



TO ENROLL PLEASE EMAIL US [INFO@CYCMail.ORG]

Registration is ONLY done by email

*Classes with an asterisk require coaches approval Last Updated: 10/16/2025

New Members: Visit communityyouthcenter.org, fill out a registration packet and email it to info@cycmail.org
We will email you back once we have entered your information in our system.

PROGRAM/CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ACADEMIC EXCELLENCE (AE)						
	6-11 Years	3:00-8:00 PM	3:00-8:00 PM	2:00-8:00 PM	3:00-8:00 PM	
	12-18 Years	3:00-8:00 PM	3:00-8:00 PM	2:00-8:00 PM	3:00-8:00 PM	
Free Play Fridays	Check communityyouthcenter.org for Dates					3:00-6:00 PM
Kids Class*	Check communityyouthcenter.org for Dates (age & cost may vary)					3:00-6:30 PM
BOXING						
	6-7 Years	3:00-4:00 PM	3:00-4:00 PM	3:00-4:00 PM	3:00-4:00 PM	
	8-13 Years	4:00-5:30 PM	4:00-5:30 PM	4:00-5:30 PM	4:00-5:30 PM	
	14+ Years	6:00-9:00 PM	6:00-9:00 PM	6:00-9:00 PM	6:00-9:00 PM	
CHEERLEADING						
Beginner 1x per week	3-4 Years	3:00-3:30 PM		3:00-3:30 PM	3:00-3:30 PM	
	5-6 Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM		
				4:30-5:15 PM		
	7+ Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	
		4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM		
	10+ Years	5:30 - 6:15 PM				
Intermediate*	6+ Years	6:30-7:15 PM		7:30 - 8:15 pm	4:30-5:15 PM	
Flyer's Class*	6+ Years			6:15 - 7:15 PM		
Jump Class	6+ Years	7:30 - 8:15 PM				
Stunt Class*	10+ Years	6:30 - 7:15 PM				
High School Tumbling	14+ Years	7:15-8:15 PM				
Open Gym (walk-in)	6+ Years	Every 1st & 3rd Friday of the Month.				3:30-5:00 PM

COMPETITIVE CHEERLEADING						
Elite Tumbling		4:15 - 5:00 PM		4:15 - 5:00 PM		
				6:30 - 7:15 PM		
COMPETITIVE CHEERLEADING						
Prep Tumbling				5:30 - 6:15 PM		
				7:15 - 8:00 PM		
Team 1			5:15 - 6:30 PM		5:15 - 6:30 PM	
Team 2			6:30 - 7:45 PM		6:30 - 7:45 PM	
Team 3		5:00 - 6:30 PM		5:00 - 6:30 PM		
Team 4			5:00 - 6:30 PM		5:00 - 6:30 PM	
Team 5			6:30 - 8:00 PM		6:30 - 8:00 PM	
DANCE						
Creative Movement	3-4 Years	1:30 - 2:15 PM		2:30 - 3:15 PM		1:30 - 2:15 PM
Intro to Ballet	5-6 Yrs			3:30 - 4:15 PM		
Ballet 1	7-9 Years			4:30 - 5:25 PM		
	10-12 Years			5:30 - 6:25 PM		
Ballet 2 **				6:30 - 7:45 PM		
Teen Ballet	13+			7:30 - 8:25 PM		
Intro to HipHop	5 - 6 Years					3:30 - 4:15 PM
Hip Hop 1	7-9 Years					4:30 - 5:25 PM
	10-12 Years					5:30 - 6:25 PM
Hip Hop 2*						6:30 - 7:25 PM
Teen Hip Hop	13+					7:30 - 8:25 PM
Intro to Jazz	5-6 Years		3:30-4:15 PM			
Jazz 1	7-9 Years		4:30 - 5:25 PM			
	10-12 Years		5:30 - 6:25 PM			
Jazz 2 **			6:30 - 7:25 PM			
Teen Jazz	13+		7:30 - 8:25 PM			

DANCE						
Intro Modern	5 - 6 Years				3:30-4:15 PM	
Modern 1	7- 9 Years				4:30 - 5:25 PM	
	10-12 Years				5:30 - 6:25 PM	
Modern 2					6:30- 7:25 PM	
Teen Modern	13+				7:30 - 8:25 PM	
Intro to Tap	5 - 6 Years	3:30-4:25 PM				
Tap 1	7 - 9 Years	4:30- 5:25 PM				
	10 - 12 Years	5:30- 6:25 PM				
Tap 2 **		6:30 - 7:25 PM				
Teen Tap	13+	7:30-8:25 PM				
Ballet (Homeschool) **			1:00 - 1:55 PM			
Jazz (Homeschool) **			2:00 - 2:55 PM			
Modern (Homeschool) **					1:00 - 1:55 PM	
Hip Hop (Homeschool) **					2:00 - 2:55 PM	
GYMNASTICS (session -one time a week)						
Homeschool	6+ Years		2:30-3:15 PM			2:30-3:15 PM
Teen Only	13+ Years		6:30-7:15 PM			
Tiny Tots	3 Years		3:30-4:00 PM	3:30-4:00 PM	1:45 - 2:15 PM	1:45 - 2:15 PM
Tumble Tots	4-5 Years			1:30 - 2:10 PM		
				2:30 - 3:10 PM	2:30 - 3:10 PM	2:30 - 3:10 PM
		3:30-4:10 PM			3:30-4:10 PM	3:30 - 4:10 PM
		4:30-5:10 PM	4:30-5:10 PM	4:30-5:10 PM	4:30-5:10 PM	4:30 - 5:10 PM
		5:30-6:10 PM	5:30-6:10 PM	5:30-6:10 PM	5:30-6:10 PM	

GYMNASTICS (session -one time a week)						
School Age	6+ Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30 - 4:15PM
		4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	4:30 - 5:15 PM
		5:30-6:15 PM	5:30-6:15 PM	5:30-6:15 PM	5:30-6:15 PM	5:30 - 6:15 PM
		6:30-7:15 PM	6:30-7:15 PM	6:30-7:15 PM	6:30-7:15 PM	
Open Gym* (weekly sign ups)	6+ Years			2:30-3:15 PM		
JUDO						
	7-10 Years			7:00-8:30 PM		7:00-8:30 PM
	11+ Years		7:30-9:00 PM		7:30-9:00 PM	
SOCCER						
Soccer 1x per week	3 - 4 Years		1:00pm -1:30pm		1:00pm -1:30pm	
			1:35pm -2:05pm			
Soccer 3x per week	5 - 6 Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	
		5:30-6:15 PM		5:30-6:15 PM		
Soccer 3x per week	7 - 8 Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	
		5:30-6:15 PM		5:30-6:15 PM		
	9 - 10 Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	
		5:30-6:15 PM		5:30-6:15 PM		
	11 -12 Years		5:30-7:00 PM		5:30-7:00 PM	
	13+ Years	6:30-8 PM		6:30-8 PM		
Girls Only	8-14 Years			4:30-5:15 PM		
Goalkeeping (gloves required)	8+ Years	4:30-5:15 PM				
Dribble & Control	5-10 Years				4:30-5:15 PM	
	11+ Years				4:30-5:15 PM	
Intro to Soccer*	5-10 Years		4:30-5:15 PM			
	11+ Years		4:30-5:15 PM			
Scoring & Crossing	5-10 Years			4:30-5:15 PM		
	11+ Years			4:30-5:15 PM		

STRENGTH & CONDITIONING						
	8-12 Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	
	14+ Years	4:30-5:15 PM		4:30-5:15 PM		
TAEKWONDO (session)						
White Belts	6+ Years	3:30-4:15 PM		3:30-4:15 PM		3:30-4:15 PM
			6:30-7:15 PM		6:30-7:15 PM	
Color Belt	6+ Years		3:30-4:15 PM		3:30-4:15 PM	
		4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM
		5:30-6:15 PM	5:30-6:15 PM		5:30-6:15 PM	5:30-6:15 PM
		6:30-7:15 PM		6:30-7:15 PM		6:30-7:15 PM
WRESTLING						
White Shirt 1x per week	5-7 Years				3:30-4:15 PM	
White Shirt 1x per week (beginners)	8-10 Years		3:30-4:15 PM	3:30-4:15 PM		3:30-4:15 PM
White & Yellow shirt (2x per week)	7-10 Years	3:30-4:15 PM		3:30-4:15 PM		4:30-5:15 PM
Light Blue Shirt (K5 Int)*		4:30-5:30 PM		4:30-5:30 PM		
Light Blue Shirt (MS)*			4:30-6:00 PM		4:30-6:00 PM	
MS L1 (White)			4:30-6:00 PM		4:30-6:00 PM	
Red Shirt*		6:00 - 7:30 PM		6:00 - 7:30 PM	6:00 - 7:30 PM	
Royal Blue & MS L2 (Navy) *		6:00 - 7:30 PM	5:30 -6:15 PM (LIFT)	6:00 - 7:30 PM	6:00 - 7:30 PM	