

sermon notes

Adam Casalino, Verse By Verse Fellowship | Galatians
January 15, 2025 | Spirit or Self-Effort? | **Gal 5:13-26**

1) We are free from _____
(Galatians 5:13-15)

2) Walking by the Spirit means _____
_____ (Galatians 5:16-18)

3) Self-effort is _____
(Galatians 5:19-21)

4) Fruit is produced when _____
_____ (Galatians 5:22-26)

Questions for Further Application of God's Word:

GO DEEPER

What does it mean to be “free” from the law? What is the “law mindset” as described by Paul in Galatians? Why did Paul warn the Galatians to stop biting and devouring one another? Why did Paul compare living under the law to that list of sins? What does walking by the Spirit mean? How does God produce the fruit of the Spirit in us?

GET PERSONAL

Does the word “freedom” scare you? Do you think you need the law (or some version of rules/demands you place on yourself) to remain right with God? Do you think grace alone is “not enough” to stay on the straight and narrow? Are you more confident in what you can accomplish by self-effort than in what God has promised he’ll do for you?

PUT IT INTO PRACTICE

How did Adam describe walking by the Spirit? Are there areas in your life in which you are not depending on Jesus? What would it look like for you to let go of trying to depend on yourself (or your job, bank account, family, and abilities) and depend on Jesus in that area?

ADVANCED QUESTIONS

Consider the passages Adam referenced while discussing each fruit of the Spirit (see sermon manuscript online for full details). Spend some time reflecting on these verses, along with the list of the fruit. Are you trying to “muster up” the fruit or letting God provide them by the Spirit? How would it look for you to receive this fruit first, by trusting in Christ, instead of trying to manufacture them by your self-effort?