

NEWSLETTER –July 2026

Our Savior’s Lutheran Church

312 Seminole Dr., McCook, NE 69001

308-345-2363

oursaviorsmccookneb@gmail.com

St. Alban’s Episcopal Church

509 West 1st St., McCook, NE 69001

308-345-4844

alban@ocsmccook.com



The work of cultivating love takes time and intentionality. It also takes time to breathe. Jesus explains the greatest commandment as, “you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.’ The second is this, ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these” (Mark 12:30-31, NRSV). To be grounded, and to care for oneself so that one can most fully care for and show love to another, we need to cultivate love through recreation as summer provides. This time of year also invites us to acknowledge that God might be bringing forth some new or re-creation as part of God’s on-going work of cultivating love with, through, and for all of God’s beloved.

Questions for Reflection:

- What does the summertime mean for you? How might this season be one of re-creation for you?
- If out on the road, or experiencing the wonders of God’s creation, what might be one meaningful way to breathe deeply this month and to listen for God’s invitation and promise of love?
- What will you do to find some time of re-creation and/or vacation this summer, so that you will take the time you need to recharge to then be able to share love with others most fully?

Community Meal at Memorial Methodist

We are continuing the tradition of providing salads by 4 PM on the third Thursday of each month for the Community Meal held weekly at Memorial Methodist Church.

OSL – Sign-up sheet in Fellowship Hall. - STA – Please connect with Linda Thieben.

OSL - Thursday, July 16, 2026
STA – Thursday, August 20, 2026

SUNDAY SERVICES IN JULY:

OSL: Sunday, July 5 - 10:15 am, Worship

Sunday, July 12 - 10:15, Worship and Holy Communion w/ Rev. Mary Hendricks

Sunday, July 19 – 10:15, Worship

Sunday, July 26 - 12 Noon, Worship and Holy Communion with Pastor Thalia

+ + + + + + +

STA Sunday, July 5 - 10:00 am, Morning Prayer

Sunday, July 12 - **OSL** , 10:15 Worship and Holy Communion w/ Rev. Mary
Hendricks

Sunday, July 19, 10:00 am – Morning Prayer

Sunday, July 26, 10:00 am – Morning Prayer