# Preschool Press



Newsletter for RockPointe Weekday Preschool

October 2025



Join us at the Scholastic Book Fair, set up in the lobby! We will have cashiers scheduled at times that are designed so you can shop without your preschooler underfoot. You can also add to classroom libraries with purchases of the teachers' Wish Books. Thanks so much for your support.



The week of October 14th will be Cowboy Week at preschool. On Thursday the 16th, students will get to go on a hayride around campus and have their picture made on a real pony! That Thursday would be a great day for your child to dress the part if he or she has jeans or other cowboy gear. It's the one day when cowboy boots will be allowed, too! Note: Because of pony pictures, please let us know if your child has an allergy to pet dander.

## Dress Up Day!



Thursday, October 30 will be Dress Up Day for the 3's and PreK classes at preschool when the students can wear costumes to school if they choose. Please do not send your child in a costume that will make it difficult for them to tend to their bathroom needs. Parents of those students are invited to come watch our Dress Up Day Parade, which will be held right after drop-off at 9:15! The 18 mos. and 2's classes will not be participating since costumes make diapering difficult.



Popsicles in the Park

Friday, October 24
Rheudasil Park
2001 Forest Vista Drive, FM
9:00-10:30a

Come "chill out" and get to know your child's classmates and parents. Just a fun day to play together and make new friends!



## Pick a Punkin

On **Tuesday, October 7th**, all the students will get to visit our own patch of

pumpkins here on the RockPointe campus. The children will get to pick one to use with class projects and then take it home!

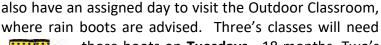
#### **Terminology Matters!**

Words are important in the life of a preschooler! As adults, when we correct a child, it's tempting to say, "You need to <u>listen</u>," when actually what we're wanting is for the child to follow through and <u>obey</u>. This month our chapel stories are all about people from the Bible who <u>obeyed</u>, so it's a great time for us to emphasize that terminology with the children, too. We'll be asking them to *listen* to directions and then **obey**; we encourage you to use that same terminology, too!

### **Dressing for Preschool**.

Fall is coming, so please send a labeled jacket to school with your student as it turns cooler outside. Remember to keep a complete set of extra clothing (including underwear & socks) in a ziplock bag in your child's backpack. Here's a

reminder about footwear from our Parent Handbook: *tennis shoes are required for participation at preschool.* Your student will





those boots on **Tuesdays**. 18 months, Two's and PreK will need them on **Thursdays**. Check with your child's teacher for her guidelines on

when & how to send these to preschool.

## "W" Sitting & Development



Last month we discussed gross motor development in preschoolers. One aspect of that development is how children choose to sit on the floor. "W" sitting describes the

position of a child when sitting on the floor, knees together and feet pointing outwards.

If this is the <u>main</u> or <u>only</u> position your child adopts for floor play, it would be wise to intervene, especially if your child is 4 or older! Prolonged periods in this position can lead to weak core muscle development and strain on joints. You can encourage other positions to strengthen their trunk stability: sitting cross legged, side sitting, or long sitting, with legs outstretched.







Your child's hips and knees will thank you later!

## 한 Chapel Schedule 한

Chapel is held on Tuesdays at 9:15 in the Cabin Room. This month the children are learning that <u>God tells</u> us to obey, and our Bible stories will be:

Sep 30 Noah & the Flood Gen. 6-8
Oct 7 Abraham & God's Promise Gen. 1

14 Joseph & His Brothers Gen. 37, 45

21 Baby Moses Ex. 2

28 Moses & the 10 Commandments Ex. 20

Our memory verse this month is:

Love God...obey His commands." 1 John 5:3

## **Age Level News**



#### 18 Mos. & Two's Classes

Our **18 mo.** students are learning how to play with friends and share toys! Inside the classroom, they are learning to sit for a structured "circle time," which is our time to teach new skills and *putting up their own trash* after snack and lunchtime...this is a beginning step in responsibility! We'll also learn about our 5 senses in the coming weeks.

This month the **2's classes** will be learning about our senses: *smelling, tasting, seeing, hearing* and *touching*. We're thanking God for giving us our senses as a way to understand this world and the coming fall season. The children will also learn about how to take care of their bodies by eating healthy foods.

We'll all emphasize the colors *orange* and *black*, and learn about *circles & squares*.

#### **Three's Classes**

This month the 3's will be learning about fall, and they'll have fun decorating real pumpkins from our preschool pumpkin patch. We'll have a transportation unit, too, when we'll have an actual car wash! For our Tuesdays at the Outdoor Classroom, please send student's rainboots in a Walmart-type bag labeled with their name.

The letters **F**, **E**, **H** and **T** will be introduced, and the students will practice one-to-one correspondence with the numbers **2** and **3**---starting at the beginning!

And a reminder: the Three's students are responsible for their own toilet hygiene, which also includes the mechanics of pulling up and down their underwear/pants. Allow them to do this on their own at home, too, and send them to school in clothes that make that process easy for them!

#### **Pre Kindergarten Classes**

In October, the PreK students will be learning about God's fall gifts, like apples & pumpkins! Please send 1 apple with your child on Tuesday, Oct 7. Also, we'll be tasting apple products/goods on Thursday, Oct. 9, so please send something made from apples. The phonics emphasis this month will be on the letters Hh, Tt, Uu and Ii.

To prepare for kindergarten, it's important to develop fine motor skills to hold pencils correctly and use scissors. Parents can encourage this by having the children practice cutting paper at home. Please promote a 3-finger grasp when writing. Also, our students have a treasure chest of prizes, and we'd welcome donations (happy meal prizes, etc.). Thank you!!!