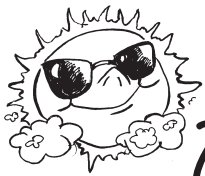







JULY 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|---|
| | | 1 <p>Make a list of family activities for the summer. Give everyone a chance to add something.</p> | 2 <p>Bless the TV and iPad screens for holy use during the summer.</p> | 3 <p>Play ultimate frisbee. Winner picks dinner. Whoever comes in second picks dessert!</p> | 4 <p>Visit the Blessed Sacrament and pray for our country.</p> | 5 <p>Donate winter clothes that went unused to charity.</p> |
| 6 <p>Stay after Mass and pray for a holy, fun, and safe summer.</p> | 7 <p>Bless each child this morning before the days' activities begin.</p> | 8 <p>Fill a jar with spare change. When it's full, bring it to the poor box at church.</p> | 9 <p>Do a chore you have been putting off.</p> | 10 <p>Find books written about -- or written by -- the saints. You'll get good books and saint friends.</p> | 11 <p>Family Fun Night!</p> <p>Order pizza, play board games, sing songs, and spend time together.</p> | 12 <p>Holy hospitality is outreach. Invite a family who's new to the parish to dinner at your house.</p> |
| 13 <p>Recite the Apostles' Creed as an act of faith.</p> | 14 <p>Decorate paper airplanes. See whose plane can sail furthest or makes the most loops, etc.</p> | 15 <p>Look for a way God showed He loves you today. Share it at bedtime.</p> | 16 <p>Our Lady of Mt. Carmel Enjoy a caramel-themed dessert in honor of Our Lady of Mt. Carmel.</p> | 17 <p>Read today's Gospel (Matthew 11:28-30) and talk about how following Jesus faithfully gives us true peace.</p> | 18 <p>Bring a meal to someone who's homebound or has a newborn.</p> | 19 <p>Have an A-to-Z scavenger hunt in the backyard. Photograph something that starts with every letter.</p> |
| 20 <p>Light a candle at church for the Pope's intentions.</p> | 21 <p>Pick a Beatitude and try to live for the rest of the week (Matthew 5:3-11).</p> | 22 <p>Water balloon battle! Turn on the garden hose and fill up water balloons. Let the games begin!</p> | 23 <p>Practice patience.</p> | 24 <p>Call Catholic Relief Services and see how you can support their projects, at 877-HELP-CRS or www.crs.org.</p> | 25 <p>Build a campfire in the backyard. Make hotdogs and s'mores and sing songs.</p> | 26 <p>Feast of Saints Anne and Joachim Pray for grandparents everywhere.</p> |
| 27 <p>Discuss the homily so children can understand and put it into practice.</p> | 28 <p>Help make your family more loving and patient. Use only kind words today.</p> | 29 <p>In honor of Saints Martha, Mary, and Lazarus, set up an extra place for Jesus at your table.</p> | 30 <p>Give the "alms" of your attention. Put down the screens and be fully present when someone is talking.</p> | 31 <p>Have everyone do an examination of conscience, following the Ten Commandments.</p> | | |



AUGUST 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|---|---|
| | | | | | | <p>1 Make a family visit to Jesus in the Blessed Sacrament—pray the Divine Mercy Chaplet and share a moment of peace and power. Find it here: www.usccb.org</p> <p>2 Take everyone to Confession at church, then celebrate God's mercy with ice cream!</p> |
| <p>3 Offer a Mass for your priests and future vocations—pray big, love your shepherds!</p> | <p>4 Have everyone put prayer intentions in a bowl and draw at random. This week, pray for your prayer buddy's intentions.</p> | <p>5 Apologize to someone you hurt. Forgive someone who hurt you.</p> | <p>6 <i>The Transfiguration of the Lord</i> In honor of the Transfiguration, come to dinner dressed in your best clothes.</p> | <p>7 Demonstrate charity by inviting friends over for dessert tonight.</p> | <p>8 Feast of St. Dominic de Guzmán In honor of St. Dominic, talk only of God and His blessings at dinner tonight.</p> | <p>9 Explore your city. Visit a museum or park that you haven't heard of before.</p> |
| <p>10 Today at Mass, thank God for the gift of the Eucharist, the "source and summit" of the Faith.</p> | <p>11 Ask your pastor how your family can pitch in—team up and make parish life awesome!</p> | <p>12 Flip worries into thank-yous—trade stress for gratitude on the spot!</p> | <p>13 Chase fireflies, catch the glow, then set them free before lights out!</p> | <p>14 Turn a dreaded chore into a prayer—each of you can offer it for someone who needs a lift!</p> | <p>15 <i>The Assumption of Mary</i> Go to Mass, then pray a family Rosary—double the grace, together.</p> | <p>16 Take a mini pilgrimage to a nearby church or shrine—pray big for the Church along the way!</p> |
| <p>17 Stay around after Mass and pray for peace—linger a little, love a lot.</p> | <p>18 Shape coat hangers or pipe cleaners into bubble wands, dip, and fill the yard with giant, soapy fun!</p> | <p>19 Join in prayer for someone who gets on your nerves.</p> | <p>20 What if Jesus showed up for dinner—what would you say or do?</p> | <p>21 Surprise an elderly or infirm neighbor—offer to tackle their yardwork.</p> | <p>22 Queenship of Mary Pray "Hail, Holy Queen" together before an image of Our Lady. </p> | <p>23 FAMILY MOVIE NIGHT! Grab popcorn. Press play. Enjoy the show.</p> |
| <p>24 After Mass, say a prayer for teachers and students kicking off a new school year.</p> | <p>25 Play "Guess the Saint"! Grab <i>Butler's Lives of the Saints</i>, drop clues, and take turns guessing.</p> | <p>26 Brighten the sidewalk—chalk up some feel-good messages for your neighbors.</p> | <p>27 Tonight, turn off the screens and tune in to God—together.</p> | <p>28 Cool off by washing the car together. </p> | <p>29  From noon to 3:00pm—the hours Jesus hung on the Cross—unplug from screens in His honor.</p> | <p>30 At dinner, swap your best summer stories.</p> |
| <p>31 At Mass, thank God for the summer's blessings—big and small.</p> | | | | | | |