

ARE YOU MOURNING THE LOSS OF A LOVED ONE? ARE YOU LONGING FOR UNDERSTANDING, COMFORT, OR SIMPLY A PLACE TO BE HEARD?



You don't have to grieve alone.
Join our Grief Support Group, a safe and
compassionate space to share, listen,
and find hope alongside others who
understand. Together, we walk the
journey of healing with faith, prayer,
and mutual support.



Eight weekly 2-hour meetings (Sundays). 

A minimum of 8 participants is needed. 
Registration is required.

Begins October 4—right after St. Benedict's 
11:00 AM Mass, head over to the
St. Benedict Parish Center.

For questions and to register, please email Maggie at 
margaretalquist1@gmail.com.

