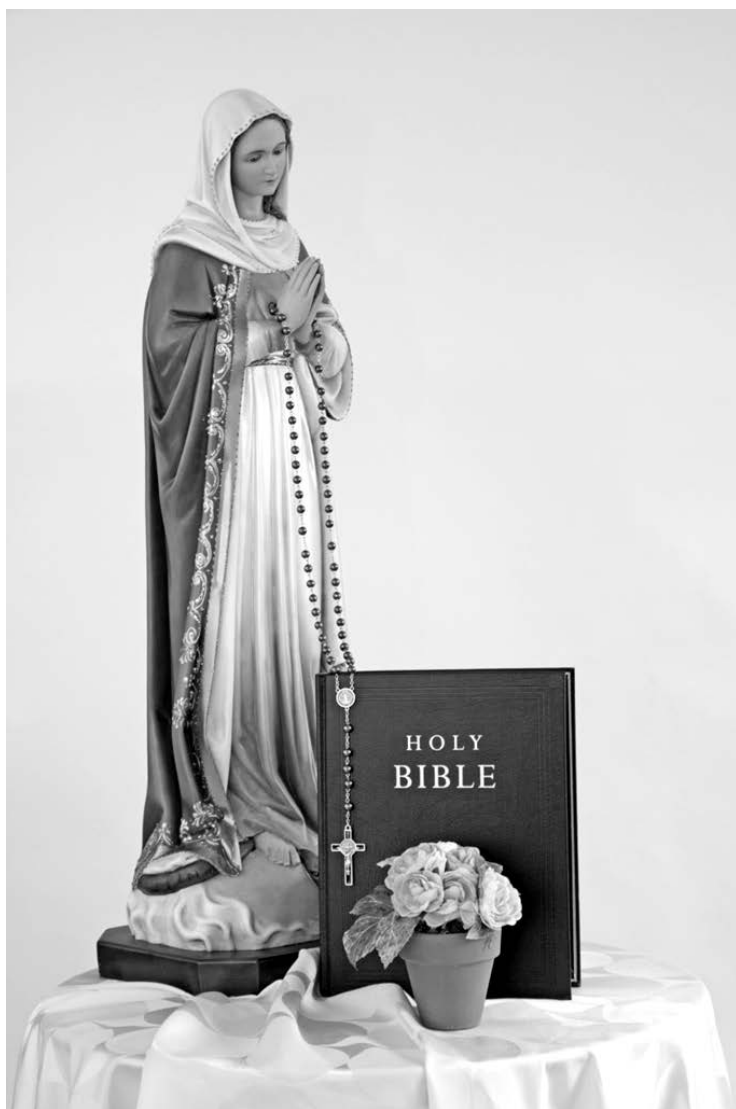


A Scriptural Rosary

By Thomas P. Rizzo



"Confidently take up the Rosary once again. Rediscover the Rosary in the light of Scripture, in harmony with the Liturgy, and in the context of your daily lives... May this appeal of mine not go unheard!" (St. John Paul II)¹

Quotes from Saints and Literature

"Let all men, the learned and the ignorant, the just and the sinners, the great and the small, praise and honor Jesus and Mary, night and day, by saying the Rosary." (St. Louis de Montfort)²

"In addition to the Lord's Prayer and the Angelic Salutation, the essence of the Rosary is contemplating the mysteries of the life of Christ the Lord and the most holy Mother of God." (St. Maximilian Kolbe)³

"We are taught to love and say the Rosary with great devotion; let us be very faithful to this our first love – for it will bring us closer to our Heavenly Mother... Cling to the Rosary as the creeper clings to the tree – for without Our Lady we cannot stand." (St. Teresa of Calcutta)⁴

"Today, as in other times, the Rosary must be a powerful weapon to enable us to win in our struggle, and to help all souls." (St. Josemaria Escriva)⁵

Prayer should accompany the reading of the Sacred Scripture, so that a dialogue takes place between God and man. For 'we speak to him when we pray; we listen to him when we read the divine oracles.' (CCC: 2653)⁶

In 1980, during the apparition at Cuapa, Nicaragua, Our Lady recommended that Bernardo and others pray the Rosary with the aid of biblical excerpts, to avoid rushing mechanically through it.⁷

Acknowledgement

I would like to thank my family and friends who have patiently received and read multiple versions of this booklet as it evolved; I have lost count of how many revisions there have been over the last few years. Special thanks go to my wife Nina, for insights, general support, and who helped direct me toward certain references.

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By Thomas P. Rizzo

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Introduction

'A Scriptural Rosary' differs from a 'Traditional Rosary' by interspersing Bible verses between the traditional prayers, among the five decades of the Rosary. The verses quoted are relevant to the Rosary Mystery being contemplated. The goal is to help focus the mind and better meditate on the sacred mysteries of the Rosary. This Scriptural Rosary covers the four sets of mysteries (Joyful, Luminous, Sorrowful, and Glorious) and relates the Bible story for the specific mysteries, wherever possible. Most of the scripture verses herein were transcribed from the Saint Joseph edition of the 'New American Bible'⁸. Sometimes the older 'Revised Standard Version'⁹ was used, when the verse seemed more fitting.

Praying A Scriptural Rosary

1. Start with the '**Sign of the Cross**', then recite the [Apostles' Creed](#)
2. Say the [Our Father](#), 3-[Hail Marys](#), and the [Glory Be](#)
3. Go to the first mystery of the day, say the introduction, the **Our Father**; and then continue alternating Bible verses and **Hail Marys**
4. End the first mystery with a **Hail Mary**, **Glory Be**, & [Decade Prayer](#)
5. Similarly, proceed through each mystery for the day (steps 3 & 4)
6. After the **fifth** mystery, say the [Hail Holy Queen](#), **Amen**

The Rosary Prayers

Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, his only son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Decade Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope; to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning, and weeping in this valley of tears; turn, then, most gracious advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

The Joyful Mysteries

- [The Annunciation](#)
- [The Visitation](#)
- [The Birth of Jesus](#)
- [The Presentation in the Temple](#)
- [The Finding of the Child Jesus in the Temple](#)

The five Joyful Mysteries should be said on Monday and Saturday.

Reflections on the Joyful Mysteries by St. John Paul II ¹

The “joyful mysteries”, are marked by *the joy radiating from the event of the Incarnation*. This is clear from the very first mystery, the Annunciation, where Gabriel's greeting to the Virgin of Nazareth is linked to an invitation to messianic joy: “Rejoice, Mary”. The whole of salvation history, in some sense the entire history of the world, has led up to this greeting. If it is the Father's plan to unite all things in Christ (cf. *Eph* 1:10), then the whole of the universe is in some way touched by the divine favor with which the Father looks upon Mary and makes her the Mother of his Son. The whole of humanity, in turn, is embraced by the *fiat* with which she readily agrees to the will of God.

To begin a Rosary with the Joyful Mysteries:

- Start with the “**Sign of the Cross**”
- Then recite the “[Apostle's Creed](#)”
- Recite one “[Our Father](#)”
- Recite three “[Hail Marys](#)”
- Recite the “[Glory Be](#)”
- Then continue to follow the next **five** pages

The Annunciation

The First Joyful Mystery

The Annunciation to Mary inaugurates “the fullness of time,” the time of fulfillment of God’s promises and preparations. Mary was invited to conceive him in whom the “whole fullness of deity” would dwell “bodily”. (CCC: 484).... [Our Father](#)

1. Therefore the Lord himself will give you a sign. Behold, a young woman shall conceive and bear a son, and shall call his name Immanuel. (Is 7:14)⁹... [Hail Mary](#)
2. In the sixth month, the angel Gabriel was sent from God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the virgin’s name was Mary. (Lk 1:26-27)... **Hail Mary**
3. And he came to her and said, “Hail, full of grace, the Lord is with you!” (Lk 1:28)⁹... **Hail Mary**
4. But she was greatly troubled at what was said and pondered what sort of greeting this might be. (Lk 1:29)... [Hail Mary](#)
5. Then the angel said to her, “Do not be afraid, Mary, for you have found favor with God. Behold, you will conceive in your womb and bear a son, and you shall name him Jesus.” (Lk 1:31)... **Hail Mary**
6. “He will be great and will be called Son of the Most High, and the Lord God will give him the throne of David his father, and he will rule over the house of Jacob forever, and of his kingdom there will be no end.” (Lk 1:32-33)... **Hail Mary**
7. But Mary said to the angel, “How can this be, since I have no relations with a man?” (Lk 1:34)... [Hail Mary](#)
8. And the angel said to her in reply, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore the child to be born will be called holy, the Son of God.” (Lk 1:35)... **Hail Mary**
9. “And behold, Elizabeth, your relative, has also conceived a son in her old age, and this is the sixth month for her who was called barren; for nothing will be impossible for God.” (Lk 1:36-37)... **Hail Mary**
10. Mary said, “Behold, I am the handmaid of the Lord. May it be done to me according to your word.” (Lk 1:38)... [Hail Mary](#)... [Glory Be](#)...
[Decade Prayer](#)

The Visitation

The Second Joyful Mystery

Called in the Gospels “the mother of Jesus,” Mary is acclaimed by Elizabeth, at the prompting of the Spirit and even before the birth of her son, as “the mother of my Lord.” ... Hence the Church confesses that Mary is truly the “Mother of God” (Theotokos). (CCC: 495) ... [Our Father](#)

1. During those days Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zachariah and greeted Elizabeth. (Lk 1:39-40)... [Hail Mary](#)
2. And when Elizabeth heard the greeting of Mary, the babe leaped in her womb, and Elizabeth was filled with the Holy Spirit, and she exclaimed with a loud cry, “Blessed are you among women, and blessed is the fruit of your womb!” (Lk 1:41-42)⁹ ... **Hail Mary**
3. “And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy.” (Lk 1:43-44)... **Hail Mary**
4. “Blessed are you who believed that what was spoken to you by the Lord would be fulfilled.” (Lk 1:45)... [Hail Mary](#)
5. And Mary said: “My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior.” (Lk 1:46-47)... **Hail Mary**
6. “For he has looked upon his handmaid’s lowliness; behold, from now on will all ages call me blessed.” (Lk 1:48)... **Hail Mary**
7. “The Mighty One has done great things for me, and holy is His name. His mercy is from age to age to those who fear Him.” (Lk 1:49-50)... [Hail Mary](#)
8. “He has shown might with his arm, dispersed the arrogant of mind and heart. He has thrown down the rulers from their thrones but lifted up the lowly.” (Lk 1:51-52)... **Hail Mary**
9. “The hungry he has filled with good things; the rich he has sent away empty.” (Lk 1:53)... **Hail Mary**
10. “He has helped Israel his servant, remembering his mercy, according to the promise to our fathers, to Abraham and to his descendants forever.” (Lk 1:54-55)... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Birth of Jesus

The Third Joyful Mystery

Jesus is Mary's only son, but her spiritual motherhood extends to all men whom indeed he came to save: "The Son whom she brought forth is he whom God placed as the first-born among many brethren, that is, the faithful in whose generation and formulation she cooperates with a mother's love." (CCC: 501) ... [Our Father](#)

1. But you, Bethlehem Ephrathah, least among the clans of Judah, from you shall come forth for me one who is to be ruler in Israel; whose origin is from old, from ancient times. (Mi 5:2)... [Hail Mary](#)
2. And Joseph too went up from Galilee from the town of Nazareth to Judea, to the city of David that is called Bethlehem... to be enrolled with Mary his betrothed, who was with child. (Lk 2:4-5)... **Hail Mary**
3. While they were there, the time came for her to have her child, and she gave birth to her firstborn son. She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn. (Lk 2:6-7)... **Hail Mary**
4. Now there were shepherds in that region living in the fields and keeping the night watch over their flock. (Lk 2:8)... [Hail Mary](#)
5. The angel of the Lord appeared to them and the glory of the Lord shone around them, and they were struck with great fear. (Lk 2:9)... **Hail Mary**
6. And the angel said to them, "Be not afraid; for behold, I bring you good news of great joy which will come to all the people; for to you is born this day in the city of David a Savior, who is Christ the Lord." (Lk 2:10-11)⁹... **Hail Mary**
7. And suddenly there was with the angel a multitude of the heavenly hosts praising God and saying, "Glory to God in the highest and on earth peace to those on whom His favor rests." (Lk 2:13-14)... [Hail Mary](#)
8. So they went in haste and found Mary and Joseph, and the infant lying in the manger... Then the shepherds returned, glorifying and praising God for all they had heard and seen... (Lk 2:16, 20)... **Hail Mary**
9. When Jesus was born in Bethlehem of Judea, in the days of King Herod, behold, magi from the East arrived in Jerusalem, saying, "Where is the newborn king of the Jews? We saw his star at its rising and have come to do him homage." (Mt 2:1-2)... **Hail Mary**
10. They were overjoyed at seeing the star, and on entering the house, they saw the child with Mary his mother. They prostrated themselves and did him homage. Then they opened their treasures and offered him gifts of gold, frankincense, and myrrh. (Mt 2:10-11)... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Presentation in the Temple

The Fourth Joyful Mystery

The presentation of Jesus in the temple shows him to be the firstborn Son who belongs to the Lord. With Simeon and Anna, all Israel awaits its encounter with the Savior... Jesus is recognized as the long-expected Messiah, the "light to the nations" and the "glory of Israel", but also "a sign that is spoken against." (CCC: 529) ... [Our Father](#)

1. When the days were completed for their purification according to the law of Moses, they took him up to Jerusalem to present him to the Lord. (Lk 2:22)... [Hail Mary](#)
2. Now there was a man in Jerusalem whose name was Simeon. This man was righteous and devout, awaiting the consolation of Israel, and the Holy Spirit was upon him. (Lk 2:25)... **Hail Mary**
3. It had been revealed to him by the Holy Spirit that he should not see death before he had seen the Messiah of the Lord. (Lk 2:26)... **Hail Mary**
4. He came in the Spirit into the temple; and when the parents brought in the child Jesus to perform the custom of the law in regard to him, he took him into his arms and blessed God, saying... (Lk 2:27-28)... [Hail Mary](#)
5. "Now, Master, you may let your servant go in peace, according to your word, for my eyes have seen your salvation, which you prepared in sight of all the peoples, a light for revelation to the Gentiles, and glory for your people Israel." (Lk 2:29-32)... **Hail Mary**
6. Simeon blessed them and said to Mary his mother, "Behold, this child is destined for the fall and rise of many in Israel... (Lk 2:34)... **Hail Mary**
7. ...And to be a sign that will be contradicted (and you yourself a sword will pierce) so that the thoughts of many hearts may be revealed." (Lk 2:34-35)... [Hail Mary](#)
8. There was also a prophetess, Anna... She never left the temple, but worshipped night and day with fasting and prayer. (Lk 2:36-37)... **Hail Mary**
9. And coming forward at that very time, she gave thanks to God and spoke about the child to all who were awaiting the redemption of Jerusalem. (Lk 2:38)... **Hail Mary**
10. Therefore, thus says the Lord God: See I am laying a stone in Zion, a stone that has been tested, a precious cornerstone as a sure foundation; whoever puts faith in it will not waver. (Is 28:16)... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Finding of the Child Jesus in the Temple

The Fifth Joyful Mystery

The finding of Jesus in the temple is the only event that breaks the silence of the gospels about the hidden years of Jesus. Here Jesus lets us catch a glimpse of the mystery of his total consecration to a mission that flows from his divine sonship: "Did you not know I must be about my Father's work?" (CCC: 534) ... [Our Father](#)

1. Each year his parents went to Jerusalem for the feast of Passover, and when he was twelve years old, they went up according to the festival custom. (Lk 2:41-42)... [Hail Mary](#)
2. After they had completed its days, as they were returning, the boy Jesus remained behind in Jerusalem, but his parents did not know it. Thinking he was in the caravan, they journeyed for a day, and looked for him among their relatives and acquaintances... (Lk 2:43-44)... **Hail Mary**
3. ...But not finding him, they returned to Jerusalem to look for him. After three days, they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions...(Lk 2: 45-46)... **Hail Mary**
4. ... And all who heard him were astounded at his understanding and his answers. (Lk 2: 47)... [Hail Mary](#)
5. When his parents saw him, they were astonished, and his mother said to him, "Son, why have you done this to us? Your father and I have been looking for you with great anxiety." (Lk 2:48)... **Hail Mary**
6. And he said to them, "Why were you looking for me? Did you not know that I must be in my Father's house?" But they did not understand what he said to them. (Lk 2:49-50)... **Hail Mary**
7. He went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. (Lk 2:51)... [Hail Mary](#)
8. And Jesus advanced in wisdom and age and favor before God and man. (Lk 2:52)... **Hail Mary**
9. He made from one the whole human race to dwell on the entire surface of the earth... so that people might seek God, even perhaps grope for him and find him, though indeed he is not far from any one of us. (Acts 17:26-27)... **Hail Mary**
10. May all who seek thee rejoice and be glad in thee! May those who love thy salvation say evermore, "God is great!" (Ps 70:4)⁹... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)... [Hail Holy Queen](#)

The Luminous Mysteries

- [The Baptism of Jesus](#)
- [The Wedding at Cana](#)
- [The Proclamation of the Kingdom](#)
- [The Transfiguration](#)
- [The Institution of the Eucharist](#)

The five Luminous Mysteries should be said on Thursday.

Reflections on the Luminous Mysteries by St. John Paul II ¹

Moving on from the infancy and the hidden life in Nazareth to the public life of Jesus, our contemplation brings us to those mysteries which may be called in a special way “mysteries of light”. Certainly the whole mystery of Christ is a mystery of light. He is the “light of the world” (*Jn* 8:12). Yet this truth emerges in a special way during the years of his public life, when he proclaims the Gospel of the Kingdom... Each of these mysteries is a *revelation of the Kingdom now present in the very person of Jesus*.

To begin a Rosary with the Luminous Mysteries:

- Start with the “**Sign of the Cross**”
- Then recite the “[Apostle’s Creed](#)”
- Recite one “[Our Father](#)”
- Recite three “[Hail Marys](#)”
- Recite the “[Glory Be](#)”
- Then continue to follow the next **five** pages

The Baptism of Jesus

The First Luminous Mystery

The Baptism of Jesus is, on his part, the acceptance and inauguration of his mission as God's suffering Servant. He allows himself to be numbered among sinners; he is already "the Lamb of God, who takes away the sin of the world." (CCC: 536) ... [Our Father](#)

1. In those days John the Baptist appeared, preaching in the desert of Judea saying, "Repent, for the kingdom of heaven is at hand!" (Mt 3:1-2)... [Hail Mary](#)
2. At that time Jerusalem, all Judea, and the whole region around the Jordan were going out to him and were being baptized by him in the Jordan River as they acknowledged their sins. (Mt 3:6)... **Hail Mary**
3. "I am baptizing you with water, for repentance, but the one who is coming after me is mightier than I. I am not worthy to carry his sandals. He will baptize you with the Holy Spirit and fire." (Mt 3:11)... **Hail Mary**
4. Then Jesus came from Galilee to John at the Jordan to be baptized by him. (Mt 3:13)... [Hail Mary](#)
5. [John] saw Jesus coming toward him and said, "Behold, the Lamb of God, who takes away the sin of the world." (Jn 1:29)... **Hail Mary**
6. "He is the one of whom I said, 'A man is coming after me who ranks ahead of me because he existed before me'... the reason why I came baptizing with water was that he might be made known to Israel." (Jn 1:30-31)... **Hail Mary**
7. John tried to prevent him, saying, "I need to be baptized by you, and yet you are coming to me?" Jesus said to him in reply, "Allow it now, for thus it is fitting for us to fulfill all righteousness." Then he allowed him. (Mt 3:14-15)... [Hail Mary](#)
8. After Jesus was baptized, he came up from the water and behold, the heavens were opened [for him], and he saw the Spirit of God descending like a dove [and] coming upon him. (Mt 3:16)... **Hail Mary**
9. And a voice came from the heavens, saying, "This is my beloved Son, with whom I am well pleased." (Mt 3:17)... **Hail Mary**
10. Here is my servant whom I uphold, my chosen one with whom I am pleased. Upon him I have put my Spirit; he shall bring forth justice to the nations. (Is 42:1)... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Wedding at Cana

The Second Luminous Mystery

The Gospel reveals to us how Mary prays and intercedes in faith. At Cana, the mother of Jesus asks her son for the needs of a wedding feast; this is the sign of another feast – that of the wedding of the Lamb where he gives his body and blood at the request of the Church, his Bride. (CCC: 2618) ... [**Our Father**](#)

1. On the third day there was a wedding in Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to the wedding. (Jn 2:1-2)... [**Hail Mary**](#)
2. When the wine ran short, the mother of Jesus said to him, "They have no wine." Jesus said to her, "Woman, how does your concern affect me? My hour has not yet come." (Jn 2:3-4)... **Hail Mary**
3. His mother said to the servers, "Do whatever he tells you." (Jn 2:5)...
Hail Mary
4. Now there were six stone water jars there for Jewish ceremonial washings, each holding twenty to thirty gallons. Jesus told them, "Fill the jars with water." So they filled them to the brim. (Jn 2:6-7)... [**Hail Mary**](#)
5. Then he told them, "Draw some out now and take it to the headwaiter." So they took it. (Jn 2:8)... **Hail Mary**
6. And when the headwaiter tasted the water that had become wine, without knowing where it came from, the headwaiter called the bridegroom... (Jn 2:9)... **Hail Mary**
7. ... And said to him, "Everyone serves good wine first, and then when people have drunk freely, an inferior one; but you have kept the good wine until now." (Jn 2:10)... [**Hail Mary**](#)
8. Jesus did this as the beginning of his signs in Cana in Galilee and so revealed his glory, and his disciples began to believe in him. (Jn 2:11)...
Hail Mary
9. 'Tell those invited: "Behold, I have prepared the banquet, my calves and fattened cattle are killed, and everything is ready; come to the feast." (Mt 22:4)... **Hail Mary**
10. On this mountain the Lord of Hosts will provide for all the peoples a feast of rich foods and choice wines, juicy, rich food and pure, choice wines. On this mountain he will destroy the veil that veils all the peoples, the web that is woven over all nations. He will destroy death forever. (Is 25:6-8)... [**Hail Mary...**](#) [**Glory Be...**](#) [**Decade Prayer**](#)

The Proclamation of the Kingdom

The Third Luminous Mystery

Everyone is called to enter the kingdom... this messianic kingdom is intended to accept men of all nations. To enter it, one must first accept Jesus' word... Through his parables he invites people to the feast of the kingdom, but he also asks for a radical choice: to gain the kingdom, one must give everything. (CCC: 543, 546) ... [Our Father](#)

1. From that time on, Jesus began to preach and say, "Repent, for the kingdom of heaven is at hand." (Mt 4:17)... [Hail Mary](#)
2. He spoke to them only in parables, to fulfill what had been said through the prophet, "I will open my mouth in parables, I will announce what has lain hidden from the foundation of the world." (Mt 13:34-35)... ***Hail Mary***
3. "The kingdom of heaven may be likened to a man who sowed good seed in his field. While everyone was asleep his enemy came and sowed weeds all through the wheat... at harvest time I will say to the harvesters, 'First collect the weeds and tie them in bundles for burning; but gather the wheat into my barn.'" (Mt 13:24-25, 30)... ***Hail Mary***
4. "The kingdom of heaven is like a mustard seed that a person took and sowed in a field. It is the smallest of all the seeds, yet when full grown it is the largest of plants. It becomes a large bush, and the 'birds of the sky come and dwell in its branches.'" (Mt 13:31-32)... [Hail Mary](#)
5. "The kingdom of heaven is like yeast that a woman took and mixed with three measures of wheat flour until the whole batch was leavened." (Mt 13:33)... ***Hail Mary***
6. "The kingdom of heaven is like a treasure buried in a field, which a person finds and hides again, and out of joy goes and sells all that he has and buys that field." (Mt 13:44)... ***Hail Mary***
7. "Again, the kingdom of heaven is like a merchant searching for fine pearls. When he finds a pearl of great price, he goes and sells all that he has and buys it." (Mt 13:45-46)... [Hail Mary](#)
8. "Again, the kingdom of heaven is like a net thrown into the sea, which collects fish of every kind. When it is full they haul it ashore and sit down to put what is good into buckets. What is bad they throw away." (Mt 13:47-48)... ***Hail Mary***
9. The disciples approached him and said "Why do you speak to them in parables?" He said to them in reply, "Because knowledge of the mysteries of the kingdom of heaven has been granted to you, but to them it has not been granted... they look but do not see, and hear but do not listen or understand." (Mt 13:10-11, 13)... ***Hail Mary***
10. "To anyone who has, more will be given and he will grow rich; from anyone who has not, even what he has will be taken away." (Mt 13:12)... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Transfiguration

The Fourth Luminous Mystery

Christ's Transfiguration aims at strengthening the apostles' faith in anticipation of his Passion: the ascent onto the "high mountain" prepares for the ascent to Calvary. Christ, Head of the Church, manifests what his Body contains and radiates in the sacraments: "the hope of glory." (CCC: 568) ... [Our Father](#)

1. After six days Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. (Mt 17:1)... [Hail Mary](#)
2. And he was transfigured before them; his face shone like the sun and his clothes became white as light. (Mt 17:2)... **Hail Mary**
3. And behold, Moses and Elijah appeared to them, conversing with him. (Mt 17:3)... **Hail Mary**
4. Then Peter said to Jesus in reply, "Lord it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses and one for Elijah." (Mt 17:4)... [Hail Mary](#)
5. While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." (Mt 17:5)... **Hail Mary**
6. When the disciples heard this, they fell on their faces, and were filled with awe. (Mt 17:6)⁹... **Hail Mary**
7. But Jesus came and touched them, saying, "Rise, and do not be afraid." And when the disciples raised their eyes, they saw no one else but Jesus alone. (Mt 17:7-8)... [Hail Mary](#)
8. As they were coming down from the mountain, Jesus charged them, "Do not tell the vision to anyone until the Son of Man has been raised from the dead." (Mt 17:9)... **Hail Mary**
9. For God who said, "Let light shine out of darkness," has shone in our hearts to bring to light the knowledge of the glory of God on the face of Jesus Christ. (2 Cor 4:6)... **Hail Mary**
10. For you were once darkness, but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth. (Eph 5:8-9)... [Hail Mary... Glory Be...](#)
[Decade Prayer](#)

The Institution of the Eucharist

The Fifth Luminous Mystery

By celebrating the Last Supper with the apostles, in the course of the Passover meal, Jesus gave the Jewish Passover its definitive meaning. Jesus' passing over to his Father by his death and resurrection, the new Passover, is anticipated in the Supper and celebrated in the Eucharist. (CCC: 1340)... [Our Father](#)

1. "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." (Jn 6:51)... [Hail Mary](#)
2. Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day." (Jn 6:53-54)... **Hail Mary**
3. "For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him." (Jn 6:55-56)... **Hail Mary**
4. "Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever." (Jn 6:57-58)... [Hail Mary](#)
5. When the day of the feast of Unleavened Bread arrived, the day for sacrificing the Passover lamb, he sent out Peter and John, instructing them, "Go and make preparations for us to eat the Passover." (Lk 22:7-8)... **Hail Mary**
6. And he said to them, "I have earnestly desired to eat this Passover with you before I suffer; for I tell you I shall not eat it until it is fulfilled in the kingdom of God." (Lk 22:15-16)⁹... **Hail Mary**
7. Then he took a cup, gave thanks, and said, "Take this and share it among yourselves; for I tell you that from this time on I shall not drink of the fruit of the vine until the kingdom of God comes." (Lk 22:17-18)... [Hail Mary](#)
8. Then he took the bread, said the blessing, broke it, and gave it to them, saying, "This is my body, which will be given for you; do this in memory of me." (Lk 22:19)... **Hail Mary**
9. And likewise the cup after they had eaten, saying, "This cup is the New Covenant in my blood, which will be shed for you." (Lk 22:20)... **Hail Mary**
10. For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes. (1 Cor 11:26)... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)... [Hail Holy Queen](#)

The Sorrowful Mysteries

- [The Agony in the Garden](#)
- [The Scourging at the Pillar](#)
- [The Crowning with Thorns](#)
- [The Carrying of the Cross](#)
- [The Crucifixion](#)

The five Sorrowful Mysteries should be said on Tuesday and Friday.

Reflections on the Sorrowful Mysteries by St. John Paul II ¹

The Gospels give great prominence to the sorrowful mysteries of Christ. From the beginning, Christian piety, especially during the Lenten devotion of the *Way of the Cross*, has focused on the individual moments of the Passion, realizing that here is found *the culmination of the revelation of God's love* and the source of our salvation. The Rosary selects certain moments from the Passion, inviting the faithful to contemplate them in their hearts and to relive them. The sequence of meditations begins with Gethsemane, where Christ experiences a moment of great anguish before the will of the Father, against which the weakness of the flesh would be tempted to rebel. There Jesus encounters all the temptations and confronts all the sins of humanity, in order to say to the Father: "Not my will but yours be done" (Lk 22:42 and parallels). This "Yes" of Christ, reverses the "No" of our first parents in the Garden of Eden.

To begin a Rosary with the Sorrowful Mysteries:

- Start with the "Sign of the Cross"
- Then recite the "[Apostle's Creed](#)"
- Recite one "[Our Father](#)"
- Recite three "[Hail Marys](#)"
- Recite the "[Glory Be](#)"
- Then continue to follow the next **five** pages

The Agony in the Garden

The First Sorrowful Mystery

[Jesus] expresses the horror that death represented for his human nature. Like ours, his human nature is destined for eternal life; but unlike ours, it is perfectly exempt from sin, the cause of death... By accepting in his human will that the Father's will be done, he accepts his death as redemptive, for "he himself bore our sins in his body on the tree." (CCC: 612)... [Our Father](#)

1. Then Jesus came with them to a place called Gethsemane, and he said to his disciples, "Sit here while I go over there and pray." (Mt 26:36)... [Hail Mary](#)
2. He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress. Then he said to them, "My soul is sorrowful even to death. Remain here and keep watch with me." (Mt 26:37-38)... **Hail Mary**
3. He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will." (Mt 26:39)... **Hail Mary**
4. When he returned to the disciples he found them asleep. He said to Peter, "So you could not keep watch with me for one hour? Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak." (Mt 26:40-41)... [Hail Mary](#)
5. Withdrawing a second time, he prayed again, "My Father, if it is not possible that this cup pass without my drinking it, your will be done!" (Mt 26:42)... **Hail Mary**
6. Then he returned once more and found them asleep, for they could not keep their eyes open. He left them and withdrew again and prayed a third time, saying the same thing again. (Mt 26:43-44)... **Hail Mary**
7. He was in such agony and he prayed so fervently that his sweat became like drops of blood falling on the ground. (Lk 22:44)... [Hail Mary](#)
8. Then he returned to the disciples and said to them, "Are you still sleeping and taking your rest? Behold, the hour is at hand when the Son of Man is to be handed over to sinners. Get up, let us go. Look, my betrayer is at hand." (Mt 26:45-46)... **Hail Mary**
9. Judas, one of the Twelve, arrived, accompanied by a crowd with swords and clubs... And [Judas] kissed him. At this they laid hands on him and arrested him. (Mk 14:43-46)... **Hail Mary**
10. The Lord is my shepherd; I shall not want... Even though I walk through the valley of the shadow of death, I fear no evil, for thou art with me; thy rod and thy staff they comfort me. (Ps 23:1,4)⁹... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Scourging at the Pillar

The Second Sorrowful Mystery

"For as by one man's disobedience, many were made sinners, so by one man's obedience, many will be made righteous." By his obedience unto death, Jesus accomplished the substitution of the suffering Servant, who "makes himself an offering for sin"... (CCC: 615) ... [Our Father](#)

1. Now on the occasion of the feast, the governor was accustomed to release to the crowd one prisoner whom they wished... The governor said to them in reply, "Which of the two do you want me to release to you?" They answered, "Barabbas!" (Mt 27:15, 21)... [Hail Mary](#)
2. Pilot said to them, "Then what shall I do with Jesus called Messiah?" They all said, "Let him be crucified!" (Mt 27:22)... **Hail Mary**
3. When Pilot saw that he was not succeeding at all, but that a riot was breaking out instead, he took water and washed his hands in the sight of the crowd, saying, "I am innocent of this man's blood. Look to it yourselves." (Mt 27:24)... **Hail Mary**
4. And the whole people said in reply, "His blood be upon us and upon our children." (Mt 27:25)... [Hail Mary](#)
5. Then he released Barabbas to them, but after he had Jesus scourged, he handed him over to be crucified. (Mt 27:26)... **Hail Mary**
6. He was spurned and avoided by men, a man of suffering, knowing pain, like one from whom you turn your face, spurned, and we held him in no esteem. (Is 53:3)... **Hail Mary**
7. Yet it was our pain that he bore, our sufferings he endured. We thought of him as stricken, struck down by God and afflicted. (Is 53:4)... [Hail Mary](#)
8. But he was pierced for our sins, crushed for our iniquity. He bore the punishment that makes us whole, by his wounds we are healed. (Is 53:5)... **Hail Mary**
9. Though harshly treated, he submitted and did not open his mouth; like a lamb led to slaughter or a sheep silent before shearers, he did not open his mouth. (Is 53:7)... **Hail Mary**
10. Be gracious to me, O Lord, for I am in distress; my eye is wasted from grief, my soul and my body also... I am the scorn of all my adversaries, a horror to my neighbors... Yea, I hear the whispering of many – terror on every side!... But I trust in Thee, O Lord, I say, "Thou art my God." (Ps 31:9,11,13,14)⁹ ... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Crowning with Thorns

The Third Sorrowful Mystery

In suffering and death his humanity became the free and perfect instrument of his divine love which desires the salvation of men. Indeed, out of love for his Father and for men, whom the Father wants to save, Jesus freely accepted his Passion and death: "No one takes [my life] from me, but I lay it down of my own accord." (CCC: 609) ... [Our Father](#)

1. So Pilot went back into the praetorium and summoned Jesus and said to him, "Are you the King of the Jews?" (Jn 18:33)... [Hail Mary](#)
2. Jesus answered, "My kingdom does not belong to this world. If my kingdom did belong to this world, my attendants would be fighting to keep me from being handed over to the Jews. But as it is, my kingdom is not here." (Jn 18:36)... **Hail Mary**
3. "For this reason the Father loves me, because I lay down my life, that I may take it again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it again; this charge I have received from my Father." (Jn 10:17-18)⁹... **Hail Mary**
4. Then the soldiers of the governor took Jesus inside the praetorium and gathered the whole cohort around him. (Mt 27:27)... [Hail Mary](#)
5. The men who held Jesus in custody were ridiculing and beating him. They blindfolded him and questioned him, saying, "Prophecy! Who is it that struck you?" And they reviled him in saying many other things against him. (Lk 22:63-5)... **Hail Mary**
6. They stripped off his clothes and threw a scarlet military cloak about him. (Mt 27:28)... **Hail Mary**
7. Weaving a crown out of thorns, they placed it on his head, and a reed in his right hand. And kneeling before him, they mocked him, saying, "Hail, King of the Jews!" (Mt 27:29)... [Hail Mary](#)
8. They spat upon him and took the reed and kept striking him on the head. (Mt 27:30)... **Hail Mary**
9. And when they had mocked him, they stripped him of the cloak, dressed him in his own clothes, and led him off to crucify him. (Mt 27:31)... **Hail Mary**
10. The Lord is my light and my salvation; whom shall I fear? The lord is the stronghold of my life; of whom shall I be afraid?... Though a host encamp against me, my heart shall not fear; though war arise against me, yet I will be confident. (Ps 27:1, 3)⁹ ... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Carrying of the Cross

The Fourth Sorrowful Mystery

The cross is the unique sacrifice of Christ... But because in his incarnate divine person he has in some way united himself to every man, "the possibility of being made partners, in a way known to God, in the paschal mystery" is offered to all men. He calls his disciples to "take up [their] cross and follow [him]." (CCC: 618) ... [Our Father](#)

1. So they took Jesus, and carrying the cross himself, he went out to what is called the place of the Skull, in Hebrew, Golgotha. (Jn 19:16-17)...
[Hail Mary](#)
2. As they led him away, they took hold of a certain Simon, a Cyrenian, who was coming in from the country; and after laying the cross on him, they made him carry it behind Jesus. (Lk 23:26)... **Hail Mary**
3. A large crowd of people followed Jesus, including many women who mourned and lamented him. Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me; weep instead for yourselves and for your children". (Lk 23:27-28)... **Hail Mary**
4. "For indeed, the days are coming when people will say, 'Blessed are the barren, the wombs that never bore and the breasts that never nursed.'" (Lk 23:29)... [Hail Mary](#)
5. "At that time people will say to the mountains, 'Fall on us!' and to the hills, 'Cover us!'" (Lk 23:30)... **Hail Mary**
6. "For if these things are done when the wood is green, what will happen when the wood is dry?" (Lk 23:31)... **Hail Mary**
7. And they brought him to the place called Golgotha... And they offered him wine mingled with myrrh, but he did not take it. (Mk 15:22-23)⁹...
[Hail Mary](#)
8. Then Jesus said to his disciples, "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life, will lose it, but whoever loses his life for my sake will find it." (Mt 16:24-25)... **Hail Mary**
9. For as Christ's sufferings overflow to us, so through Christ does our encouragement also overflow. If we are afflicted, it is for your encouragement and salvation... (2 Cor 1:5-6)... **Hail Mary**
10. Turn thou to me, and be gracious to me, for I am lonely and afflicted. Relieve the troubles of my heart, and bring me out of my distresses. Consider my affliction and my trouble, and forgive all my sins. (Ps 25:16-18)⁹ ... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Crucifixion

The Fifth Sorrowful Mystery

It is love “to the end” that confers on Christ’s sacrifice its value as redemption and reparation, as atonement and satisfaction. He knew and loved us all when he offered his life... The existence in Christ of the divine person of the Son... makes possible his redemptive sacrifice for all. (CCC: 616) ... [Our Father](#)

1. When they came to the place called the skull, they crucified him and the criminals there, one on his right and one on his left. (Lk 23:33)... [Hail Mary](#)
2. Then Jesus said, “Father, forgive them, they know not what they do.” (Lk 23:34)... **Hail Mary**
3. Now one of the criminals hanging there reviled Jesus, saying, “Are you not the Messiah? Save yourself and us.” The other, however, rebuking him, said in reply... “we have been condemned justly...but this man has done nothing criminal.” (Lk 23:39-41)... **Hail Mary**
4. Then he said, “Jesus, remember me when you come into your kingdom.” He replied to him, “Amen, I say to you, today you will be with me in Paradise.” Lk 23:42-43)... [Hail Mary](#)
5. When Jesus saw his mother and the disciple there whom he loved, he said to his mother, “Woman, behold your son.” Then he said to the disciple, “Behold, your mother.” (Jn 19:26-27)... **Hail Mary**
6. From noon onward, darkness came over the whole land until three in the afternoon. And about three o’clock Jesus cried out in a loud voice... “My God, my God, why have you forsaken me?” (Mt 27:45-46, Ps 22:2)... **Hail Mary**
7. Aware that everything was now finished, in order that the scripture might be fulfilled, Jesus said, “I thirst.” (Jn 19:28)... [Hail Mary](#)
8. So they put a sponge soaked in wine on a sprig of hyssop and put it to his mouth. When Jesus had taken the wine, he said, “It is finished.” (Jn 19:29-30)... **Hail Mary**
9. Jesus cried out in a loud voice, “Father, into your hands I commend my spirit”; and when he had said this he breathed his last. (Lk 23:46)... **Hail Mary**
10. “For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him.” (Jn 3:16-17)⁹ ... [Hail Mary... Glory Be... Decade Prayer... Hail Holy Queen](#)

The Glorious Mysteries

- [The Resurrection](#)
- [The Ascension](#)
- [The Descent of the Holy Spirit](#)
- [The Assumption](#)
- [The Coronation](#)

The five Glorious Mysteries should be said on Wednesday and Sunday.

Reflections on the Glorious Mysteries by St. John Paul II ¹

"The contemplation of Christ's face cannot stop at the image of the Crucified One. He is the Risen One!" The Rosary has always expressed this knowledge born of faith and invited the believer to pass beyond the darkness of the Passion in order to gaze upon Christ's glory in the Resurrection and Ascension. Contemplating the Risen One, Christians *rediscover the reasons for their own faith* (cf. 1Cor 15:14) and relive the joy, not only of those to whom Christ appeared – the Apostles, Mary Magdalene and the disciples on the road to Emmaus – but also *the joy of Mary*, who must have had an equally intense experience of the new life of her glorified Son. In the Ascension, Christ was raised in glory to the right hand of the Father, while Mary herself would be raised to that same glory in the Assumption, enjoying beforehand, by a unique privilege, the destiny reserved for all the just at the resurrection of the dead. Crowned in glory – as she appears in the last glorious mystery – Mary shines forth as Queen of the Angels and Saints, the anticipation and the supreme realization of the eschatological state of the Church.

To begin a Rosary with the Glorious Mysteries:

- Start with the "Sign of the Cross"
- Then recite the "[Apostle's Creed](#)"
- Recite one "[Our Father](#)"
- Recite three "[Hail Marys](#)"
- Recite the "[Glory Be](#)"
- Then continue to follow the next **five** pages

The Resurrection

The First Glorious Mystery

Christ, "the first-born from the dead", is the principle of our own resurrection, even now by the justification of our souls, and one day by the new life he will impart in our bodies. (CCC: 658) ... [Our Father](#)

1. After the Sabbath, as the first day of the week was dawning, Mary Magdalene and the other Mary came to see the tomb. (Mt 28:1)... [Hail Mary](#)
2. And behold, there was a great earthquake; for an angel of the Lord descended from heaven, approached, rolled back the stone, and sat upon it. His appearance was like lightning and his clothing was white as snow. (Mt 28:2-3)... **Hail Mary**
3. But the angel said to the women, "Do not be afraid; for I know that you seek Jesus who was crucified. He is not here; for he has risen, as he said." (Mt 28:5-6)⁹... **Hail Mary**
4. "Come, see the place where he lay. Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him."(Mt 28:6-7)⁹... [Hail Mary](#)
5. Then they went away quickly from the tomb, fearful yet overjoyed, and ran to announce this to his disciples. And behold, Jesus met them on their way and greeted them. They approached, embraced his feet, and did him homage. (Mt 28:8-9)... **Hail Mary**
6. Jesus said to her, "Do not hold me, for I have not yet ascended to my Father; but go to my brethren and say to them, I am ascending to my Father and your Father, to my God and your God." (Jn 20:17)⁹... **Hail Mary**
7. Then they returned from the tomb and announced all these things to the eleven and to all the others... but their story seemed like nonsense and they did not believe them. (Lk 24:9,11)... [Hail Mary](#)
8. But Peter got up and ran to the tomb, bent down, and saw the burial cloths alone; then he went home amazed at what had happened. (Lk 24:12)... **Hail Mary**
9. On the evening of that first day of the week, when the doors were locked, where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them, "Peace be with you." (Jn 20:19) ... **Hail Mary**
10. Blessed be the God and Father of our Lord Jesus Christ, who in his great mercy gave us a new birth to a living hope through the resurrection of Jesus Christ from the dead, to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you. (1 Pt 1:3-4)... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Ascension

The Second Glorious Mystery

Jesus Christ, the head of the church, precedes us into the Father's glorious kingdom so that we, the members of his Body, may live in the hope of one day being with him for ever. (CCC: 666) ... [Our Father](#)

1. [Jesus] presented himself alive to [the apostles] by many proofs after he had suffered, appearing to them during forty days and speaking about the kingdom of God. (Acts 1:3)... [Hail Mary](#)
2. They asked him, "Lord, are you at this time going to restore the kingdom of Israel?" (Acts 1:6)... **Hail Mary**
3. He answered them, "It is not for you to know the times or seasons that the Father has established by his own authority." (Acts 1:7)... **Hail Mary**
4. "But you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth." (Acts 1:8)... [Hail Mary](#)
5. "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit..." (Mt 28:19)... **Hail Mary**
6. "...Teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age." (Mt 28:20)...**Hail Mary**
7. When he had said this, as they were looking on, he was lifted up, and a cloud took him from their sight. (Acts 1:9)... [Hail Mary](#)
8. While they were looking intently at the sky as he was going, suddenly two men dressed in white garments stood beside them. (Acts 1:10)... **Hail Mary**
9. They said, "Men of Galilee, why are you standing there looking at the sky? This Jesus who has been taken up from you into heaven will return in the same way as you have seen him going into heaven." (Acts 1:11)... **Hail Mary**
10. Persevere in running the race that lies before us while keeping our eyes fixed on Jesus, the leader and perfecter of faith. For the sake of the joy that lay before him he endured the cross, despising its shame, and has taken his seat at the right hand of the throne of God. (Heb 12:1-2) ... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Descent of the Holy Spirit

The Third Glorious Mystery

On that day, the Holy Trinity is fully revealed. Since that day, the Kingdom announced by Christ has been open to those who believe in him: in the humility of the flesh and in faith, they already share in the communion of the Holy Trinity. (CCC: 732) ... [Our Father](#)

1. When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. (Acts 2:1-2)... [Hail Mary](#)
2. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. (Acts 2:3)... **Hail Mary**
3. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. (Acts 2:4)... **Hail Mary**
4. Now there were devout Jews from every nation under heaven staying in Jerusalem... they were confused because each one heard them speaking in his own language. (Acts 2:5-6)... [Hail Mary](#)
5. They were astounded, and in amazement they asked, "Are not all these people who are speaking Galileans? Then how does each of us hear them in his own native language?" (Acts 2:7-8)... **Hail Mary**
6. Then Peter stood up with the Eleven, raised his voice, and proclaimed to them, "You who are Jews, indeed all of you staying in Jerusalem. Let it be known to you, and listen to my words." (Acts 2:14)... **Hail Mary**
7. "This is what was spoken through the prophet Joel... 'Indeed, upon my servants and my handmaids, I will pour out a portion of my spirit in those days, and they shall prophesy.'" (Acts 2:16,18)... [Hail Mary](#)
8. "Therefore let the whole house of Israel know for certain that God has made him both Lord and Messiah, this Jesus whom you crucified." (Acts 2:36)... **Hail Mary**
9. He testified with many other arguments, and was exhorting them, "Save yourselves from this corrupt generation." Those who accepted his message were baptized, and about three thousand persons were added that day. (Acts 2:40-41)... **Hail Mary**
10. May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit. (Rom 15:13)... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)

The Assumption

The Fourth Glorious Mystery

The Immaculate Virgin, preserved free from all stain of original sin, when the course of her earthly life was finished, was taken up body and soul into heavenly glory... The Assumption of the Blessed Virgin is a singular participation in her Son's Resurrection and an anticipation of the resurrection of other Christians. (CCC: 966) ... [Our Father](#)

1. For just as in Adam all die, so too in Christ shall all be brought to life, but each one in proper order: Christ the first-fruits; then, at his coming, those who belong to Christ... (1 Cor 15:22-23)... [Hail Mary](#)
2. For those he foreknew he also predestined... And those he predestined he also called; and those he called he also justified; and those he justified he also glorified. (Rom 8:29-30)... **Hail Mary**
3. Arise! Shine, for your light has come, the glory of the Lord has dawned upon you. (Is 60:1)... **Hail Mary**
4. "Who is this that comes forth like the dawn, beautiful as the white moon, pure as the blazing sun, fearsome as celestial visions?" (Sg 6:10)... [Hail Mary](#)
5. You are beautiful in every way, my friend; there is no flaw in you! (Sg 4:7)... **Hail Mary**
6. "Most blessed are you among women, and blessed is the fruit of your womb." (Lk 1:42)... **Hail Mary**
7. "Blessed are you, daughter, by the Most High God, above all the women on earth; and blessed be the Lord God..." (Jdt 13:18)... [Hail Mary](#)
8. But the woman was given the two wings of the great eagle, so that she could fly to her place in the desert, where, far from the serpent, she was taken care of...(Rev 12:14)... **Hail Mary**
9. For she is the reflection of eternal light, the spotless mirror of the power of God, the image of his goodness. (Wis 7:26)... **Hail Mary**
10. Then God's temple in heaven was opened, and the ark of his covenant could be seen in the temple. (Rev 11:19)... [Hail Mary](#)... [Glory Be](#)...
[Decade Prayer](#)

The Coronation

The Fifth Glorious Mystery

This motherhood of Mary in the order of grace continues uninterrupted from the consent, which she loyally gave at the Annunciation... Taken up to heaven she did not lay aside this saving office, but by her manifold intercessions continues to bring us the gifts of eternal salvation... and exalted by the Lord as Queen over all things... the Blessed Virgin is invoked in the Church under the titles of Advocate, Helper, Benefactress, and Mediatrix. (CCC: 969,966)... [Our Father](#)

1. She gave birth to a son, a male child, destined to rule all the nations with an iron rod. Her child was caught up to God and his throne. (Rev 12:5)... [Hail Mary](#)
2. "He will be great and will be called Son of the Most High, and the Lord God will give him the throne of David his father, and He will rule over the house of Jacob forever, and of His kingdom there will be no end." (Lk 1:32-33)... **Hail Mary**
3. Then Bathsheba went to [her son] King Solomon... and the king stood up to meet her and paid her homage. (1 Kg 2:19)... **Hail Mary**
4. Then he sat down upon his throne, and a throne was provided for the king's mother, who sat at his right. (1 Kg 2:19)... [Hail Mary](#)
5. She said, "There is one small favor I would ask of you. Do not refuse me." The king said to her, "Ask it, my mother, for I will not refuse you." (1 Kg 2:20)... **Hail Mary**
6. She adds to nobility the splendor of companionship with God; even the Ruler of all loved her. For she leads into the understanding of God, and chooses his works. (Wis 8:3-4) ... **Hail Mary**
7. For she is an unfailing treasure; those who gain this treasure win the friendship of God, being commended by the gifts that come from her discipline. (Wis 7:14) ... [Hail Mary](#)
8. She reaches out her hands to the poor, and extends her arms to the needy. (Prv 31:20)... **Hail Mary**
9. She opens her mouth in wisdom; kindly instruction is in her tongue. (Prv 31:26)... **Hail Mary**
10. A great sign appeared in the sky, a woman clothed in the sun, with the moon under her feet, and on her head a crown of twelve stars. (Rev 12:1)... [Hail Mary](#)... [Glory Be](#)... [Decade Prayer](#)... [Hail Holy Queen](#)

Our Lady's Promises

A Message from Our Lady to Blessed Alan de La Roche:

"I want you to know that, although there are numerous indulgences already attached to the recitation of my Rosary, I shall add many more to every fifty Hail Marys for those who say them devoutly, on their knees, being of course free from mortal sin. And whosoever shall persevere in the devotion of the Holy Rosary, saying these prayers and meditations, shall be rewarded for it; I shall obtain for him full remission of the penalty and of the guilt of all his sins at the end of his life." (St. Louis de Montfort)¹⁰

The 15 Promises of Our Lady to Those Who Pray the Rosary¹¹

1. To all those who shall recite my rosary devoutly, I promise my special protection and very great graces.
2. Those who shall persevere in the recitation of my rosary shall receive signal graces.
3. The rosary shall be a very powerful armor against hell; it will destroy vice, deliver from sin, and dispel heresy.
4. The rosary will make virtue and good works flourish, and will obtain for souls the most abundant divine mercies; it will draw the hearts of men from love of the world to the love of God, and will lift them to the desire of eternal things. How many souls shall sanctify themselves by this means!
5. Those who trust themselves to me through the rosary shall not perish.
6. Those who shall recite my rosary devoutly, meditating on its mysteries, shall not be overwhelmed by misfortune. The sinner shall be converted; the just shall grow in grace and become worthy of eternal life.
7. Those truly devoted to my rosary shall not die without the Sacraments of the Church.
8. Those who faithfully recite my rosary shall find during their life and at the hour of their death the light of God, the fullness of his graces, and shall share in the merits of the blessed.
9. I shall deliver very promptly from purgatory the souls devoted to my rosary.
10. The true children of my rosary shall enjoy great glory in heaven.
11. What you ask through my rosary, you shall obtain.
12. Those who propagate my rosary will be aided by me in all their necessities.
13. I have obtained from my Son that all the members of the Rosary Confraternity shall have as their intercessors, in life and in death, the entire celestial court.
14. Those who recite my rosary faithfully are all my beloved children, the brothers and sisters of Jesus Christ.
15. Devotion to my rosary is a great sign of predestination.

A Note from the Author: Thomas P. Rizzo

This booklet was inspired, guided, and compiled using the sources cited.^{[1-3,6,8,9,12-14](#)} It has helped me to stay focused on the sacred mysteries, while reciting the Rosary; may it help you to meditate on the mysteries, as well. Giving 30 minutes a day to say this Scriptural Rosary will change your life. This collection of scripture verses is by no means definitive; choose others to make it your own. Please share this booklet freely.

Over the centuries, Rosary beads were given out to help propagate this worthy devotion. For example, in the 1850s, St. Anthony Marie Claret gave out 20,000 Rosary beads to help further this devotion to Jesus and Mary.¹⁵ In this electronic era, it seems fitting that a PDF version of this Rosary booklet shall be released, at no cost via the internet. As a PDF, the Rosary can be easily downloaded, viewed electronically, shared, or printed.

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'A Scriptural Rosary' booklet was set up with various functions to simplify navigating the document. On some pages, such as the 'Rosary Prayers' (page 4), several 'Prev Locn' buttons were added to allow you to return to the previous location in the document with a single click.

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