



Ndhula Spa



CHOOSE FROM THE FOLLOWING TREATMENTS

Aroma Relaxation Massage

A relaxing light to medium pressure full-body massage to help you drift away while enjoying the African ambience. Choose your beautifully blended aromatherapy oil of preference: Condition & Hydrate, Detox & Uplift or Relax & Destress.

R 615/R780

60 minutes/90 minutes

Traditional Hot Stone Massage

Relax with this full-body massage using special warmed basalt stones to stimulate circulation and ease muscle tension. The combination of manual massage and heat from the stones helps treat focus areas while creating a rejuvenating massage experience.

R750/R980

60 minutes/90 minutes

Tension Back, Neck & Shoulder Massage

A targeted back, neck & shoulder massage expertly curated to melt away tension and promote relaxation. Completed with a cooling gel to leave you feeling refreshed and invigorated.

R415

30 minutes

Foot Massage

Perfect for tired, achy legs and feet. Start with exfoliation of the lower limbs to boost circulation, followed by a foot scrub to remove dead skin and calluses. Finish with a soothing foot and leg massage to leave your feet feeling smooth and rejuvenated.

R415

30 minutes

Manicure

Indulge in a refreshing manicure, including a soak, scrub, and precise cuticle removal to leave your hands feeling soft and pampered.

R280

30 minutes

Pedicure

Give your feet the care they deserve with a quick and revitalising pedicure, perfect for a refresh in under an hour.

R280

30 minutes

Manicure & Pedicure

Enjoy the best of both worlds with a combined manicure and pedicure session, ensuring hands and feet are fully pampered.

R500

60 minutes

Soak Off

Gentle soaking and removal of gel polish, keeping nails healthy and ready for their next look.

R280

30 minutes