



Dance Class Policies

TARDINESS

Students should arrive dressed for dance and at least 5 minutes early in order to change out of their street shoes and into dance shoes.

Students may not be admitted further than 5 minutes late for class.

RESTROOM

Please encourage your dancer to use the restroom BEFORE class begins, as stalls are limited and mid-class breaks will result in disruption of the class.

Parents of Preschoolers are **REQUIRED** to remain on-site to help students to and from the restroom.

WATER BOTTLE

Students are **REQUIRED** to have a water bottle for class. Please ensure your dancer has quick access to adequate hydration, as frequent trips down the hallway to the water fountain will result in less dancing and learning for your students!

ABSENCES

Students may be dropped from a class after 2 or more unexcused absences in a month. To notify CYC of your child's absences, please visit our website communityyouthcenter.org

LEVEL PLACEMENTS

Age suggestions for levels are general and may not align with your dancers' current progress with dance. We reserve the right to place dancers outside of their age range in order to find suitable fits for their current demonstration skill & aptitude.



DRESS CODE

Dancers should wear **ALL BLACK** to dance class; specifications and exceptions are given below. CYC Dance shirts are available but not required for class.

Hair should be pulled back and away from the face; please secure your dancers' hair so they do not have to fix mid-class. Please avoid heavy+long beads/braids if possible. *For **Ballet** hair should be pulled into a bun!

- **Tap:** Loose fitting tops are okay; tappers will need to have their ankles exposed for class so leggings, short bottoms, and capris are all ideal. Pants that cover the ankle are not recommended.
- **Jazz:** Dancers should wear form fitting attire that they are ready to sweat in. Layers may be worn for warm-up, but baggy tops and pants are not permitted during technique exercises.
- **Ballet:** Please send your student in a leotard and tights. A small wrap skirt is permissible for class but not necessary.
- **Modern:** Clothing may be loose or form fitting; removable layers are recommended, such as jackets and sweatpants that may be used to cushion rolling and sliding on the floor.
- **Hip Hop:** Clothing may be loose or form fitting, but please send dancers in breathable fabrics as hip hop is cardio intensive and dancers will sweat!
- **Creative Movement:** Dancers DO NOT have to wear all black in this level. You may send your student in whatever they feel comfortable moving and dancing in - please avoid flashy/frilly/costumey dance clothes, as they can become particularly distracting.



SHOE POLICY

- CYC maintains a modest stock of shoes and can also obtain shoes for dancers in need.
- We have also created a relationship with [SF Dance Gear](#) in Walnut Creek so you can use the discount code *YouthCenter15* for a discount on shoes and gear.
- Coaches may also be resources in directing parents towards retailers so please feel free to reach out or ask your teacher questions!

**Shoes can be fickle so I would recommend trying on in-person at least once to get an idea of sizing - the location in Walnut Creek is one of the few local retailers so that may be convenient for some!*

- **Tap:** Shoes can vary significantly in cost and quality so if your child does not currently have tap shoes please reach out with questions. Capezio and Bloch are desired brands; for little ones, a \$30 shoe will do just fine.
- **Jazz:** lots of options, I have personally owned Capezio but any will do. Jazz is often done in socks or bare feet but we will perform with jazz shoes.
- **Ballet:** similar to jazz shoes, ballet shoes are typically inexpensive. I have worn Capezio and I have worn Sansha. Canvas is a great starter shoe, leather is a bit fancier. Please no pointe shoes, just slippers.
- **Modern:** No shoes needed - Modern is classically done barefoot, but please send your dancer with socks!
- **Hip Hop:** Students need to wear closed toed shoes for hip hop as there is large cardio influence and lots of jumping. Any athletic/street shoe will do - please no clogs, sandals, heavy boots, or high heels.
- **Creative Movement:** Students will not be required to wear ballet shoes. Students may wear socks or dance in bare feet, but students will be permitted to wear ballet shoes if they prefer.

We strive to create and maintain incredible opportunities for our young members. We also greatly appreciate feedback and constructive criticism. Should you have concerns or comments, please contact the Head Dance Coach, Joshua de Alba at (925) 671-7070 or by email jdealba@cycmail.org. Thank you for your cooperation.