



## Want a Superbrain? What Will You Learn?

1. Develop an Invincible Memory: Names, facts, birthdays, anniversaries, shopping lists, passwords - how much easier will your life be when you're recalling all this information at the snap of a finger?
2. Learn Faster and Better: Finish a book 3x faster (and remember every part of it). Learn a new language in record time. Master any new skill with ease. Be a better you in every way.
3. Supercharge Your Productivity: Banish brain fog and procrastination. Think smarter, decide faster, understand information more deeply - and be more productive than ever in your life.
4. Upgrade Your Habits: Break free from your old time-wasting habits, and adopt simple new ones that optimize and protect your brain and body - without the usual resistance or self-sabotage.
5. Gain Unbreakable Focus: Train your brain to stay laser-focus on any task until it's done, without the usual productivity-killing distractions and restlessness.
6. Be Your Most Confident Self: From your work to your personal life, gain the confidence to show up as the most present, efficient, and assertive version of yourself in any situation.
7. Boost Your Grades & Ace Exams: Use your accelerated mind power to excel in any class, curriculum, and exam. Cut down your study time so you can learn more, grow more, and play more.

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### First Session: Grades 3-5th

September 9th-December 16<sup>th</sup> 2025 then January 13th-May 5<sup>th</sup> 2026 (No classes on holidays)

### Second Session: Grades 6th-8th

September 10th-December 17<sup>th</sup> 2025 then January 14th-May 6<sup>th</sup> 2026 (No classes on holidays)

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**Class Day:** Tuesday (Elementary) or Wednesday (Middle School) **Class Time:** 4:45-5:30

**Contact information:** Carrie Kari [CarrieKari@thrivemindcoachingllc.com](mailto:CarrieKari@thrivemindcoachingllc.com) **Cost:** \$800 per child.

**Register at**  **Events | Carrie Kari** <https://www.thrivemindcoachingllc.com/events>

**Materials needed to participate:** Paper, pencil, and your Superbrain!