



Liverpool Trampoline Gymnastics Academy

LIVERPOOL SUMMER OPEN 2025 TIMETABLE - SUNDAY 31/08/25

Please note spectator fees are £5 per adult on the door, babies (in arms) free, toddlers (walking) £3, Kids (up to 15 Years) £4. **CASH** is preferred, because as you can appreciate we will have a lot of competitors and this will be the most efficient way to get everyone in quickly and safely.

Address: Liverpool Trampoline Academy, Unit 14, Viscount Centre, L24 9GS

Attire: Gymnasts please wear a leotard if possible, if not shorts and a t-shirt will be accepted in Novice categories/ If a gymnast has long hair, please make sure it is tied up and out of their face/ For trampoline white socks or trampoline shoes only please

Please check the start list to see what category you are competing in, the numbers in brackets on the timetable are the competitor numbers on the start list. Please check so you arrive at the correct time.

		Panel 2 Trampoline		Panel 3 TUMBLING	
		Flight 1		Flight 1	
Arrive:	09:00	4 Years (TRA Novice) (1-2)		Arrive:	08:45
Floor Warm Up:	09:15-09:30			Floor Warm Up:	09:00-09:15
Tramp Warm Up:	09:30-09:50	5 Years (TRA Novice) (1-8)		Tumble Warm Up:	09:15-09:30
One Touch:	09:50-10:00			Compete:	09:30-10:00
Compete:	10:00-10:30			Leave Field of Play:	10:00
Leave Field of Play:	10:30			PRESENTATIONS: 5-6 Years (TUM Beginners) & (TUM Novice)	
		PRESENTATIONS: 4 & 5 Years (TRA Novice)		Flight 2	
Arrive:	10:15	6 Years (TRA Novice) (1-15)		Arrive:	09:45
Floor Warm Up:	10:30-10:45			Floor Warm Up:	10:00-10:15
Tramp Warm Up:	10:45-11:05			Tumble Warm Up:	10:15-10:30
One Touch:	11:05-11:15			Compete:	10:30-11:00
Compete:	11:15-11:45			Leave Field of Play:	11:00
Leave Field of Play:	11:45			PRESENTATIONS: 7-8, 9-10, 11-12 Years (TUM Beginners)	
		PRESENTATIONS: 6 Years (TRA Novice)		Flight 3	
Arrive:	11:30	7-8 Years (TRA Novice) (1-13)		Arrive:	10:45
Floor Warm Up:	11:45-12:00			Floor Warm Up:	11:00-11:15
Tramp Warm Up:	12:00-12:20			Tumble Warm Up:	11:15-11:30
One Touch:	12:20-12:30			Compete:	11:30-12:00
Compete:	12:30-13:00			Leave Field of Play:	12:00
Leave Field of Play:	13:00				
		PRESENTATIONS: 7-8 Years (TRA Novice)			
Arrive:	12:45	9-10 Years (TRA Novice) (1-14)		PRESENTATIONS: 7-8, 9-10, 13+ Years (TUM Novice) & 9-14 Cat 1 (TUM Novice)	
Floor Warm Up:	13:00-13:15			Flight 4	
Tramp Warm Up:	13:15-13:35			Arrive:	11:45
One Touch:	13:35-13:45			Floor Warm Up:	12:00-12:15
Compete:	13:45-14:15			Tumble Warm Up:	12:15-12:30
Leave Field of Play:	14:15			Compete:	12:30-13:00
		PRESENTATIONS: 9-10 Years (TRA Novice)		Leave Field of Play:	13:00
Arrive:	14:00	11-12 Years (TRA Novice) (1-10)			
Floor Warm Up:	14:15-14:30			PRESENTATIONS: 7-8, 9-10, 11-12, 13+ Years (TUM Intermediate)	
Tramp Warm Up:	14:30-14:50			Flight 5	
One Touch:	14:50-15:00			Arrive:	12:45
Compete:	15:00-15:30			Floor Warm Up:	13:00-13:15
Leave Field of Play:	15:30			Tumble Warm Up:	13:15-13:30
		PRESENTATIONS: 11-12 Years (TRA Novice)		Compete:	13:30-14:00
Arrive:	15:15	13-14 Years (TRA Novice) (1-6)		Leave Field of Play:	14:00
Floor Warm Up:	15:30-15:45				
Tramp Warm Up:	15:45-16:05	15+ Years (TRA Novice) (1-3)		PRESENTATIONS: Youth, Junior (TUM Advanced)	
One Touch:	16:05-16:15			Flight 6	
Compete:	16:15-16:30			Arrive:	13:45
Leave Field of Play:	16:30			Floor Warm Up:	14:00-14:15
		PRESENTATIONS: 13-14, 15+ Years (TRA Novice)		Tumble Warm Up:	14:15-14:30
				Compete:	14:30-15:00
				Leave Field of Play:	15:00
				PRESENTATIONS: Youth, Junior (TUM FIG)	

THE DAY WILL RUN TO THE TIMETABLE TO MINIMISE THE AMOUNT OF PEOPLE IN THE BUILDING AT ONE TIME, PLEASE DON'T ARRIVE TOO EARLY



FLIGHT 1

PANEL 2		
Arrive:	09:00	4 Years (TRA Novice) 5 Years (TRA Novice)
Floor Warm Up:	09:15-09:30	
Tramp Warm Up:	09:30-09:50	
One Touch:	09:50-10:00	
Compete:	10:00-10:30	
Leave Field of Play:	10:30	
Start Number	Name	Club
1	Oliver Comber	Liverpool TGA
2	Ciaran OConnor	Liverpool TGA
1	Evelyn Savage-Evans	Urban School of Gymnastics
2	Hattie Cronshaw	Liverpool TGA
3	Trixie Sawbridge	Liverpool TGA
4	Elliot Morrison	Liverpool TGA
5	Rory Thomas	Liverpool TGA
6	Hallie Jones	Liverpool TGA
7	Neha Sharma	Liverpool TGA
8	Madox Bennett	Kirklees TGA

FLIGHT 2

Panel 2		
Arrive:	10:15	6 Years (TRA Novice)
Floor Warm Up:	10:30-10:45	
Tramp Warm Up:	10:45-11:05	
One Touch:	11:05-11:15	
Compete:	11:15-11:45	
Leave Field of Play:	11:45	
Start Number	Name	Club
1	Poppy Hughes	Liverpool TGA
2	Amelia Bastow	Urban School of Gymnastics
3	Beatrix Chidlow	Liverpool TGA
4	Ezra Williams-Gilchrist	Liverpool TGA
5	Tilly Gomm	Urban School of Gymnastics
6	Gia Hayes	Liverpool TGA
7	Isla Fenton	Urban School of Gymnastics
8	Luna Kam	Liverpool TGA
9	Lilly Coventry	Liverpool TGA
10	Parker Rodgers	Liverpool TGA
11	Chloe Walls	Liverpool TGA
12	Mila Roche	Liverpool TGA
13	Noah Watkins	Liverpool TGA
14	Freya Newall	Liverpool TGA
15	Harriet Edgeley	Liverpool TGA

FLIGHT 3

Panel 2		
Arrive:	11:30	7-8 Years (TRA Novice)
Floor Warm Up:	11:45-12:00	
Tramp Warm Up:	12:00-12:20	
One Touch:	12:20-12:30	
Compete:	12:30-13:00	
Leave Field of Play:	13:00	
Start Number	Name	Club
1	Gabriella Majithia-Ross	Urban School of Gymnastics
2	Lucy Alcock	Liverpool TGA
3	Lottie Cronshaw	Liverpool TGA
4	Kira Bilyk	Liverpool TGA
5	Orla Collins	Liverpool TGA
6	Romee Pattison	Liverpool TGA
7	Lily Ronneback	Liverpool TGA
8	Lincoln Adnett	Liverpool TGA

9	Ella Burrows	Liverpool TGA
10	Ted Maloney	Liverpool TGA
11	Miriam Ghidhaoui-Berko	Liverpool TGA
12	Connie Pearson	Liverpool TGA
13	Fia Devereux	Liverpool TGA

FLIGHT 4

Panel 2		
Arrive:	12:45	9-10 Years (TRA Novice)
Floor Warm Up:	13:00-13:15	
Tramp Warm Up:	13:15-13:35	
One Touch:	13:35-13:45	
Compete:	13:45-14:15	
Leave Field of Play:	14:15	
Start Number	Name	Club
1	Evie Williams	Liverpool TGA
2	Mia Walter	Wire Gymnastics Club
3	Fabiana Vizzini	Wire Gymnastics Club
4	Jaxon Hilton	Liverpool TGA
5	Isabel Smith	Liverpool TGA
6	Olivia Scott	Wire Gymnastics Club
7	Evie Mackie	Wire Gymnastics Club
8	Seren O'Rioredan	Wire Gymnastics Club
9	Renesmee Finch	Wire Gymnastics Club
10	Casey Tam	Liverpool TGA
11	Sophie Mainwaring	Liverpool TGA
12	Dexter Adnett	Liverpool TGA
13	Hattie Brough	LS Gymnastics Crewe Academy
14	Connie-May Robson	Liverpool TGA

FLIGHT 5

Panel 2		
Arrive:	14:00	11-12 Years (TRA Novice)
Floor Warm Up:	14:15-14:30	
Tramp Warm Up:	14:30-14:50	
One Touch:	14:50-15:00	
Compete:	15:00-15:30	
Leave Field of Play:	15:30	
Start Number	Name	Club
1	Eden Ashley	LS Gymnastics Crewe Academy
2	Anya Bickerstaff	Liverpool TGA
3	Freya Foster	Wire Gymnastics Club
4	Jamie Kay	LS Gymnastics Crewe Academy
5	Alex Brown	LS Gymnastics Crewe Academy
6	Savanna King	Wire Gymnastics Club
7	Esmee Smith	Urban School of Gymnastics
8	Heidi Smith	Liverpool TGA
9	Layla Holley	Wire Gymnastics Club
10	Louis Gorman	Liverpool TGA

FLIGHT 6

Panel 2		
Arrive:	15:15	13-14 Years (TRA Novice) 15+ Years (TRA Novice)
Floor Warm Up:	15:30-15:45	
Tramp Warm Up:	15:45-16:05	
One Touch:	16:05-16:15	
Compete:	16:15-16:30	
Leave Field of Play:	16:30	
Start Number	Name	Club
1	Holly Kildear	Liverpool TGA
2	Deacon Kay	LS Gymnastics Crewe Academy
3	Caleb O'Rioredan	Wire Gymnastics Club
4	Klaudia Gielniak	Wire Gymnastics Club
5	Lila Carroll	LS Gymnastics Crewe Academy
6	Molly Protano	LS Gymnastics Crewe Academy
1	Julia Banning	Liverpool TGA
2	Patrick Dumican	Liverpool TGA
3	Isla Gorman	Liverpool TGA



FLIGHT 1

TUM		5-6 Years (TUM Beginners) 5-6 Years (TUM Novice)
Arrive:	08:45	
Floor Warm Up:	09:00-09:15	
Tumble Warm Up:	09:15-09:30	
Compete:	09:30-10:00	
Leave Field of Play:	10:00	
Start Number	Name	Club
1	Alice Brown	Liverpool TGA
2	Lily Pun	Liverpool TGA
3	Nellie Cameron	Liverpool TGA
4	Siyarrah Smith	Liverpool TGA
5	Freya Leighton-Davies	Liverpool TGA
6	Polly Heath	Liverpool TGA
7	Ottilie Fleche	Liverpool TGA
8	Madeleine Thompson	Liverpool TGA
9	Ebony Knight	Liverpool TGA
1	Nevaeh Hesketh	Liverpool TGA
2	Audrev Osborne	Liverpool TGA

FLIGHT 2

TUM		7-8 Years (TUM Beginners) 9-10 Years (TUM Beginners)
Arrive:	09:45	
Floor Warm Up:	10:00-10:15	
Tumble Warm Up:	10:15-10:30	
Compete:	10:30-11:00	
Leave Field of Play:	11:00	7-8 Years (TUM Beginners) 9-10 Years (TUM Beginners)
Start Number	Name	
1	Avery Camilleri	
2	Poppy Hincks	
3	Lilo Kam	
4	Nylah Bradley	
5	Zara McAuley	
6	Rose Warner	
7	Mia Porter	
8	Lily Ronneback	
9	Megan Williams	
10	Anaia Hackett	
11	Layla Weston	
12	Evelyn Lahorgue	
13	Clara Wherley	
		7-8 Years (TUM Beginners) 9-10 Years (TUM Beginners)
1	Freya Tollitt-McGrath	
2	Brooke Sparkes	
3	Amelia Ramsaran	
4	Olivia Hodge	
5	Ivy Graves	

FLIGHT 3

TUM		7-8 Years (TUM Novice) 9-10 Years (TUM Novice) 11+ Years (TUM Novice) 9-14 Years Cat 1 (TUM Novice)
Arrive:	10:45	
Floor Warm Up:	11:00-11:15	
Tumble Warm Up:	11:15-11:30	
Compete:	11:30-12:00	
Leave Field of Play:	12:00	7-8 Years (TUM Novice) 9-10 Years (TUM Novice) 11+ Years (TUM Novice) 9-14 Years Cat 1 (TUM Novice)
Start Number	Name	
1	Tallulah Williams	
2	Hazel Rowland	
3	Scarlett Hardie	
4	Isabella Sweetman	
5	Lola Searle	
6	Jessica Richardson	
7	Skylar Swaine-Bowers	
8	Emelia Cairns	
9	Rae Daly	

10	Frankie Kendrick	Liverpool TGA
1	Hazel Entwistle	Wirral Gymnastics
2	Emilia David	Liverpool TGA
3	Penelope Creegan	Liverpool TGA
4	Matthew Morrison	Liverpool TGA
1	Macie Radcliffe	Liverpool TGA
2	Phoebe Porter	Liverpool TGA
1	Paige Amer	Wirral Gymnastics

FLIGHT 4

TUM		7-8 Years (TUM Intermediate) 9-10 Years (TUM Intermediate) 11-12 Years (TUM Intermediate) 13+ Years (TUM Intermediate)
Arrive:	11:45	
Floor Warm Up:	12:00-12:15	
Tumble Warm Up:	12:15-12:30	
Compete:	12:30-13:00	
Leave Field of Play:	13:00	
Start Number	Name	Club
1	Libby Chesters	Wirral Gymnastics
1	Grace Myles	Liverpool TGA
2	Ava Kehoe	Liverpool TGA
3	Ria Mugerwa	Wirral Gymnastics
4	Cassie Pearson	Liverpool TGA
1	Niamh Southgate	Wirral Gymnastics
2	Karla Vaksanska	Liverpool TGA
3	May Goodison	Liverpool TGA
4	Zeta Bickerstaff	Liverpool TGA
1	Matthew Timson	Liverpool TGA
2	Sophie Faulkner	Liverpool TGA
3	Elyssa Theodorou	Wirral Gymnastics

FLIGHT 5

TUM		9-10 Years (TUM Advanced) 11-12 Years (TUM Advanced) 13-16 Years Junior (TUM Advanced)
Arrive:	12:45	
Floor Warm Up:	13:00-13:15	
Tumble Warm Up:	13:15-13:30	
Compete:	13:30-14:00	
Leave Field of Play:	14:00	
Start Number	Name	Club
1	Harmony Gavin	Liverpool TGA
2	Liliana Carr	Wirral Gymnastics
3	Amelie Patterson	Liverpool TGA
1	Meghan Wooley	Wirral Gymnastics
2	Nanci Hartley	Liverpool TGA
3	Amelia Crowder	Liverpool TGA
4	Darcey Kendrick-Webb	Liverpool TGA
5	Ethan Correia	Wirral Gymnastics
1	Eleni Theodorou	Wirral Gymnastics
2	Maisie Godwin	Wirral Gymnastics
3	Felicity Davies	Wirral Gymnastics

FLIGHT 6

TUM		9-12 Years Youth (TUM FIG) 13-16 Years Junior (TUM FIG)
Arrive:	13:45	
Floor Warm Up:	14:00-14:15	
Tumble Warm Up:	14:15-14:30	
Compete:	14:30-15:00	
Leave Field of Play:	15:00	
Start Number	Name	Club
1	Emily Williams	Liverpool TGA
2	Anaiya Grewal	Wirral Gymnastics
1	Maisie Cooney	Liverpool TGA
2	Grace Dunn	Wirral Gymnastics
3	Florence Daly	Liverpool TGA