

# DISHES AND THEIR ALLERGEN CONTENT

UPDATED OCT 4TH 2025

| APPERTIZERS                        | CELERY | GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSC | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHUR |
|------------------------------------|--------|--------|-------------|------|------|-------|------|---------|---------|------|---------|--------|------|---------|
| ROSEMARY & GARLIC OLIVES           |        |        |             |      |      |       |      |         |         | ✓    | ✓       | ✓      |      |         |
| BASKET OF BREAD WITH SALTED BUTTER |        | ✓      |             |      |      |       | ✓    |         |         |      |         |        |      |         |

| STARTERS                         | CELERY | GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSC | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHUR |
|----------------------------------|--------|--------|-------------|------|------|-------|------|---------|---------|------|---------|--------|------|---------|
| BAKED GARLIC MUSHROOM - CROSTINI |        | ✓      |             |      |      |       | ✓    |         |         |      |         |        | ✓    | ✓       |
| KOREAN CAULIFLOWER               |        | ✓      |             |      |      |       | ✓    |         |         |      |         | ✓      | ✓    | ✓       |
| CAMEMBERT                        |        |        | ✓           |      |      |       | ✓    |         |         |      |         |        |      | ✓       |
| KING PRAWN THERMIDOR             |        | ✓      | ✓           |      | ✓    |       | ✓    |         | ✓       |      |         |        |      | ✓       |
| PROVENCALE FISH SOUP - ROUILLE   |        | ✓      | ✓           | ✓    | ✓    |       |      |         |         |      |         |        |      |         |
| GIANT SCALLOP                    |        | ✓      |             |      | ✓    |       | ✓    | ✓       |         |      |         |        |      |         |
| CHICKEN & CHORIZO CROQUETAS      |        | ✓      |             | ✓    |      |       | ✓    |         |         |      |         |        |      | ✓       |
| TODAY'S SOUP - WEDGE OF BREAD    |        | ✓      |             |      |      |       |      |         |         |      |         |        | ✓    |         |

| MAINS                                                         | CELERY | GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSC | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHUR |
|---------------------------------------------------------------|--------|--------|-------------|------|------|-------|------|---------|---------|------|---------|--------|------|---------|
| 8oz FILLET STEAK, MUSHROOM & TOMATO                           |        | ✓      |             |      |      |       | ✓    |         |         |      |         |        |      |         |
| 10oz RIBEYE STEAK, MUSHROOM & TOMATO                          |        | ✓      |             |      |      |       | ✓    |         |         |      |         |        |      |         |
| BEEF LASAGNE - GARLIC BREAD - SALAD                           |        | ✓      |             | ✓    |      |       | ✓    |         | ✓       |      |         |        |      |         |
| BEER BATTERED COD - PROPER CHIPS - PETIT POIS                 |        | ✓      |             |      | ✓    |       |      |         |         |      |         |        |      |         |
| CHEDDAR CHEESE & LEEK GLAMORGAN SAUSAGES - PICCALILLI         |        | ✓      |             | ✓    |      |       | ✓    |         | ✓       |      |         |        |      | ✓       |
| CHEESE & LEEK GLAMORGAN SAUSAGES WITH VEGGIE GRAVY            |        | ✓      |             | ✓    |      |       | ✓    |         |         | ✓    |         |        |      |         |
| CRANBERRY & NUT ROAST WITH VEGGIE GRAVY                       |        | ✓      |             |      |      |       |      |         |         | ✓    | ✓       |        |      |         |
| SALMON - COCKLE AND LAVERBREAD                                |        |        |             |      | ✓    |       | ✓    | ✓       |         |      |         |        |      | ✓       |
| GYG BURGER - CHEESE - BACON - BRIOCHE BUN - GYG SAUCE - FRIES | ✓      | ✓      |             | ✓    |      |       | ✓    |         |         |      |         |        |      | ✓       |
| I WANT IT ALL                                                 |        | ✓      |             | ✓    |      |       | ✓    |         |         |      |         |        |      | ✓       |
| SPINACH & CHICKPEA CURRY                                      | ✓      |        |             |      |      |       |      |         |         |      |         |        |      |         |
| RACK OF LAMB - HERB CRUMB - RED WINE JUS - SPRING VEGETABLES  | ✓      | ✓      |             |      |      |       |      |         |         |      |         |        |      | ✓       |
| ROAST TURKEY WITH PIG IN BLANKET AND STUFFING                 |        |        |             |      |      |       |      |         |         |      |         |        |      |         |
| ROAST LEG OF WELSH LAMB WITH YORKSHIRE PUDDING                |        | ✓      |             | ✓    |      |       | ✓    |         |         |      |         |        |      |         |
| ROAST SHOULDER OF PORK WITH CRACKLING & STUFFING              |        | ✓      |             |      |      |       |      |         |         |      |         |        |      |         |
| ROASTED HAKE - BEURRE NOISETTE - CAPERS                       |        | ✓      |             |      | ✓    |       | ✓    |         |         |      |         |        |      | ✓       |
| SEABASS FILLETS - RATATOUILLE - PESTO OIL                     | ✓      | ✓      |             |      | ✓    |       |      |         |         |      |         |        |      |         |
| SKIN ON CHICKEN SUPREME - WILD MUSHROOM & TARROGAN            |        |        |             |      |      |       | ✓    |         |         |      |         |        |      | ✓       |
| STEAK, MUSHROOM & ALE PIE - PUFF PASTRY                       |        | ✓      |             |      |      | ✓     |      |         | ✓       |      |         |        | ✓    |         |
| SIRLOIN OF WELSH BEEF WITH YORKSHIRE PUDDING                  |        | ✓      |             | ✓    |      |       | ✓    |         |         |      |         |        |      |         |
| TOURNEDO ROSSINI - FILLET STEAK - PATE - ROASTED VEGGIES      | ✓      | ✓      |             | ✓    |      |       | ✓    |         | ✓       | ✓    |         |        |      |         |

|                |  |   |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
|----------------|--|---|--|--|--|--|---|--|--|--|--|--|--|--|--|--|
| WALKER'S LUNCH |  | ✓ |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |
|----------------|--|---|--|--|--|--|---|--|--|--|--|--|--|--|--|--|

| KIDS MAINS                                                   | CELERY | GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSC | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHUR |
|--------------------------------------------------------------|--------|--------|-------------|------|------|-------|------|---------|---------|------|---------|--------|------|---------|
| BEEF LASAGNE & CHIPS                                         |        | ✓      |             | ✓    |      |       | ✓    |         |         |      |         |        |      |         |
| BEST CHICKEN NUGGETS IN THE WORLD WITH CHIPS & BEANS OR PEAS |        | ✓      |             |      |      |       |      |         |         |      |         |        |      |         |
| BOWL OF SOUP                                                 |        |        |             |      |      |       |      |         |         |      |         |        |      |         |
| GLAMORGAN SAUSAGE & CHIPS                                    |        | ✓      |             | ✓    |      |       | ✓    |         | ✓       | ✓    |         |        |      |         |
| HOME COOKED HAM, EGG & CHIPS                                 |        |        |             | ✓    |      |       |      |         |         |      |         |        |      |         |
| KIDS GARLIC BREAD                                            |        | ✓      |             |      |      |       | ✓    |         |         |      |         |        |      |         |
| PORK ROAST                                                   |        | ✓      |             |      |      |       |      |         |         |      |         |        |      |         |
| PORK SAUSAGES, MASH, GRAVY & PEAS                            | ✓      | ✓      |             |      |      |       | ✓    |         |         |      |         |        |      |         |
| TURKEY ROAST                                                 |        | ✓      |             |      |      |       |      |         |         |      |         |        |      |         |
| WELSH BEEF ROAST                                             |        | ✓      |             | ✓    |      |       | ✓    |         |         |      |         |        |      |         |
| WELSH LAMB ROAST                                             |        | ✓      |             | ✓    |      |       | ✓    |         |         |      |         |        |      |         |
| WHOLETAIL SCAMPI, CHIPS & PEAS                               |        | ✓      | ✓           |      | ✓    |       |      | ✓       |         |      |         |        |      |         |

| SIDES                              | CELERY | GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSC | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHUR |
|------------------------------------|--------|--------|-------------|------|------|-------|------|---------|---------|------|---------|--------|------|---------|
| BASKET OF BREAD WITH SALTED BUTTER |        | ✓      |             |      |      |       | ✓    |         |         |      |         |        |      |         |
| EXTRA ROASTIES                     |        |        |             |      |      |       |      |         |         |      |         |        |      |         |
| EXTRA STUFFING                     |        | ✓      |             |      |      |       |      |         |         |      |         |        |      |         |
| EXTRA VEGETABLES FOR 2             |        |        |             |      |      |       |      |         |         |      |         |        |      |         |
| EXTRA YORKSHIRE PUD                |        | ✓      |             | ✓    |      |       | ✓    |         |         |      |         |        |      |         |
| GARLIC BREAD                       |        | ✓      |             |      |      |       | ✓    |         |         |      |         |        |      |         |
| CHEESY GARLIC BREAD                |        | ✓      |             |      |      |       | ✓    |         |         |      |         |        |      |         |
| PEPPERCORN STEAK SAUCE             | ✓      | ✓      |             | ✓    |      |       | ✓    |         | ✓       |      |         |        |      |         |
| PROPER CHIPS                       |        |        |             |      |      |       |      |         |         |      |         |        |      |         |
| CHEESY CHIPS                       |        |        |             |      |      |       | ✓    |         |         |      |         |        |      |         |
| SEASONAL VEGETABLES                |        |        |             |      |      |       |      |         |         |      |         |        |      |         |
| SEASONED FRIES                     |        |        |             |      |      |       |      |         |         |      |         |        | ✓    |         |
| Onion Rings                        |        | ✓      |             |      |      |       |      |         |         |      |         |        | ✓    |         |
| MASH                               |        |        |             |      |      |       | ✓    |         |         |      |         |        |      |         |
| COLESLAW                           |        |        |             | ✓    |      |       |      |         |         |      |         |        |      |         |
| GRAVY                              |        | ✓      |             |      |      |       |      |         |         |      |         |        |      |         |
| STILTON SAUCE                      |        |        |             |      |      |       | ✓    |         |         |      |         |        |      |         |

