



TO ENROLL PLEASE EMAIL US [INFO@CYCMAIL.ORG]

Registration is ONLY done by email

*Classes with an asterisk require coaches approval Last Updated: 1/29/2026

New Members: Visit communityyouthcenter.org, fill out a registration packet and email it to info@cycmail.org
We will email you back once we have entered your information in our system.

PROGRAM/CLASS	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ACADEMIC EXCELLENCE (AE)							
	6-11 Years	3:00-8:00 PM	3:00-8:00 PM	2:00-8:00 PM	3:00-8:00 PM		
	12-18 Years	3:00-8:00 PM	3:00-8:00 PM	2:00-8:00 PM	3:00-8:00 PM		
Free Play Fridays	Check communityyouthcenter.org for Dates					3:00-6:00 PM	
Kids Class*	Check communityyouthcenter.org for Dates (age & cost may vary)					3:00-6:30 PM	
BOXING							
	6-7 Years	3:00-4:00 PM	3:00-4:00 PM	3:00-4:00 PM	3:00-4:00 PM		
	8-13 Years	4:00-5:30 PM	4:00-5:30 PM	4:00-5:30 PM	4:00-5:30 PM		
	14+ Years	6:00-9:00 PM	6:00-9:00 PM	6:00-9:00 PM	6:00-9:00 PM		
CHEERLEADING							
Beginner 1x per week	3-4 Years	3:00-3:30 PM		3:00-3:30 PM	3:00-3:30 PM		
	5-6 Years	3:30-4:15 PM		3:30-4:15 PM			
				4:30-5:15 PM			
	7+ Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM		
		4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM			
	10+ Years	5:30 - 6:15 PM					
Intermediate*	6+ Years	6:30-7:15 PM			4:30-5:15 PM		
Flyer's Class*	6+ Years			6:15 - 7:00 PM			
Jump Class	6+ Years	7:30 - 8:15 PM					
Advanced Stunt *	6+ Years			7:30 - 8:15 PM			
Beginner's Stunt Class	10+ Years	6:30 - 7:15 PM					
High School Tumbling	14+ Years	7:15-8:15 PM					
Open Gym (walk-in)	6+ Years	Every 1st & 3rd Friday of the Month.				3:30-5:00 PM	
Open Gym High School					7:45 - 8:45 PM		

COMPETITIVE CHEERLEADING							
Elite Tumbling		4:15 - 5:00 PM		4:15 - 5:00 PM			
				6:30 - 7:15 PM			
COMPETITIVE CHEERLEADING							
Prep Tumbling				5:30 - 6:15 PM			
				7:00 - 7:45 PM			
Team 1			5:15 - 6:30 PM		5:15 - 6:30 PM		
Team 2			6:30 - 7:45 PM		6:30 - 7:45 PM		
Team 3		5:00 - 6:30 PM		5:00 - 6:30 PM			
Team 4			5:00 - 6:30 PM		5:00 - 6:30 PM		
Team 5			6:30 - 8:00 PM		6:30 - 8:00 PM		
DANCE							
Creative Movement	3-4 Years	1:30 - 2:15 PM		2:30 - 3:15 PM		2:30 - 3:15 PM	
Intro to Ballet	5-6 Yrs			3:30 - 4:15 PM			
Ballet 1	7-9 Years			4:30 - 5:30 PM			
	10-15 Years			5:30 - 6:30 PM			
Ballet 2 **				6:30 - 7:45 PM			
Intro to HipHop	5 - 6 Years					3:30 - 4:15 PM	
Hip Hop 1	7-9 Years					4:30 - 5:30 PM	
	10-15 Years					5:30 - 6:30 PM	
Hip Hop 2*						6:30 - 7:30 PM	
Intro to Jazz	5-6 Years		3:30-4:15 PM				
Jazz 1	7-9 Years		4:30 - 5:30 PM				
	10-15 Years		5:30 - 6:30 PM				
Intro Modern	5 - 6 Years				3:30-4:15 PM		
Modern 1	7- 9 Years				4:30 - 5:25 PM		
	10-15 Years				5:30 - 6:25 PM		
Intro to Tap	5 - 6 Years	3:30-4:15 PM					
Tap 1	7 - 9 Years	4:30- 5:30 PM					
	10 - 15 Years	5:30- 6:30 PM					

Dance							
Tap 2 **		6:30 - 7:25 PM					
Flag							
Littles	8 -10 Years		4:30 - 5:15 PM				
GYMNASTICS (session -one time a week)							
Homeschool	6+ Years		2:30-3:15 PM			2:30-3:15 PM	
Mommy and Me	2 +Years						9:00- 9:30 AM
							9:45 - 10:15 AM
Teen Only	13+ Years		6:30-7:15 PM				
Tiny Tots	3 Years		3:30-4:00 PM	3:30-4:00 PM	1:45 - 2:15 PM	1:45 - 2:15 PM	10:30 -11:00 PM
Tumble Tots	4-5 Years			1:30 - 2:10 PM			
				2:30 - 3:10 PM	2:30 - 3:10 PM	2:30 - 3:10 PM	11:15 - 11:50 AM
		3:30-4:10 PM			3:30-4:10 PM	3:30 - 4:10 PM	
		4:30-5:10 PM	4:30-5:10 PM	4:30-5:10 PM	4:30-5:10 PM	4:30 - 5:10 PM	
		5:30-6:10 PM	5:30-6:10 PM	5:30-6:10 PM	5:30-6:10 PM		
GYMNASTICS (session -one time a week)							
School Age	6+ Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30 - 4:15PM	
		4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	4:30 - 5:15 PM	
		5:30-6:15 PM	5:30-6:15 PM	5:30-6:15 PM	5:30-6:15 PM	5:30 - 6:15 PM	
		6:30-7:15 PM	6:30-7:15 PM	6:30-7:15 PM	6:30-7:15 PM		
Open Gym* (weekly sign ups)	6+ Years			2:30-3:15 PM			
JUDO							
	7-10 Years			7:00-8:30 PM		7:00-8:30 PM	
	11+ Years		7:30-9:00 PM		7:30-9:00 PM		

SOCCER							
Soccer 1x per week	3 - 4 Years		1:00pm -1:30pm		1:00pm -1:30pm		
			1:35pm -2:05pm				
Soccer 1x per week	5 - 6 Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM		
		4:30-5:15 PM		4:30-5:15 PM			
Soccer 2x per week	7 - 8 Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM		
		4:30-5:15 PM		4:30-5:15 PM			
	9 - 10 Years	5:30 - 6:15 PM		5:30 - 6:15 PM			
			4:30 - 5:15 PM		4:30 - 5:15 PM		
	11 -13 Years		6:30-8:00 PM		6:30-8:00 PM		
	14+	6:30-8 PM		6:30-8 PM			
Girls Only	11-14 + Years		4:30-5:15 PM				
Goalkeeping (gloves required)							
	9 + Years				5:30-6:15 PM		
STRENGTH & CONDITIONING							
	8-13 Years	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM	3:30-4:15 PM		
			4:30-5:15 PM		4:30-5:15 PM		
	14+ Years	4:30-5:15 PM		4:30-5:15 PM			
			4:30-5:15 PM		4:30-5:15 PM		
TAEKWONDO (session)							
White Belts	6+ Years	3:30-4:15 PM		3:30-4:15 PM		3:30-4:15 PM	
			6:30-7:15 PM		6:30-7:15 PM		
			3:30-4:15 PM		3:30-4:15 PM		
Color Belt	6+ Years	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	
		5:30-6:15 PM	5:30-6:15 PM		5:30-6:15 PM	5:30-6:15 PM	
		6:30-7:15 PM		6:30-7:15 PM		6:30-7:15 PM	

WRESTLING							
White Shirt 1x per week	5-7 Years				3:30-4:15 PM		
White Shirt 1x per week (beginners)	8-10 Years		3:30-4:15 PM			3:30-4:15 PM	
White & Yellow shirt (2x per week)	7-10 Years	3:30-4:15 PM		3:30-4:15 PM		4:30-5:15 PM	
Light Blue Shirt (K5 Int)*		4:30-5:30 PM		4:30-5:30 PM			
Light Blue Shirt (MS)*			4:30-6:00 PM		4:30-6:00 PM		
MS L1 (White)			4:30-6:00 PM		4:30-6:00 PM		
Red Shirt*		6:00 - 7:30 PM		6:00 - 7:30 PM	6:00 - 7:30 PM		
Royal Blue & MS L2 (Navy) *		6:00 - 7:30 PM	5:30 -6:15 PM (LIFT)	6:00 - 7:30 PM	6:00 - 7:30 PM		