



Common Struggles

- Abandonment
- Abortion
- Abused - Physically / Verbally / Emotionally / Sexually
- Abuser - Physically / Verbally / Emotionally / Sexually
- Adultery
- Alcohol(ism)
- Anger / Rage / Escalation
- Anxiety
- Apathy
- Approval of others / people pleasing
- Body image
- Codependency
- Control
- Critical Spirit / Complaining
- Cruelty
- Cult / Satanism / Witchcraft
- Cursing / cussing / hurtful language
- Cutting / Self-Harm
- Depression
- Disobedience / Rebellion
- Divorce / Separation
- Drugs / Pills / Substance Abuse
- Emotional Dependency
- Evil thoughts / actions
- Father / mother wound
- Fantasy
- Fears / Phobias
- Fear of failure
- Fear of intimacy
- Fear of man / others
- Fighting (physically / verbally)
- Food addiction / Anorexia / Bulimia / Gluttony
- Gossip
- Greed / love of money
- Guilt and shame
- Hatred of self / others
- Hoarding
- Homosexuality / Bisexual
- Hopelessness
- Idolatry / Worship of created
- Insecurity
- Isolation / withdrawal
- Jealousy / Envy
- Judgmental / Judging others
- Laziness
- Loneliness
- Loss of relationship
- Lying / Deceit / Dishonesty
- Manipulation
- Masturbation
- Materialism
- Mental Illness
- Mistrust of God / No belief
- Obsessive thoughts / OCD
- Paranoia
- Perfectionism
- Pornography addiction / Voyeurism
- Pride / Self Righteousness
- Prostitution / Stripping
- PTSD
- Racism
- Rape / rape recovery
- Resentment / Bitterness
- Relationship addiction
- Selfishness
- Self sabotage
- Self worth (too high or too low)
- Sexual addiction / deviancy / fetishes
- Shopping / spending
- Sleeplessness / Insomnia
- Social media addiction
- Stealing / Kleptomania
- Stress
- Suicidal
- Technology addiction
- Unforgiveness
- Vanity
- Video game addiction
- Workaholic
- Worry