be said then?

It's only until your ideal death dies,
not when 10 prior made you say to yourselves,
"I'm not that surprised."

Repeat that statement once more,
but look into their loved ones eyes.
Funding is what our lives are already worth,
and if our life is taken after the age that is set,
do we say our goodbyes before we go?
Since we are now forced to forget.

Suzie Crazy Bull





*You
are
not
forgotten.*

A very high percentage of missing & murdered Indigenous women & girls, men & boys & Two-Spirit persons spent time in the child welfare system.