



Psychosis

Psychosis is characterized as disruptions to a person's thoughts and perceptions that make it difficult for them to recognize what is real and what isn't. This is a generic umbrella. For information on specific types of Psychosis, see the links for Bipolar, Schizophrenia which includes Schizoaffective Disorder, and Self-harm.

For an overview, symptoms, diagnosis, treatment, related conditions, and support go to:

NAMI

<https://www.nami.org/about-mental-illness/mental-health-conditions/psychosis/?tab=overview>

Mental Health America

<https://mhanational.org/conditions/psychosis/>

National Institute of Mental Health

<https://www.nimh.nih.gov/health/publications/understanding-psychosis>

More resources

SAMHSA – Psychosis

https://www.samhsa.gov/search/samhsa?query=psychosis&collection=samhsa_search&op=Search&form_build_id=formFtqzPfZTxbD5ZB7aXSeZlIfV3TfxWizH96FB57eZPc&form_id=hhs_search_global_form_inner

Living with Psychosis

<https://mhanational.org/resources/life-psychosis/>

Listen to Students with Psychosis

<https://mhanational.org/calendar/listen-to-students-with-psychosis/>

Self-Care if You Experience Psychosis

<https://www.mind.org.uk/information-support/types-of-mental-health-problems/psychosis/self-care-if-you-experience-psychosis/>

For more information, resources and Catholic therapists, contact Rich at hello@thechurchofstluke.org