

5th & 6th Grade Soccer



Gameday Rules and Reminders

Fall 2021

Items shown in **maroon** are changes from rules in effect for the previous age band.

-
- One game, with referee. 5th grade: Two 25 minute halves / 6th grade: Two 30 minute halves (if field times allow); 5 minute halftime; Games must end on time.
 - 9v9 format, including GK / Size 4 ball
 - 7'x 21' goals. GOALS MUST BE WEIGHTED (for practices and games). Children are NOT allowed to hang on or climb on goals!
 - Substitutions at any stoppage in play, with permission of referee
 - No adults on the designated playing area ("the field")
 - Coaches and "player bench" from both teams should be on one side of the field; spectators on the opposite side from the coaches and "player bench" (and not on end lines)
 - Goalkeepers must wear shirt/scrimmage vest of different color from their team and opponent team
 - Goalkeepers can only play one half
 - No Build Out Rules used. Pass back to GK NOT allowed; GKs must use feet if passed to by teammate.
 - Shin guards are mandatory. Closed toe footwear mandatory; cleats are optional.
 - No jewelry, no watches, no earrings (freshly pierced ears must be covered with bandaids)
 - Nothing hard in players' hair
 - Socks, shorts, and club jersey required. On cold days, club jersey should be worn as outer layer.
 - Coaches should introduce themselves and shake hands before and after games
 - Coaches supervise games from the sidelines, not on the field
 - No whistles or excessive sideline coaching
 - Parents/spectators on the sideline, not on endline, and not interfering with GKs
 - Proper throw-ins. Ball thrown with both hands, back to front, not sideways, both feet on the ground. Ball turns over after 1st improper throw-in.
 - Goal kicks happen from inside 6 yard box. There are corner kicks.
 - The offside rule is enforced according to FIFA laws
 - Free kicks can be direct or indirect, at referee's discretion. There are penalty kicks.
 - No dangerous or unsportsmanlike conduct
 - 5th GRADE: No heading (results in indirect kick or drop ball, depending on intent, at discretion of referee). ** 6th GRADE: Heading is permitted.
 - "Intentional/deliberate" use of hands is a handball.
 - No slide tackling or tripping (results in direct or indirect kick, at referee discretion)
 - No excessive celebrating or unsporting behavior
 - No dogs allowed at any DC Soccer Club venues, practices or games
 - Inclement weather and dangerous field conditions – cancel game, according to club's safety guidelines. See website.