

ST. ANTHONY PRE-K READINESS

15 ways to help your child get ready for Prekindergarten

1. Teach Name Recognition

Help your child recognize and write their name by practicing with fun activities like tracing or using magnetic letters.



2. Provide Opportunities to Develop Social Skills

Set up playdates or participate in group activities to help your child learn to share, take turns, and interact with peers.



3. Read Together Daily

Establish a routine of reading with your child to build early literacy skills.



4. Create a Routine

Help your child get used to a daily routine similar to school, including set meal times and naps.



5. Focus on Listening and Following Directions

Play simple games like "Simon Says" or "Follow the Leader" to improve listening skills.



6. Practice Fine Motor Skills

Encourage activities like coloring, cutting with safety scissors, or playing with playdough to strengthen hand muscles.



7. Perfect Potty Training

Encourage independence in using the bathroom by practicing regular potty breaks, teaching hygiene, and reinforcing positive behavior. All students entering St. Anthony must be fully potty trained and able to take care of all of their bathroom needs independently.



8. Encourage Independent Dressing

Teach your child to dress themselves, including putting on shoes and managing buttons or zippers.



9. Work on Self-Help Skills

Teach your child how to open snacks, wash their hands, use the bathroom independently, and clean up after themselves.



10. Practice Sharing and Teamwork

Play cooperative games to help your child understand the importance of working with others.



11. Play with Letters

Introduce the alphabet through games, puzzles, or songs to familiarize your child with letter recognition.



12. Practice Counting and Simple Math

Use everyday items like toys or snacks to practice counting and basic number recognition.



13. Talk About Emotions

Teach your child how to express and manage their feelings by discussing emotions and reading books on the topic.



14. Encourage Curiosity and Foster a Love of Learning

Foster a love of learning by exploring the world together and answering their questions thoughtfully.



15. Go to Church and Pray Together

Introduce your child to Mass and teach simple prayers, helping them become familiar with our faith.

