



**St. Valentine's Day  
Potluck Party  
Saturday, Feb 14<sup>th</sup>  
after the 4:00 pm Mass  
at St. Dorothy**



<https://www.signupgenius.com/go/10C0549AEAF29A5F5C43-61639126-saint>

Join our parish family as we celebrate Saint Valentine's Day and share God's love. Please bring a favorite dish to share. Crafts and activities for children will be provided. Bring your children and grandchildren! Those with food allergies are asked to please bring their own food. See the recipe link below for ideas. Please sign up to help or attend by using the link or QR code above by **Tues Feb 10**. Any questions contact Diane Garrity at [di-aneg@parishofthetransfiguration.org](mailto:di-aneg@parishofthetransfiguration.org) We hope you can join us!

<https://www.allrecipes.com/gallery/best-church-potluck-recipes>



Thank you to everyone who donated winter items to the Saint Francis House Collection. We are grateful and many people will benefit from your generosity.

**ARISE PROGRAM FOR THIS LENT  
Staring the week of February 15, 2026**

The parish will once again be running the ARISE Program for this LENT. This is a 6-week program of small, 8-12 person groups, in 90-minute prayer & discussion, reflecting on our belief that God, in the risen Christ, walks with us today. Groups meet, staring the week of February 15, on Monday or Tuesday evenings or Tuesday morning. If interested in participating, please contact Mike Champoux [mchampoux@comcast.net](mailto:mchampoux@comcast.net), or Julie Sbraccia-Manos [sbraccia-manos@comcast.net](mailto:sbraccia-manos@comcast.net) so that we can get you signed up into a group that works for you.



Please join us as we pray the Stations of the Cross and enjoy a simple meal together. Stations start at 6:00 pm in St. Dorothy Church followed by dinner downstairs at 6:30 pm. There will be a Marian Stations of the Cross on Feb 27 and a Youth version on March 20. We hope your family will join us.

Date	Host Ministry
Fri, Feb 20	Faith Formation / Charities
Fri, Feb 27	Ladies Sodality/Women's Club

**Menu**  
Pasta, pizza, salad  
Soups, pizza, salad



**SOLEMNITY OF SAINT JOSEPH  
SPOUSE OF THE BLESSED VIRGIN MARY**

**The Feast Day of St. Joseph March 19<sup>th</sup>**, In celebration there will be a 6pm mass on Thursday, March 19 at St. Dorothy's Church followed by coffee and refreshments (sponsored by the St. Joseph's Men's Prayer Group of our Parish). Join us in Worship, in fellowship and in honoring St. Joseph.



**February 14<sup>th</sup> and 15<sup>th</sup>.**

Ladies Sodality and Women's Club Collection for Heartbeat of Burlington. Heartbeat is an all-volunteer pregnancy help center founded in 1993 by lay Catholics, serving families in need regardless of race, creed, or religion. In 2025, Heartbeat assisted families of 1,130 babies and continues an average of 95 babies per month. Thank you for supporting this vital ministry.

**HEARTBEATS CURRENT NEEDS:**

**OUTFITS :** for babies 0-3 months and 3-6 months, preferably with long sleeves or a jacket, (also newborn)

- hooded sweatshirts or light jackets for 0-3 months & 3-6 months
- infant sleepers/sleep and plays newborn, 0-3 months & 3-6 months
- infant toys, especially ones that crinkle or make noise, infant crinkly books, colorful or lift the flap board books
- infant fleece, crocheted or knitted blankets
- Infant hats, knitted winter or cloth for warmer weather
- gift cards to Target, Walmart or Market Basket Donations to help purchase car seats, strollers, baby beds and other needed items.

See the QR code below

[https://www.amazon.com/baby-reg/heartbeat-collection-march-2026-wilmington/1U1DCML78N7D8?ref=cm\\_sw\\_r\\_cp\\_ud\\_dp\\_G6T72JDKCHVNM205C8BJ--](https://www.amazon.com/baby-reg/heartbeat-collection-march-2026-wilmington/1U1DCML78N7D8?ref=cm_sw_r_cp_ud_dp_G6T72JDKCHVNM205C8BJ--)



**Walk and Talk Wednesdays** After the 9am Mass meet downstairs of St. Dorothy Church. It's a wonderful way to stay physically active and socially engaged. Bring your sneakers.



**Save the Date  
Saturday, March 14<sup>th</sup>  
at 5:00 pm  
in Villanova Hall**



## LENTEN SCHEDULE

### Ash Wednesday February 18th Distribution of Ashes

6:30 AM Service of Ashes@ St. Thomas Church

9:00 AM Mass @ St. Dorothy Church

6:00 PM Mass @ St. Thomas Church

12 noon Service of Ashes @ St. Dorothy Church

### Wednesdays throughout Lent

Beginning Feb 25th

**To Jesus through Mary**

(Adult Faith Formation)

6:00PM @ St. Thomas Church

### Thursdays throughout Lent

**Adoration with Confession**

6:00 to 7:00PM @ St. Dorothy Church

No Adoration on March 19th

6pm St Joseph Mass

### Fridays throughout Lent

**Adoration with Confession**

3:00 to 4:00PM @ St. Thomas Church

**Stations and Simple Meal**

6:00 PM @ St. Dorothy Church

### Sunday, March 8th and March 15

**Confirmation Students Penance Service**

6:30PM @ St. Thomas Church

Anyone else who would like to go to confession

7:30PM @ St. Thomas Church

## Lenten Gospel Giving Weekly Collections

The tradition foundation for Lenten practice rests on three supports:

**PRAYER, FASTING, ALMSGIVING**



The Charities Committee will have a collection for items based on the Gospel readings of every week in Lent. Donations can be left at the back of the church. All donations will be distributed to the Lowell Transitional Housing, Lazarus House, and our Parish Outreach.

**WEEK #1: February 21 & 22** *Jesus was led by the spirit into the desert for forty days. He ate nothing during those days and when they were over he was hungry.*

On February 21 & 22 Charities will be collecting: **CANNED STEWS, SOUPS, TUNA, NON PERISHABLE MEALS, MAC & CHEESE, PROTEIN BARS AND ASSORTED SNACKS.**

### Lenten Regulations

- **Abstinence** from meat is to be observed by all Catholics 14 years and older on **Ash Wednesday, Good Friday, and all \*Fridays of Lent**
- **Fasting** is to be observed on **Ash Wednesday and Good Friday** by all Catholics over the age of 18 but not yet 59. Those bound by this may only take only one full meal. Two smaller meals are permitted to maintain strength according to one's needs, but eating solid foods between meals is not permitted.
- **Catholics should not lightly excuse themselves from these prescribed minimal practices.**

(Those who are ill, pregnant, on medication or special diets for health concerns, or those who work at extremely physical jobs may be exempt from these regulations)

\*In the United States, the bishops have asked Catholics over 14 years to abstain from meat on all Fridays of Lent.