

# Christian Living Journal



Name \_\_\_\_\_

## Requirements

All Confirmation candidates are required to fulfill 10 Christian Living *CREDITS*. These credits may be divided up as follows:

- Minimum 2 Holy Encounters One must be Adoration, and the other must be a Stations of the Cross. You may add any other from the list on the following page.
- The other 8 credits can be either a Holy Encounter or Christian Service.

Each credit requires the completion of a reflection page enclosed in the Christian Living Journal. Many opportunities of both Holy Encounters and Christian Service will be presented to you in class. However, this list is not all inclusive. Please consider any opportunities that come up to serve others. If you are unsure of an activity qualifying for credit, please ask one of your catechists or see Tom.

It's good to have you participating and preparing for the Sacrament of Confirmation! As Roman Catholics, so much of how we celebrate our faith is experiential. We are a Sacramental Church, and the Sacraments allow us to come into contact with the Divine and receive grace. Fully initiated Roman Catholics are expected to witness their faith in a lived way through:

- \* The Mass
- \* The Sacraments
- \* Prayer and Catholic Devotions
- \* Christian Service

On this last leg of your Christian Initiation, you are called to move into a life of active Christian living. You must be prepared go in peace to love and serve the Lord, and continue that active living the rest of your life.

### **Year I and Year II Christian Living Requirements** **10 Total Christian Living Experiences.**

There are 2 types of experiences that you must accumulate for your journal. You will either participate in a Holy Encounter or receive a service credit.

Good luck! Have fun in your exploration of your faith. You are in the final stage of confirming your Catholic Faith.

# HOLY ENCOUNTERS



Beginning now, you can prepare for a Holy Encounter, experience it, and reflect on it by answering a simple set of questions.

1. Choose from one of these common encounters to experience:
  - A Catholic Baptism (call parish office or email to find out availability here at St. Ann.)
  - A Catholic Wedding in a Catholic Church
  - A Catholic Anointing of the Sick
  - A Catholic First Holy Communion
  - A Catholic Confirmation (outside of R.E.)
  - The Sacrament of Reconciliation (outside of R.E.)
  - A Catholic Funeral in a Catholic Church
  - Adoration of the Blessed Sacrament
  - Stations of the Cross in a Catholic Church
  - A communal recitation of the Rosary
2. Answer the following questions after your Holy Encounter:

Answer the following questions after your experience:

- What Holy Encounter did you attend?
- Did I observe the presence of God? How or where?
- Name one thing you can tell someone else about your experience?

# CREDIT #10



Circle one. This is a:

Service Credit

Holy Encounter

Answer the questions for your credit below.

## CREDIT #9



Circle one. This is a:

Service Credit

Holy Encounter

Answer the questions for your credit below.

## CHRISTIAN SERVICE

REFLECTION QUESTIONS



Answer the following questions after your Christian Service experience:

- What was your service?
- Who did you serve and how did they benefit from your service?

## CREDIT #1



Circle one. This is a:

Service Credit

Holy Encounter

Answer the questions for your credit below.

## CREDIT #8



Circle one. This is a:

Service Credit

Holy Encounter

Answer the questions for your credit below.

## CREDIT #7



Circle one. This is a:

Service Credit

Holy Encounter

Answer the questions for your credit below.

## CREDIT #2



Circle one. This is a:

Service Credit

Holy Encounter

Answer the questions for your credit below.

## CREDIT #3



Circle one. This is a:

Service Credit

Holy Encounter

Answer the questions for your credit below.

## CREDIT #6



Circle one. This is a:

Service Credit

Holy Encounter

Answer the questions for your credit below.

## CREDIT #5



Circle one. This is a:

Service Credit

Holy Encounter

Answer the questions for your credit below.

## CREDIT #4



Circle one. This is a:

Service Credit

Holy Encounter

Answer the questions for your credit below.

Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

### Tally Sheet

All Youth in Confirmation Prep Year I & II

Are required to record a minimum of  
10 Christian Living Activities.

# This is how I have lived as a Catholic Christian

Date	Service Description or Holy Encounter	Holy Encounter or Service	Parent/Administrator Signature
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	
		HE / S	