

North Snohomish Parish Family

February 1, 2026

Fourth Sunday in Ordinary Time



Sermon on the Mount by Carl Bloch

LITURGY SCHEDULE

Sunday, February 1

St. Cecilia: Mass 8 a.m.
St. Mary: Mass 10:30 a.m.
& 1 p.m. *(Spanish)*

Tuesday, February 3

St. Cecilia: Mass 10:30 a.m.,
followed by Confessions
Immaculate Conception:
Confessions 4 p.m., Mass 6 p.m.

Wednesday, February 4

St. Mary: Mass 10:30 a.m.
St. Cecilia: Confessions 4 p.m.,
Mass 6:30 p.m.

Thursday, February 5

Immaculate Conception:
Mass 10:30 a.m.
followed by Confessions
St. Mary: Confessions 3 p.m.,
Mass 6 p.m.

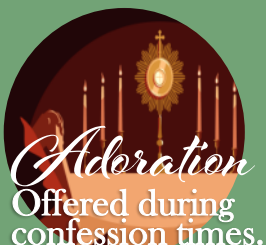
Friday, February 6

First Friday at St. Mary

Mass: 10:30 a.m.
Confessions: 11:15 a.m. - 12 p.m.
Exposition: all day
Confessions: **CANCELED**

Saturday, February 7

St. Mary: Benediction 8:50 a.m.,
Mass 9 a.m.
Vigil Masses
St. John Vianney: 11 a.m.
Immaculate Conception: 4 p.m.



♦ **Monday, February 2**
Feast of the Presentation of the Lord

♦ **Tuesday, February 3**
Memorial of St. Blaise, Bishop and Martyr
Memorial of St. Ansgar, Bishop

♦ **Thursday, February 5**
Memorial of St. Agatha, Virgin and Martyr

♦ **Friday, February 6**
Memorial of St. Paul Miki and Companions, Martyrs

Pastor's Reflection

Dear parishioners,

This coming Tuesday, Feb. 3rd, is the feast day of St. Blaise. St. Blaise lived in what is modern day Turkey in the 300's AD. It is believed that he was a gifted physician and bishop. Like many of our brothers and sister Catholics that lived during that time, he was arrested for being Catholic and martyred for the faith. Many years later a tradition would grow from some of the events of the life of St. Blaise, namely, the blessing of the throats. There is a story about a young boy that was going to die because of a fish bone that was lodged in his throat. St. Blaise miraculously cured the boy and returned him to his family safe and sound.

Every February 3rd we remember this event and the graces of God working through St. Blaise and his intercession by blessing the throats of everyone attending Mass. With this blessing the priest uses two blessed candles that are placed near the throat of the person crossed together in the form of a cross. He then asks for the intercession of St. Blaise to heal and protect this person from any afflictions of the throat.

The use of blessed candles comes in part from the feast day one day before on Feb. 2nd. On Feb. 2nd we celebrate the Presentation of the Child Jesus in the Temple. This day is the traditional day for the blessings of candles marked with a procession of the people with candles lit into the Mass. The tradition goes back to the time when this was the last day of the Christmas season and many people are hoping for the end of winter and the beginning of spring for the growing of their crops. This hope is seen as a symbol of the coming of Jesus into the world as the Light of the world, casting out all darkness.

Blessings,

Fr. Peter

First Friday of the Month at St. Mary

We invite everyone to spend some time with Jesus in the most Blessed Sacrament.

*Exposition: 11:15 a.m. to 9 p.m.

*Children's Adoration: 3 p.m.

*Prayers for Priest: 5:30 p.m.

*Reconciliation: **CANCELED**

*Benediction: 8:50 a.m. of the following day



To donate to a parish,
scan the QR code.



St. Mary



St. Cecilia

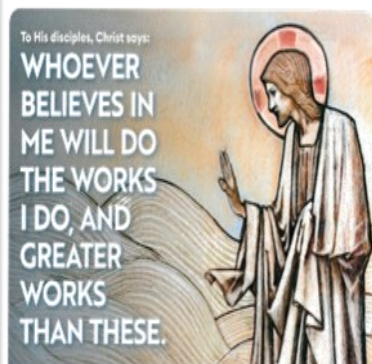


Immaculate
Conception



St. John
Vianney

**The youth group will attend the
Serra Club Vocation Rally
Friday, February 6th
hosted at St. Mary Magdalen Parish in Everett**



All teens are invited to join seminarians, deacons, priests, religious sisters, and Bishop Elizondo for a Mass and dinner. A permission slip is required to attend and is available at the parish office or through Tina Do.

Permission slip is due Sunday, February 1st.

St. Mary's Baby Shower benefitting Two Hearts Pregnancy Aid

Two Hearts will be collecting donations of new or gently used baby and toddler clothes, maternity clothes, diapers, and baby items in the hall.

You can bring items on Sunday, February 22nd.

ASH WEDNESDAY
February 18
Mass times



St. Mary | 10:30 a.m. | 5:30 p.m. | 7:30 p.m. (Spanish)
St. John Vianney | 4 p.m.
Immaculate Conception | 5 p.m.
St. Cecilia | 7:15 p.m.

The Mission of St Vincent DePaul



"A network of friends, inspired by Gospel values, growing in holiness and building a more just world through personal relationships with and service to people in need."

**Please consider donating to or joining your local parish Conference.
(Check must be made out to St. Vincent De Paul)**

- ♦ St. Mary meets every 2nd and 4th Sunday of the month in Room 3 in the parish hall.
- ♦ St Cecilia meets the 1st and 3rd Wednesdays of the month at 5 p.m. before 6:30 p.m. Mass.
- ♦ Immaculate Conception holds a zoom meeting on the first Tuesday of the month at 7 p.m. and an in person meeting the third Saturday of the month after the 4 p.m. Mass

We invite you to join our group, or simply drop by to pray with us.

**Feast day of St. Blaise
Tuesday, February 3rd**

Blessing of the Throat
after the St. Cecilia 10:30 a.m. Mass and
the Immaculate Conception 6 p.m. Mass



Knights of Columbus Breakfast & Columbiettes Bake Sale St. Mary's – February 1, 2026



Join us, for a delicious Knights of Columbus Breakfast served after each Mass.

The Columbiettes will also be hosting a Bake Sale after every Mass to support the establishment of the Fred Harrington 7863 Auxiliary.

*Proceeds from the Breakfast will support
Two Hearts Pregnancy Aid.*

Thank you for supporting our parish ministries!

Legacy of Faith & Family Protection Seminar



**Knights of
Columbus**

The **Knights of Columbus in Skagit and Snohomish Counties** invite all Catholic families to an educational seminar on **Monday, February 9 at 7 p.m.** at St. Cecilia.

Learn about important **legal, spiritual, and financial** guidance for preparing your family's future, with presentations by an elder law attorney, a priest, and a Knights of Columbus representative.

All Catholic families are welcome to attend.

St. Cecilia WOMEN'S GUILD

Guild News:

⇒ **Annual Potluck Sewing Day event has been rescheduled, new date is not yet determined.**

⇒ Meeting on Thursday, February 12th at 10 a.m. in the parish hall



Our excellent bookkeeper Judy is retiring, so we are seeking a skilled and experienced replacement for her.

You must be a committed and practicing Catholic. QuickBooks Online experience is a plus. You must be able to travel between Parish Family locations. Please contact any of the parish offices or Our Director of Operations Peter DeLuca at peter@northsnohomishcatholic.org for more information and to apply.

COMUNIDAD HISPANA

Reflexión del pastor

Queridos feligreses,

El próximo martes 3 de febrero se celebra la fiesta de San Blas. San Blas vivió en lo que hoy es Turquía, en el siglo IV d. C. Se cree que fue un médico y obispo muy talentoso. Al igual que muchos de nuestros hermanos y hermanas católicos que vivieron en aquella época, fue arrestado por ser católico y martirizado por su fe. Muchos años después, surgió una tradición a partir de algunos acontecimientos de la vida de San Blas: la bendición de las gargantas. Existe una historia sobre un niño que estaba a punto de morir a causa de una espina de pescado que se le había atascado en la garganta. San Blas curó milagrosamente al niño y lo devolvió sano y salvo a su familia.

Cada 3 de febrero recordamos este acontecimiento y las gracias de Dios que actúan a través de San Blas y su intercesión, bendiciendo las gargantas de todos los que asisten a Misa. Con esta bendición, el sacerdote utiliza dos velas bendecidas que se colocan cerca de la garganta de la persona, cruzadas en forma de cruz. Luego, pide la intercesión de San Blas para sanar y proteger a la persona de cualquier afección de la garganta.

El uso de velas bendecidas proviene, en parte, de la fiesta que se celebra el día anterior, el 2 de febrero. El 2 de febrero celebramos la Presentación del Niño Jesús en el Templo. Este día es el día tradicional para la bendición de las velas, que se realiza con una procesión de fieles con velas encendidas hacia la iglesia. Esta tradición se remonta a la época en que este era el último día de la temporada navideña y muchas personas esperaban el fin del invierno y el comienzo de la primavera para el cultivo de sus cosechas. Esta esperanza se considera un símbolo de la llegada de Jesús al mundo como la Luz del mundo, disipando toda oscuridad.

Bendiciones,
Padre Pedro

Domingo, Enero 25

Sta. Cecilia: Misa 8 a.m.

Sta. Maria: Misa 10:30 a.m. (Ingles)
y 1 p.m. (Español)

Martes, Enero 27

Sta. Cecilia: Misa 10:30 a.m.,
seguido por Confesiones

Inmaculada Concepcion:

Confesiones 4 p.m., Misa 6 p.m.

Miércoles, Enero 28

Sta. Maria: Misa 10:30 a.m.

Sta. Cecilia: Confesiones 4 p.m.,
Misa 6:30 p.m.

Jueves, Enero 29

Inmaculada Concepcion:

Misa 10:30 a.m.

seguido por Confesiones

Sta. Maria: Confesiones 3 p.m.,
Misa 6 p.m.

Viernes, Enero 30

Primer Viernes en

Sta. Maria

Misa: 10:30 a.m.

Confesiones: 11:15 a.m. - 12 p.m.

Exposition: todo el día

Confesiones: 6 p.m. - 9 p.m.

Sábado, Enero 31

Sta. Maria: Misa 9 a.m.

Misas de Vigilia

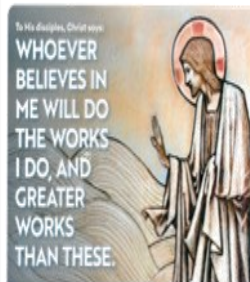
San Juan Vianney: 11 a.m.

Inmaculada Concepcion:

Misa 4 p.m.

El grupo juvenil asistirá al Encuentro Vocacional del Club Serra

**el viernes 6 de febrero en la parroquia de Santa
María Magdalena en Everett.**



Todos los adolescentes están
invitados a unirse a los
seminaristas, diáconos,
sacerdotes, religiosas y al obispo
Elizondo para una misa y una cena.
Se requiere un permiso para asistir,
el cual está disponible en la oficina
parroquial o a través
de Tina Do.

*Por favor, devuelva el permiso
antes del domingo 1 de febrero.*

Fiesta de San Blas Martes, 3 de febrero

Bendición de la garganta

Después de las misas de las 10:30 a. m. en la
iglesia de Santa Cecilia y las 6 p. m. en la
iglesia de la Inmaculada Concepción.



Primer Viernes del Mes

*Invitamos a todos a pasar un tiempo con Jesús en el
Santísimo Sacramento.*

*Exposicion: 11:15 a.m.

*Adoracion para Ninos: 3 p.m.

*Confesiones: **CANCELADAS**

*Bendicion: 8:50 a.m. del sábado



MIÉRCOLES DE CENIZA

18 de Febrero

Misas

Sta. Maria | 10:30 a.m. | 5:30 p.m. | 7:30 p.m. (Espanol))

San Juan Vianney | 4 p.m.

Inmaculada Concepcion | 5 p.m.

Sta. Cecilia | 7:15 p.m.

