

PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST

“LOVE THE LORD YOUR GOD WITH ALL
YOUR HEART AND WITH ALL YOUR
SOUL AND WITH ALL YOUR MIND.”

MATTHEW 22:34-40

SUNDAY MASSES

Saturday: 5:00 PM Vigil at St. Alphonsus
5:00 PM Vigil at St. John

Sunday: 8:30 AM at St. John
9:00 AM at St. Alphonsus
10:30 AM at St. John
11:00 AM at St. Benedict

DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus
Thurs: 6:00 PM at St. Benedict

Fri: 9:00 AM at St. John

Sat: 8:00 AM at St. Alphonsus

(except 1st Sat: 9:00 AM at St. John)

School Masses (Sept-June): *All are welcome!*

Refer to This Week's Calendar, page 2.

RECONCILIATION

Mon - Thurs: 7:00 - 7:20 AM at St. Alphonsus

Thurs: 5:30 - 6:00 PM at St. Benedict

Saturday: 4:00-4:45 PM at St. Alphonsus

Sunday: 8:00 - 8:45 AM at St. Alphonsus

Sunday: 9:45 - 10:15 AM at St. John

By appointment: info@parishfamily14.org

First Friday Reconciliation and Adoration:
7:00-8:00 PM at St. Alphonsus



ST. ALPHONSUS PARISH

5816 15th Ave NW, Seattle, WA 98107



ST. BENEDICT PARISH

1805 N 49th St, Seattle, WA 98103



ST. JOHN THE EVANGELIST PARISH

106 N 79th St, Seattle, WA 98103

Admin Office: 206-782-2810 | 206-260-7944 (Fax) | info@parishfamily14.org | 106 N 79th St, Seattle
Faith Formation Office: 206-632-0843 | faithformation@parishfamily14.org | 1805 N 49th St, Seattle



www.pf14.org



[@parishfamily14](https://www.facebook.com/parishfamily14)

For pastoral emergencies, please call: 206-271-3543.

THIS WEEK'S CALENDAR

October 25, 2026

THIRTIETH SUNDAY IN ORDINARY TIME

Ex 22:20-26/1 Thes 1:5c-10/Mt 22:34-40

	ST. ALPHONSUS		ST. BENEDICT		ST. JOHN	
October 25 THIRTIETH SUNDAY IN ORDINARY TIME	8 AM 9 AM 10 AM	Reconciliation Mass Breakfast by Angel's Cafe	10 AM 11 AM 12 PM 12 PM 12:15 PM	First Reconciliation Class - School Auditorium Mass with CLOW (Livestream) Coffee & Donuts Youth Confirmation Class - School Auditorium Grief Support Group - St. Mary Room	8:30 AM 9:30 AM 9:45 AM 10:30 AM 7 PM 7:30 PM	Mass Lectio Divina Reconciliation Mass with CLOW Coffee & Donuts after both Masses Book Club - Parish Admin Bldg Faith Sharing Group via Zoom
October 26 Monday	7 AM 7:30 AM 7 PM	Reconciliation Daily Mass RIP: John Albert Flynn Men's Group - McGrath Rm	7 PM 7 PM	Young Adult Women's Group - St. Mary Room Gospel Study via Zoom		
October 27 Tuesday	7 AM 7:30 AM	Reconciliation Daily Mass RIP: Nicola Hurley	7 PM	Young Adult Men's Group - St. Mary Room		
October 28 Wednesday Saints Simon and Jude, Apostles	7 AM 7:30 AM 6:30 PM	Reconciliation Daily Mass RIP: James Austin Tharp Alpha - Family Center			7:30 PM	Mass of Remembrance in Gaelic
October 29 Thursday	7 AM 7:30 AM 10 AM	Reconciliation Daily Mass INT: Gail Altenhofen Scripture Study - McGrath Room	5:30 PM 6 PM 7 PM	Reconciliation Daily Mass OCIA - St. Teresa Room	3 PM	Family Adoration
October 30 Friday	8:15 AM to 7 PM	Adoration Chapel open			9 AM	Daily Mass RIP: Megan LoPiccolo
October 31 Saturday BVM	8 AM 4 PM 5 PM	Daily Mass RIP: Megan LoPiccolo Reconciliation Vigil Mass			5 PM	Vigil Mass (Livestream) SVdP collection at Mass
November 1 ALL SAINTS	8 AM 9 AM 10 AM	Reconciliation Mass Coffee & Donuts	11 AM 12 PM 12:15 PM	Mass with CLOW (Livestream) Special collection for St. Martin de Porres Coffee & Donuts Grief Support Group - St. Mary Room	8:30 AM 9:30 AM 9:30 AM 9:45 AM 10:30 AM 2 PM 7:30 PM	Mass SVdP Meeting - Portable 43 First Reconciliation rehearsal - Egan Hall Reconciliation Mass with CLOW SVdP collection at both Masses Coffee & Donuts after both Masses St. Francis of Assisi - Admin Bldg Faith Sharing Group via Zoom
	For livestream and recorded masses, click the links:		www.pf14.org/st-benedict-live-streaming www.facebook.com/stbenseattle		www.pf14.org/st-john-live-streaming	

PARISH FAMILY HIGHLIGHTS

EVERYONE HAS A VOICE
AND AN OPINION,
WHAT'S YOURS?



TAKE THE SURVEY NOW!
bit.ly/PF14OppsChallenges

If you prefer pen and paper, printed copies are available in the vestibule.

Congratulations to Griffin Reichmuth, this week's winner of our survey thank-you gift!

**NEED A RIDE TO MASSES?
WANT TO OFFER A RIDE?
SIGN UP HERE.**



bit.ly/PF14Carpool

Daylight Saving Time ends!
 **SUNDAY, NOV 1**
At 2 AM set your clock back to 1 AM.

ST. BENEDICT CATHOLIC SCHOOL
PRESENTS A
Fall Socktober
FUNDRAISER
OCTOBER 1 - OCTOBER 30
HELP SUPPORT OUR FIRST GRADE SERVICE PROJECT,
PLEASE BRING
NEW MEN'S ATHLETIC SOCKS IN ORIGINAL PACKAGING
TO SCHOOL THROUGHOUT OCTOBER.

Amazon wishlist



**ALL DONATIONS WILL BE GIVEN TO OPERATION NIGHTWATCH
THANK YOU**

St. Alphonsus School
TRUNK OR TREAT

JOIN US AT ST. ALPHONSUS SCHOOL
Wednesday, October 28, 2026
5:30 - 8:00 PM



Volunteer sign up



Trunk or Treat



Donation

Costume Contest, Food Trucks, Indoor Fun Zone and much more!

ALL SOULS' DAY MASS

November 2, 2026, Monday
7:00 PM at St. Benedict Church
Liturgy of the Hours at 6:30 PM

Novena Candles are available at **St. Benedict Church**. Decorate your candle with the names of departed loved ones and place it in the church. You may also bring photos to display. Candles will be lit on All Souls' Day as we pray for the faithful departed throughout the novena.

Prayer Cards will be available at **St. John Church**. Write the names of your departed loved ones and place the cards in the basket near the altar to be prayed for at each Mass throughout November.

A **Book of Remembrance** will be available at **St. Alphonsus Church**. Write the names of your departed loved ones to be remembered in prayer throughout November.

ADVENT *Weekends*
Special Mass Schedule

First Weekend: November 28 & 29
Regular Mass Times at Three Churches

Second Weekend: December 5 & 6
Mass Times: Saturday - 5 PM;
Sunday - 8 AM & 10 AM
Location: **St. John Church**

Third Weekend: December 12 & 13
Mass Times: Saturday - 5 PM;
Sunday - 8 AM & 10 AM
Location: **St. Alphonsus Church**

Fourth Weekend: December 19 & 20
Mass Times: Saturday - 5 PM (*Simbang Gabi*)
Sunday - 8 AM & 10 AM
Location: **St. Benedict Church**

*Reconciliation is available on
Saturdays, 4:00-4:45 PM, and Sundays, 9:15-9:45 AM.*

PARISH FAMILY HIGHLIGHTS



Take a step in your pledge.
**Stewardship of
Time. Talent.
Treasure.**

STATE OF THE PARISH: A LOOK BACK, A LOOK AHEAD

Join us as we reflect on the past year, share updates on our parish finances and ministries, and look ahead to our future together as one Parish Family. As part of this reflection, we'll invite you to prayerfully consider your financial giving and renew your stewardship commitment to support our parishes.

October 31 & November 1: St. Alphonsus and St. Benedict
November 7 & 8: St. John

We hope to see you at these Masses to hear how your participation and generosity are making a difference in our Parish Family!

LECTOR TRAINING

MON | NOVEMBER 9 | 7 PM
ST. ALPHONSUS CHURCH

Our Parish Family is hosting a lector training for new and seasoned lectors.

Whether you're an experienced proclaimer of the word, new to the ministry or simply curious about serving as a lector at Mass, this is for you.

**LET GOD'S
WORD
BE HEARD
AND FELT**



**Our Parish
Family
NEEDS
YOU!**

We'd love your help at the
Faith Formation Office front desk,
located at the St. Benedict Parish Center.

We currently have a volunteer
opportunity available on Thursdays.
School families are welcome to volunteer
and earn service hours!

Interested? Email us at info@parishfamily14.org!

GAELIC MASS – You are invited to join the Irish community at Seattle's annual **Mass of Remembrance in the Irish language (Gaelic)** being celebrated on **Wednesday, October 28, at 7:30 PM at St. John the Evangelist Catholic Church.**



The Mass readings, prayers and hymns will be in the Irish language, and the names of recently deceased members and friends of the Seattle area's Irish community will be read aloud.

The homily will be delivered in English by Mass celebrant Rev. Fr. John Madigan. Mass booklets in Irish and English will be provided, and a coffee and tea social hour will follow in the Parish Admin Building. More details at jkeane@irishclub.org.

ADVENT IS ALMOST HERE, WATCH YOUR MAIL!

Our Advent postcard is on its way, with Mass schedules for Advent weekends and Christmas!

If you haven't received yours by November 2, please let us know. Keep it handy or pop it on your fridge as a reminder of our Mass times.

We're excited to enter this season of joyful waiting as we prepare for Christ's birth!

THANKSGIVING DAY PARISH FAMILY MASS

November 26, 9 AM
at St. John

*Note: No 7:30 AM Mass
at St. Al; No 6:00 PM
Thursday Mass at St. Ben*

ATTENTION!

Mass Schedule Change – November 4

Daily Mass at St. Alphonsus
on **Wednesday, November 4,**
will be celebrated at 8:45 AM
with the school community.

***There will be no 7:30 AM
Mass that day.***

PRAYER & SCRIPTURE

LORD, HEAR OUR PRAYER...

Please remember the following people who are ill, homebound, or need your prayers this week: Tom Barrett, Marnie Ahern, Gail Altenhofen, Barry Bogue, Christopher Borden, Ken Brewster, Patricia Briggs, Suzanne Cavanaugh, John Coker, Diane Crockett, Anne Fuller, Brian Gough, Rich Huntsman, Scott Innis, Tom Jepson, Sheila Kern, Jessica Madison, Jeffry Myers, Joel Ocampo, Jennifer and Jay Parrish, Patricia Patterson, Nina Pedersen, Bill Quackenbush, Kate Quinones, Kathryn Robinson, Gene Rossignol, Lou Ayres Salumbides, Abby Simpson, Jeannette Tannario, Anita Stull, and Lillian Yamamoto. For those who have died, especially Mariana Rahardja, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: The prayer list is updated monthly. To keep your request active, please resubmit it each month. To request a prayer, please call the Faith Formation Office at 206-632-0843 or use the QR code or this link: <https://bit.ly/PF14Prayer>.



READINGS FOR SUNDAY, NOVEMBER 1 - Solemnity of All Saints

First Reading

Dressed in white, bearing palm branches, the saints rejoice in the heavenly liturgy.

Revelation 7:2-4, 9-14

Psalm

"Lord, this is the people that longs to see your face."

Psalm 24

Second Reading

We shall be like God.

1 John 3:1-3

Gospel

Jesus unfolds the blueprint of the kingdom.

Matthew 5:1-12a

On the Solemnity of All Saints, our readings look ahead to the day when we hope to join God and all the saints in the heavenly kingdom. What will that day look like? Will we be part of a great multitude standing before the throne of the Lamb? What or whom will we see in the face of God? Will we each be like God? Jesus, who knew well the blessings of heaven, promised his disciples that those who here on earth are poor in spirit, or mournful, or clean of heart, or are persecuted, will one day see that reward. Let us treasure this sweet hope as we listen to God's word.

PARTICIPATION AND STEWARDSHIP OF TREASURE

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

Week of October 18, 2026

St. Alphonsus Parish

MASS ATTENDANCE

Saturday, 5 PM	115
Sunday, 9 AM	185

PARISH COLLECTION

Mass Collection	\$ 3,209.00
Online Donations	\$ 2,549.52
Mailed-in	\$ 775.00

Total Collection \$ 6,533.52

Weekly Budget \$ 9,775.00

Under Weekly Budget \$ 3,241.48

Thank you so much for all your support to St. Alphonsus Parish!

Set up your recurring online giving now!



St. Benedict Parish

MASS ATTENDANCE

Sunday, 11 AM	179
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PARISH COLLECTION

Mass Collection	\$ 817.00
Online Donations	\$ 2,513.38
Mailed-in	\$ 230.00

Total Collection \$ 3,560.38

Weekly Budget \$ 6,212.00

Under Weekly Budget \$ 2,651.62

Thank you so much for all your support to St. Benedict Parish!

Set up your recurring online giving now!



St. John Parish

MASS ATTENDANCE

Saturday, 5 PM	85
Sunday, 8:30 AM	144
Sunday, 10:30 AM	140

PARISH COLLECTION

Mass Collection	\$ 1,626.11
Online Donations	\$ 8,651.39
Mailed-in	\$ 1,666.00

Total Collection \$ 11,943.50

Weekly Budget \$ 17,294.00

Under Weekly Budget \$ 5,350.50

Thank you so much for all your support to St. John Parish!

Set up your recurring online giving now!

<https://bit.ly/PushpaySJ>



FAITH FORMATION

SMALL GROUPS

Book Club

October 25, 7 PM | St. John Parish Admin Bldg.

We are reading *The Power and the Glory* by Graham Greene.

In a poor, remote section of southern Mexico, the paramilitary group, the Red Shirts have taken control. God has been outlawed, and the priests have been systematically hunted down and killed. Now, the last priest is on the run. Too human for heroism, too humble for martyrdom, the nameless little worldly "whiskey priest" is nevertheless impelled toward his squalid Calvary as much by his own compassion for humanity as by the efforts of his pursuers.

November 5, 7 PM | St. Benedict Book Group at St. Mary Room (upper level of Parish Center); In September, we are reading *Born a Crime: Stories from a South African Childhood*, a memoir by Trevor Noah, which we will discuss at our October meeting. Our October selection is *The Personal Librarian* by Marie Benedict and Victoria Christopher Murray. To join, please contact Brenda at bjandmes@msn.com.

Women's Group

November 3, 7 PM | St. Benedict Women's Group on Zoom Meeting ID: 83832067839 Password: 042299. All women from our Parish Family are invited to this monthly gathering. We are reading and discussing *The Jesus I Never Knew* by Philip Yancey. At our October meeting, we will discuss Chapters 1 and 2. Any questions, call Deb at 206.755-1751.

Looking to grow in faith and friendship?

Check out the many Small Faith Sharing Groups across our Parish Family! Go to www.pf14.org/small-groups.



SACRAMENTAL PREPARATION

Infant Baptism

Infant Baptisms in our Parish Family are celebrated during Saturday Vigil and Sunday Masses across our three churches, offering families the opportunity to welcome their children into the faith within the parish family community. Our next scheduled baptisms will take place **November 14-15** at St. Alphonsus, during both the **5 PM Vigil Mass** and **9:00 AM Sunday Mass**.



Youth Confirmation

PREPARATION CLASSES

Scan the QR code or visit the link to register.



For full details, go to www.pf14.org/youth-confirmation or email dpelfrey@parishfamily14.org with any questions.

SOCIAL JUSTICE COMMISSION



Join us for a healthy breakfast hosted by Angels Cafe! After Mass on Sunday, October 25, enjoy a variety of granola and yogurts with fruit, nuts, and coconut toppings, plus hot oatmeal. Bring your family!

Sancta Vita

The USCCB has asked Catholics to pray a **Respect Life Novena from October 22-30**. This novena prays for the protection of human life, from conception to natural death. Each day of the novena features a different respect-life prayer intention.

The daily prayer intentions are available in the St. Alphonsus vestibules and upon request. The Respect Life Month Novena will also be available on the free version of the Hallow app. Read or sign up to receive the novena reflections at: <https://www.respectlife.org/respect-life-month>.

North Seattle

SACRED SALMON PILGRIMAGE

November 14 | 9:30 AM - 12 PM
Starting Location: Christ the King Church



bit.ly/PF14
Salmon2026

- Meet at Christ the King, 9:30 AM for a walk to Carkeek Park.
- Enjoy stops for prayer and reflection, then see spawning salmon at Piper's Creek with a Salmon Steward.
- **All ages welcome!** The walk is about two miles, with shorter options available.
- For more info and to RSVP, scan the QR code or visit the link.

Join us for the

2026 Annual BCAC Conference



Black Catholics: Historical Presence and Reparatory Justice
November 20-21
Seattle University



Keynote Speaker
Rev. Manuel B. Williams

Program
Friday, November 20, 6pm-8:30pm
Panel Discussion: Pope Leo XIV's "Magnifica Humanitas"

Saturday, November 21, 8am - 4:30pm
Keynote Address and Presentations
5 pm Mass | Most Rev. Bishop Frank R. Schuster, Celebrant

Learn more and register here:



Want to put your faith into action? Our Social Justice Ministries need hearts and hands like yours. For more details, go to www.pf14.org/social-justice-ministry. Everyone is welcome!



Epiclesis

AT ONE point during a typical Eucharistic Prayer, the priest extends his hands over the bread and wine and prays that the Holy Spirit will change them into the Body and Blood of Christ. We call this prayer by its traditional Greek title, *epiclesis*.



Prior to the Second Vatican Council, the Roman Catholic Mass did not include a clear epiclesis. It was prominent in all the Eucharistic Prayers of the Eastern Rites of the Church, so one of the changes to the Mass after the council was to include an epiclesis in all the new Eucharistic Prayers currently in use. By calling on the Holy Spirit, the Roman Catholic Church now makes plain what it has always believed, that the bread and wine becomes the Body and Blood of Christ due to the action of the Spirit.

The new Eucharistic Prayers have another petition concerning the Spirit in their second half. That petition asks the Holy Spirit, who comes upon those who share this Communion, to bind them in unity. The first epiclesis prays for the transformation of the bread and wine; the second petition prays for the transformation of us.

Pope Paul VI said the changes to the Eucharistic Prayer were the chief innovation in the liturgical form. Although the Roman Rite had used only one prayer for many centuries, the Eastern Rites used a variety of them during the same period. By expanding the number of Eucharistic Prayers and including an epiclesis in them, the council improved the ability of Catholics to enjoy the unity we share with other churches and the power of the Holy Spirit in our midst.

Bulletin Inserts for the Liturgical Life of the Parish: The Mass © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.



This Week on Formed
Week of October 25, 2026



<https://app.formed.org/app/videos/3835217>

What Catholics Believe About Halloween

Is Halloween really a pagan holiday—or is it deeply Christian? In this episode of What Catholics Believe, Dr. Ben Akers explains the Catholic roots of Halloween, its connection to All Saints' Day and All Souls' Day, and how Catholics can celebrate it faithfully. Discover the history of trick-or-treating, the dangers of the occult, the meaning behind costumes, and even the Catholic perspective on vampires and zombies.



<https://app.formed.org/app/videos/2381581>

Eternal Rest

We all have very real questions about death. What happens when we die? What does Scripture teach about death? How do we prepare for the life to come? Explore the mystery of death, dying, and everlasting life through *Eternal Rest*, a new offering of the Augustine Institute.



<https://app.formed.org/app/videos/1137605>

Who is St. Jude? | Catholic Saints

Dr. Tim Gray and Dr. James Prothro discuss this lesser-known apostle St. Jude.

Our Parish Family has a **free Formed subscription** for you! Simply scan the QR code or visit formed.org/signup to create your account and select our Parish Family to get free access to these contents and much more!



Who is Jesus?

www.pfl4.org/alpha

Alpha

THROUGHOUT THE ARCHDIOCESE



October 28, 2026 | 12:00 - 1:00 PM | Virtual

Human life is worth respecting even at the limits of our mortality. Learn about how we as Catholics can make medical decisions and arrangements to be stewards of the gift of life even as we confront the realities of suffering and death. Registration: <https://bit.ly/3N4klW4>



October 30, 2026 | 7:00 - 9:00 PM | St. James Cathedral

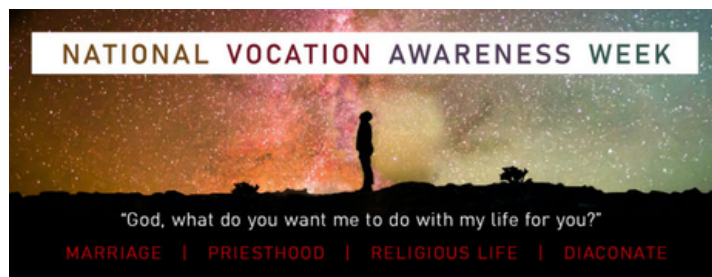
Celebrate Dia de Muertos (Day of the Dead) at St. James Cathedral with the music of [Orquesta Northwest](#) followed by Mexican pan de coco bread and hot cocoa in the Cathedral Courtyard.



October 31, 2026 | 11:00 AM - 12:30 PM | St. James Cathedral

Join Archbishop Paul D. Etienne for a Mass in Honor of St. Kateri Tekakwitha – patron saint of Native Americans and of the environment. Each year, we celebrate St. Kateri at St. James Cathedral near the anniversary of her canonization to honor her role as the first Native American saint. The last miracle for St. Kateri's canonization took place right here in Seattle. A reception follows the Mass, and all are welcome.

For more information about the life of St. Kateri, go to <https://archseattle.org/events/mass-in-honor-of-st-kateri-tekakwitha>



November 1 - 7, 2026

National Vocation Awareness Week will be celebrated in our country November 1-7, 2026. Please ask Our Lord for more dedicated, holy priests, deacons, and consecrated men and women. May they be inspired by Jesus Christ, supported by our faith community, and respond generously to God's gift of vocation.

Find out about upcoming vocations events, ways to discover God's will, and more at www.seattle vocations.com

Feast of All Souls' Day

Monday, November 2, 2026
All are invited to attend.

Gethsemane – Federal Way Korean – 8:30 am English – 10:30 am Vietnamese – 12:30 pm Spanish – 5:00 pm	Holyrood – Shoreline English – 10:30 am Korean – 1:00 pm Vietnamese – 2:30 pm
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Calvary – Seattle
English – 10:30 am

We Remember and We Give Thanks

Visit our website for more information:
www.MyCatholicCemetery.org



Nov. 7, 2026 | 11:00 AM - 12:00 PM | St. James Cathedral

Join us in celebrating the saints from our diverse cultural communities in the annual Celebration of Our Saints Mass. Our local cultural communities are invited to participate in the procession with icons, relics or statues of their servant of God, Venerable, Blessed or Saint. The saints inspire and intercede for us, helping us to grow in our faith and trust in God.

Attend in person or livestream on Facebook or Vimeo at @ArchdioceseofSeattle. For more information, contact Make Gallitelli, Director of Intercultural Integration, at make.gallitelli@seattlearch.org

PARISH FAMILY STAFF

Pastor

Fr. Colin Parrish
pastor@parishfamily14.org
<https://linktr.ee/frparrish>

Parochial Vicar

Fr. Paul Nkolombidzo
fr.nkolombidzo@parishfamily14.org

PARISH FAMILY ADMIN/OPERATIONS TEAM

(Location: St. John Admin Building; Main Line: 206-782-2810)

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PARISH FAMILY PASTORAL LEADERSHIP COUNCIL

partners.info@parishfamily14.org

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Mary Pat O'Leary
Michael Corcoran
Olivia Raese

St. Benedict:
Brian Beach
Nausica Zorzi
Philip Orquia

St. John:
Joe Sullivan
Olga Sala Torra
Teresa Lombardi

PARISH FAMILY FAITH FORMATION TEAM

(Location: St. Benedict Parish Center; Main Line: 206-632-0843; Front Desk: ext 6005)

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Music Directors - St. John

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Let God.

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