



Schizoaffective Disorder

Schizoaffective disorder is a serious mental health condition characterized primarily by symptoms of schizophrenia, such as hallucinations or delusions, along with symptoms of a mood disorder, such as mania and depression.

For an overview, symptoms, diagnosis, treatment, related conditions, and support for Schizoaffective Disorder, go to:

NAMI – Schizoaffective Disorder

<https://www.nami.org/about-mental-illness/mental-health-conditions/schizoaffective-disorder/?tab=overview>

More Resources

Mental Health America – Schizoaffective Disorder

<https://mhanational.org/conditions/schizoaffective-disorder/>

Mayo Clinic – Schizoaffective Disorder

<https://www.mayoclinic.org/diseases-conditions/schizotypal-personality-disorder/symptoms-causes/syc-20353919>

Self-care for Schizoaffective Disorder

<https://www.mind.org.uk/information-support/types-of-mental-health-problems/schizoaffective-disorder/self-care/>

How to help someone with Schizoaffective Disorder

Mind

<https://www.mind.org.uk/information-support/types-of-mental-health-problems/schizoaffective-disorder/for-friends-and-family/>

Schizophrenia and Psychosis Action Alliance – promotes hope and

Recovery for persons with schizophrenia, bipolar disorders, and related brain illnesses through support groups, education and advocacy.

<https://sczaction.org/about-schizophrenia/>



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Caregiver Support

Courage to Caregivers

<https://www.couragetocaregivers.org/blog-onepaggers-1/2021/8/15/schizophrenia?rq=schizophrenia>

Caregiver Toolkit

<https://sczaction.org/caregiver-resources/>

Schizophrenia and Psychosis Action Alliance

<https://sczaction.org/caregiver-support-groups/>

See also the tab for General Caretaker Support on the main Mental Health page.

For more information, support, and Catholic therapists contact Rich at hello@thechurchofstluke.org