



SUMMER CAMP REMINDERS & WHAT TO BRING

Camp: High School Camp

Registration: Monday at 2:00 pm outside the Main Lodge. Rain location is inside the Main Lodge.

Friday Final Chapel & Pick Up: After the week of camp, family is welcome to attend Final Chapel Service and a meal at 12:00pm at the Main Lodge Outdoor Stage (East of parking lot). **Final chapel will begin after the meal is served.** Rain location is inside the Main Lodge. Pick up happens after Final Chapel at around 12:45-1:00pm.

Friday Meal: Families are welcomed to join the meal before Final Chapel at 12:00pm. RSVP by calling the camp office at 712-986-5193 with name and number attending with you 3 days prior to meal.

Writing Letters: Letters to the campers may be mailed or dropped off on Monday at the registration table or in the office.

Please place name of camper, camp name, and day you want the letter to be delivered on the envelope.

Mailing address is 1242 280th St. Inwood, IA 51240.

NEW: can now send your camper mail through our website! Go to inspirationhills.org and look under the Summer Camp tab

No Cell Phone Policy: Campers are not permitted to possess a cell phone or any other electronic devices for any reason at camp. Any camper with a phone will have their cell phone/device confiscated until the last day of camp. In case of any emergency- please contact the office at 712-986-5193. If your Camper is experiencing a challenge, staff is here to care for them and if intervention is needed, parents will be notified directly.

Canteen Money: Snacks and Souvenirs money can now be added online or in person at registration! We suggest \$10-\$25 for week-long camps and \$8-\$15 for 3-day camps. All campers may purchase items at the Canteen during free time/ Open Activity Time. Unspent money for each camper will be used for Camper Scholarships! Canteen Money will be listed for the camper on your online registration under the camper's name. Canteen will be open after Final Chapel for parents and campers.

Medications: All over-the-counter & prescription medications must be handed into the Camp Nurse at Registration. No camper will be allowed to have any medications on them, unless previously discussed with camp staff. Please have instructions written out and medications in original bottles for Registration hand in.

What to Bring:

- Bible, Journal, & Pen/Pencil
- Casual clothes- modest without offensive wording
 - No spandex/biker shorts or crop tops
- TIED shoes/ sturdy shoes for playing games. Flip flops for the pool & shower use.
- At Least one pair of long pants and sweatshirts for the cool nights
- Headlamp and/or Flashlight
- Sunscreen!
- Bug Repellent
- Swimming suit & towels- Modest swimwear- One piece for girls and swimming trunks for guys. NO bikinis or speedos.
- Small backpack or draw string bag to use for going to & from the pool and activities
- Water Bottle
- Pillow & Sleeping Bag
- Towel, soap, toothbrush, personal hygiene items, etc. in a small carry bag

NOTE- please pack items in one large suitcase/bag (excluding sleeping bag/pillow and backpack).

Items that do not belong at Camp:

- Gaming devices
- Watches that can be used as phones (Smart Watches)
- Valuables you would not like to lose or have damaged
- Snacks (no food allowed in sleeping spaces/ rooms- their counselor will be able to store any canteen or snack items bought in the week)
- Phones (See policy above) and other electronic devices
- Any drugs, firearms, tobacco, vaping, or alcohol products
- Anything not mentioned—but deemed inappropriate—will be confiscated and parents will be notified.