



NOMINATED BY  
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# SUZIE

## *Bichovsky*

**[SHE] LOVES  
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**I** met Suzie about six years ago when I was giving her a private cooking lesson, which turned into her asking me, 'What would you do if you could do anything?' I wasn't used to anyone asking me questions like that, because my job was to make other people happy. I said, 'This.' And while we were laughing at her rendition of cooking a turkey burger by dropping it into a pan from midair, I realized she was as authentic as one could be.

She talked about her work in establishing a life coaching

business as she, a public-school teacher, understood burnout and that life happens. She successfully did this, and added a podcast over the years. One day she walked in looking all svelte and it turns out she decided to get her yoga certification. I was unwilling to accept that yoga was amazing until she convinced me to come to one class of gentle yoga. When I left, I felt like I had the best massage ever and the tension was gone.

She recently let me know that she's almost done with her training to become an officiant, her latest endeavor. I envision this woman who is quirky and funny and beautiful inside and

out meeting a couple who are in love, and they will fall in love with her, as they do yoga during life coaching sessions, and then she performs their ceremony. And they will feel alive. Because even through remote teaching a reading class, COVID, a life coaching business, yoga and now her newest endeavor, Suzie is the definition of substance. A solid person who loves people in a deep way and makes them feel like they are worth something. I think that right now coming out of this pandemic, we need women like Suzie who light up a room and lives."

-CINDIE FELDMAN