

## MY PARISH FAMILY

Immaculate Conception (Colville) – Sacred Heart of Jesus (Kettle Falls)  
Pure Heart of Mary (Northport)

### February 18, 2024: First Sunday of Lent



#### MASS AND CONFESSION SCHEDULE

##### Tuesday, February 20

5:00 p.m. Confessions (Colville)

5:30 p.m. Mass (Colville)

*Vicky & David McKay*

##### Wednesday, February 21

7:15 a.m. Mass (Colville)

*Phil Anderson +*

##### Thursday, February 22

7:15 a.m. Adoration/Confessions

8:30 a.m. Mass (Colville)

*Robert Chapman +*

11:30 a.m. (Republic)

*Charles Laird +*

##### Friday, February 23

7:15 a.m. Mass (Colville)

7:45 a.m. Adoration

*Ann Kuhl Milliette*

##### Saturday, February 24

3:00 p.m. Confessions

4:00 p.m. Mass (Colville)

*Dr. T.R. Milliette +*

6:00 p.m. Mass (Kettle Falls)

*Loretta Hirsch Gotham +*

##### Sunday, February 25 Mark 9: 2-10

9:00 a.m. Mass (Colville)

*Pro Populo*

12:30 p.m. Mass (Curlew 4th Sunday)

*Patricia Wood +*

4:00 p.m. Mass (Republic)

*Charles Laird +*

#### PARISH STAFF

Pastor.....Father Kenneth St. Hilaire  
*pastor@myparishfamily.org*

Office Manager ..... Pam Milliette-Gotham  
*info@myparishfamily.org*

Custodian (SHJ) ..... Dawna Parazoo

Facilities Supervisor (ICP)..... Greg Rainer

**Parish Office Hours T-W-Th 9-3 p.m. .... (509)-684-6223**

#### PARISH MINISTRIES

Pastoral Councils.....Contact Cindy Campbell

Finance Council.....

Joe Fazzari (ICP), Dave Hewes (SHJ), Art Paine (PHM)

Knights of Columbus ..... Randy Carstens

Adoration ..... Cecily Van Cleave

Prayer Line-**680-4673** ..... JoHanna Andrews

Funeral Luncheons..... Janey Kuh

Sacristan..... Fran Trail

Social Outreach..... Pam Vail

Friendship Feast..... Dawna Parazoo

Servants of the Sick..... Dave Hewes

Youth Group ..... Gary and Marti Axtell

PREPARES..... Pat Taylor

Librarian..... Vivian Natale

Quilt Ministry..... Dolores Cline

Religious Education..... Sandi Dotts & Sarah Marshall

#### Sacraments

BAPTISM OF CHILDREN: Please call to schedule instruction  
and a date for the baptism.

SACRAMENT OF PENANCE: As scheduled or by appointment  
at any parish location.

MARRIAGE: Schedule an appointment with Fr. Kenny at least  
6 months prior to setting the wedding date.



Dear parishioners and guests,

Welcome to the season of Lent! And please let me be the first to remind you that Lent is a time to let our hearts expand with the joy of the Lord! It is not a time for sour-faced suffering and mournful self-pity. Remember: "For the sake of the joy that lay before him [Jesus] endured the cross, despising its shame, and has taken his seat at the right of the throne of God" (Hebrews 12:2b).

Lent is definitely a time for us to focus on the end, and not just on the means. It does require focus on our part to remain faithful to our Lenten resolutions; if we aren't attentive, our resolutions will likely fall by the wayside. However, if we focus only on our penitential practices without keeping an eye on Easter, our practices might not yield the fruit we hope they will yield.

If our attention during Lent is ultimately directed toward Easter, then this season of increased prayer, self-denial, and almsgiving can be a season of true joy. Why joy? Not because there is any delight in suffering, but because we are moving toward a stronger relationship with the Lord, and our closeness to the Lord is our greatest joy in life!

Think about how much time an athlete must spend doing training and exercise in order to make it to the pros, or how many hours of practice a musician has to put in before he or she is able to start performing as a career. I can't speak for athletes, and I am not a professional musician, but I can say that after I've put in a couple hours of hard practice at the piano (in one sitting), I might be somewhat spent, but I also experience joy because I know I'm growing and advancing toward my goal of being a better musician.

Lent is our training. Lent is our practice. Lent is our exercise. The season may bring with it certain pains (are we really sacrificing if we don't suffer at least a bit?), but if our sights are firmly set on celebrating the Resurrection of Jesus and renewing our baptismal promises at Easter with hearts and minds made new, then there's no reason for Lent to be anything but a joyful season.

I challenge you, then, to be joyful this Lent. Let it be your most joyful Lent ever! May God grant all of us the graces necessary to embrace our penances with loving hearts and to persevere with them to the end. May we be mindful of the real reason we are undergoing this journey: we want our friendship with God to be strengthened and deepened. A blessed Lent to you!

Fr. Kenny St. Hilaire, Pastor



## ADORATION OF THE BLESSED SACRAMENT

First Fridays: 7:45 a.m. - 6:00 p.m.

All other Fridays: 7:45 a.m. - 8:45 a.m.

Every Thursday: 7:15 a.m. - 8:15 a.m.

### PLEASE PRAY FOR THE SICK

Please pray for our Colville, Kettle and Northport Parishes: Janelle Stroyan, Margaret Olson, Harold Rothwell, Mert Graham, Donna Norman, Palin Driver, Suzan Andrew, James Rowland, Elaine Huff, Lisa Huff, Roger Bresnahan, Diane Hess, Jim Miller, Loretta Bowling, Ella Sprangers & family, Father Charles Klutz, Karen Hamel, Kenzie Sackman, Mick, Greg and Luke McCrea. (Please remember, the list rotates each week.)

**If you or someone you know are sick or homebound and would like to receive a visit, Holy Communion, or anointing of the sick, please call the Parish office.**

### **Weekly Contributions: February 10-11**

Immaculate Conception (Colville): \$2,343.00

Sacred Heart of Jesus (Kettle Falls): \$595.00

Pure Heart of Mary (Northport): \$150.00

Social Outreach: \$30.00

PREPARES: \$370.00

ICP Capital Improvement: \$140.00



**PREPARES**  
Pregnancy & Parenting Support

*Open Your Heart*

February is the month we celebrate and support the statewide Pregnancy and Parenting PREPARES Ministry with our gifts to the Open Your Heart Appeal. PREPARES is our Washington-State-Bishops-sponsored ministry encouraging parishioners to live out our Catholic teachings regarding the value of all human life and the preferential option for the poor. Statewide, this unique parish-based ministry has assisted thousands of vulnerable families during pregnancy and in the first five years of their children's lives, offering companionship, counsel, community, referral to life-changing services, as well as supplies of diapers, clothing, and other children's essentials. The ICP PREPARES ministry invites the faithful to fill the PREPARES display in the vestibule with donations of diapers and other essential items as well as financial contributions. Look for more information about PREPARES in the vestibule or at [preparesforlife.org](http://preparesforlife.org). Please be generous in your support for this pro-life, pro-family ministry. For more information contact Pat Taylor, 509-942-9592. Thank you for your prayers and support.



Our Mardi Gras celebration has come and gone, but not without the help of many generous and talented people! A huge thank you to Cindy and Mike Campbell, Jef Lant, Ray and Sue Canto, Mary Kirpes, Mary and Randy Carstens, Lori Roberts, the Haran Dancers,

Marti Axtell and the Youth Group, Liene Roman, Theresa and Nancy Estelle, Sandy Hopkins, Royce Larsen, Ted Kubesh, Mike Trail, John Dotts, Adena Enright, Mickey Kester, Betty Urhausen, Dave Hewes, Nancy Green, John Neff, Janey Kuh, Pam Milliette-Gotham, Margaret Arendas, and many other people who worked together to make this event a success! Over \$2,300 was raised for Youth Group activities!



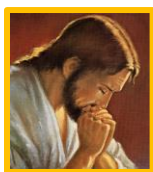
### JOURNEYING THROUGH LENT WITH CRS

**RICE BOWL:** Each Lent, Catholic families across the country unite to put their faith into action through prayer, fasting, and almsgiving. We have the power to make the world a better place for all. Rice Bowls are available in the vestibule.



### Presence-The Mystery of the Eucharist

ICP is supporting the **Year of Parish Eucharistic Revival** by offering a six-session series called **"Presence: The Mystery of the Eucharist"** each Tuesday evening during Lent, beginning **this Tuesday**, February 20. Workbooks will be available for the series. Please prayerfully consider joining us during Lent for this series.



**Adorers Needed:** Jesus asks His disciples, "Could you not watch one hour with me?" How about 30 minutes? Are we really too busy to spend some time with Our Lord? On every Friday we have Adoration from

7:45 a.m. until 9:00 a.m. On the first Friday of each month, we have Exposition of the Blessed Sacrament beginning after the 7:15 a.m. Mass and continuing until Benediction at 5:45 p.m. We are looking for visitors for all hours (or half hours). To sign up, or for more information please contact Cecily Van Cleave or the parish office. 509-684-6223.



Soup Suppers on Fridays during Lent will be offered after Stations of the Cross at ICP and SHJ. Stations are at 5:30 p.m. at both locations. At SHJ, there will also be a time for reflection on some sermons focused on the Passion of the Lord.



### How long does Lent really last?

Have you noticed that Lent doesn't last exactly 40 days on the calendar? In 2024, Lent begins on Feb. 14 and ends on March 28. Since it is a leap year, February has 29 days, and between Ash Wednesday and Holy Thursday there are 44 days. Until the end of the fourth century, Lent began on the Sunday after Ash Wednesday (4 days later) and ended, as it does now, on the afternoon of Holy Thursday. It officially lasted 40 days. Some centuries later, it became customary to begin Lent on Ash Wednesday and end it on Holy Saturday. It then lasted 46 days, but the five Sundays of Lent and Palm Sunday were subtracted because they did not fast, and we counted exactly 40 days again. Why does Lent last until the afternoon of Holy Thursday? Pope Paul VI promulgated the General Roman Calendar, popularly known as the liturgical calendar. This translates to "The season of Lent runs from Ash Wednesday until the Mass of the Lord's Supper exclusively." Thus, Lent ends on the afternoon of Holy Thursday and lasts around 40 days.



### Looking for a good book to read this

**Lent?** Look no farther than your library at Immaculate Conception. If you have a suggestion for our library, please let us know; we are looking for ideas to update our selections. You can email us at [info@myparishfamily.org](mailto:info@myparishfamily.org), or call the parish office and I will get your message. ICP librarian, Vivian Natale.



**Parish Registration:** If you are new to any of our three our Parishes, please call the office to register or update your information. (509) 684-6223



"SAYIN' 'AMEN' IS LIKE PRESSING THE 'SEND' BUTTON FOR YOUR PRAYERS."

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