

sermon notes

Andrew Hall, Messiah Bible Church | “The Five Books of Psalms”
September 24, 2025 | “God’s Silence in Your Suffering” | **Psalm 88**

1) God wants us to _____ to Him when we’re suffering.

2) God brings suffering to those He _____.

3) God uses silence in our suffering to drive us to _____.

4) God redeemed our suffering at the _____.

Questions for further application of God’s Word:

GO DEEPER

Compare Psalm 88 with Philippians 2:14-16. What is the difference between lamenting and grumbling? Is “complaining” inherently sinful?

Read Luke 22:39-45 or Mark 14:32-42 when Jesus was in Gethsemane. How does this story reveal the character of God, and what can Jesus show us about lamenting?

GET PERSONAL

What has been one of the most difficult circumstances you have faced, and how did you respond? Could you relate to Heman’s cries for help, and did God seem silent through that trial?

How have you seen the Lord “prune” you through trials and suffering, and what was the outcome of that?

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How has suffering in your life impacted your view of God? Has it made you draw closer and further away from Him?

PUT IT INTO PRACTICE

Consider Heman’s agony in Psalm 88. How can you encourage those who are experiencing suffering in the silence of God?

What would it look like to incorporate psalms of lament in your day-to-day life? How can you draw near to God during times of trial and suffering?