



East Cobb
COUNSELING
at the Anada Group

SUMMER

Skills Groups

Grades: 2nd - 8th

6 Weeks • 2 hours • 1 day/week



**MAX
6 KIDS
PER GROUP**



SMALL GROUPS

Max 6 participants
for personalized
attention



CLINICIAN LED

Highly trained
therapists with
proven experience



SKILL BUILDING

Practical tools
that last beyond
the summer



SUPPORTIVE ENVIRONMENT

Safe, engaging
& encouraging

PROGRAM FORMAT



6 WEEK PROGRAM

June 9th - July 23

No groups July 4th week!

PROGRAM COST: \$600

Installments available!



WHAT TO EXPECT EACH DAY

- ✓ Interactive activities & games
- ✓ Skill-building & real-life practice
- ✓ Group discussions & role play
- ✓ Movement, breaks & connection

Gain Skills:

**CONFIDENCE, EMOTIONAL STRENGTH
& SOCIAL CONNECTION**

Stronger together → ready for anything



Boys Grades 2nd - 3rd: Tuesdays: 9 - 11AM

Boys Grades 4th - 5th: Tuesdays: 12 - 2PM

Girls Grades 2nd - 3rd: Wednesdays: 9 - 11AM

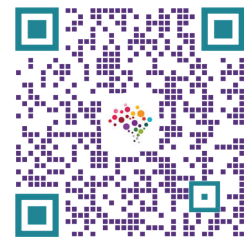
Girls Grades 4th - 5th: Wednesdays: 12 - 2PM

Coed Grades 6th-8th: Thursdays: 12 - 2PM



PARENT VALUE

- ♥ Builds skills that carry into school, activities & life
- ♥ Reduces stress, anxiety & emotional overwhelm
- ♥ Improves confidence & self-image
- ♥ Encourages responsibility & self-advocacy
- ♥ Gives parents a consistent 2-hour block of time



Spots are limited! ★

Groups are intentionally small to keep them highly personalized.
RESERVE EARLY TO SECURE YOUR CHILD'S SPOT!



678-263-4211

eastcobbcounseling.com/groups
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