

Sermon Discussion Questions

“Doubting our Doubts” by Pastor Ron Holton | Sunday, May 17, 2026 | RPC Central Campus

Scripture Passages: Matthew 11:1-11 and Mark 9:22-24

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Have members of your group read the Scriptures above aloud prior to beginning your group discussion.

Possible icebreaker: Who can share a time when you have struggled with doubt (in the past or currently)?

1. Read Matthew 11:1–11. John the Baptist boldly proclaimed Jesus as the Messiah, yet later asks, “Are you the one who is to come?” What stands out to you about John’s question and Jesus’ response to him?
2. Ron mentioned, “Doubt is wrestling with your faith; unbelief is a decision not to believe.” How does that distinction change the way you think about doubt in your own life or in others?
3. John’s doubts may have come from: Hard times, Unmet expectations, and/or an incomplete picture. Which of these feels most relatable for you right now—and why?
4. Three types of doubt were mentioned: what are they and which type do you think is most common for adults today? Which one do you think tends to affect you most often, personally? What does that look like?
5. Did you know that many faithful people have struggled with doubt, i.e. David, Elijah, Moses, Peter, Thomas, Jeremiah, and John? Why do you think God included A LOT of stories of doubting people in Scripture?
6. What does this reveal to us about God’s character?
7. When doubt or discouragement show up, what truths about God have anchored you in difficult seasons?
9. Pastor Ron encouraged us to feed our faith and go back to what we know is true. Read Proverbs 3:5–8 and Hebrews 11:1–3. Take time to pray for those who are struggling with doubt or difficult situations before closing.

For further application & next steps:

- 1) Choose one way to feed your faith this week:
 - Start your day in truth by reading Scripture and/or Memorize Isaiah 41:10 or Proverbs 3:5–6
 - Mid-day Praise - Listen to your favorite praise or worship song during lunch time
 - Write down your questions and meet or talk with a leader or trusted godly friend of the same sex
- 2) Instead of automatically believing every fearful thought or feeling, ask: “What evidence do I have? What truth from God’s Word speaks to this concern?” Remember, emotions don’t always deserve our trust and feelings can be fickle. Write down your doubts or fears and cast your cares upon the Lord. 1 Peter 5:6-10
- 3) Remember & Share– prayerfully take a few moments to journal or consider all the things the Lord has done in your life thus far, to pursue you, reconcile & reveal himself to you, provide for you, etc. Share the story of what God has done in your life with someone this week. Sometimes our battles are spiritual ones. Remind yourself how we defeat the enemy in our daily lives (Revelation 12:10-11)
- 4) Dig deeper – Read Isaiah 35:5-6, 61:1-4 and Matthew 11:4-6. Notice how Isaiah 61:1b is missing from Jesus’s words in Matthew 11? How do you think that made John feel? Can you relate?